

SEPTEMBER

1 SATURDAY

- **Art at the Market:** Art Center East offers free art activities; 9 a.m.-noon; Max Square, Fourth Street and Adams Avenue, La Grande.
- **Eagle Cap Excursion Train - History Ride:** a guest historian talks about the history of the area en route; departs Elgin Depot, 300 Depot St., at 10 a.m.; \$35-\$70, includes lunch; tickets & info at eaglecaptrainrides.com.
- **Eastern Oregon Film Festival Sneak Peek & Pass:** free; view trailers and media, passes available to purchase; 7 p.m.; hq, 112 Depot St., La Grande.
- **First Saturday Open Jam:** hosted by Traditional-Live! (aka the Northeast Oregon Folklore Society); all ages, anything goes; 7 p.m.; Wine Down at the Landing, 1501 Adams Ave., La Grande.
- **Guitar Workshop with Tracy Spring:** 10 a.m.; \$15; Fishtrap House, 400 E. Grant St., Enterprise; register at juniperjam.com.
- **Juniper Jam Music Festival:** family friendly; gates open at 11 a.m., music noon-10 p.m.; \$20 at the gate, kids 12 and younger free; Wallowa County Fairgrounds, 668 NW First St., Enterprise.
- **La Grande Farmers Market:** 9 a.m.-noon; Max Square, Fourth Street and Adams Avenue.
- **La Grande Rendezvous:** various trails, shooting challenges and prizes; shooters’ meeting at 8 a.m.; La Grande Rifle & Pistol Club Range, 56758 Highway 244 (I-84 Exit 252).
- **Lower Valley Farmers Market:** 11 a.m.-4 p.m.; Telephone Building, 301 E. First St., Wallowa.
- **Summerville Store & Tavern First Saturday:** pizza and a cold assortment of brews; Summerville Store & Tavern, 301 Main St., Summerville.
- **Wallowa County Farmers Market:** 9 a.m.-2 p.m.; Main Street, Joseph.
- **Wallowa Lake Triathlon & 5K Walk/Run - Race to End Abuse:** fundraiser for Safe Harbors; full schedule and registration at wcsafeharbors.com/Triathlon/index.html; Wallowa Lake State Park, 72214 Marina Lane.

2 SUNDAY

- **Discovery Walk - Wallowa Lake:** free two-hour family-friendly nature stroll sponsored by Wallowology; meet at 9:30 a.m. in lobby of Wallowa Lake Lodge.
- **La Grande Rendezvous:** various trails, shooting challenges and prizes; shooters’ meeting at 8 a.m.; potluck at 6 p.m.; La Grande Rifle & Pistol Club Range, 56758 Highway 244 (I-84 Exit 252).

3 MONDAY

- **Labor Day:** National holiday honoring the American labor movement and the contributions workers have made to the strength, prosperity, laws and well-being of our country.

4 TUESDAY

- **Bingo:** 6:30 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande
- **Blood Pressure Clinic:** 8:30-9:30 a.m.; Joe Beans, 1009 Adams Ave., La Grande.
- **Brown Bag Lunch Lecture Series:** free and open to all; go to josephy.org for scheduled speakers and topics; noon; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **Cove City Council:** 7 p.m.; Cove City Hall, 504 Alder St.
- **Cove Fresh Food Alliance:** free perishable food; 10 a.m.; Cove Methodist Church, 1708 Jasper St.
- **Drawing and Painting with Jenny:** 9 a.m.; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **‘Fit in 5’ Kickoff Meeting:** informational meeting on free program; classes begin Sept. 11; 5:30 p.m.; Grande Ronde Hospital Therapy & Sports Medicine Gym, 610 Sunset Drive, La Grande.
- **Free Computer Class - Intermediate Word:** free; 8:30 a.m.; Training & Employment Consortium, 1901 Adams Ave., La Grande; register at 541-963-7111 ext. 248.
- **La Grande Farmers Market:** 3:30-6 p.m.; Max Square, Fourth Street and Adams Avenue.
- **La Grande Fresh Food Alliance:** free perishable food; 8:30 a.m.; 907 Palmer.
- **Live Music by The BlueMountaineers:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Memoir Writing Workshop:** age 12+; enter through Fifth Street door; 6 p.m. \$65-\$80 for four-sessions; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Open Community Contra Dance:** no experience necessary, drop-ins welcome; 7 p.m.; \$5 donation encouraged; Art Center East, 1006 Penn Ave., La Grande.
- **Pinochle:** 1 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Sewing & Quilting Group:** 10 a.m.-3 p.m.; Wallowa Senior Center, 204 Second St.
- **Union County Cattlemen:** 7 p.m.; Ag Service Center, 10507 N. McAlister Road, Island City.
- **Union Senior Lunch:** coffee at 11 a.m., lunch at noon; United Methodist Church, 667 N. Main St.
- **Wallowa County Chamber Board:** noon; Wallowa County Chamber of Commerce, 309 S. River St., Suite B, Enterprise.

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5 WEDNESDAY

- **Adult Ceramics:** 3 p.m.; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **ArtTherapy for Survivors:** Shelter From the Storm will provide an advocate for emotional support, child care if needed and transportation; 10 a.m. & 1 p.m.; call 541-963-7226 for a referral and location details.
- **Bingo:** all are welcome; doors open at 5 p.m., early-bird session at 6 p.m., second session at 7 p.m.; VFW High Valley Post 4060, 518 N. Main St., Union.
- **Ceramics - Intro to WheelThrowing:** age 16+; 6 p.m. \$80-\$100 for three sessions; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Chair Exercise:** free and open to all ages; 10 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Discovery Walk - Wallowa Lake:** free two-hour family-friendly nature stroll sponsored by Wallowology; meet at 3:30 p.m. in lobby of Wallowa Lake Lodge.
- **Enterprise Fresh Food Alliance:** free perishable food; 11 a.m.; Enterprise Senior Center, 702 NW First St.
- **Free Computer Class - Intermediate Word:** free; 8:30 a.m.; Training & Employment Consortium, 1901 Adams Ave., La Grande; register at 541-963-7111 ext. 248.
- **Help Your Child Cope with Divorce/Separation Workshop:** adults only; 6 p.m. \$30; Misener Conference Room, 1001 Fourth St., La Grande.
- **Island City Sanitation District Board:** 11 a.m.; Island City City Hall, 10605 Island Ave.
- **La Grande City Council:** 6 p.m.; La Grande City Hall, City Council Chambers, 1000 Adams Ave.
- **Live Music by Edmund Wayne & Catskills:** 7 p.m.; hq, 112 Depot St., La Grande.
- **Myths of Motivation with Dr. Kori Propst:** 6 p.m.; The Diet Doc, 212 Fir St., La Grande.
- **‘Oregon’s Community Food Systems’ Discussion:** livestream and facilitated discussion; hosted by Oregon State University’s College of Agricultural Sciences & OSU Extension Service; 2:30 p.m.; Wallowa County Fairgrounds, 668 NW First St., Enterprise.
- **Public Transit Payroll Tax Public Meeting - Cove:** how should the payroll tax funds earmarked for public transportation enhancements be spent in Union County?; 6 p.m.; Cove High School, 803 Main St.
- **Rotary Club of Wallowa County:** noon; St. Katherine’s Catholic Church, 301 E. Garfield, Enterprise.
- **Union County Democrats:** arrive at 5:50 p.m. for easy front door access, meeting begins at 6 p.m.; Umpqua Bank, Community Room, 1215 Adams Ave., La Grande.

6 THURSDAY

- **Bingo:** all are welcome; early-bird games at 6 p.m., second session at 7 p.m.; cash only; La Grande American Legion Post 43, 301 Fir St.
- **Celebrate La Grande End-of-Summer Block Party:** free food, drink, music and fun for all ages; 5-8 p.m.; Max Square, Fourth Street and Adams Avenue, La Grande, 5417863069
- **Cook Memorial Library Storytime & Crafts:** 11:30 a.m.; Cook Memorial Library, 2006 Fourth St., La Grande.
- **Elgin Chamber Board:** 5:30 p.m.; U.S. Bank Building.
- **Family Fun Day:** unlimited everything, \$5 per person for groups of four or more; noon-8 p.m.; Maridell Center, 1124 Washington Ave., La Grande.
- **Island City Cemetery Maintenance District:** 11 a.m.; Island City City Hall, 10605 Island Ave.
- **Island City Greenway Public Hearing - Option C:** public input will be taken on the bridge option; 7 p.m.; Island City City Hall, 10605 Island Ave.
- **LGBTQ Community Group:** 6 p.m.; Zion Lutheran Church, 902 Fourth St., La Grande.
- **Live Music by Fine Tunes:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Live Music by Shane Mission Spotlight:** 7 p.m.; Range Rider Saloon, 107 NW First St., Enterprise.
- **Pilates:** free class geared toward seniors but open to all ages; 9 a.m.; Wallowa Senior Center, 204 Second St.
- **Union County Republicans:** noon; Flying J Travel Plaza, 63276 Highway 203, La Grande.
- **Wallowa County Chess Club:** 4 p.m.; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.

7 FRIDAY

- **Baby Tot Bop:** age 3 and younger; use Community Room door; 10:30 a.m.; Cook Memorial Library, 2006 Fourth St., La Grande.
- **Basic Ceramics for Youth:** age 12-18; 5:30 p.m.; \$40-\$45 for four sessions; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Chair Exercise:** free and open to all ages; 10 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Discovery Walk:** free two-hour family-friendly nature stroll; meet at Wallowology at 10 a.m.; Wallowology Natural History Discovery Center, 508 N. Main St., Joseph.
- **Enterprise Fresh Food Alliance:** free perishable food; 11 a.m.; Enterprise Senior Center, 702 NW First St.
- **Family Movie in the Park - ‘The Jungle Book’:** free showing for all ages; bring snacks, lawn chairs & blankets; 7:30

p.m.; Pioneer Park, Palmer Avenue, La Grande.

- **Grande Ronde Amateur Charity Golf Tournament:** three-day tournament; dinner & auction open to the public Saturday; sponsored by Grande Ronde Hospital; sign up, buy tickets, get info at grh.org/calendar/events/2018-gra; La Grande Country Club, 10605 S. McAlister Lane, Island City.
- **Hells Canyon Mule Days:** three full days of events for every age group and skill level; plus cowboy poetry, artisans, exhibitors, non-motorized parade and pit BBQ; Wallowa County Fairgrounds, 668 NW First St., Enterprise.
- **Introduction to Fabrics, Drawing & Painting:** studio time for teens and adults; drop-ins welcome; 12:30 p.m.; \$10; Josephy Center for Arts and Culture, 403 N. Main St., Joseph.
- **Live Music by FineTunes:** 11 a.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Lower Valley Farmers Market:** 11 a.m.-4 p.m.; Telephone Building, 301 E. First St., Wallowa.
- **Lush Canvas - Macro Dahlia:** age 21+; complimentary wine provided by ACE; 7 p.m.; \$40-\$45; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Pinochle Social Club:** age 18+; 7 p.m.; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Terminal Gravity Open Mic Night:** 7 p.m.; Terminal Gravity, 803 SE School St., Enterprise.
- **Walk-in Public Health Clinic:** 8:30 a.m.-3:30 p.m.; Center for Human Development, 2301 Cove Ave., La Grande.
- **Wallowa Fresh Food Alliance:** free perishable food; 11:30 a.m.; Wallowa Senior Center, 204 Second St.

8 SATURDAY

- **3 Rivers Race:** fundraiser for Shelter From the Storm; 9 a.m., 35-mile bike race; 10 a.m., 5K Color Fun Run; 11 a.m., JellyBelly Obstacle Course race (age 13 & younger); refreshments & awards at noon; Pioneer Park Pavilion, Palmer Avenue, La Grande.
- **3/116th Calvary Reunion Dinner:** no-host social hour at 5 p.m., dinner at 6 p.m.; \$12; Blue Mountain Conference Center, 404 12th St., La Grande.
- **Beginning Watercolor - California Poppies:** age 15+; enter through Fifth Street door; 9 a.m.; \$90-\$110 for two-day workshop; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Botanical Solar Print Cards:** age 15+; 1 p.m.; \$35-\$40; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Ceramics Open Studio:** intermediate level & above; 1 p.m.; Art Center East, 1006 Penn Ave., La Grande; register at artcentereast.org.
- **Community Dance:** with live music by Terry LaMont; 6:30 p.m.; \$3 at the door, age 12 & younger free; Union County Senior Center, 1504 N. Albany St., La Grande.
- **Eagle Cap Excursion Train - Mystery Ride:** theme, meal and entertainment will be revealed en route; departs Elgin Depot, 300 Depot St., at 10 a.m.; \$35-\$70, includes lunch; tickets & info at eaglecaptrainrides.com.
- **Grande Ronde Amateur Charity Golf Tournament, Dinner & and Auction:** three-day tournament; dinner & auction open to the public; sponsored by Grande Ronde Hospital; sign up, buy tickets, get info at grh.org/calendar/events/2018-gra; La Grande Country Club, 10605 S. McAlister Lane, Island City.
- **Grande Ronde Radio Amateurs Association Breakfast:** 9 a.m.; Flying J Travel Plaza, 63276 Highway 203, La Grande.
- **Hells Canyon Mule Days:** three full days of events for every age group and skill level; plus cowboy poetry, artisans, exhibitors, non-motorized parade and pit BBQ; Wallowa County Fairgrounds, 668 NW First St., Enterprise.
- **Intro to Glass Beadmaking:** age 14+; noon; \$90-\$110 for 2-day workshop; Kevin Boylan’s Glass Studio, 1605 Cove Ave., La Grande; register at artcentereast.org.
- **La Grande Farmers Market:** 9 a.m.-noon; Max Square, Fourth Street and Adams Avenue.
- **Lostine Fish Weir Tour:** 9 a.m.; donations appreciated; register at 541-426-2042 or wallowalandtrust.org.
- **Lower Valley Farmers Market:** 11 a.m.-4 p.m.; Telephone Building, 301 E. First St., Wallowa.
- **Plein Air Watercolor Workshop on the Prairie:** 8 a.m.; \$45; Zumwalt Prairie, Joseph; register at josephy.org.
- **Wallowa County Farmers Market:** 9 a.m.-2 p.m.; Main Street, Joseph.

MENUS

UNION COUNTY SENIOR CENTER

1504 N. ALBANY ST., LA GRANDE
LUNCH SERVED 11:30 A.M.-12:30 P.M.
SEPT. 3-7

MONDAY: closed for Labor Day
TUESDAY: fish & chips, baked beans, coleslaw, fresh fruit.
WEDNESDAY: chicken-fried steak, potatoes & gravy, steamed broccoli, Jell-O, rolls, cake.
THURSDAY: taco bar with flan for dessert.
FRIDAY: turkey sandwiches, cream of broccoli soup, sliced oranges, brownies.

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