

## SEPTEMBER

### 22 SATURDAY

- **Autumn Equinox Yoga Workshop:** 10 a.m.; \$40; The Gold Room, 100 N. Main St., Joseph.
- **Ceramics Open Studio:** 1 p.m.; \$30-\$35; Art Center East, 1006 Penn Ave., La Grande.
- **Cove Food Pantry:** 9 a.m.; Cove United Methodist Church, 1708 Jasper.
- **Forget Me Not Trot 5K & Memory Mile:** fundraiser for Alzheimer's awareness; 8 a.m.; Wildflower Lodge Assisted Living and Memory Care, 508 16th St., La Grande.
- **Grande Ronde Symphony Concert & Dinner - Looking Back and Moving Forward:** purchase tickets at [www.granderondesymphony.org](http://www.granderondesymphony.org); 5:30 p.m.; Presbyterian Friendship Center, 1204 Spring Ave., La Grande.
- **Guitar/Ukulele Lessons:** guitar at 2 p.m., ukulele at 3 p.m.; \$45 for six-week class; Direct Music Source, 1206 Adams Ave., La Grande.
- **Handgun Safety Class:** call 541-963-1017 to register; 8 a.m.; \$50; Union County Sheriff's Office, 1109 K Ave., La Grande.
- **Huckleberry Roadless Area Outing:** call 541-263-1663 to register; free guided exploration lead by ecologist David Mildrexler; meet at 9 a.m. at Wallowology Center, 508 N. Main St., Joseph.
- **La Grande Farmers Market - Kids' Day:** free Mini Market for kids, plus games, activities and music by Kupenga Marimba; 9 a.m.-noon; Max Square, Fourth Street and Adams Avenue.
- **LHS Marching Band Fundraiser at Dutch Bros:** live music; donations accepted for new uniforms; 10 a.m.-noon; Dutch Bros, Island Avenue, La Grande.
- **Lower Valley Farmers Market:** 11 a.m.-4 p.m.; Telephone Building, 301 E. First St., Wallowa.
- **'Mary Poppins':** 2:30 p.m. & 7:30 p.m.; \$8-\$17; Elgin Opera House, 104 N. Eighth Ave.
- **Mission 22:** veteran suicide awareness fundraiser; 5 p.m.-closing; Side A Brewing, 1219 Washington Ave., La Grande.
- **Pickleball Play Day:** free and open to all; 10 a.m.-2 p.m.; La Grande Country Club, 10605 S. McAlister Lane, Island City.
- **Return from Italy EOU Student Opera Concert:** EOU students Jessica Grove, Avalon Bloodgood and Miguel Vasquez give free concert of pieces they learned in Italy; 4 p.m.; First Methodist Church, 1612 Fourth St., La Grande.
- **Wallowa County Farmers Market:** Veterans Suicide Prevention Awareness Day; 9 a.m.-2 p.m.; Main Street, Joseph.
- **Wallowa County Farmers Market Harvest Dinner:** doors open at 5 p.m.; tickets available for \$45 at the Bookloft in Enterprise; Lostine Tavern, 125 Highway 82.

### 23 SUNDAY

- **.22 Rimfire Precision Rifle Shoot:** open to the public; 9 a.m.; La Grande Rifle and Pistol Club Range, 56758 Highway 244.
- **Big Brush Portrait Painting:** 1 p.m.; \$170-\$200 for three-day workshop; Art Center East, 1006 Penn Ave., La Grande.
- **Discovery Walk - Wallowa Lake:** free; meet at 9:30 a.m. at the Wallowa Lake Lodge.
- **International Day of Peace Gathering:** Tools for Peace workshop, potluck and music; 4-7 p.m.; Josephy Center, 403 N. Main St., Joseph.

### 24 MONDAY

- **Adult Ceramics:** 9 a.m.-noon; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **Bridge:** 1 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Chair Exercise:** free and open to all ages; 10 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Island City Council Meeting & Greenway Work Session:** 7 p.m.; Island City City Hall, 10605 Island Ave.
- **Joseph Fresh Food Alliance:** free perishable food; noon; The Place, 301 S. Lake St.
- **Little Big Art:** age 3-5; 10 a.m.; Art Center East, 1006 Penn Ave., La Grande.
- **Monday Night Community Band Rehearsal:** 7 p.m.; Groth Recital Hall, Loso Hall, EOU, La Grande.
- **Open Community Sketching Group:** age 14+; free; 2 p.m.; Art Center East, 1006 Penn Ave., La Grande.
- **Union County Children's Choir Rehearsal:** 5 p.m.; Loso Hall, Room 123, EOU, La Grande.
- **Union County National Alliance on Mental Illness Family Support Group:** meet in the basement, accessed by back door; 6:30 p.m.; La Grande United Methodist Church, 1612 Fourth St.
- **Union County Senior Center Social Hour:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Wallowa County Statewide Transportation Improvement Advisory Committee Public Meetings:** noon & 6 p.m.; Community Connection of Wallowa County, 702 NW First St., Enterprise.

### 25 TUESDAY

- **African Drumming Group:** age 12+; register at [www.artcentereast.org](http://www.artcentereast.org); 6 p.m.; Loso Hall, Room 123, EOU, La Grande.
- **Bingo:** 6:30 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Blood Pressure Clinic:** 8:30-9:30 a.m.; Joe Beans, 1009

- Adams Ave., La Grande.
- **Business Foundations Workshop:** call or e-mail NEOEDD to register; six-week workshop; 6 p.m.; IGNITE Center, 104 Depot St., La Grande.
- **Community Block Party & Street Dance:** welcome EOU students to town; 5:30 p.m.; Jefferson & Depot, La Grande.
- **Cove Fresh Food Alliance:** free perishable food; 10 a.m.; Cove Methodist Church, 1708 Jasper St.
- **Dance Cardio & Stretching for Seniors:** 8 a.m.; \$4 drop-in fee; Cove Baptist Church, 707 Main St.
- **Drawing and Painting with Jenny:** 9 a.m.; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **Grande Ronde Radio Amateurs Association Monthly Meeting:** 6 p.m.; La Grande Fire Department, 1806 Cove Ave.
- **Hazardous Waste Disposal:** call 541-963-5459 to schedule appointment; 8:30 a.m.-noon; Waste-Pro, 3412 Highway 30, La Grande.
- **La Grande Farmers Market:** 3:30-6 p.m.; Max Square, Fourth Street and Adams Avenue.
- **La Grande Fresh Food Alliance:** free perishable food; 8:30 a.m.; 907 Palmer.
- **Live Music by The BlueMountaineers:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Pilates:** free and open to all ages; 9 a.m.; Wallowa Senior Center, 204 Second St.
- **Pinochle:** 1 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Sewing & Quilting Group:** 10 a.m.-3 p.m.; Wallowa Senior Center, 204 Second St.
- **Strong Seniors Fitness:** 9 a.m.; \$4 drop-in fee; Cove Baptist Church, 707 Main St.
- **Tai Chi - Moving for Better Balance:** free and open to all ages; 9 a.m.; Presbyterian Friendship Center, 1204 Spring Ave., La Grande.
- **Wallowa County Community Connection Transportation Advisory Council:** open to the public; 3 p.m.; Community Connection Enterprise, 702 NW First St.
- **Wallowa County Statewide Transportation Improvement Advisory Committee Public Meeting:** noon; The Place, 301 S. Lake St., Joseph.
- **Writing Your Memoirs:** age 21+; 6 p.m.; \$65-\$80; Art Center East, 1006 Penn Ave., La Grande.

### 26 WEDNESDAY

- **Adult Ceramics:** 3-6 p.m.; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **Art Therapy for Survivors:** call Shelter From the Storm at 541-963-7226 for referral and schedule; Art Center East, 1006 Penn Ave., La Grande.
- **Bingo:** all are welcome; doors open at 5 p.m., sessions at 6 p.m. & 7 p.m.; VFW High Valley Post, 518 N. Main St., Union.
- **Chair Exercise:** free and open to all ages; 10 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Climate Change Series Evening Lecture:** "Atmospheric Cycles and the Impact of Life on Earth," by Karen Antell, EOU biology professor; free; 7 p.m.; Wallowology Center, 508 N. Main St., Joseph.
- **Community Dinner:** all are welcome; 6 p.m.; \$3 suggested donation; Presbyterian Friendship Center, 1204 Spring Ave., La Grande.
- **Discovery Walk - Wallowa Lake:** free; meet at 3:30 p.m. at the Wallowa Lake Lodge.
- **Enterprise Fresh Food Alliance:** free perishable food; 11 a.m.; Enterprise Senior Center, 702 NW First St.
- **Rotary Club of Wallowa County:** noon; St. Katherine's Catholic Church, 301 E. Garfield, Enterprise.
- **Sunrise Rotary:** 7 a.m.; Dusty Spur Cafe, 1502 S Ave., La Grande.
- **Toddler Time:** age 14 months-4 years; 10:30 a.m.; Cook Memorial Library, 2006 Fourth St., La Grande.
- **Union Library Board:** 4 p.m.; Carnegie Library, 182 N. Main St.
- **Wallowa Fresh Food Alliance:** free perishable food; 11:30 a.m.; Wallowa Senior Center, 204 Second St.

### 27 THURSDAY

- **Alpenfest:** all day festival at Wallowa Lake, Joseph and Enterprise.
- **Beginning Knitting:** age 14+; 5:30 p.m.; \$40-\$50 for four sessions; Art Center East, 1006 Penn Ave., La Grande.
- **Bingo:** all are welcome; sessions at 6 p.m. & 7 p.m.; La Grande American Legion Post 43, 301 Fir St.
- **Business Foundations Workshop:** free; six sessions; 6 p.m.; Wallowa Resources, 401 NE First St., Enterprise.
- **Dance Cardio & Stretching for Seniors:** 8 a.m.; \$4 drop-in fee; Cove Baptist Church, 707 Main St.
- **Explore the Market Place:** free food, special deals & live music; 10 a.m.-7 p.m.; La Grande's Market Place, 1103 Washington Ave.
- **Family Fun Day:** unlimited everything, \$5 per person for groups of four or more; noon-8 p.m.; Maridell Center, 1124 Washington Ave., La Grande.
- **Gentle Yoga:** free class for adults; 10:05 a.m.; Cook Memorial Library Community Room, 2006 Fourth St., La Grande.
- **Grande Ronde Community Choir Rehearsal:** 7 p.m.; Loso Hall, Room 123, EOU, La Grande.

- **Live Music by Chris Baron Music:** free; 7 p.m.; Ten Depot Street, 10 Depot St., La Grande.
- **NEOEDD Board Meeting:** 1:30 p.m.; call 541-426-3598 for location in Enterprise.
- **Open Studio Painting:** age 14+; 9 a.m.; \$30-\$35; Art Center East, 1006 Penn Ave., La Grande.
- **Pain Treatment Clinic:** 4:30-6:30 p.m.; free; Sage Holistic Health and Wellness, 2205 Adams Ave., La Grande.
- **Pilates:** free and open to all ages; 9 a.m.; Wallowa Senior Center, 204 Second St.
- **Special Needs Support Group:** for parents and caregivers of children with special needs; pizza and child care provided; 5:30 p.m.; Head Start, 810 14th St., La Grande.
- **Storytime Yoga with Kitia:** free; 11 a.m.; Cook Memorial Library Community Room, 2006 Fourth St., La Grande.
- **Strong Seniors Fitness:** 9 a.m.; \$4 drop-in fee; Cove Baptist Church, 707 Main St.
- **Tai Chi - Moving for Better Balance:** free and open to all ages; 9 a.m.; Presbyterian Friendship Center, 1204 Spring Ave., La Grande.
- **Teen Blast at Max Square:** free music, food & games for middle-schoolers; 3:30 p.m.; Max Square, Fourth Street and Adams Avenue, La Grande.
- **Teen Writing Circle:** 4 p.m.; Cook Memorial Library Community Room, 2006 Fourth St., La Grande.
- **Union County Senior Center Social Hour:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Wallowa County Chess Club:** 4 p.m.; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.

### 28 FRIDAY

- **Alpenfest:** all day festival at Wallowa Lake, Joseph and Enterprise.
- **Baby Tot Bop:** age 3 and younger; 10:30 a.m.; Cook Memorial Library Community Room, 2006 Fourth St., La Grande.
- **Basic Ceramics for Youth:** age 12-18; 5:30 p.m.; \$40-\$45 for four sessions; Art Center East, 1006 Penn Ave., La Grande.
- **Chair Exercise:** free and open to all ages; 10 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Discovery Walk:** free; meet at 10 a.m. at Wallowology Center, 508 N. Main St., Joseph.
- **Enterprise Fresh Food Alliance:** free perishable food; 11 a.m.; Enterprise Senior Center, 702 NW First St.
- **Fall Youth Art Friday:** see schedule at [www.josephy.org](http://www.josephy.org); Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **'I'll Push You' Documentary Screening:** free; 6 p.m.; Cook Memorial Library, 2006 Fourth St., La Grande.
- **International Day of Peace Gathering:** presentation on peacemaking in Haiti; 7 p.m.; The Place, 301 S. Lake, Joseph.
- **Introduction to Fabrics, Drawing & Painting Studio:** teens & adults; 12:30 p.m.; \$10 per class; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **Joseph Fresh Food Alliance:** free perishable food; noon; The Place, 301 S. Lake St., Joseph.
- **Lower Valley Farmers Market:** 11 a.m.-4 p.m.; Telephone Building, 301 E. First St., Wallowa.
- **'Mary Poppins':** 7:30 p.m.; \$8-\$17; Elgin Opera House, 104 N. Eighth Ave.
- **Mystery of Fused Glass:** age 14+; 6 p.m.; \$30-\$35; Art Center East, 1006 Penn Ave., La Grande.
- **Pinochle Social Club:** age 18+; 7 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Union County Senior Center Social Hour:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Walk-in Public Health Clinic:** 8:30 a.m.-3:30 p.m.; Center for Human Development, 2301 Cove Ave., La Grande.
- **Wallowa Fresh Food Alliance:** free perishable food; 11:30 a.m.; Wallowa Senior Center, 204 Second St.

## MENUS

### UNION COUNTY SENIOR CENTER

1504 N. ALBANY ST., LA GRANDE

LUNCH SERVED 11:30 A.M.-12:30 P.M.

SEPT. 24-28

MONDAY: spaghetti with meat sauce, steamed carrots, Caesar salad, garlic breads, fresh fruit.

TUESDAY: Reuben sandwiches (vegetarian sandwich available upon request), steak fries, vegetable platter, fruit, ice cream.

WEDNESDAY: chicken cordon bleu, rice pilaf, steamed Brussels sprouts, Jell-O, rolls, dessert.

THURSDAY: Swiss steak with gravy, steamed vegetables, salad greens, rolls, fresh fruit.

FRIDAY: glazed ham, scalloped potatoes, green beans with almonds, garden vegetable salad, rolls, fresh fruit.

### Submit an event

Tell us about events, meetings and children's activities in Union and Wallowa counties. Service clubs, support groups and other nonprofit organizations are encouraged to notify us of regular meeting times.

Email [news@lagrandeobserver.com](mailto:news@lagrandeobserver.com) or fax a letter to 541-963-7804 and include the event name, date, time, location, cost and contact information. Deadline is 9 a.m. Thursday to make Friday's calendar.

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