

SCOREBOARD

LOCAL SCHEDULE

Friday COLLEGE VOLLEYBALL

Eastern Oregon vs. Grand View (Iowa); Hastings, Nebraska, 3 p.m.

WOMEN'S COLLEGE SOCCER

Eastern Oregon at Hastings (Nebraska), 5 p.m.

Saturday COLLEGE VOLLEYBALL

Eastern Oregon vs. Bellevue (Nebraska); Hastings, Nebraska, 8 a.m.

Eastern Oregon at Hastings (Nebraska), 2 p.m.

MEN'S COLLEGE SOCCER

Eastern Oregon at Whitworth (Washington); Spokane, Washington, 3 p.m.

Sunday WOMEN'S COLLEGE SOCCER

Eastern Oregon at Midland (Nebraska); Fremont, Nebraska, 9 a.m.

— Subject to change

FOOTBALL

NFL Preseason AMERICAN CONFERENCE

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SOCCER

Major League Soccer

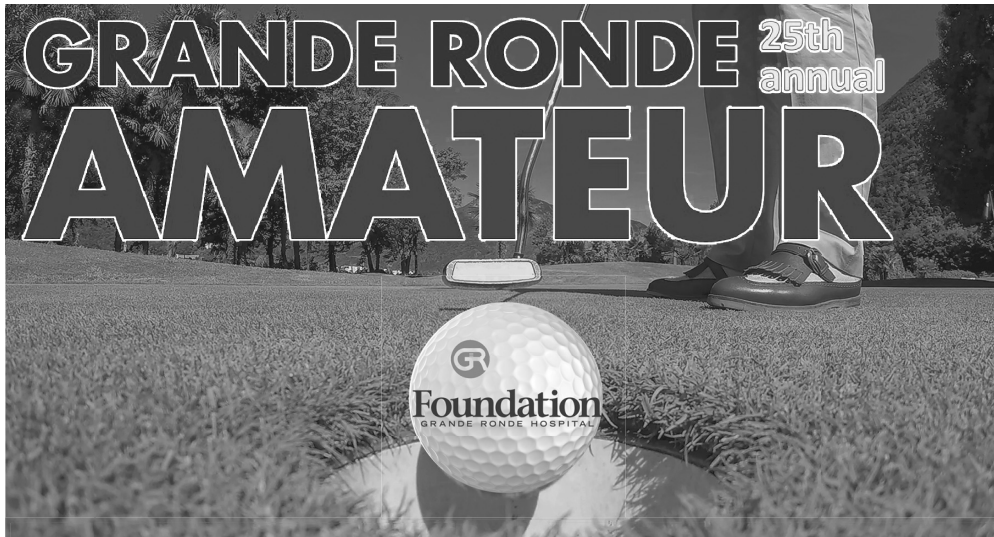
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Friday thru Sunday, Sept 6th-8th At La Grande Country Club

Proceeds benefit the Grande Ronde Hospital Foundation.

Games and prizes throughout the tournament!

Dinner and silent auction on Saturday following regular play.

Tournament open to men and women with an established USGA Handicap index.

Entry Fee: \$125 includes tee prize and dinner ticket to charity dinner and auction on Saturday evening.

Advertisement for Brent Wylam, Allstate agent, with contact information.



Information & Register at: grh.org/golf or 541-963-1431



- List of sponsors including Allstate Insurance, Pepsi Cola, Banner Bank, etc.

In Support of the Grande Ronde Hospital Foundation



Tony Haddock photo

New squat racks in the Imbler High School weight room were assembled on Thursday.

WEIGHTS

Continued from Page 7A to act, and they approved it right away," she said.

The school district ended up putting forth about \$10,000 for the project, which also received \$7,475 from the Wildhorse Foundation.

"The results of all those people chipping in to get us new equipment is what you see upstairs," Imber Athletic Director Mike Mills said.

The funds resulted in the purchase of several pieces of equipment and weight sets, including new squat racks, stationary bicycles, an elliptical, a row machine, glute/hamstring machines, dip stations and dumbbells up to 100 pounds, to name a few.

"It's safe," Haddock said. "It's all up to snuff. There is nothing that is going to break on a kid that's going to put them in danger. That was a big thing. You want to have safe equipment."

He anticipates his weights classes will see a boost, noting as an example he currently has about 20 students signed up for the middle school class.

"My class is going to be

pretty full," he said. Athletic teams will also take advantage of the new equipment.

"Anytime you can have stronger athletes competing, it's going to be better for your program," Lakey-Campbell said.

Mills added he heard some buzz from students about it during school registration.

"Hopefully our kids can get excited. There aren't too many exercise or fitness rooms (in Imbler) that can provide this," he said.

There's hope, too, that the weight room's use can expand beyond Imbler students and athletes, as avenues are under consideration to open it for local emergency medical responders.

"We wanted to look at partnering with the fire department (and see) if we can help them out and get some physical training," the superintendent said.

Haddock added he was grateful for the wide range of support to improve the weight room.

"We're super fortunate that our school district cares enough to give us a good chunk for an upgrade, (and) when you look at all the success stories and the places and different things Wildhorse has donated to, we're fortunate to have an entity like that that's willing and gracious to give," he said.

COMING SOON

Advertisement for Pendleton Round-Up magazine featuring a man in a cowboy hat and a horse.

in Your Observer Get your 2019 Round-Up magazine FREE (\$5 value) when you purchase the Sept. 4 edition of the Observer newspaper.

To subscribe, call 1-541-963-3161

or log onto www.lagrandeobserver.com

THE OBSERVER

Advertisement for Observer Weekend magazine featuring a baseball player and a woman.