## COREBOARD

## LOCAL SCHEDULE

#### **Thursday PREP BASEBALL**

Wallowa Valley vs. Bandon, Grant Union Tournament, John Day, noon

#### Friday **COLLEGE SOFTBALL**

Eastern Oregon at Carroll (Montana) (2), 1 p.m.

## PREPTRACK AND FIELD

Enterprise at Summit Decathlon-Heptathlon, Bend, 10 a.m.

**PREP BASEBALL** Wallowa Valley vs. Rainier, Grant Union Tournament, John Day, noon **PREP SOFTBALL** 

Bonanza, Union Spring Bash, 11 a.m. Union/Cove vs. North Douglas, Union Spring Bash, 1:30 p.m.

Union/Cove vs.

La Grande vs. Middleton High School Nampa, Idaho, noon La Grande vs. Ridgevue High School, Nampa, Idaho,

4 p.m.

 Subject to change

## **LOCAL STANDINGS**

College Softball

Cascade	Colleg	jiate C	onfe	renc	е		
Team	_		CC	Δ	All .		
Southern Oreg	on	11	1-1	2	5-4		
Corban			1-1		1-5		
College of Idah	10		9-3		2-6		
Oregon Tech			9-3		2-10		
British Columb	ia		3-5		-10		
Northwest			1-8		-16		
Providence			3-9		-12		
Northwest Chri	stian		2-9		-18		
Carroll			10		-16		
Eastern Orego	on	2.	10	5	-21		
Pre	ер В	ase	ball				
4A Greater Oregon League							
	GOL	ĂΙΙ	RS	RA	Rk		
Baker/PV	0-0	6-0		23	9		
Ontario	0-0		51		10		
La Grande	0-0	2-5	47		26		
McLoughlin	0-0		. 0	0	N/A		
3A	Specia				DI.		
Wallowa Val.	SD5 0-0	AII 2-0	RS 21		Rk N/A		
Irrigon	0-0	3-1	33		2		
Nyssa	0-0	2-3	40				
Riverside	0-0	1-2	18		15		
Vale	0-0	1-5	33				
Umatilla	0-0	0-2	9		14		
Burns/Crane	0-0	0-3	16	32			
2A/1A	Spec	ial Dis	strict	7			
	CD7	AII	DC	D۸	DI		

0-2 0-4 0-5 Stan/Echo 0-0 Weston-McE 0-0 6 55 30 43 Prep Softball 4A Greater Oregon League GOL All RS RA Rk rande 0-0 3-0 28 1 1 La Grande

0-0 0-2 40

28 33 21 42

Ontario McLoughlin Baker/PV	0-0 0-0 0-0	5-1 4-1 0-2	48 66 3	25 29 28	7 8 25	
3A Sp						
	SD2	All	RS	RA	Rk	
Enterprise	0-0	3-2	28	38	9	
Irrigon	0-0	2-2	61	44	21	
Nyssa	0-0	2-2	38	32	7	
Vale	0-0	2-3	52	51	25	
Umatilla	0-0	1-1	29	28	20	
Burns/Crane	0-0	0-2	0		16	
Riverside	0-0	0-4	16	87	27	
2A/1A S		al Dis	trict 6			
	SD6	All		RA	Rk	
Weston-McEwen	0-0	4-0	66	5	13	
Echo/Stanfield	0-0	3-0	44	5	7	
Heppner/Ione	0-0	2-0	47	24	5	
Adrian	0-0	2-0	33	10	27	
GH/Prairie	0-0	7_1	94	8	1	

0-0 2-1

**Union/Cove 0-0 2-1 24 14 6**Pilot Rock/Nix 0-0 1-3 26 33 43

24 14

Union/Cove

BASK	ΕT	ВА	LL				
NBA Standings							
EASTERN CONFERENCE Atlantic Division							
7	w	L	Pct	GB			
x-Toronto	52	23	.693	_			
x-Philadelphia	47	27	.635	41/2			
x-Boston	44	31	.587	8			
Brooklyn	38		.507	14			
New York	14	60	.189	371/2			
	Southeast Division						
•	w	L	Pct	GB			
Orlando	37	38	.493	_			
Miami	36	38	.486	1/2			
Charlotte	35	39	.473	11/2			
Washington	30	45	.400	7			
Atlanta	27	48	.360	10			
Centra	I Div	ision					
	W	Ĺ	Pct	GB			
y-Milwaukee	56	19	.747	_			
x-Indiana	45	29	.608	101/2			
Detroit	37	37	.500	181/2			
Chicago	21	54	.280	35			
Cleveland	19	56	.253	37			

#### WESTERN CONFERENCE Southwest Division GB x-Houston 28 32 San Antonio 45 44 .408 16½ .405 16½ New Orleans 45 .392 171/2 Dallas 29 **Northwest Division** Pct GB x-Denver 50 .685 23 27 30 31 41 \_ 4 46 44 43 33 x-Portland .630 6½ 7½ .595 581 .446 171/2 Pacific Division

Utah Oklahoma City Minnesota 23 30 37 41 58 Pct GB x-Golden State 50 .685 \_\_ 6 x-L.A. Clippers Sacramento 45 37 .600 .446 17½ .227 34 L.A. Lakers 33 17 x-clinched playoff spot y-clinched division

All Times PDT Monday's Games Orlando 119, Philadelphia 98 Memphis 115, Oklahoma City 103 Utah 125, Phoenix 92 Portland 148, Brooklyn 144, 2OT Tuesday's Games Boston 116, Cleveland 106 Charlotte 125, San Antonio 116, OT

Orlando 104, Miami 99 Toronto 112, Chicago 103 Atlanta 130, New Orleans 120 L.A. Clippers 122, Minnesota 111 Milwaukee 108, Houston 94 Sacramento 125, Dallas 121 Denver 95, Detroit 92 L.A. Lakers 124, Washington 106 Wednesday's Games

Golden State at Memphis, 5 p.m Indiana at Oklahoma City, 5 p.m. Portland at Chicago, 5 p.m. Washington at Phoenix, 7 p.m L.A. Lakers at Utah, 7:30 p.m. Thursday's Games

Brooklyn at Philadelphia, 4 p.m. Orlando at Detroit, 4 p.m. Dallas at Miami, 4:30 p.m. Toronto at New York, 4:30 p.m. Denver at Houston, 5 p.m. L.A. Clippers at Milwaukee, 5 p.m. Sacramento at New Orleans, 5 p.m. Cleveland at San Antonio, 5:30 p.m.

**NCAA** Men's Tournament

All Times PDT EAST REGIONAL Second Round Saturday, March 23 Jacksonville, Fla. LSU 69. Maryland 67 Des Moines, Iowa
Michigan State 70, Minnesota 50
Sunday, March 24
Columbia, S.C.
Duke 77, UCF 76 San Jose, Calif. Virginia Tech 67, Liberty 58 Regional Semifinals

Friday, March 29 Washington, D.C. Michigan State (30-6) vs. LSU (28-6), 4:09 p.m Duke (31-5) vs. Virginia Tech (26-8), 6:39 p.m.

SOUTH REGIONAL Second Round Saturday, March 23 Hartford, Conn. Purdue 87, Villanova 61
Sunday, March 24
Columbia, S.C.

Virginia 63, Oklahoma 51 Columbus, Ohio Tennessee 83, Iowa 77, OT San Jose, Calif. Oregon 73, UC Irvine 54 Regional Semifinals Thursday, March 28 Louisville, Ky. Tennessee (31-5) vs. Purdue (25-9),

Virginia (31-3) vs. Oregon (25-12), 6:57 p.m.

MIDWEST REGIONAL Second Round Saturday, March 23 Jacksonville, Fla. Kentucky 62, Wofford 56 Salt Lake City Auburn 89, Kansas 75

Sunday, March 24 Columbus, Ohio North Carolina 81, Washington 59 Tulsa, Okla. Houston 74, Ohio State 59 Regional Semifinals Friday, March 29 Kansas City, Mo.

North Carolina (29-6) vs. Auburn (28-Kentucky (29-6) vs. Houston (33-3), 6:57 p.m.

WEST REGIONAL Second Round Saturday, March 23 Hartford, Conn. Florida State 90, Murray State 62 Des Moines, Iowa Salt Lake City
Gonzaga 83, Baylor 71
Sunday, March 24
Tulsa, Okla.
Texas Tech 78, Buffalo 58

Regional Semifinals Thursday, March 28 Anaheim, Calif. Gonzaga (32-3) vs. Florida State (29-7), 4:09 p.m. Michigan (30-6) vs. Texas Tech (28-6),

NCAA Women's

**Tournament** All Times PDT GREENSBORO REGIONAL Second Round Sunday, March 24 At Charlotte, N.C. South Carolina 72, Florida State 64
At Iowa City
Iowa 68, Missouri 52

Monday, March 25 At Waco, Texas Baylor 102, California 63 At Raleigh, N.C. N.C. State 72, Kentucky 57 Regional Semifinals Saturday, March 30 At Greensboro, N.C. N.C. State (28-5) vs. lowa (28-6), Baylor (33-1) vs. South Carolina (23-

PORTLAND REGIONAL Second Round Sunday, March 24 At Starkville, Miss sippi State 85, Clemson 61
At Coral Gables, Fla. Arizona State 57, Miami 55

At Eugene Oregon 91, Indiana 68 Monday, March 25 At Syracuse, N.Y. South Dakota State 75, Syracuse 64 Regional Semifinals

Friday, March 29 At Portland
Mississippi State (32-2) vs. Arizona
State (22-10), 6 p.m.

South Dakota State (28-6) vs. Oregon (31-4), 8:30 p.m. CHICAGO REGIONAL

Second Round
Sunday, March 24
College Station, Texas
Texas A&M 78, Marquette 76
Monday, March 25
At Notre Dame, Ind.
Notre Dame 91, Michigan State 63
At Ames, Iowa
Missouri State 69 Iowa State 60 Missouri State 69. Iowa State 60 At Stanford, Calif. Stanford 72, BYU 63 Regional Semifinals

Saturday, March 30 At Chicago Notre Dame (32-3) vs. Texas A&M (26-7), 1 p.m. Missouri State (24-9) vs. Stanford (30-4), 4:30 p.m

ALBANY REGIONAL Second Round Sunday, March 24 At Louisville, Ky.
Louisville 71, Michigan 50
At Storrs, Conn. UConn 84, Buffalo 72 Monday, March 25 At Corvallis, Ore.

At Corvallis, Ore.
Oregon State 76, Gonzaga 70
At College Park, Md.
UCLA 85, Maryland 80
Regional Semifinals
Friday, March 29
At Albany, N.Y.
UCLA (22-12) vs. UConn (33-2), 4 p.m.
Louisville (31-3) vs. Oregon State (26-7), 6:30 p.m.

#### HOCKEY

**NHL Standings** EASTERN CONFERENCE Atlantic Division

GP W L OT Pts GF GA

ay 77 59 14 4 122 306 206

76 46 21 9 101 237 124 z-Tampa Bay x-Boston 76 45 25 77 41 28 8 90 27 77 33 32 12 78 249 256 73 36 9 71 207 251 70 62 206 258 70 276 Toronto Montreal Buffalo

76 28 38 10 66 206 258 76 27 43 6 60 226 278 Metropolitan Division GP W L OT Pts GF GA
Washington 77 45 24 8 98 264 235
N.Y. Islanders 77 44 26 7 95 212 188 77 42 24 76 42 27 76 42 30 88 232 218 Columbus Philadelphia 76 36 32 8 N.Y. Rangers 75 29 33 13 80 229 252 71 208 250 67 211 260 Philadelphia 77 29 39 New Jersey

WESTERN CONFERENCE
Central Division
GP W L OT Pts GF GA
nipeg 76 45 27 4 94 256 223
hville 77 43 28 6 92 224 202
uis 76 41 27 8 90 226 206
2 76 39 31 6 84 193 188 x-Winnipeg x-Nashville St. Louis 77 35 33 9 79 203 224 76 33 33 10 76 248 272 Minnesota Chicago

GP W L OT Pts GF GA 76 47 22 7 101 268 213 7 101 268 213 9 95 268 240 6 90 235 209 7 81 200 212 x-Calgary x-San Jose 76 43 24 76 42 28 77 37 33 76 34 34 Vegas 77 32 35 10 74 211 242 Anaheim 78 32 36 10 74 185 241 Los Angeles 76 28 40 8 x-clinched playoff spot z-clinched conference

**All Times PDT** Monday's Games
Pittsburgh 5, N.Y. Rangers 2
New Jersey 3, Buffalo 1
Toronto 7, Florida 5 Tampa Bay 5, Boston 4 Dallas 5, Winnipeg 2 Nashville 1, Minnesota 0 St. Louis 3, Vegas 1 Los Angeles 3, Calgary 0

Detroit 3, San Jose 2

Tuesday's Games

Columbus 4, N.Y. Islanders 0 Washington 4, Carolina 1 Ottawa 4, Buffalo 0 Montreal 6. Florida 1 Edmonton 8, Los Angeles 4 Arizona 1, Chicago 0 Anaheim 5, Vancouver 4 Wednesday's Games

Toronto at Philadelphia, 4 p.m. N.Y. Rangers at Boston, 4:30 p.m. Dallas at Calgary, 6:30 p.m. Vegas at Colorado, 7 p.m. Thursday's Games

Washington at Carolina, 4 p.m Montreal at Columbus, 4 p.m. Detroit at Buffalo, 4 p.m. Florida at Ottawa, 4:30 p.m. N.Y. Islanders at Winnipeg, 5 p.m. Dallas at Edmonton, 6 p.m. Chicago at San Jose, 7:30 p.m.

#### SOCCER

Major League Soccer EASTERN CONFERENCE D.C. United Cincinnati Columbus Toronto FC Montreal Philadelphia New York City FC 0 0 Atlanta New England 0 3 1 1
WESTERN CONFERENCE W L

Pts GF GA 10 10 5 9 10 3 7 6 4 Los Angeles FC Houston FC Dallas Minnesota United 2 LA Galaxv 4 3 5 Colorado Vancouver San Jose All Times PDT
Friday, March 29
New York City FC at Toronto FC, 5 p.m.

Saturday, March 30 New York at Chicago, 10 a.m. Minnesota United at New England, 11 a.m. Montreal at Sporting Kansas City, noon Los Angeles FC at San Jose, 12:30 p.m. Atlanta at Columbus, 4:30 p.m. Philadelphia at Cincinnati, 4:30 p.m. FC Dallas at Real Salt Lake, 6 p.m. Houston at Colorado, 6 p.m. Seattle at Vancouver, 7 p.m.

Sunday, March 31

D.C. United at Orlando City, 3:30 p.m. Portland at LA Galaxy, 6 p.m.

### **EOU**

Sher/Ar/Con 0-0 PR/Nixy/Ukiah 0-0

GU/Prairie City 0-0 Union/Cove

Heppner/Ione 0-0

Dufur/SWC

Continued from Page 6A

Cheyanne Collins, the third EOU athlete in the event, was 18th overall with 3,482 points. Collins' top event was the high jump, where she tied third (5-feet-1-1/4)scored 678 points. added distances of 29-feet-2-3/8 in the shot put, 14-feet-3-3/4 in the long jump and 69-feet-3-3/4 in the javelin, and also posted times of 17.43 in the 100 hurdles, 28.59 in the 200 and 2:45.24 in the

On the men's side, EOU's Sam Roddewig finished in ninth place in the 7-1/4. They scored 775 decathlon, scoring a total points and 746 points,

of 5,800 points, and Jonah Coats was 11th with 5,274

Roddewig and Coats, both of whom are pole vaulters, went 1-2 in the event. Roddewig took the top spot with a mark of 14-feet-11-1/8, and Coats tied for second at 14-feet-

respectively, for their topscoring disciplines.

In the field, Roddewig had marks of 18-feet-5-1/4 in the long jump, 32-feet-5-3/8 in the shot put, 5-feet-7-1/4 in the high jump, 95-feet-3-3/4 in the discus and 127feet-0-3/4 in the javelin. On the track, he turned in times of 11.92 in the

100-meter dash, 55.11 in the 400, 16.75 in the 110 hurdles and 4:35.95 in the 1,500.

Coats, in addition to the pole vault mark, posted times of 12.15 in the 100, 58.20 in the 400, 17.82 in the 110 hurdles and 5:10.94 in the 1,500. In the marks of 19-feet-3-3/4 in the long jump, 31-feet-9-3/4 in the shot put, 5-feet-8-1/2 in the high jump, 84-feet-4-1/4 in the discus and 121-feet-10-1/4 in the javelin.

Eastern's full team is back on the track April 5 and 6 at War XII in Spokane, Washington. ■

## **STEVENS**

Continued from Page 6A "an inflammation of the area just below the knee where the tendon from the kneecap (patellar tendon) attaches to the shinbone (tibia)." He was working through it at the time Steve Union/Cove's Sheehy, cross country coach, talked to him about joining the high school cross country team.

"At its worst, sometimes my legs would give out and would buckle, (but) it never stopped me from running," Stevens said.

Stevens ultimately made the decision to take on cross country in addition to track, and has not only endured, but thrived. He

said he used to wear neoprene straps on his knees when running, but he's grown past the knee condition, which most often occurs during growth spurts, according to the Orthoinfo website.

"It's not going to get worse," he said. "There's not going to be any permanent damage. I was fortunate enough to keep running."

A major part of his success can also be tied to the amount of work he puts in. Stevens has run more than 70 miles in a week at times, and he said he's currently logging about 60. That includes one day a week where he'll run 25 percent of that total distance. This week, that 25

percent added up to a run of 15 miles, which he did Monday.

While that may seem like a very high amount, Stevens said once you've logged that many miles in one run, the final stretch of a 1,500 or 3,000 is much easier.

It's a concept he picked up at the Steens Mountain Running Camp, quoting camp director Harland Yriarte as saying, "overemphasize to trivialize."

The mental aspect of the sport is just as vital, and he said the long distance runs help with his mindset.

"I had to learn all that

and train my mind as much as my body, especially with distance running," he said.

What races he'll run at Idaho are not yet set, and Stevens noted that the 5K or even the 10K could be a possibility.

But for now, Stevens said he feels blessed to have the chance to keep competing at a high level, and he's quick to deflect the glory for the gift he's had since he was running around the coffee table.

"I am really thankful to God for allowing me to be at this point," he said. "(I'm) looking forward to seeing what happens." ■

field events, he recorded

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Cardiac Lipid Panel—Cholesterol, HDL, LDL, & Triglycerides Glucose—Blood Sugar Count

UNION - Saturday, April 6 —7 am -10 am GRH Union Clinic: 142 E. Dearborn Street, Union, OR

ELGIN - Saturday, April 13 — 7 am -10 am GRH Elgin Clinic: 570 S. 8th Street, Elgin, OR

LA GRANDE - Saturday, April 27 — 7 am -10 am

GRH Pavilion: 909 Adams Avenue, La Grande, OR NO APPOINTMENT! NO COST TO YOU!

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Public Relations Department at 541-963-1418 or 541-963-1480.