

Mom sees lonely life ahead for easily wounded daughter

DEAR ABBY: My daughter, “Roxanne,” married right out of high school. Eleven years later she finally woke up and realized the man of her dreams was a deadbeat. She has now been divorced as long as she was married, still looking for a good man who will love her and share a future with her.

She’s very sensitive, and I don’t know how to tell her she needs to change her attitude about life in general, because no one wants to hear her recite all the bad things that have happened to her since childhood. She has always had a hard time letting go of small slights, from things that go on at work to as far back as school or sibling feuds.

Roxanne is a wonderful, beautiful woman, and my heart breaks to think of her spending the rest of her life alone. Her dad and I won’t live forever. I’m afraid if I tell her how I feel, she’ll no longer want to confide in me and talk out her problems. (I am her sounding board.) I don’t mind listening so she can get it out of her system, but how do I get her to let it go and move forward?

— MOM WHO LOVES HER IN KENTUCKY

DEAR MOM: You mean well, but it may be time to cut back on being your daughter’s sounding board, which seems more like a dumping ground. Tell her you love her, but that repeating her unresolved grievances is getting her nowhere. She needs to talk to a licensed professional. Urge her to discuss these painful things with a therapist who can put her on a path to putting them behind her.

DEAR ABBY: I am a junior in college, and I recently transferred from a two-year school to a four-year school. I have made a few friends, but their class loads are so heavy I don’t get to spend much time with them. I, on the other hand, have a modest class load, so I have more free time, and I’d like to make more friends.

I have considered joining one of the two sororities on campus. But I am worried that if I do I will have to change my personality and likes / dislikes in order to fit in. Many of the girls at this school are very “cookie cutter,” while I’m a more “eat the whole roll of cookie dough” type of person. I’m not concerned with

how I look vs. how they look, but rather if I will fit in. I want more friends and friendships that will last beyond school, but I don’t want to lose who I am because I joined a sorority. Please help.

— TO RUSH OR NOT TO RUSH

DEAR TO RUSH OR NOT: Don’t rush to rush. A sorority is not the only way you can connect with people. Membership in a sorority does not guarantee that you will have friendships that last beyond college. They are like any other living arrangement -- people make friends with others they connect with.

If you want to widen your social circle, the same thing can be accomplished by living in a dorm and joining clubs and special interest groups on campus.

DEAR ABBY: I am an African-American reader, and as a young black woman I am fed up with the images of young women in our music videos of today. We are displayed as sex objects, and those images are imprinted into the minds of our young children. Boys think that girls are supposed to be treated the way rappers and singers treat women in the videos, and young girls think the only way to secure male attention is by being half-naked.

We, as women, are losing our sense of self-respect. We should take pride in our minds, not just our bodies.

Should we blame ourselves for participating in such videos, for allowing our young boys and girls to watch this on TV, or for not protesting?

I feel so overwhelmed. Who do we blame? Where does it end? How do we stop this?

— NOT JUST BREASTS AND THIGHS IN BALTIMORE

DEAR N.J.B. & T: Don’t get caught up in the blame game. I agree that people -- not just women -- should take pride in their minds and not just their bodies. One important way to accomplish this is to stress to children that what is on television is, for the most part, meant to be entertainment -- not an accurate reflection of life. Children need to understand that as glamorous as life seems to be in the music videos, the REAL road to success lies in getting a good education and learning to respect themselves and others.

Hard-hit Indonesian city buries its dead as toll tops 840

By Niniek Karmini

Associated Press

PALU, Indonesia (AP)— Brightly colored body bags were placed side-by-side in a freshly dug mass grave Monday, as a hard-hit Indonesian city began burying its dead from the devastating earthquake and tsunami that killed more than 840 people and left thousands homeless.

The death toll, largely from the city of Palu, is expected to keep rising as areas cut off by the damage are reached. The magnitude 7.5 earthquake struck at dusk Friday and generated a tsunami said to have been as high as 6 meters (20 feet) in places.

Local army commander Tiopan Aritonang said 545 bodies would be brought to the grave from one hospital alone. The trench dug in Palu was 10 meters by 100 meters (33 feet by 330 feet) and can be enlarged if needed, said Willem Rampangilei, chief of Indonesia’s National Disaster Mitigation Agency.

“This must be done as soon as possible for health and religious reasons,” he said. Indonesia is majority Muslim, and religious custom calls for burials soon after death, typically within one day.

Local military spokesman Mohammad Thorir said the area adjacent to a public cemetery can hold 1,000 bodies. All of the victims, coming from local hospitals, have been photographed to help families locate where their relatives were buried. Video footage showed residents walking from body bag to body bag opening the tops to check if they could identify faces.

Around midday, teams of workers, their mouths covered by masks, carried 18 bodies and laid them in the trench. A backhoe waited to push soil on top of the dead. More burials were expected to follow.

Military and commercial aircraft were delivering some aid and supplies. But there was a need for heavy equipment to reach possible survivors buried in collapsed buildings, including an eight-story hotel in Palu where voices had been heard in the rubble.

People suffering from a lack of food and supplies were also becoming more desperate. Local television said around 3,000 residents had flocked to the Palu airport trying to get out. Footage showed some people screaming

in anger because they were not able to board departing military aircraft. The airport has resumed only some commercial flights.

“We have not eaten for three days!” one woman yelled. “We just want to be safe!”

Indonesian President Joko “Jokowi” Widodo authorized the acceptance of international help, said disaster agency spokesman Sutopo Purwo Nugroho, adding that generators, heavy equipment and tents were among the items needed. He said the European Union and 10 countries have offered assistance, including the United States, Australia and China.

“We will send food today, as much as possible with several aircraft,” Widodo told reporters in the capital, Jakarta, adding that a supply of fuel was also set to arrive.

Nugroho said conditions in the Balaroa section of Palu were particularly bad because the earthquake caused the ground to violently heave up and sink down in places, trapping many people under destroyed houses. In Petobo, another area of the city, the temblor caused loose, wet soil to liquefy, creating a thick, heavy mud that caused massive damage.

“In Petobo, it is estimated that there are still hundreds of victims buried in mud material,” Nugroho said.

Villagers who pulled out loved ones — alive and dead — over the weekend expressed frustration that it took rescue teams until Monday to reach Petobo.

Edi Setiawan, 32, said he and fellow villagers were able to rescue five children and four adults, including a pregnant woman. However, his sister and father were not among them.

“My sister was found embracing her father,” he said. “My mother was able to survive after struggling against the mud and being rescued by villagers.”

Another villager, 52-year-old Idrus, who uses one name, said that “up to Saturday we still saw many people screaming for help from the roofs. But we could not do anything to help them. Now their cries are no longer heard.”

But there were cases of survivors still being pulled from the rubble in different locations, including a 25-year-old woman found alive Sunday evening in the ruins of the Roa-Roa Hotel, according to the National Search and Rescue Agency, which released photos of her lying on a stretcher covered with a blanket.

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weather

	TONIGHT	TUE	WED	THU	FRI
	Cloudy most of the time	Mostly cloudy, a shower	Times of clouds and sun	Mostly cloudy	Mostly cloudy
Baker City	43	69 33	63 32	61 31	59 32
Comfort Index™	10	9	8	5	5
La Grande	49	67 36	62 38	58 36	59 40
Comfort Index™	10	8	9	2	5
Enterprise	46	66 35	60 38	55 33	56 39
Comfort Index™	10	7	9	3	5

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Sunday	65°	64°	65°
Low Sunday	32°	37°	40°
PRECIPITATION (inches)			
Sunday	0.00	0.00	0.00
Month to date	Trace	0.04	0.09
Normal month to date	0.55	0.67	0.82
Year to date	4.75	10.52	21.04
Normal year to date	7.62	11.54	15.85

AGRICULTURAL INFO.

HAY INFORMATION TUESDAY

Lowest relative humidity	45%
Afternoon wind	SW at 6 to 12 mph
Hours of sunshine	1.0
Evapotranspiration	0.09

RESERVOIR STORAGE (through midnight Sunday)

Phillips Reservoir	9% of capacity
Unity Reservoir	9% of capacity
Owyhee Reservoir	31% of capacity
McKay Reservoir	29% of capacity
Wallowa Lake	4% of capacity
Thief Valley Reservoir	0% of capacity

STREAM FLOWS (through midnight Sunday)

Grande Ronde at Troy	568 cfs
Thief Valley Reservoir near North Powder	1 cfs
Burnt River near Unity	11 cfs
Umatilla River near Gibbon	48 cfs
Minam River at Minam	46 cfs
Powder River near Richland	9 cfs

SUNDAY EXTREMES

NATION (for the 48 contiguous states)

High: 102°	Death Valley, Calif.
Low: 19°	Opheim, Mont.
Wettest: 2.05"	Evergreen, Ala.

OREGON

High: 74°	Eugene
Low: 33°	Meachum
Wettest: 0.12"	Brookings

WEATHER HISTORY

On Oct. 2, 1947, a 32-degree low in Raleigh, N.C., became the earliest recorded freezing temperature there. Sixteen days later, temperatures soared to record highs in the mid-80s.

SUN & MOON

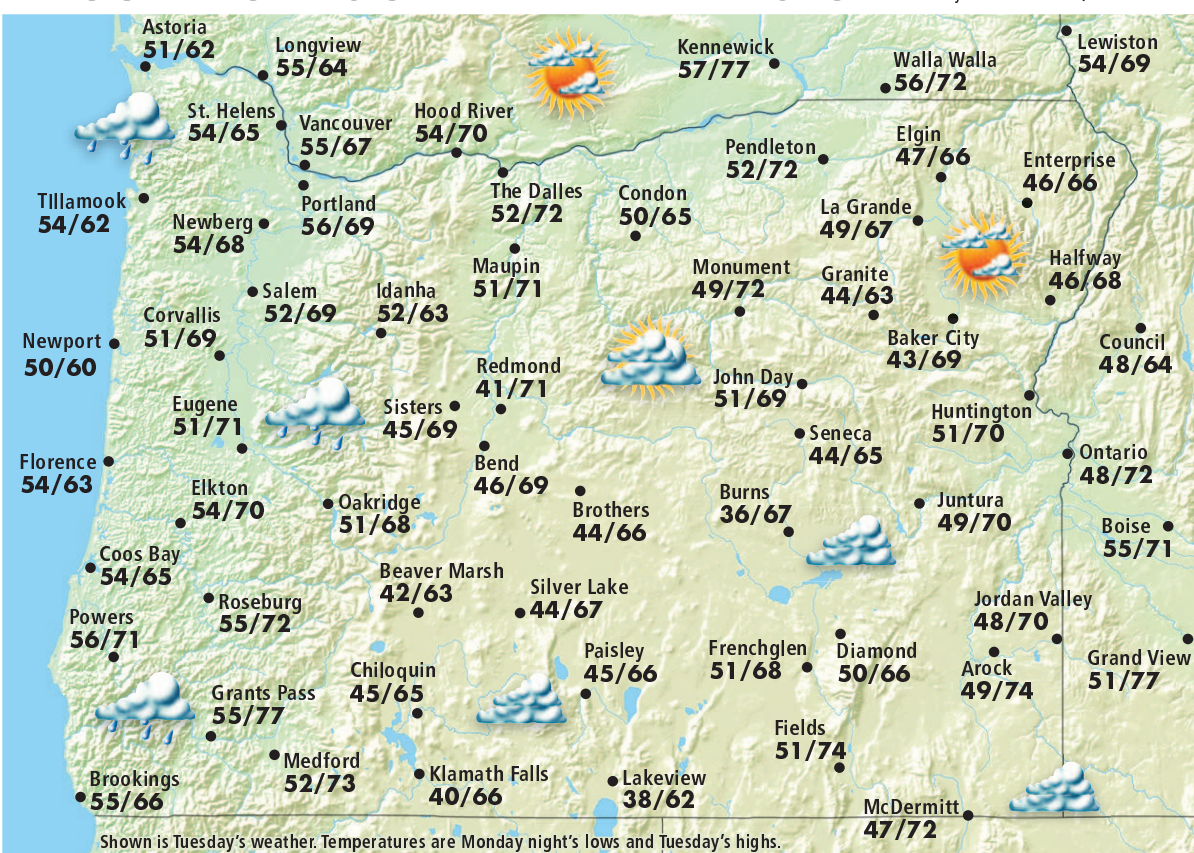
	MON.	TUE.
Sunrise	6:50 a.m.	6:51 a.m.
Sunset	6:33 p.m.	6:31 p.m.
Moonrise	11:08 p.m.	none
Moonset	1:46 p.m.	2:45 p.m.

MOON PHASES

Last	New	First	Full
			
Oct 2	Oct 8	Oct 16	Oct 24

AROUND OREGON AND THE REGION

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REGIONAL CITIES

City	TUE. Hi/Low/W	WED. Hi/Low/W
Astoria	62/43/sh	61/45/pc
Bend	69/33/c	64/38/pc
Boise	71/49/c	67/47/pc
Brookings	66/51/c	60/48/pc
Burns	67/29/c	65/30/pc
Coos Bay	65/46/pc	61/45/pc
Corvallis	69/41/pc	66/42/pc
Council	64/37/c	63/38/pc
Elgin	66/36/c	61/38/pc
Eugene	71/41/pc	67/42/pc
Hermiston	76/40/pc	66/43/pc
Hood River	70/43/pc	65/46/pc
Imnaha	70/40/c	63/43/pc
John Day	69/39/c	65/45/pc
Joseph	65/34/c	60/37/pc
Kennewick	77/39/pc	66/43/pc
Klamath Falls	66/40/c	68/36/pc
Lakeview	62/39/c	66/33/pc

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, f-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST TUESDAY

ANTHONY LAKES Turning cloudy	46 34	
MT. EMILY REC. Clouds and sun	60 45	
EAGLE CAP WILD. Milder	55 38	
WALLOWA LAKE Clouds and sun	69 46	
THIEF VALLEY RES. Mostly cloudy	72 43	
PHILLIPS LAKE Rather cloudy	68 43	
BROWNLEE RES. Mostly cloudy	74 51	
EMIGRANT ST. PARK Partly sunny	67 43	
MCKAY RESERVOIR Clouds and sun	72 51	
RED BRIDGE ST. PARK Warmer	72 49	



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