

Parents cancel holiday dinners when kids won't bury hatchet

DEAR ABBY: The holiday season is here, with the traditional family dinner get-togethers. Our problem is, our two children (ages 27 and 29) don't like each other and rarely have contact during the year. This creates such stressful holiday meals that my wife and I would prefer to simply not have them.

What words should we use to explain to both of them that we will no longer host holiday family dinners in the future? The conundrum arises if one of them says, "Well, I can come for Thanksgiving, so 'Jesse' can come for Christmas," which divides us in a way that is unacceptable. Although we have asked them to work out their issues, they have made no progress. Your advice?

— DAD STRESSED BY THE HOLIDAYS

DEAR DAD: Your "children" are adults and should be able to bury their differences two nights out of the year for your sake. If one makes that suggestion, your response should be: "No. It would only remind us that half our family is missing, which would sadden us on what's supposed to be a happy occasion. That's why your mother and I have decided to make other plans instead."

DEAR ABBY: I was visiting a neighbor whose son and daughter-in-law were also visiting. They have two daughters, ages 9 and 7. While I was there her son took the girls into the bathroom and gave them baths. I was shocked. The mom said, "That's HIS job!"

Abby, I could understand if they were toddlers, but by that age, they should be able to bathe themselves. When I asked her why, she said, "They play too much." Is this unusual? The grandmother — my neighbor — confided later that it made her uncomfortable, too, and said she has hinted to them both that the girls need privacy. What should we do or say, or is it none of our business?

— CONFUSED IN ALABAMA

DEAR CONFUSED: By the ages of 7 and 9, the girls should not only be capable of bathing themselves, but also be able to comprehend when either parent says, "You're splashing around too much. Cut out

the funny business!" The parents should act only as monitors. While I don't think it's your place to say anything, I do think the grandmother should.

DEAR ABBY: I am a 64-year-old man who has decided to donate my body to science after I pass. Would it be helpful to write/ have a bio that includes some of my medical history? I have broken my left arm twice and my little finger, which required surgery. Also, I broke my right wrist, which required surgery, including five temporary metal pins.

I am a Type 2 diabetic and have scars on my face from injuries from when I was a kid to adulthood. I'm not interested in writing a book but thought it might be helpful after I die for the medical institution. What do you think?

— CURIOUS IN FORT WORTH

DEAR CURIOUS: You are very thoughtful. However, it might be more fun for the medical students to discover these "surprises" for themselves.

DEAR ABBY: My daughter is getting a divorce from a wonderful young man I've grown very close to. He's away in the service, and he and my daughter have grown apart. He is in Korea and not able to deal with the situation back at home.

He emails me and talks to me on Facebook quite often. When he asks me about my daughter, I am vague. I love him as a son, and I have been crying over this. I'm so upset that I'm having migraines. How do I detach from my son-in-law while still being there for my daughter?

— SAD MOTHER-IN-LAW IN TEXAS

DEAR SAD M-I-L: Be honest with him. Tell him that while you love him like a son, the present situation with your daughter is causing you so much emotional conflict that it's making you physically ill. Explain that you will always be his friend, but that you must distance yourself emotionally somewhat until the divorce is final and he and your daughter have moved further on in their lives. Yours is not a happy situation to be in and you have my sympathy, but your health must come first.

Back-to-back earthquakes shatter roads and windows in Alaska

By Rachel D'Oro and Dan Joling

Associated Press

ANCHORAGE, Alaska — Back-to-back earthquakes measuring 7.0 and 5.7 shattered highways and rocked buildings Friday morning in Anchorage, sending people running into the streets and briefly triggering a warning to residents in Kodiak to flee to higher ground for fear of a tsunami.

The warning was lifted without incident a short time later. There were no immediate reports of any deaths or serious injuries.

The U.S. Geological Survey said the first and more powerful quake was centered about 7 miles (12 kilometers) north of Anchorage, Alaska's largest city, with a population of about 300,000. People ran from their offices or took cover under desks.

"It had my heart racing and I felt a bit of motion sickness afterwards. I was scared!" April Pearce wrote on Instagram after being shaken at her desk in the town of Soldotna.

A large section of an off-ramp near the Anchorage airport collapsed, marooning a car on a narrow island of pavement surrounded by deep chasms in the concrete. Several cars crashed at a major intersection in Wasilla, north of Anchorage, during the shaking. Anchorage Police Chief Justin Doll said he had been told that parts of the Glenn Highway, a scenic route that runs northeast out of the city past farms, mountains and glaciers, had "completely disappeared."

The quake broke store windows, opened cracks in a

two-story building downtown, disrupted electrical service and disabled traffic lights, snarling traffic. It also threw a full-grown man out of his bathtub.

All flights in and out of the airport were suspended for hours after the quake knocked out telephones and forced the evacuation of the control tower. And the 800-mile Alaska oil pipeline was shut down while crews were sent to inspect it for damage.

Anchorage's school system canceled classes and asked parents to pick up their children while it examined buildings for gas leaks or other damage.

Fifteen-year-old Sadie Blake and other members of the Homer High School wrestling team were at an Anchorage school gymnasium waiting for a tournament to start when the bleachers started rocking "like crazy" and the lights went out. People started running down the bleachers in the dark, trying to get out.

"It was a gym full of screams," said team chaperone Ginny Grimes.

When it over, Sadie said, there was only one thing she could do: "I started crying."

Jonathan Lettow was waiting with his 5-year-old daughter and other children for the school bus near their home in Wasilla when the quake struck. The children got on the ground while Lettow tried to keep them calm.

"It's one of those things where in your head, you think, 'OK, it's going to stop,' and you say that to yourself so many times in your head that finally you think, 'OK, maybe this isn't going to stop,'" he said.

Soon after the shaking

stopped, the school bus pulled up and the children boarded, but the driver stopped at a bridge and refused to go across because of deep cracks in the road, Lettow said.

Former Alaska Gov. Sarah Palin tweeted that her home was damaged. "Our family is intact — house is not. I imagine that's the case for many, many others."

Officials opened an Anchorage convention center as an emergency shelter. Gov. Bill Walker issued a disaster declaration.

Cereal boxes and packages of batteries littered the floor of a grocery store, and picture frames and mirrors were knocked from living room walls.

People went back inside after the first earthquake struck, but the 5.7 aftershock about five minutes later sent them running back into the streets. A series of smaller aftershocks followed.

A tsunami warning was issued along Alaska's southern coast. Police in Kodiak, a city of 6,100 people on Kodiak Island, 250 miles (400 kilometers) south of Anchorage, warned residents to evacuate to higher ground immediately because a wave could hit within about 10 minutes.

Michael Burgoyne, a senior technician with the National Tsunami Warning Center in Palmer, Alaska, said the warning was automatically generated based on the quake's size and proximity to shore. Scientists monitored gauges to see if the quake generated big waves. Because there were none, they canceled the warning within about an hour and a half.

weather

TONIGHT Partly cloudy and cold	TUE Partly sunny and chilly	WED Mostly sunny	THU Sunny, but chilly	FRI Mostly sunny and chilly
Baker City 12 Comfort Index™ 3	33 9 1	32 6 1	31 9 0	34 12 1
La Grande 18 Comfort Index™ 3	32 13 0	31 10 1	31 13 0	32 18 0
Enterprise 13 Comfort Index™ 3	31 10 2	30 9 2	30 10 3	32 17 3

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Sunday	38°	40°	39°
Low Sunday	22°	29°	29°
PRECIPITATION (inches)			
Sunday	Trace	Trace	0.00
Month to date	Trace	Trace	0.00
Normal month to date	0.07	0.13	0.23
Year to date	5.24	13.57	26.71
Normal year to date	9.22	14.99	20.90

SUNDAY EXTREMES

NATION (for the 48 contiguous states)	Sebring, Fla. Daniel, Wyo. Valdosta, Ga.
High: 91°	
Low: -21°	
Wettest: 4.65"	
OREGON	Brookings Lakeview Newport
High: 50°	
Low: 3°	
Wettest: 0.32"	

WEATHER HISTORY

On Dec. 4, 1995, a rare severe thunderstorm formed over the Black Hills of South Dakota which produced 2-inch-diameter hail and wind gusts to 60 mph.

SUN & MOON

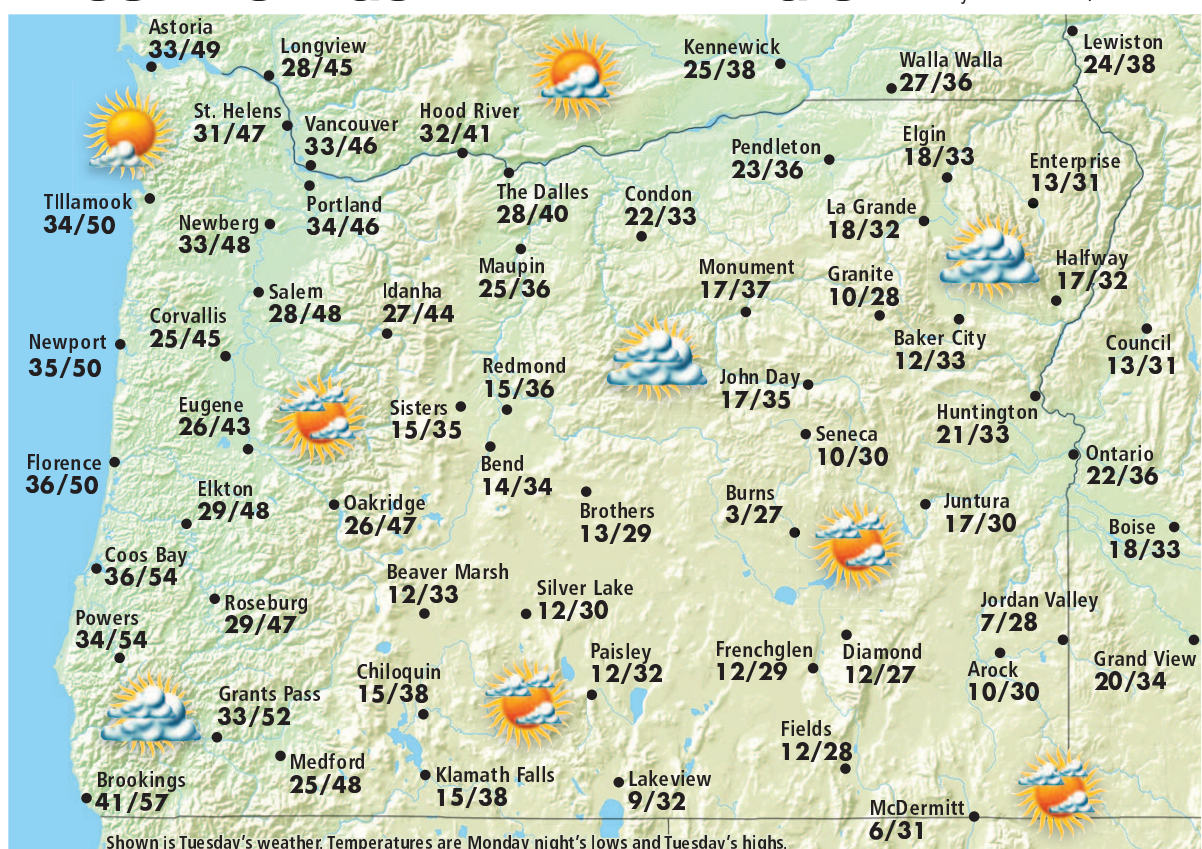
	MON.	TUE.
Sunrise	7:13 a.m.	7:15 a.m.
Sunset	4:10 p.m.	4:10 p.m.
Moonrise	3:04 a.m.	4:12 a.m.
Moonset	2:36 p.m.	3:05 p.m.

MOON PHASES



AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2018



REGIONAL CITIES

City	TUE. HI/Lo/W	WED. HI/Lo/W	City	TUE. HI/Lo/W	WED. HI/Lo/W
Astoria	49/28/pc	48/31/s	Lewiston	38/21/pc	36/16/s
Bend	34/14/c	31/10/pc	Longview	45/24/pc	43/23/s
Boise	33/14/c	30/10/c	Meacham	31/10/pc	32/9/s
Brookings	57/42/c	56/40/c	Medford	48/29/c	51/28/c
Burns	27/5/c	26/1/c	Newport	50/32/pc	48/32/s
Coos Bay	54/34/c	53/35/pc	Olympia	42/22/pc	42/21/s
Corvallis	45/20/pc	42/20/s	Ontario	36/18/pc	34/13/pc
Council	31/9/pc	30/6/pc	Pasco	37/22/pc	36/19/s
Elgin	33/13/pc	32/10/s	Pendleton	36/20/pc	32/18/s
Eugene	43/25/c	43/23/s	Portland	46/31/pc	44/30/s
Hermiston	38/23/pc	35/22/s	Powers	54/36/c	56/35/pc
Hood River	41/27/pc	39/25/s	Redmond	36/16/c	34/7/pc
Imnaha	39/14/pc	38/15/s	Roseburg	47/31/c	45/30/pc
John Day	35/15/pc	34/12/pc	Salem	48/25/pc	46/23/s
Joseph	31/9/pc	30/7/s	Spokane	33/20/pc	32/17/s
Kennewick	38/23/pc	36/22/s	The Dalles	40/24/pc	37/21/s
Klamath Falls	38/22/c	38/15/c	Ukiah	34/9/pc	32/9/s
Lakeview	32/17/c	34/14/c	Walla Walla	36/21/pc	32/20/s

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST TUESDAY

ANTHONY LAKES Frigid	15 3		PHILLIPS LAKE Mostly cloudy	32 10	
MT. EMILY REC. Mostly cloudy	26 15		BROWNLEE RES. Mainly cloudy	37 19	
EAGLE CAP WILD. Mostly cloudy	21 2		EMIGRANT ST. PARK Rather cloudy	31 13	
WALLOWA LAKE Rather cloudy	32 12		MCKAY RESERVOIR Mostly cloudy	40 21	
THIEF VALLEY RES. Mostly cloudy	36 12		RED BRIDGE ST. PARK Mostly cloudy	36 18	

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