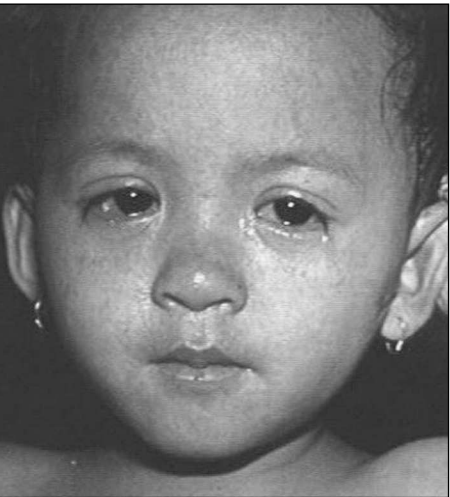
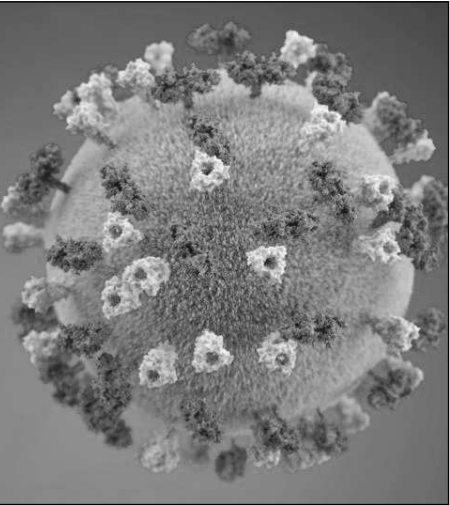




Courtesy photos
TOP: A 3D graphical representation of a measles virus particle.
BOTTOM: This young child, displaying the characteristic measles rash, also exhibits symptoms of inflamed, watery eyes.

MEASLES

Continued from Page 1A
down and the rash clears up.
“Measles is highly communicable, and the part people don’t understand (are) the complications that go along with having the disease,” Miles said.
Complications include pneumonia, the No. 1 cause of death for children who contract measles, and encephalitis, which is the swelling of the brain. The CDC reports children younger than 5 and adults older than 20 are most likely to suffer from measles complications.
If you think you have been exposed to measles, are exhibiting symptoms and are not vaccinated for measles through the MMR vaccine, CHD and GRH recommend calling ahead to your health care provider for an over-the-phone assessment instead of visiting in person in order to reduce measles exposure to the rest of the community.
“We’re encouraging people to call first, but that does not mean we aren’t going to see them,” Miles said. “We’re doing a pre-assessment, and if they absolutely need to come in, we wouldn’t deny them. It allows us to be prepared and get them into the facility in a way that would be safe for everyone.”
If you are unsure whether or not you’ve been vaccinated for measles, Sieders suggests to check your immunization status.
“This is a great time to dig out those records or call us and we can look them up for you to see if you are vaccinated,” she said.
Every Friday from 8 a.m. to 3 p.m., CHD offers vaccinations with no appointment necessary, but because of the current outbreak in Washington, they are focusing on the

MMR vaccine in particular on Feb. 8.
“The idea of having a special measles vaccination clinic is to really call attention to the fact that there’s a need for that vaccine at this point in time,” Brogoitti said. “With measles, there is a vaccine that’s highly effective. If you have that vaccine, the chances that you’ll get the disease is pretty close to none.”
CDC recommends all children receive the MMR vaccine twice, with the first dose between 12 and 15 months of age, and the second dose between 4 and 6 years of age. Receiving two doses of the MMR vaccine is 97 percent effective against the disease, while one dose is 93 percent effective, according to the CDC website.
Since the measles vaccine was introduced in 1963, there has been an estimated 99 percent reduction in cases of the disease in the United States. By 2000, measles was declared eliminated in the U.S. However, the World Health Organization reports there has been a spike in measles in the U.S. since 2017 due to gaps in vaccinations.
“The resurgence of measles is of serious concern, with extended outbreaks occurring across regions, and particularly in countries that had achieved, or were close to achieving, measles elimination,” said Soumya Swaminathan, WHO’s deputy director general for programmes, in a press release. “Without urgent efforts to increase vaccination coverage and identify populations with unacceptable levels of under-, or unimmunized children, we risk losing decades of progress in protecting children and communities against this devastating but entirely preventable disease.”
Some parents fear their children will develop autism from vaccines, according to

CDC. However, vaccine safety experts at CDC and the American Academy of Pediatrics, agree that vaccines, including the MMR vaccine, are not responsible for increases in the number of children diagnosed with autism spectrum disorder.
“Despite the evidence that the MMR vaccine is extremely effective and extremely safe, there’s still the anti-vaccination movement,” Sieders said. “Measles is a serious disease. We want to call attention to that.”
In 2017, only 86 percent of Union County children ages 19 months to 5 years old received their first dose of the MMR vaccine, according to the Oregon Immunization Program. The CDC’s state data of a similar age group reports 90.3 percent of children across Oregon ages 19 to 35 months received one dose of the MMR vaccine in 2017. According to WHO, 93-95 percent of a population must have immunity to measles in order to meet the threshold for herd immunity, which is defined as the resistance to a disease in a group of people due to the high number of those with immunity.
Brogoitti notes for this reason, it’s important for adults to get vaccinated too.
“Children (younger than) 12 months are not able to get vaccinated, so the best way to protect them is to have the adults and other children who are around them be vaccinated,” Brogoitti said. “Protect the people who aren’t able to get the vaccine. For me, it’s not just about protecting me and my family, it’s about protecting my community.”

For more information or to set up an appointment, call Center for Human Development at 541-962-8800.

FUNDING

Continued from Page 1A
about the flat funding for higher education proposed in Gov. Kate Brown’s base budget for the 2019-2021 biennium, which was released in December 2018.
The university effectively considers flat funding, which is funding at the same level as the previous biennium, a cut due to inflation and increased personnel costs, such as PERS. Insko said he believes that the Legislature will approve a budget with more than flat funding for higher education.
“All the indications I see right now is that I don’t think we will be (flat funded),” Insko said. “Rational minds will come together and identify where that right base funding level is for higher education.”
Higher education institutions are looking for an additional \$120 million from the base budget in order to keep tuition increases under 5 percent and maintain their current staffing levels.
“At that level, I think we can really minimize any tuition increases we’d have to pass on to students,” Insko said.

Trustee Richard Chaves said flat funding would severely hinder the university’s goals.
“If that ended up to be the final result, we would have significant reductions,” Chaves said. During the middle of the trustees meeting on Thursday, Chaves, Insko, Chair David Nelson and Ben Cannon, executive director of the Higher

Education Coordinating Committee, joined a conference call with the state’s university leadership and the governor.
After the meeting, Chaves said he believes the governor wants to ensure the state’s public universities receive the funding they need.
“She is working hard with the Legislature right now to deal with that because education in general is a priority for her,” Chaves said. “In the meeting we just had, she repeated some of those statements about supporting higher ed and working with the joint chairs to improve the funding for higher ed beyond the flat (funding).”
Nelson, who was a state senator for 16 years, said university funding often takes a backseat in the Legislature.
“I can remember (only) two sessions where higher education was a priority,” he said. “Traditionally it’s not a priority.”
Cannon, who presented to the board on the efforts of HECC to lobby for more funding, told The Observer that the focal point of the current Legislature isn’t the state’s public universities.
“The primary focus of legislators who are working on revenue and investments is pre-K through 12, not higher education. They have made that clear,” Cannon said. “That may be shifting as legislators get a greater understanding of the needs within post-secondary education, as well as the costs that students will bear if higher ed is flat funded.”

In December, Insko was quoted in The Oregonian saying EOU may have to raise tuition by 10 to 15 percent if flat funding was all the university received. To increase tuition by more than 5 percent, EOU’s board of trustees must receive approval from HECC. Cannon said he hopes it doesn’t come to that.
“The last thing my commission wants to be doing is having to deal with requests for 10 or 15 or 20 percent increases in tuition,” Cannon said. “At the same time, we recognize that many of our universities are in a real bind, where without revenue increases, whether it’s tuition or state (funds), they’ll be making significant program cuts that also harm students. It’s a terrible position to be in.”
Those types of increases would alter EOU’s financial health, but in December Insko said EOU is not in a “crisis situation” even with potentially flat funding.
Chaves said one of the main takeaways that he had from the conference call with the governor was that the situation is far from settled.
“Everything is still in flux,” Chaves said. “I think the best statement that was made was that it’s a very fluid situation.”
Cannon said he is determined to ensure universities aren’t forced to make detrimental cuts.
“I am highly motivated to work with the boards and work with the Legislature to make sure that doesn’t happen,” Cannon said.

EOU

Continued from Page 1A
the college. As part of EOU’s strategic plan, branded as The Ascent, the university set a goal of having a retention rate of 80 percent of full-time freshmen and 90 percent of transfer students.
In 2017, EOU retained 68 percent of its full-time freshmen and 74 percent of its new transfers on campus. To reach its 2029 goals, EOU needs to increase freshmen retention by 1.2 percent and new

transfer retention by 1.6 percent annually.
Karpilo developed an acronym to describe the types of initiatives her team uses to increase retention: E.A.S.T., which stands for engagement initiatives, academic initiatives, support initiatives and transition initiatives.
Karpilo said the college’s goal for fall 2019 is to increase on-campus FTF retention to 73 percent, while increasing on-campus transfer retention and online transfer retention to

76 percent.
After a brief presentation by Dan Mielke, outgoing dean of the School of Business and Education, the board approved the creation of an accounting major at the college, which will primarily be an online degree program.
Trustee Richard Chaves, who was a business major at EOU, said accountants will always be needed.
“Having that as one of our programs is going to help increase our enrollment,” Chaves said.

LEADERSHIP

Continued from Page 1A
that anyone can be a leader. He said that one does not have to be blessed with charisma or be outgoing to be an effective leader.
“Forty percent of us are introverts who like to sit in the back of the room,” said Jasch, who puts himself in this category.
Still, Jasch, 40, is stepping forward to give numerous talks to college students each year about the importance of becoming leaders.
“Leading is a choice. You can be the type of leader everyone wants in their life,” he said. “If you lead, you will have a sweeter life and so will those around you.”
Jasch also said how one delivers positive reinforcement is an important element in successful leadership. Individualized

compliments praising someone for specific actions are much more meaningful than generic, sweeping accolades.
“At the end of the day, we want to know that all we do matters. We want to be loved,” Jasch said, adding that showing interest in people “is magic. If you are interested in the people around you, you become more likable, and likability fosters trust.”
Jasch, a graduate of the U.S. Naval Academy, served in the Navy for six years before joining the FBI, for which he worked for five years. He left the FBI because he wanted to spend more time with his family and now operates a business in Florida.
His talk, given to an audience composed primarily of Eastern students, was sponsored by EOU’s Center for Student Involvement.



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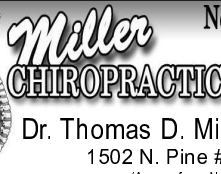
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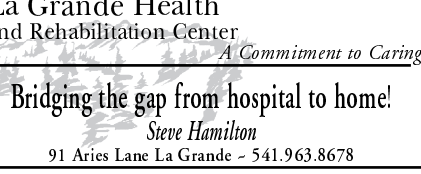


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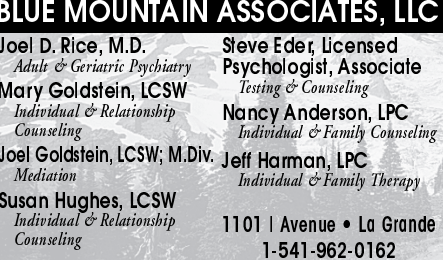
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