

Registration open for 2019 Regenerate Conference

EO Media Group staff

ALBUQUERQUE, New Mexico — The Quivira Coalition, Holistic Management International and the American Grassfed Association are collaborating to gather ranchers, farmers, environmentalists, land managers, scientists, medical professionals, nutritionists, students, teachers and others at the four-day Regenerate Conference to explore ideas of “Health from the Soil Up.” The 2019 conference will be held Nov. 19-22, in Albuquerque, New Mexico.

The health of people, animals, plants and the whole planet are fundamentally connected. At its root, the source of health is in the land; it provides food, medicine, (bio)diversity, tradition and home. Modern agriculture and modern medicine often operate in reaction to symptoms rather than root causes, and they tend to address parts rather than wholes. Regenerative agriculture embodies a shift away from these extractive practices, and towards holism, prevention and proactivity.

The systemic connections between food, medicine, soil and climate impact the health of people and planet. The enormity of these systems and their relationships can inspire and be daunting — but ultimately we all play a role and have responsibility in how they function and contribute to health. How do we reconnect and learn from existing knowledge, practices and experience about the intrinsic connections between health

and nature? What can food production and land stewardship teach us about health and its cycles? How do we engage with the land in ways that heal and nourish soil, our bodies, wildlife, communities, economies and the climate? How do we adapt agriculture for healthy, regenerative food and medicine systems into the future?

Regenerate 2019 will explore these questions, thought processes and solutions through long-form plenary talks, community roundtable discussions and practical workshops. The conference this year will be held again at Hotel Albuquerque at Old Town.

Registration is now open and may be completed at <https://quiviracoalition.org/regenerate>. Full conference registration rates range from \$150 to \$325. Scholarships are available through the HERD Fellows program. For more information, email conference@quiviracoalition.org.

Sponsorship and exhibitor opportunities are available and offer benefits. Exhibitor registration for Regenerate 2019 is \$350.00 and includes a table with a black tablecloth; recognition in the conference website, program and slideshow; one conference registration and one discounted registration for an additional table operator; and a post-conference social media thank-you. For more information, contact Arielle Quintana at conference@quiviracoalition.org or Alaina Muniz at Alaina@americangrassfed.org.

Wallowa-Whitman National Forest sells 18.2 million board feet of timber

EO Media Group staff

BAKER CITY — In late June, the Wallowa-Whitman National Forest successfully auctioned two timber sales totaling 18.2 million board-feet, supporting communities, livelihoods and forest restoration in Eastern Oregon.

The two sales will involve more 3,000 acres of selective harvest as part of two larger projects covering a total of 64,582 acres. By reducing fuels and unhealthy forest stand density, these sales will improve forest resilience to uncharacteristic fires, insects and disease. All projects on the Wallowa-Whitman National Forest must be consistent with the 1990 Forest Plan. Without an amendment to the Plan, timber harvest is limited to trees less than 21 inches in diameter, among other standards and guidelines.

Boise Cascade Wood Products is the apparent high bidder for the Dean Timber Sale, located near

Phillips Reservoir on the Whitman Ranger District in Baker County. Iron Triangle is the apparent high bidder for the Dutch Timber Sale, located along Forest Service Road 4330 on the La Grande Ranger District in Union County. Official award of the timber sale contracts is expected this summer.

“The Wallowa-Whitman National Forest is committed to supporting a sustainable timber industry, which plays a valuable role in restoring the health and resilience of these forests,” said Forest Supervisor Tom Montoya. “These two sales are supporting jobs and incomes in Eastern Oregon communities while supplying renewable resources to the American people.”

The Dean and Dutch sales represent 70% of the Wallowa-Whitman’s planned timber sale program for fiscal year 2019. Harvest activities from previous timber sales are already active in the

Little Dean and East Face project areas. Once contracts are awarded, the purchasers will have five years to complete timber harvest and related activities. This includes 73 miles of forest road reconstruction and maintenance in the project areas, along with culvert replacements where necessary.

“With the average 2,000-square-foot house containing about 16,000 board-feet of timber products, these sales represent enough timber to frame more than 1,000 homes,” Silviculture and Timber Program Manager Matthew Bailey said.

Stumpage proceeds of \$602,000 will fund restoration activities in the project areas, including non-commercial fuels reduction, noxious weed removal, and replanting fire-resilient native trees.

For more information, contact the Wallowa-Whitman National Forest supervisor’s office at 541-523-6391.

Top five things to know about minors in the workplace

EO Media Group staff

PORTLAND — Summer is here, which means many employers are looking to hire young people just getting started in the workplace. Last year, the Bureau of Labor and Industries issued more than 4,000 minor employment certificates to businesses around the state.

In preparation for a spike in summer youth employment, BOLI’s Technical Assistance for Employers program has issued the top five tips for businesses looking to hire workers between the ages of 14 to 17:

Employers hiring minors should first obtain an annual

employment certificate from the Child Labor Unit of the Bureau of Labor and Industries. Businesses can apply online or call 971-673-0836 to get more information, if needed. It’s high season for applications, so the sooner employers can apply, the better.

Minors can contribute to a workplace in a number of ways, but employers will need to keep an eye on the clock to make sure minors don’t work beyond certain limits. Also, some work is prohibited for safety reasons. Employers should be especially aware of additional hazardous work restrictions for minors younger than 16.

Minors working during the summer are entitled to meal periods of at least a half hour plus two 15-minute paid breaks during a typical eight-hour shift. Unlike most workers, minors younger than 18 are entitled to a minimum of four hours “show up pay” when an employer cancels a shift.

Employers should make sure not to misclassify employees as unpaid interns when they are, in fact, performing compensable work. Employers with questions about the relationship should apply the seven part “primary benefit test” developed by the U.S. Department

of Labor and recent case law.

In Oregon, unpaid interns are entitled to the same civil rights protections as employees. Any intern facing harassment or retaliation on the job can contact the agency’s Civil Rights Division at 971-673-0764.

For more information about BOLI’s efforts to help Oregon employers navigate child labor protections, go to www.oregon.gov/BOLI.

Estimators will be in your area soon! Call today & request a quote for crack filling, seal coating and striping!
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Commerical & Residential
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 Public Works Number: 14890-AA-2

MONEY

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While there are a variety of apps that invest spare change, like Acorns, don’t expect them to yield big earnings, Welker says. “Especially early on, if you want to set up an account and dabble and play, the apps are fine. But if you’re more serious about it, find a portfolio you can invest in,” she says.

• Automated Portfolio Management: Often in the form of robo-advisers, automated portfolio management

uses algorithms to build and manage your investment portfolio. You set your parameters, including timeline and risk tolerance, and the

robo-adviser generally takes care of the rest. These tools can be a quick way to start investing without doing all the legwork yourself.

HAPPENINGS

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Most of the new stations are strategically located at Walmart stores off major highways, with dozens more chargers planned for major metro areas. In addition to Island City, EV charging stations in Oregon are currently located at Walmart stores in Albany, Cornelius, Grants Pass, Hood River and Sherwood.

According to a press release, providing customers with an enhanced shopping experience through added convenience is a continued focus for Walmart, which has an aspirational goal to be powered with 100 percent renewable energy, aiming to power 50 percent of its operations with renewable energy by 2025. The collaboration with Electrify America reinforces Walmart’s broader mission to spark collective action — alongside key partners — to drive environmental sustainability and provide customers access to sustainable options.

Baker’s Best Fried Chicken!
Jojos, Sandwiches, Cold Drinks, Snacks, Jerky, Pepperoni & Specials



2970 H Street, Baker City • 541-523-1543

4th of July SALE
 Sale starts June 30, ends July 13



MILLER’S HOME CENTER
 LUMBER - TRUSSES - CABINETS

3815 Pochontas Road, Baker City 541-523-6404
 307 Greenwood Street, La Grande 541-963-3113
 Cabinet Shop: 217 Greenwood Street, La Grande 541-963-2613

74th ANNUAL
FEEL THE THUNDER!
Chief Joseph Days RODEO
 July 23-28, 2019



Four nights of PRCA rodeo plus six days of western entertainment in scenic Joseph, Oregon!

TUES	1:30pm	Bucking Horse Stampede — Main Street
WED	9:00am	Little Buckaroo Special Needs Rodeo
	2:00pm	Slack — Arena
	6:00pm	Rodeo Gates Open — Harley Tucker Memorial Arena
	7:00pm	PRCA RODEO — Harley Tucker Memorial Arena
	9:00pm	Family Fun at the Thunder Room — DJ
THUR	9:00am	Tough Enough to Wear Pink Walk
	9:00am	Steer Tripping, Three Rounds
	2:00pm	Slack — Arena
	6:00pm	Rodeo Gates Open — Harley Tucker Memorial Arena
	7:00pm	PRCA RODEO — Harley Tucker Memorial Arena
	7:00pm	Tough Enough to Wear Pink — Wear Pink
	9:00pm	Music and Dancing at Thunder Room — DJ — No Cover Charge
FRI	8:00am	Golf Tournament — Alpine Meadows Golf Course
	10:00am	Chief Joseph Junior Parade — Main Street
	2:00pm	Slack — Arena
	6:00pm	Rodeo Gates Open — Harley Tucker Memorial Arena
	7:00pm	PRCA RODEO — Harley Tucker Memorial Arena
	9:00pm	All Teen Dance — Joseph Community Center
	9:30pm	Music and Dancing at Thunder Room — FrogHollow Band
SAT	6:00am	Shrine Breakfast begins
	10:00am	Grand Parade — Main Street
	12:00pm	Nez Perce Friendship Feast — Encampment Pavilion
	2:30pm	Slack — Arena
	3:00pm	Traditional Indian Dance Contest — Encampment Pavilion
	6:00pm	Rodeo Gates Open — Harley Tucker Memorial Arena
	7:00pm	PRCA RODEO — Harley Tucker Memorial Arena
	9:00pm	All Teen Dance — Joseph Community Center
	9:30pm	Music and Dancing at Thunder Room — FrogHollow Band
	After Rodeo	Cowboy Breakfast — Rodeo Grounds — til 3:00am
SUN	6:00am	Cowboy Breakfast — Rodeo Grounds — til 10:00am
	9:00am	Cowboy Church Service

To purchase tickets and for more information call 541-432-1015 or go to www.chiefjosephdays.com

