

Hurt turns to anger as video games consume boyfriend

DEAR ABBY: I am tired of taking a backseat to my boyfriend's video game addiction. He comes home from work, sits on the couch and gets lost in his video games. It has gotten to the point where he barely speaks to me or even looks up from his game.

I know he chats with a lot of people, both male and female, on these games. I suspect he has inappropriate conversations that he feels are harmless because he won't meet these people in person.

Constantly being ignored is hurting my feelings. He never responds to my texts anymore because he's so busy on his game. I'm starting to feel resentful, lonely and very angry. Please advise me on what to do.



DEAR ABBY

CHICAGO

DEAR FRIEND: It is a mistake not to recognize that Sam's status has changed. If you value your friendship with him, you must start respecting the fact that he's now engaged and do as his fiancée has requested — set some boundaries. If you cannot do that, you can kiss your friendship with Sam goodbye.

DEAR ABBY: I am a diagnosed narcoleptic. Medication helps with the symptoms, but not entirely. I looked into alternative options and found a fantastic diet. I recently went on it with amazing results.

My dad's side of the family is Italian, and a huge part of the culture is food. During celebrations, it's considered offensive to refuse food, and my family has always looked down on diets. If a family member is on one, they'll argue that it's a special occasion and it's only for one day.

Abby, I'm exhausted at family gatherings. If I try to turn something down, I get attacked because "Grandma made it," or "It's your favorite and we made it for you." I have tried explaining to them that I don't want them to alter their dinner arrangements to accommodate me, but I should be allowed to forgo eating foods that will make me feel like a zombie. They just don't get it, and it has caused arguments. How do I re-open this discussion without offending anyone? — **PANICKED OVER PASTA**

DEAR P. OVER P: Do it before the celebration by calling your hosting family member and explaining that there are now foods you cannot eat because of your diagnosed medical condition. Explain that you know they would not feed certain foods to a diabetic, and you need the same dispensation. Ask them to kindly not put you in the embarrassing position of having to refuse their delicious food, and if they feel it will cause a problem, they should excuse you from the event.

— **ANGRY IN OKLAHOMA**

DEAR ANGRY: Your boyfriend may or may not be a video game addict. If his conversations online are "inappropriate," he may be playing more than one kind of "game." If he feels that those conversations are harmless, he is mistaken because what he is doing isn't healthy for you or the relationship.

My advice? Give him an ultimatum: Modify his behavior or else, and if he refuses, end the romance before he damages your self-esteem. Being ignored has been known to do that. Trust me.

DEAR ABBY: We are having a struggle in our family, and I'm unsure how to handle it. Three years ago, our adult nephew, "Connor," underwent hormone therapy, counseling and transgender surgery. She is now our niece "Cathy." The transformation was successful, and Cathy is happier than we've ever seen her. We loved Connor, and nothing has changed in our relationship with Cathy. She has visited us numerous times, and we have reciprocated.

The problem is Cathy's sister, "Amy." Amy has disowned Cathy. She says Connor "died to her" when he underwent the gender reassignment.

Not only is it heartbreaking for the whole family, but I'm finding it increasingly difficult to maintain a relationship with Amy because of her rigid attitude. She boycotts family reunions and celebrations if Cathy will be present, even though family members have traveled from across the country to attend.

Amy is now expecting a baby, and I'm not feeling very celebratory toward her. Please advise.

— **VERY SADAUNT IN WISCONSIN**

DEAR AUNT: From what you have written, it appears that by distancing herself from Cathy, Amy is isolating herself from the family. I understand that you may not wish to attend her baby shower, but if you don't, it would be nice to send something for the

73rd ANNUAL
FEEL THE THUNDER!
Chief Joseph Days RODEO
July 24-29, 2018

Four nights of PRCA rodeo plus six days of western entertainment in scenic Joseph, Oregon!

TUES	1:30pm	Bucking Horse Stampede — Main Street
WED	9:00am 2:00pm 6:00pm 7:00pm 9:00pm	Little Buckaroo Special Needs Rodeo Slack — Arena Rodeo Gates Open — Harley Tucker Memorial Arena PRCA RODEO — Harley Tucker Memorial Arena Family Fun at the Thunder Room — DJ
THUR	9:00am 9:00am 2:00pm 6:00pm 7:00pm 9:00pm	Tough Enough to Wear Pink Walk Steer Tripping, Three Rounds Slack — Arena Rodeo Gates Open — Harley Tucker Memorial Arena PRCA RODEO — Harley Tucker Memorial Arena Tough Enough to Wear Pink — Wear Pink Music and Dancing at Thunder Room — DJ — No Cover Charge
FRI	8:00am 10:00am 2:00pm 6:00pm 7:00pm 9:00pm 9:30pm	Golf Tournament — Alpine Meadows Golf Course Chief Joseph Junior Parade — Main Street Slack — Arena Rodeo Gates Open — Harley Tucker Memorial Arena PRCA RODEO — Harley Tucker Memorial Arena All Teen Dance — Joseph Community Center Music and Dancing at Thunder Room — FrogHollow Band
SAT	6:00am 10:00am 12:00pm 2:30pm 3:00pm 6:00pm 7:00pm 9:00pm 9:30pm	Shrine Breakfast begins Grand Parade — Main Street Nez Perce Friendship Feast — Encampment Pavilion Slack — Arena Traditional Indian Dance Contest — Encampment Pavilion Rodeo Gates Open — Harley Tucker Memorial Arena PRCA RODEO — Harley Tucker Memorial Arena All Teen Dance — Joseph Community Center Music and Dancing at Thunder Room — FrogHollow Band After Rodeo — Cowboy Breakfast — Rodeo Grounds — til 3:00am
SUN	6:00am 9:00am	Cowboy Breakfast — Rodeo Grounds — til 10:00am Cowboy Church Service

To purchase tickets and for more information call 541-432-1015 or go to www.chiefjosephdays.com

AccuWeather DOWNLOAD THE APP weather

	TONIGHT	SAT	SUN	MON	TUE
Baker City	Clear 45 Comfort Index™ 9	Mostly sunny and pleasant 86 43 8	Sunny and nice 89 48 6	Sunny and very warm 95 54 4	Mostly sunny and warm 96 56 4
La Grande	48 Comfort Index™ 8	84 47 8	88 49 7	94 53 4	96 57 4
Enterprise	46 Comfort Index™ 7	82 46 7	85 49 5	92 53 3	93 57 3

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Thursday	94°	92°	92°
Low Thursday	46°	50°	48°
PRECIPITATION (inches)			
Thursday	0.00	0.00	0.00
Month to date	0.00	Trace	Trace
Normal month to date	0.44	0.47	0.49
Year to date	4.75	10.30	20.78
Normal year to date	6.15	9.81	14.16

THURSDAY EXTREMES

NATION (for the 48 contiguous states)
High: 121° Death Valley, Calif.
Low: 32° Stanley, Idaho
Wettest: 3.34" Brookings, S.D.

OREGON
High: 97° Ontario
Low: 42° Crater Lake
Wettest: 0.04" Seaside

AGRICULTURAL INFO.

HAY INFORMATION SATURDAY

Lowest relative humidity	20%
Afternoon wind	NW at 6 to 12 mph
Hours of sunshine	13.0
Evapotranspiration	0.27

RESERVOIR STORAGE (through midnight Thursday)

Phillips Reservoir	45% of capacity
Unity Reservoir	58% of capacity
Owyhee Reservoir	56% of capacity
McKay Reservoir	63% of capacity
Wallowa Lake	31% of capacity
Thief Valley Reservoir	66% of capacity

STREAM FLOWS (through midnight Thursday)

Grande Ronde at Troy	494 cfs
Thief Valley Reservoir near North Powder	97 cfs
Burnt River near Unity	105 cfs
Umatilla River near Gibbon	39 cfs
Minam River at Minam	168 cfs
Powder River near Richland	19 cfs

WEATHER HISTORY

A tornado killed two people in separate mobile homes near Hartly, Del., on July 21, 1980. These were the first tornado-related deaths in Delaware since Aug. 21, 1888.

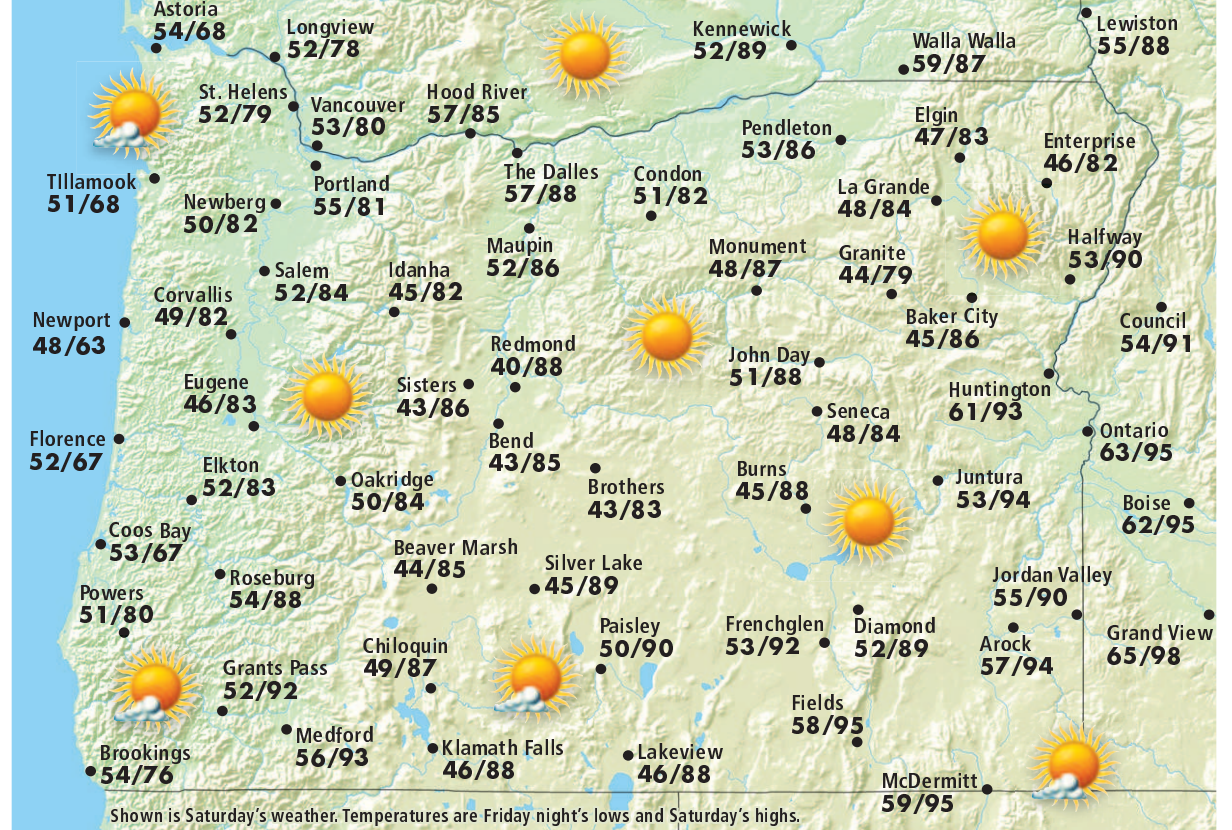
SUN & MOON

	FRI.	SAT.
Sunrise	5:24 a.m.	5:25 a.m.
Sunset	8:33 p.m.	8:32 p.m.
Moonrise	2:20 p.m.	3:24 p.m.
Moonset	12:41 a.m.	1:09 a.m.

MOON PHASES

Full	Last	New	First
Jul 27	Aug 4	Aug 11	Aug 18

AROUND OREGON AND THE REGION



REGIONAL CITIES

City	SAT. HI/Lo/W	SUN. HI/Lo/W	City	SAT. HI/Lo/W	SUN. HI/Lo/W
Astoria	68/53/s	73/55/s	Lewiston	88/54/s	90/60/s
Bend	85/44/s	90/52/s	Longview	78/53/s	88/56/s
Boise	95/60/s	93/64/s	Meacham	81/44/s	86/47/s
Brookings	76/52/pc	68/55/pc	Medford	93/57/s	99/66/pc
Burns	88/43/s	90/53/pc	Newport	63/48/s	65/51/s
Coos Bay	67/53/s	70/53/s	Olympia	80/49/s	88/52/s
Corvallis	82/52/s	92/57/s	Ontario	95/60/s	95/62/s
Council	91/53/s	91/55/s	Pasco	89/53/s	94/56/s
Elgin	83/47/s	88/50/s	Pendleton	86/54/s	91/57/s
Eugene	83/47/s	91/55/s	Portland	81/57/s	93/64/s
Hermiston	90/53/s	95/55/s	Powers	80/53/s	85/56/s
Hood River	85/57/s	94/62/s	Redmond	88/41/s	92/51/s
Imnaha	88/53/s	90/57/s	Roseburg	88/54/s	95/61/s
John Day	88/54/s	91/56/pc	Salem	84/54/s	93/61/s
Joseph	83/45/s	86/47/s	Spokane	81/56/s	84/60/s
Kennewick	89/52/s	94/55/s	The Dalles	88/57/s	97/63/s
Klamath Falls	88/47/s	90/53/s	Ukiah	80/42/s	86/45/s
Lakeview	88/47/s	89/52/s	Walla Walla	87/58/s	93/63/s

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST SATURDAY

ANTHONY LAKES Plenty of sunshine 60 40	PHILLIPS LAKE Plenty of sun 83 44
MT. EMILY REC. Sunny and pleasant 71 46	BROWNLEE RES. Plenty of sunshine 92 55
EAGLE GAP WILD. Sunny and pleasant 72 38	EMIGRANT ST. PARK Sunny and nice 76 36
WALLOWA LAKE Plenty of sunshine 84 46	MCKAY RESERVOIR Plenty of sunshine 86 51
THIEF VALLEY RES. Plenty of sunshine 88 45	RED BRIDGE ST. PARK Plenty of sunshine 85 48

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