

SATURDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

AUGUST 31, 2019

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	KATU News This Morning Saturday (N)		College Football Mississippi at Memphis. From Liberty Bowl Memorial Stadium in Memphis, Tenn. (N) (Live)						Football Studio	College Football Duke vs Alabama. From Mercedes-Benz Stadium in Atlanta. (N) (Live)						Football Studio	Football Studio	College Football Oregon vs Auburn. (N) (Live)			
PBS	3	5			3 Steps to Pain Free Living Exercises to eliminate pain.		Living Exercises to eliminate pain.		Aging Backwards 2: Connective Tissue		Ken Burns: The National Parks Making of the national parks series.			Rick Steves' European Travel Tips and Tricks		Neil Diamond: Hot August Night III				This Old House -- 40th Anniversary Special		NewsHour Wk			
CBS	6	6	6	6	Innovation Nation	Hope in the Wild	Tails of Valor (EI)	The In-spectors	Paid Program	Paid Program	Paid Program	Paid Program	Organic	Paid Program	Foot Pain	Paid Program	No More Dentures	Get Energy	Never Fear	Larry King Sp.	Extra (N)		KOIN 6 News at 5	News	
NBC	8	8	8	8	The Voyager	Earth Odyssey	Consumer 101 (EI)	Premier League Soccer Burnley FC vs Liverpool FC. (N) (Live)			Premier League Goal Zone (N)		Count-down	NASCAR Xfinity Racing Series Sport Clips Haircuts VFW 200. (N) (Live)				Paid Program	Paid Program	Grant's Getaways	Laura McKenzie	KGW News at 5 (N)			
CW	9	9	32	32	Ready, Set, Pet	The Wild-life Docs	This Old H.	Welcome Home (EI)	Animal Tales (EI)	Did I Mention	Paid Program	Paid Program	Pawn Stars	Just for Laughs	Just for Laughs	Just for Laughs	Friends	Friends	Friends	Friends	Pawn Stars	Pawn Stars	Northwest Fish	Pawn Stars	
FOX	12	12	12	12	Big Noon Kickoff (N) (Live)		College Football Florida Atlantic at Ohio State. From Ohio Stadium in Columbus, Ohio. (N) (Live)						College Extra	College Football Northwestern at Stanford. From Stanford Stadium in Stanford, Calif. (N) (Live)						College Extra	Boxing Erislandy Lara vs. Ramon Alvarez.				
MNT	13	13	49	49	Good Day Oregon Saturday (N)		Garden Time	Paid Program	Emeril	Paid Program	Paid Program	SoClean	Advanced D	Timbers in 30	Teen Kids News (N)	Young Icons	Rizzoli & Isles "Melt My Heart to Stone"	Rizzoli & Isles A man dies from poisoning.	Saving Hope "Miss You"	2 Broke Girls		2 Broke Girls			
UNIV	22	22	16	47	Planeta de niños		Atención, Atención		Naturaleza humana		Programa pagado		Programa pagado	Al punto	Programa pagado		Cuéntamelo ya... al fin (1:55) Como dice el dicho		Renta congelada	Renta congelada	Maria de Todos	Noticiero	Fútbol Mexicano Primera División (N)		
A&E	52	55	118	265	Flipping Vegas		Tiny House Nation		Zombie Flip		Zombie Flip		Intervention		Addiction	Addiction	Live PD "Live PD -- 06.08.19"						Live PD		
AMC	60	45	131	254	(7:00) ** "Summer Rental" (1985)		*** "Ghostbusters" (1984) Bill Murray. Four paranormal investigators battle mischievous ghouls.						** "Ghostbusters II" (1989) Bill Murray. A long-dead Carpathian warlock attempts to return to Earth.				*** "Home Alone" (1990) Macaulay Culkin. A left-behind boy battles two burglars in the house.				** "Home Alone 2: Lost in New York" (1992) Joe Pesci				
ANP	24	49	184	282	The Aquarium		The Aquarium		The Aquarium		The Zoo		The Zoo		The Zoo		The Zoo: San Diego		The Zoo: San Diego		The Zoo: San Diego		The Zoo: San Diego		
BET	4	72	124	392	Prince	Prince	Martin	Martin	Martin	Martin	Browns	Browns	Girlfriends	Girlfriends	Payne	Payne	** "Next Friday" (2000, Comedy)		Ice Cube, Mike Epps.		"Friday After Next"				
BRAVO	54	65	129	237	Bride	** "Something Borrowed" (2011)	Ginnifer Goodwin.						* "Bride Wars" (2009) Kate Hudson.		* "Something Borrowed" (2011) Ginnifer Goodwin.				*** "The Devil Wears Prada" (2006) Meryl Streep.						
CARTOON	25	59	177	297	Total	Total	Craig	Victor	Teen	Gumball	Teen	Teen	Ben 10	Ninjago	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Gumball	Victor	Total	Gumball	
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		S. E. Cupp Unfiltered	CNN Newsroom		CNN Newsroom			
COM	77	56	107	249	The Office	The Office	The Office (:45)	The Office		The Office	The Office	The Office	The Office	The Office (:15)	The Office		The Office	The Office	The Office	The Office (:10)	** "Happy Gilmore" (1996, Comedy)				
COOK	123	123	113	232	Man's Greatest Food		Food	Food	Food	Food	Food	Food	Good Eat	Good Eat	Good Eat	Good Eat	Good Eat	Good Eat	Iron Chef America	Iron Chef America		Iron Chef America			
DISN	26	48	173	290	Amphibia	Big City	Big City	Big City	Bunk'd	Coop	Just Roll	Sydney	Bunk'd	Raven	Jessie		Jessie "G.I. Jessie"	Bunk'd	Coop	Coop	Sydney	Sydney			
E!	64	76	114	236	The Kardashians		The Kardashians		The Kardashians		The Kardashians		The Kardashians		The Kardashians		*** "The Hunger Games" (2012) Jennifer Lawrence.		"Catching Fire"						
ESPN	33	27	140	206	(6:00) College Game-Day (N) (Live)		College Football South Alabama at Nebraska. From Memorial Stadium in Lincoln, Neb. (N) (Live)						Score-board	College Football South Carolina vs North Carolina. From Bank of America Stadium in Charlotte, N.C. (N) (Live)				Score-board	College Football Boise State vs Florida State. (N) (Live)						
ESPN2	34	28	143	209	2019 U.S. Open Tennis		Third Round. From the USTA Billie Jean King National Tennis Center in Flushing, N.Y. (N) (Live)												2019 U.S. Open Tennis Third Round. (N)						
FNC	66	25	205	360	(7:00) Cavuto Live (N)		America's News Headquarters (N)				America's News HQ		Journal Editorial Rpt.		America's News Headquarters (N)				Fox Report		Life, Liberty & Levin		Watters' World (N)		
FOOD	61	54	110	231	Contessa	Giada	Trisha's	Trisha's	Pioneer	Pioneer	The Kitchen (N)		Trisha's	Girl-Farm	Kids Baking		Family Restaurant	Supermarket		Flay List		Diners	Diners	Diners	
FREE	32	33	180	311	(7:00) "Richie Rich"		*** "Ice Age" (2002) John Leguizamo				** "Ice Age: The Meltdown" (2006)		** "Ice Age: Dawn of the Dinosaurs" (2006)				(:05) ** "Ice Age: Continental Drift"		(:10) "Freaky Friday"						
FS1	41	85	150	219	Soccer	Kickoff	College Football Northern Iowa at Iowa State. (N) (Live)						Pregame		MLB Baseball New York Mets at Philadelphia Phillies. (N) (Live)				Postgame College Football						
FX	65	24	136	249	How I Met	How I Met	** "X-Men: The Last Stand" (2006, Action) Hugh Jackman, Patrick Stewart.						*** "X-Men: Days of Future Past" (2014, Action) Hugh Jackman. X-Men and their earlier selves must alter a pivotal event.				*** "The Amazing Spider-Man" (2012, Action) Andrew Garfield, Emma Stone. Peter Parker investigates his parents' disappearance.				** "The Amazing Spider-Man 2"				
FX	35	64	125	259	Mom	** "Jason Bourne" (2016, Action)	Matt Damon.						*** "Noah" (2014) Russell Crowe, Jennifer Connelly.				*** "The Peanuts Movie" (2015)				** "Rio 2" (2014) Jesse Eisenberg				
GOLF	88	88	401	218	Morning Drive (N)		Golf Central Pregame		PGA Korn Ferry Tour						PGA Champions				LPGA Tour Golf Cambia Portland Classic, Third Round.						
HALL	87	87	185	312	(7:00) "Appetite for Love" (2016)		"Surprised by Love" (2015, Romance) Hilarie Burton, Paul Campbell, Tim Conway.						"Destination Wedding" (2017, Romance-Comedy) Alexa PenaVega, Jeremy Guilbaut.				"Love on the Sidelines" (2016, Romance) Emily Kinney, John Reardon, Hayley Sales.				"Falling for Vermont" (2017, Romance) Julie Gonzalo, Benjamin Ayres, Peter Benson.		"The Last Bridesmaid" (2019)		
HALLMM	86	86	187	565	Psych A daredevil is sabotaged.		Psych A chase for hidden treasure.		Psych		Psych Vick and her sister battle.		Psych A string of robberies.		Psych Gus is held hostage in a bank.		Psych Santa is a con man.		Psych "Six Feet Under the Sea"		Psych Lassiter is on the hook for murder.		Psych "Earth, Wind and ... Wait for It"		
HGTV	62	57	112	229	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Beach		Beach	Beach	Beach	Beach	Beach	Beach	Beach	Beach	
HIST	50	60	120	269	Mountain Men		Mountain Men Tom and Sean face off against a threat.						Pawn		Pawn	Pawn	Pawn	Pawn	Pawn	Pawn Stars	Pawn Stars		Pawn Stars		
LIFE	29	29	108	252	Paid Prog.		SoClean	Paid Prog.	LifeLock	Paid Prog.	Marrying Millions (N)		** "Knight and Day" (2010, Action) Tom Cruise.		Movie				"Secrets of My Stepdaughter" (2017)						
MSNBC	71	67	209	356	(7:00) AM Joy (N)		Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live		MSNBC Live		MSNBC Live		PoliticsNation		Deadline		Hardball Matthews		All In With		
NBCSN	89	89	159	220	Premier Soccer		Premier Soccer		NASCAR Xfinity		NASCAR Monster		Racing		RacerTV	Lucas Oil Mtr	Lucas Oil Mtr	IndyCar	Off-Grid		Monster Jam (N)				
NBCSNW	426	37	424		Outdoor GPS (N)		Angler	Ducks	Paid Prog.	Paid Prog.	Paid Prog.	Blazers	Mecum	Beavers	Blazers Postgame		Angler	Blazers	NBA Basketball		Outdoor GPS				
NGEO	55	78	197	276	Paid Prog.		Hair Club	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack		
NICK	27	51	171	299	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	SpongeBob	Loud		Loud	Loud	Loud	Loud	Loud	(4:53) Henry Danger			
OWN	40	41	189	279	Dr. Phil		Home Made Simple		Dr. Phil		Dr. Phil		Dr. Phil		Iyanla, Fix My Life		Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life		
OXY	30	69	127	251	Homicide Hol		Homicide Hol		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped				
PARMT	42	43	241	241	LifeLock	Paid Prog.	** "Legally Blonde" (2001, Comedy)						(:06) *** "Grease" (1978, Musical) John Travolta.		(:44) *** "Dirty Dancing" (1987) Jennifer Grey.				(:15) *** "Coming to America" (1988)						
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Sporting	EVP Tour	Mariners	Mariners	College Football Montana State at Texas Tech. (N) (Live)						Mariners		MLB Baseball		
SYFY	67	50	122	244	Twi. Zone	Twi. Zone	Twi. Zone	** "Resident Evil: Retribution" (2012)						** "Blade" (1998) Wesley Snipes, Stephen Dorff.		*** "Wanted" (2008, Action) James McAvoy.				(:28) *** "Twister" (1996)					
TCM	56	73	132	256	"Along-Divide"		*** "The Big Sky" (1952, Adventure) Kirk Douglas. Explorers trek through hazardous Blackfoot territory.						*** "The Bad and the Beautiful" (1952, Drama) Lana Turner, Kirk Douglas.		**** "Lust for Life" (1956, Biography) Kirk Douglas. Van Gogh meets Gauguin.				(:15) *** "Town Without Pity" (1961, Drama) Kirk Douglas, E.G. Marshall.		*** "Spartacus" (1960)				
TDC	51	42	182	278	Fishing		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		
TLC	49	62	183	280	Untold Stories of ER		Untold Stories of ER		Untold Stories of ER		Untold Stories of ER		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Say Yes		Say Yes	Say Yes	Say Yes
TNT	57	52	138	245	NCIS: New Orleans "One Good Man"		NCIS: New Orleans "Outlaws"		*** "Flight" (2012, Drama) Denzel Washington, Don Cheadle. Troubling questions arise in the wake of a plane crash.						*** "The Hobbit: The Desolation of Smaug" (2013, Fantasy) Ian McKellen, Martin Freeman. Bilbo and company encounter the fearsome dragon Smaug.						** "The Hobbit: An Unexpected Journey" (2012, Fantasy)				
TRAV	53	38	196	277	Food Paradise		A Haunting		A Haunting		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		Brooklyn	Brooklyn	Brooklyn	Brooklyn	Jokes	Jokes	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Jokes	Jokes	
TVL	75	74	106	304	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	(:15) Roseanne		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
USA	58	39	105	242	Paid Prog.		Paid Prog.	Chrisley	*** "Harry Potter and the Order of the Phoenix" (2007)						(:32) *** "Harry Potter and the Half-Blood Prince" (2009) Daniel Radcliffe.				"Harry Potter and Deathly Hallows"						
WE	118	118	128	260	Paid Prog.		Paid Prog.	Dr Axe	Paid Prog.	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds		
WEATH	14	19	214	362	(6:00) Weekend Recharge (N) (Live)						Weather Gone Viral		SOS: How to Survive		Storm Stories		Ice Pilots		Ice Pilots		Ice Pilots		SOS: How to Survive		
WTBS	59	40	139	247	King	King	** "Star Wars: The Phantom Menace" (1999) Liam Neeson.						**** "Star Wars: A New Hope" (1977)				(:45) **** "Star Wars: The Empire Strikes Back" (1980)				Star Wars				
HBO	518	518	303	504	(7:25) ** "Hop" (2011) 'PG'		Sesame Street	Sesame Street	(9:57) *** "Despicable Me" (2010) Voices of Steve Carell.		(:32) ** "Ramona and Beezus" (2010, Children's) Joey King, Selena Gomez. 'G'		(20) ** "Mortal Engines" (2018, Science Fiction) Hera Hilmar, Hugo Weaving. 'PG-13'		(:20) ** "Mortal Engines" (2018, Science Fiction) Hera Hilmar, Hugo Weaving. 'PG-13'		(:45) *** "The Bourne Supremacy" (2004, Action) Matt Damon. 'PG-13'		"Bad-EI Royale"						
MAX	531	531	311	516	(:10) *** "Friday Night Lights" (2004, Drama) Billy Bob Thornton. 'PG-13'		(:10) ** "Johnny English Strikes Again" (2018) 'PG'		(:40) ** "Quantum of Solace" (2008, Action) Daniel Craig. 'PG-13'		*** "Prisoners" (2013, Suspense) Hugh Jackman. A desperate father takes the law into his own hands. 'R'		(:05) ** "The Take" (2016, Action) Idris Elba. 'R'												