

# Lake house vacation tradition changes after mom's passing

**DEAR ABBY:** Every summer, my husband and I, our two boys and my parents would take several vacations at Mom and Dad's lake home. This is where Dad grew up and where we spent countless vacations as children. It holds much sentimental value to us all. We were lucky enough to have our own space upstairs and were free to enjoy the home as if it was ours. We always contributed to groceries and cleaning before we left, and it was very enjoyable for everyone.

My mother passed away last year after a long battle with a debilitating disease.

Dad is planning to retire soon and move permanently to the lake home, which is about seven hours away. However, he has found a girlfriend he has become close to, and upon retiring, he plans to have her move in with him.

I am thrilled that Dad has found someone, but I'm left wondering how to handle visits to our beloved vacation spot once Dad's new lady moves in. He insists we visit as we naturally would, which usually means staying several nights as it is quite far away. We don't know Dad's lady very well yet, and I'm feeling awkward about visiting. Do we continue to treat this as we once did, like it is partly ours? What's proper etiquette here?

— **THROWN IN SOUTH DAKOTA**

**DEAR THROWN:** Your father has made it plain that he would like you to visit "as you naturally would." Because you are feeling awkward, this is something you should discuss with him, if only to make sure he will be able to welcome you as he has in the past. It would not be a breach of etiquette to level with him about what's on your mind. Once you start going there and interacting, you will get to know his lady friend, and she will get to know you — and that should break the ice.

**DEAR ABBY:** I'm the youngest of five, and all of us are successful in our own ways — except for our middle youngest sibling. She dropped out of college, had a bad breakup with a married man and has given up all hope and efforts to live a normal life.

She's 34, refuses to work and still lives with our parents. She trashed the vehicle our fa-

ther bought and paid for, and walks around the house talking to herself, which I believe is for attention because I have had serious conversations with her. I've tried several times to be a sympathetic ear and encouraged her to find a job, but it's not working.

What can we do to help her get a job and move? She's a burden on our family, and it's depressing to have her present for family events she doesn't dress for or make an effort to receive other family members. If this continues, I'm scared of what may happen after our parents pass.

What can be done for an adult who refuses to grow up and move on?

— **HOPELESS IN GEORGIA**

**DEAR HOPELESS:** I have another idea why your sister walks around the house talking to herself and can't motivate herself to be independent. She may be severely depressed or suffering from other mental problems. Talk to your parents and tell them they are not helping her by ignoring the fact that she isn't functional. They need to insist that, as a condition of staying with them, she talk to a mental health professional.

**DEAR ABBY:** I am doing an ancestry search to present to my sister-in-law "Kate" as a surprise birthday gift. While doing the search, I discovered that her late mother, "Ellen," has a sister who lives nearby. My brother believes Kate knows nothing about her. For unknown reasons, Ellen hadn't spoken to almost her entire family in years; therefore, Kate knows little about them.

We're not sure if I should include Ellen's sister in the ancestry or not. I think Kate has the right to know, but I don't want to upset her. Kate and Ellen were very close, and I'm afraid if she knew her mother withheld that information, it may cause her pain, even though Ellen has been gone nearly 15 years. What are your thoughts?

— **DONT WANT TO CAUSE PAIN**

**DEAR DONT:** There is always a reason for family estrangements. Ellen may have been hurt or mistreated by her relatives, which is why she separated herself from them. However, Kate is an adult and should have the information you discovered to do with as she pleases, which includes ignoring it.

# Abandoned tents, human waste piling up on Mt. Everest

By Binaj Gunubacharya  
The Associated Press

**KATHMANDU, Nepal** — After every party it's time to clean up and Mount Everest is no different. The record number of climbers crowding the world's highest mountain this season has left a government cleanup crew grappling with how to clear away everything from abandoned tents to human waste that threatens drinking water.

Budget expedition companies charge as little as \$30,000 per climber, cutting costs including waste removal. Everest has so much garbage — depleted oxygen cylinders, food packaging, rope — that climbers use the trash as a kind of signpost. But this year's haul from an estimated 700 climbers, guides and porters on the mountain has been a shock to the ethnic Sherpas who worked on the government's cleanup drive this spring.

Moreover, the tents are littering South Col, or Camp 4, which, at 26,240 feet is the highest campsite on Everest, just below the summit. The high winds at that elevation have scattered the tents and trash everywhere.

"The altitude, oxygen levels, dangerously icy and slippery slopes, and bad weather of South Col make it very difficult to bring such big things as tents down," said Dawa Steven Sherpa, who led an independent cleanup last month and has been a leading figure in the campaign to clean Mount Everest for the past 12 years.

Exhausted climbers struggling to breathe and battling nausea leave heavy tents behind rather than attempt

to carry them down. Sherpa said the logos on the ice-embedded tents that identify the expedition companies were deliberately ripped out so the culprits could evade detection.

"It took us an hour to dig out just one tent out of the frozen ice and bring it down," said Sherpa. His expeditions have alone brought down some 44,000 pounds of garbage since 2008.

Sherpa estimated 30 tents had been left on South Col, and as much as 11,000 pounds of trash. Bringing it down is a herculean task when any misstep at such altitudes could be fatal.

It is impossible to know exactly how much litter is spread across Everest because it only becomes visible when the snow melts. At Camp 2, two levels higher than Base Camp, the campaigners believe that around 17,637 pounds of human excrement were left during this year's climbing season alone.

Some climbers do not use makeshift toilets, instead digging a hole in the snow, letting the waste fall into small crevasses. However, rising temperatures have thinned the glacier, leaving fewer and smaller crevasses. The overflowing waste then spills downhill toward Base Camp and even communities below the mountain.

People living at the Base Camp use melted snow for drinking water that climbers' toilets threaten to contaminate.

"During our expedition to Camp 2, eight of our 10 Sherpas got stomach illness from bad water at Camp 2,"

said John All, a professor of environmental science at Western Washington University who visited Everest on a research expedition.

For the Nepalese who regard the mountain as "Sagarmatha," or Mother of the World, littering amounts to desecration. Climber Nima Doma, who returned recently from a successful ascent, gets angry thinking that the sacred mountain is being turned into a garbage dump. "Everest is our god and it was very sad to see our god so dirty. How can people just toss their trash on such a sacred place?" she said.

The trash is creating danger for future climbers and spurring calls for action now.

"When the snow melts the garbage surfaces. And when there is high wind, tents are blown and torn and the contents are scattered all over the mountain, which makes it even more dangerous for climbers already navigating a slippery, steep slope in snow and high winds," said Ang Tshering, former president of Nepal Mountaineering Association.

Ang Dorjee, who heads the independent Everest Pollution Control Committee, has demanded that the Nepal government — whose general oversight of Everest has come under scrutiny this year as climbers died waiting in line to ascend — institute some rules.

"The problem is there are no regulations on how to dispose of the human waste. Some climbers use biodegradable bags that have enzymes which decompose human waste but most of them don't," he said.

# weather

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TONIGHT	TUE	WED	THU	FRI
Partly cloudy and cool	A stray p.m. t-shower	Some sun with a shower	A couple of showers	A blend of sun and clouds
Baker City <b>44</b> Comfort Index™ <b>10</b>	<b>77 43</b> 9	<b>76 45</b> 10	<b>67 41</b> 8	<b>69 40</b> 10
La Grande <b>46</b> Comfort Index™ <b>10</b>	<b>75 47</b> 9	<b>71 47</b> 9	<b>65 44</b> 8	<b>67 43</b> 10
Enterprise <b>44</b> Comfort Index™ <b>10</b>	<b>73 46</b> 9	<b>71 48</b> 9	<b>63 44</b> 6	<b>63 42</b> 9

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

**ALMANAC**

TEMPERATURES	Baker City	La Grande	Elgin
High Saturday	75°	76°	79°
Low Saturday	32°	35°	36°

**PRECIPITATION** (inches)

	Baker City	La Grande	Elgin
Saturday	0.00	0.00	0.00
Month to date	0.57	0.34	0.23
Normal month to date	0.93	1.23	1.38
Year to date	5.94	10.23	19.76
Normal year to date	5.46	9.03	13.30

**SATURDAY EXTREMES**

**NATION** (for the 48 contiguous states)  
High: 106° Thermal, Calif.  
Low: 22° Yellowstone N.P., Wyo.  
Wettest: 2.95" Kirksville, Mo.

**OREGON**  
High: 85° Hermiston  
Low: 31° Meacham  
Wettest: Trace Astoria

**AGRICULTURAL INFO.**

**HAY INFORMATION TUESDAY**

Lowest relative humidity	40%
Afternoon wind	ENE at 4 to 8 mph
Hours of sunshine	10.7
Evapotranspiration	0.16

**RESERVOIR STORAGE** (through midnight Sunday)

Phillips Reservoir	71% of capacity
Unity Reservoir	89% of capacity
Owyhee Reservoir	99% of capacity
McKay Reservoir	93% of capacity
Wallowa Lake	94% of capacity
Thief Valley Reservoir	100% of capacity

**STREAM FLOWS** (through midnight Saturday)

Grande Ronde at Troy	2790 cfs
Thief Valley Reservoir near North Powder	72 cfs
Burnt River near Unity	106 cfs
Umatilla River near Gibbon	71 cfs
Minam River at Minam	840 cfs
Powder River near Richland	58 cfs

**SUN & MOON**

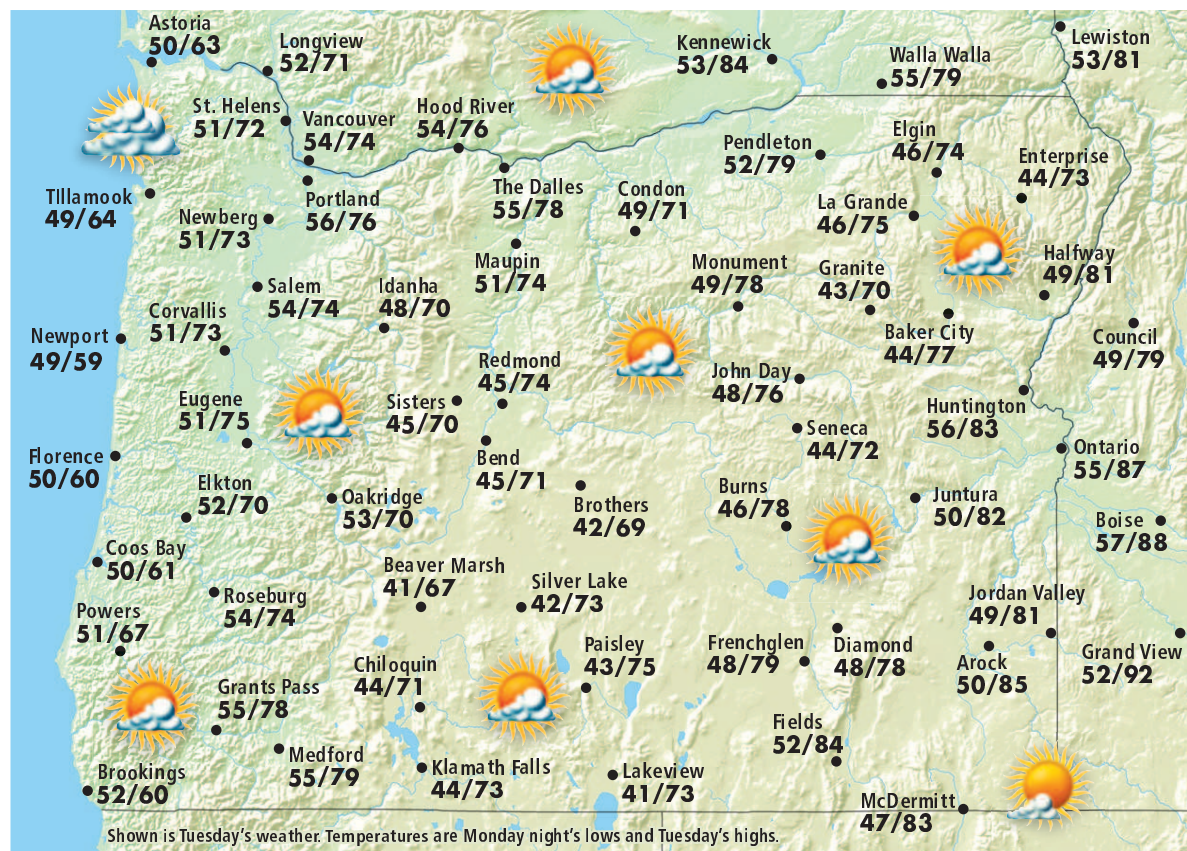
	MON.	TUE.
Sunrise	5:05 a.m.	5:05 a.m.
Sunset	8:44 p.m.	8:44 p.m.
Moonrise	12:50 a.m.	1:13 a.m.
Moonset	12:11 p.m.	1:12 p.m.

**MOON PHASES**

Last	New	First	Full
Jun 25	Jul 2	Jul 9	Jul 16

## AROUND OREGON AND THE REGION

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### REGIONAL CITIES

City	TUE. HI/Lo/W	WED. HI/Lo/W	City	TUE. HI/Lo/W	WED. HI/Lo/W
Astoria	63/51/c	63/52/c	Lewiston	81/57/pc	80/56/pc
Bend	71/43/pc	66/41/pc	Longview	71/51/pc	66/51/sh
Boise	88/56/pc	86/57/pc	Meacham	72/45/pc	69/45/pc
Brookings	60/51/pc	58/50/pc	Medford	79/52/pc	73/49/pc
Burns	78/41/pc	76/41/pc	Newport	59/49/pc	58/50/pc
Coos Bay	61/49/sh	61/51/pc	Olympia	71/48/c	68/47/c
Corvallis	73/48/pc	68/51/pc	Ontario	87/56/pc	87/58/pc
Council	79/51/pc	79/51/pc	Pasco	82/57/pc	82/54/pc
Elgin	74/47/pc	72/46/pc	Pendleton	79/52/pc	76/51/pc
Eugene	75/49/pc	70/49/pc	Portland	76/56/pc	71/56/pc
Hermiston	85/56/pc	81/56/pc	Powers	67/48/pc	64/49/pc
Hood River	76/55/pc	72/54/pc	Redmond	74/43/pc	70/42/pc
Imnaha	78/55/pc	79/54/t	Roseburg	74/52/pc	69/51/pc
John Day	76/49/pc	73/46/pc	Salem	74/51/sh	69/52/pc
Joseph	74/46/pc	73/47/t	Spokane	75/54/pc	75/51/c
Kennewick	84/56/pc	82/56/pc	The Dalles	78/56/pc	75/55/pc
Klamath Falls	73/38/pc	70/37/pc	Ukiah	72/42/pc	66/42/pc
Lakeview	73/41/pc	69/38/pc	Walla Walla	79/55/pc	76/54/pc

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow-ice

### RECREATION FORECAST TUESDAY

<b>ANTHONY LAKES</b> A stray t-shower	<b>52 36</b>	<b>PHILLIPS LAKE</b> A stray t-shower	<b>72 42</b>
<b>MT. EMILY REC.</b> A stray t-shower	<b>62 43</b>	<b>BROWNLEE RES.</b> A stray t-shower	<b>80 52</b>
<b>EAGLE CAP WILD.</b> A stray t-shower	<b>61 38</b>	<b>EMIGRANT ST. PARK</b> A stray t-shower	<b>68 40</b>
<b>WALLOWA LAKE</b> A stray t-shower	<b>74 46</b>	<b>MCKAY RESERVOIR</b> Partly sunny	<b>77 49</b>
<b>THIEF VALLEY RES.</b> A stray t-shower	<b>77 43</b>	<b>RED BRIDGE ST. PARK</b> A stray t-shower	<b>75 47</b>



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