

Obsession with politics turns friendship into one-way street

DEAR ABBY: I have a friend who constantly talks about all the negative politics going on today. I'm sick of hearing it. It's not because I don't care or disagree, but it has become the topic of every conversation. She's extremely depressed, has major anxiety issues and, despite seeing a therapist, her condition has not only not improved, but has gotten worse.

I feel it has become a one-way conversation, and she's not interested in listening to me. This is extremely upsetting because my husband passed away two years ago, and she doesn't want to hear about it. She thinks it is less important since it "only affects me," and I "should have gotten over it by now." My husband and I were married 30 years, and his death was sudden and unexpected. Please help me get through this difficult time.

— OVERWHELMED IN IOWA

DEAR OVERWHELMED: Please accept my sympathy for the loss of your husband. Because you are still grieving, and your friend is unable to help you cope with your sadness, it might help you to join a grief support group in which you can air those feelings with others who understand.

As to your friendship with the troubled individual you wrote about, it might be healthier for you to step back for a time. You are not equipped to handle — or help her handle — her anxiety and depression. That's her therapist's job, and unless you can pry her off the topic of politics and on to something more neutral, your time would be better spent with people who are better balanced.

DEAR ABBY: I have one sister, who is 10 years my junior. I have always lived in a big city; she lives on a ranch near a small town. I'm widowed now and recently moved to another town to be near my son.

On two occasions my sister has come to help me with unpacking and has overruled many of my decisions regarding what I will keep or sell, where to put things, etc. When I objected, she became emotional and left in a huff.

She and her husband were coming to help again, but beforehand she had already told my son how they were planning to get things done. Any time there's even a hint of a prob-

lem, she calls my son and tells him about it, and obviously, only from her point of view. I'm afraid irreparable damage has been done to our relationship, and I don't know what to do. I have no other relatives. Please advise.

— BROKENHEARTED IN TEXAS

DEAR BROKENHEARTED: I'm sorry you are brokenhearted, but with time your broken heart will heal. From your description of her, your sister appears to be overbearing and loose-lipped. Unless you are willing to live according to her rules, what you

should do is hire someone to help you unpack and begin cultivating relationships outside the family that are less high-maintenance than the one you have with your sister. If you do, I'm sure you will be much happier.

DEAR ABBY: My 24-year-old daughter and 21-year-old son work as banquet servers at a local country club. Many of the receptions at which they serve include guests consuming large amounts of alcohol.

If an intoxicated male guest made suggestive comments to my daughter or touched her, he would be asked to leave the facility. But what is my son supposed to do when an intoxicated woman, usually much older than he, pinches his backside and makes inappropriate comments or "invitations"?

My son isn't a prude. His sense of humor allows him to "laugh it off," but it happens often and he is becoming annoyed. In fact, he'll say, "Mom, it's pretty gross." Abby, what are these women thinking? What should he do to promote self-respect but not cause an uncomfortable atmosphere for himself and the guests?

— CURIOUS MOM IN NEW JERSEY

DEAR MOM: The employee protection rules are no different for males than they are for females. What your son should do first is document the incidents with dates, times and the women involved. He should then report their behavior to the banquet supervisor at the country club. I'm sure the person in charge will want to know, because if the sexual harassment isn't stopped, it could result in a very embarrassing — and possibly costly — lawsuit against the club.



DEAR ABBY

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weather



TONIGHT

Clear and cold



TUE

Mostly sunny



WED

Mostly cloudy



THU

A couple of showers



FRI

Periods of sun, a shower

Baker City

15

48 20

Comfort Index™ 3

La Grande

25

48 31

Comfort Index™ 3

Enterprise

23

48 28

Comfort Index™ 8

WED

46 26

3

THU

47 28

1

FRI

44 22

1

WED

49 37

3

THU

48 36

1

FRI

43 30

2

WED

49 35

4

THU

46 34

0

FRI

42 28

1

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES

Baker City

48°

La Grande

48°

Elgin

47°

High Sunday

10°

Low Sunday

22°

PRECIPITATION (inches)

Sunday

0.00

Month to date

Trace

Normal month to date

0.53

Year to date

5.24

Normal year to date

8.78

0.00

0.65

1.20

13.57

14.03

0.00

1.59

1.77

24.66

19.32

SUNDAY EXTREMES

NATION (for the 48 contiguous states)

High: 86°

Hollywood, Fla.

Low: -13°

Jeffrey City Wyo.

Wettest: 2.13"

Corpus Christi, Texas

OREGON

High: 65°

Medford

Low: 4°

Burns

Wettest: none

AGRICULTURAL INFO.

HAY INFORMATION TUESDAY

Lowest relative humidity

35%

Afternoon wind

SSE at 7 to 14 mph

Hours of sunshine

6.3

Evapotranspiration

0.07

RESERVOIR STORAGE (through midnight Sunday)

Phillips Reservoir

8% of capacity

Unity Reservoir

15% of capacity

Owyhee Reservoir

32% of capacity

McKay Reservoir

12% of capacity

Wallowa Lake

11% of capacity

Thief Valley Reservoir

18% of capacity

STREAM FLOWS (through midnight Sunday)

Grande Ronde at Troy

770 cfs

Thief Valley Reservoir near North Powder

N.A.

Burnt River near Unity

7 cfs

Umatilla River near Gibbon

56 cfs

Minam River at Minam

50 cfs

Powder River near Richland

17 cfs

41/65

39/59

44/57

41/65

39/59

44/57

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2018

REGIONAL CITIES				RECREATION FORECAST TUESDAY			
City	TUE. HI/LO/W	WED. HI/LO/W	City	TUE. HI/LO/W	WED. HI/LO/W	ANTHONY LAKES	PHILLIPS LAKE
Astoria	57/42/pc	55/43/r	Lewiston	48/28/s	48/38/c	Plenty of sunshine	Plenty of sun
Bend	53/32/pc	52/35/c	Longview	54/39/pc	49/45/r	34 18	44 15
Boise	50/25/s	51/36/c	Meacham	47/28/s	48/36/c	MT. EMILY REC.	BROWNLEE RES.
Brookings	57/48/pc	56/46/r	Medford	62/40/s	55/39/r	Freezing fog	Plenty of sunshine
Burns	46/11/s	44/22/c	Newport	57/44/pc	54/46/r	42 27	50 22
Coos Bay	59/46/pc	57/47/r	Olympia	53/35/pc	50/40/r	EAGLE CAP WILD.	EMIGRANT ST. PARK
Corvallis	53/35/pc	51/42/r	Ontario	48/19/s	46/30/c	Plenty of sunshine	Freezing fog
Council	47/21/s	48/34/c	Pasco	38/24/s	40/27/c	38 14	45 23
Elgin	48/28/s	49/37/c	Pendleton	40/26/s	45/35/c	WALLOWA LAKE	MCKAY RESERVOIR
Eugene	54/36/pc	51/43/r	Portland	54/39/s	49/45/r	Plenty of sunshine	Freezing fog
Hermiston	38/25/s	42/33/c	Powers	65/48/pc	57/45/r	47 23	45 25
Hood River	49/36/pc	45/40/c	Redmond	55/27/pc	56/31/c	THIEF VALLEY RES.	RED BRIDGE ST. PARK
Imnaha	54/34/s	53/42/c	Roseburg	54/43/s	54/44/r	Plenty of sun	Freezing fog
John Day	52/34/s	51/40/c	Salem	54/36/s	52/45/r	47 15	48 25
Joseph	48/28/s	49/33/c	Spokane	43/26/s	42/34/c		
Kennewick	37/25/s	49/33/c	The Dalles	44/30/pc	43/34/c		
Klamath Falls	56/29/s	49/26/r	Ukiah	50/26/s	50/36/c		
Lakeview	55/21/s	48/28/c	Walla Walla	37/27/s	43/38/c		

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, f-fog

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