The Observer

## HIGHLIGHTS

#### Sermon explores good/bad news of Christ's death

– The LA GRANDE La Grande Seventh-day Adventist Church will have an 11 a.m. service on Saturday. Pastor Mike will be exploring the death of Christ and the good and bad news his death means for the living and the dead.

#### St. Peter's now worships at 11 a.m.

LA GRANDE – Beginning March 3, the worship service at La Grande's St. Peter's Episcopal Church will begin at 11 a.m. on Sundays.

The congregation has been invited to join an ecumenical Ash Wednesday celebration on March 6 beginning with a pancake supper at 6 p.m. at the Presbyterian Friendship Center followed by a service at the Presbyterian Church.

On Friday, March 8, St. Ann's Guild will meet at 2 p.m.

#### Guest pastor from **Tigard preaches at** Zion

LA GRANDE - Zion Lutheran Church in La Grande will worship at 9 a.m. Sunday, followed by a time of fellowship. Holy Communion will be offered during the service, and Pastor Paul Teyler of Tigard will be the guest preacher. The adult forum follows at 10:30 a.m.

The Girl Scouts meet at the church at 6 p.m. Monday. Tuesday, a non-denominational Bible study group meets. On Thurs-

### Zion at 6 p.m.

#### Lenten service held Wednesday at Faith Lutheran

LA GRANDE – During the 10 a.m. Divine service on this last Sunday of the Epiphany Season, the sermon at Faith Lutheran Church ina Grande will expound upon Jesus' transfiguration. Luke 9:29 says that "the appearance of His face was altered and His clothing became dazzling white." This was followed by a cloud overshadowing those who were with Jesus, showing that God continues to reach out to us with his saving work through the life, death and continued ministry of Jesus Christ.

After the service will be day, the LGBTQ meets at the church's First Sunday potluck, followed by an elders' meeting.

At 6:30 p.m. March 6, Faith Lutheran Church will have a Ash Wednesday service that will include the imposition of ashes. A soup supper will be served before the service, at 5:30 p.m.

#### Shrove Tuesday pancake dinners kick off season of Lent

UNION, ENTERPRISE Shrove Tuesday, the last day before Lent begins on Ash Wednesday, is March 5 this year. Traditionally, Shrove Tuesday is celebrated with pancake suppers (go www.whyeaster.com/ to customs/shrovetuesday to find out why). The community is welcome at a pancake feed at the Sacred Heart Catholic Church in Union from 5:30 p.m. to

7:30 p.m. For \$5 (age 12 and older), or \$15 for a family, enjoy all-you-caneat pancakes, sausage, applesauce, hashbrowns and coffee, orange or apple juice.

In Wallowa County, Enterprise's St. Patrick Episcopal Church is partnering with the Main Street Garden Initiative for a combined pancake supper and seed swap. Come by to swap seeds, learn more about the Garden Initiative, and dine on pancakes and sausage, between 4:30 p.m. and 7 p.m. Proceeds will benefit local food banks.

#### Message goes back to the beginning

LA GRANDE – The La Grande First Christian Church will celebrate Transfiguration Sunday

#### Submissions

Churches and faithbased groups are encouraged to submit Highlights for the Spiritual Life page by 4 p.m. Tuesday for publication Friday. Submit by email to news@ lagrandeobserver.com (with Highlights in the subject line), by fax to 541-963-7804, or by hand to the office.

with Pastor Ray Smith's message, "Soaring," taken from Genesis 1:24-31. The worship service begins at 10 a.m.

The Christian Women's Fellowship group has postponed its upcoming rummage sale due to the weather. The new date will be announced soon.

# If we feed our faith, our fears will starve

In the recounting of Jesus' resurrection in John 20, we find a beautiful passage that is a wonderful example of how much God loves us and wants to encourage

The friends and family of Christ were gathered together after his horrific crucifixion and were grieving over his death when all of a sudden, he appears in their midst.

Even though they remembered how he had promised to return, I'm sure they were still awestruck. Jesus stretches out his hands and reveals his wounds, and of course, they are overjoyed to see him again.



After eight days the group came together again and like last time Jesus miraculously appeared. Christ looked at Thomas and told him to reach out and touch the scars, and he did. Jesus said, "Be not faithless, but believing," and Thomas replied, Lord and my God." "My

When we are discouraged and struggling to believe, we can know that God will always make the extra effort to prove how much he loves us and cares about us.

He spoke peace and How many times have breathed on them, and you needed the Lord before he left, he filled to inject faith into your doubt? I call on him to them with the Holy Spirit. nelp me every day. You see, Thomas was not the Thomas was not there only person who had that night and later when he returned and problems with doubting. was told that Jesus had Actually, he's a pervisited them, he said fect example of you and ment and hopelessness, that until he could see I. God realizes how hard but let us remember that Jesus with his own eves, it is for us to believe and when Jesus intervenes understands that we do into your situation, mir-

not have the luxury of literally seeing him as Thomas could.

This is where faith comes in, understanding that even though we cannot see him physically, he is there.

In John 20: 29 Jesus says to Thomas: "Because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed."

Faith is having the ultimate optimistic and positive attitude. Faith is choosing to believe when we are walking over bridges that cannot be seen.

Faith is paying our tithes when we have only a small amount of money in our bank account. Faith is resting in peace and completely trusting that God's word cannot fail. Yes, it's difficult to demonstrate confidence in the Lord when all we

can see is discourage-

acles happen and nothing is ever the same. Everything and everyone in heaven and earth are subject to his infinite power and authority.

So, how can we have more faith? We can pray and ask God to give us more courage to believe. Faith is not only a source of spiritual hope and strength, but Hebrews 11:6 reminds us, "Without faith it is impossible to please him: for he that approaches God must believe that he is, and that he is a rewarder of them that diligently seek him."

As told in Acts 16, Paul and Silas were being held in a dark and dreary prison, yet they began to worship the Lord. Why? Because joy is not confined to a geographic location, a mood or a feeling, but is activated when the determination to trust God becomes stronger than the temptation to be afraid.

feed our faith. our fears will starve. These men made a choice to see reality with the eyes of their spirit instead of being led by their emotions. Whatever trial we are going through today, we have the opportunity to do the same thing.

Our natural senses are connected with our mind, but spiritual faith declares that I will base my hope and trust in God no matter what happens because I know he always wants what's best for me.

Humans have a tendency to rely on their intelligence and have confidence in their own decisions, but this cannot bring true spiritual peace. True peace comes from knowing that God is in control.

Thomas Aquinas is

#### WORDS OFTHE BUDDHA www.pariyatti.com

Whose mind is like rock, steady, unmoved, dispassionate for things that spark passion, unangered by things that spark anger:

When one's mind is developed like this, from where can there come suffering & stress? (Udana 4.34)

Any sensual bliss in the world, any heavenly bliss, isn't worth one sixteenth-sixteenth of the bliss of the ending of craving. (Udana 2.12)

Delight in heedfulness! Guard well your thoughts! Draw yourself out of this bog of evil, even as an elephant draws itself out of the mud. (Dhammapada 23.327)

Freed from longing through insight, the wise one rid of all desire is calm as a pool unstirred by wind. (Itivuttaka 3.92)

If for company you find a wise and prudent friend who leads a good life, you should, overcoming all impediments, keep their company joyously and mindfully. (Dhammapada 23.328)

he would not believe it.

We cannot live in faith and fear at the same time. If we will

quoted as saying, "To one who has faith, no explanation is necessary. To one without faith, no explanation is possible."

Read more at billyhollandministries.com.



