# **Spiritual**Life

## Girl Scout leaders meet at St. Peter's

LA GRANDE — St. Peter's Episcopal Church of La Grande will celebrate Holy Eucharist at 11 a.m. Sunday. Rev. Roberta Smythe will officiate. Coffee hour with fellowship will follow in the Parish Hall.

The Altar Guild will meet at 9 a.m. Tuesday in the Parish Hall, and a Girl Scout leader meeting begins at 10 a.m.

#### Christian Women's Fellowship plans fall kick-off

LA GRANDE — The La Grande First Christian Church (Disciples of Christ) will meet at 10 a.m. Sunday. Pastor Ray Smith's sermon will be "Are You Afraid of the Water?" It will refer to Jesus' baptism in Mark 1:4-11.

The Christian Women's

Fellowship will meet at 5:30 p.m. Wednesday for the fall kick-off and installation of officers. Dinner will be provided. First Christian's 130th anniversary celebration is planned for 2 p.m. Sept. 8 in the Fellowship Hall.

#### RSVP for La Grande Women's Connection lunch

LA GRANDE — The next La Grande Women's Connection Nohost Luncheon will be held at the Flying J Restaurant at noon Sept. 6. The theme will be "Fall in Love with Jesus." RSVP by calling 541-786-0305.

## Potluck and board meeting follow service

ELGIN — Pastor Gerald Hopkins will deliver the message, "Stand in Strength," at the 11 a.m. service Sunday at the Elgin

### HIGHLIGHTS

Methodist Church. The sermon will come from Luke 13:10-21. A potluck and the monthly board meeting will follow the service.

#### President Nelson's 95th birthday celebrated

LA GRANDE — Members of the Church of Jesus Christ of Latterday Saints have the opportunity to share their testimonies during Sacrament Meeting Sunday. The second hour will be Sunday school. The last two weeks of the "Come Follow Me" curriculum will be reviewed and discussed. The lesson for Sept. 2-8 will be from 1 Corinthians 14-16 with a focus on the gift of prophecy and Jesus' victory over death.

Sept. 1 is Fast Sunday, and members are encouraged to fast for two meals and donate the value of the meals to help the less fortunate. President Russell M. Nelson's 95th birthday will be celebrated at 6 p.m. Sept. 6. It will be available for viewing online at www. churchofjesuschrist.org. The Tabernacle Choir and Orchestra at Temple Square will perform. A review of President Nelson's life, career, family and ministry will be shared.

#### Quilters meet on Tuesday

LA GRANDE — Zion Lutheran Church of La Grande will celebrate Holy Communion at 9 a.m. Sunday. Pastor Roberta Smythe will officiate. A time of fellowship with coffee will follow.

Quilters will meet at 9 a.m. Tuesday at the church.

## Lutherans enjoy food and fellowship at Riverside

LA GRANDE — Faith Lutheran Church's sermon Sunday in La Grande will expound on the concepts in Luke 14, in which Jesus clarifies that it is proper to care for others when they are in desperate need. The service will begin at 10 a.m. A picnic is scheduled at 12:30 p.m. at the Riverside Park Pavilion. The community is welcome to attend.

## Find God on the road less traveled

LA GRANDE — The La Grande Church of the Nazarene offers Sunday school at 9:15 a.m. and worship at 10:30 a.m. Pastor Kevin Goss will continue the "Altar in the World" series. The text will be Genesis 22:1-14 and the title will be "God in the Road Less Traveled." Sometimes the things God asks of us are things we'd rather he didn't. But if we will venture down the road less traveled we will find that God has his ways of making himself known.

# Lay your visions and talents at the feet of God

We acknowledge God's blessings in our own lives as well as those around us. Of course, we have our share of problems and struggles, but for the most part, the Lord has provided for our basic needs and, to be honest, he has also given us a lot of luxuries. Our seasons of difficulty might be with a relationship, financial hardships, issues with our health, the loss of a loved one or the occasional internal suffering associated with a painful emotion called rejection.

In the hard times, we are tempted to deny the situation or hide from the agony, to which we all know is like putting a Band-Aid on a broken arm. Discouragement and depression are real, and unfortunately, a lot of people live with a smile on the outside but are crying on the inside. There are several keys that can help us overcome feelings of being ostracized and one of them is instead of asking God to change everyone's view of us, we can ask him to allow us to see ourself the way he sees us. Researching



the big-picture of our situation and analyzing every detail will allow us to trace the cause and discover a deeper understanding about why we feel the way we do. Comprehending how our personal trigger mechanisms and response buttons operate is a huge step toward realizing that the way we think dictates our contentment and confidence.

Sometimes our rejection is associated with our gifts and talents and how we believe that no one cares about what we enjoy. When it comes to our spiritual well-being, an important key to consider is that whatever we do for God, it's wise to be sure that God told us to do it. It's much better to listen and follow God's directions than to do something on our own and then ask him to bless it. The idea of patience is to prevent putting the cart before the horse. It's easy to forget that obedience is up to us, but the results of our labors are up to him and are solely based on his intentions. If we really believe this, we would never be upset because we would know that everything is being accomplished according to his will. If we are dissatisfied with the results, then we are probably focusing on our own projections and expectations instead of trusting that God is guiding our life with his divine sovereignty.

For example, by the mercy of God when we are allowed to create something and it's used to help encourage one person, then maybe that was God's original objective. In this light, just because we are not world famous or making millions does not mean we have failed to be a success in God's view. Being popular with the world has nothing to do with how much God loves you and is pleased with you.

Sometimes our misery is caused when we assume something is one way when it's actually something else. It's not always true that others do not like us or respect us. It might seem like it, but most of the time it's simply that others do not have an interest in what we are interested in. Humans are very diverse and don't always enjoy the same things. To be honest, people are just more focused on their own life than what we are doing.

Do not take it personally or be offended when your friends at work, church, social media or even your family are not excited about your dreams. If you are being haunted by rejection, I want to encourage you today to seek God's promises about how precious you are and write them on the tables of your heart. Remember that Jesus also faced severe rejection, "He came to that which was his own, but his own did not receive him" (John 1:11). Keep your focus on Christ and he will help dissolve the unhappiness, hopelessness and discouragement in your life. Lay your visions and talents at the feet of the one who made you and depend on his plans. We have this promise in James 4:10: "Humble yourselves in the sight of the Lord, and he shall lift you up."

#### Words of the Buddha

• Rouse yourself! Sit up! Resolutely train yourself to attain peace. Do not let the king of death, seeing you are careless, lead you astray and dominate you. (Sutta Nipata 2.334) • Much though one recites the sacred texts, but acts not accordingly, that heedless one is like a cowherd who only counts the cows of others - one does not partake of the blessings of the holy life. (Dhammapada 1.19) Agony now, agony hereafter, the wrong-doer suffers agony in both worlds. Agonized now by the knowledge that one has done wrong, one suffers more agony, gone to a state of woe. Rejoicing now, rejoicing hereafter, the doer of wholesome actions rejoices in both worlds. Rejoicing now in the knowledge that one has acted rightly, one rejoices more, gone to a state of bliss. (Dhammapada 1.17) www.pariyatti.com

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