# Grandma is at a loss for words of advice for smitten grandson

DEAR ABBY

*DEAR ABBY: I have guardianship of my 12-year-old grandson. He has recently fallen head over heels for a girl in his class and wants to date her. I am out of touch with the younger generation, and I'm not sure how to answer his questions, like, "Does the boy or girl initiate the kiss?" I would appreciate knowing about any pamphlets or brochures you have for sale on this subject. Thank you.*

*— MARGARET O. IN MASSACHUSETTS*

DEAR MARGARET: Kids are maturing at younger ages than when we were growing up. Part of the reason may be that television, movies and the internet have exposed them to subjects we were not when we were their age. That said, not all of the information they receive from the media and their friends is accurate.

I'm glad you asked because I have a booklet that may be helpful. It's titled "What Every Teen Should Know," and it's filled with information on subjects such as, "How to know when you're ready to date," "Are you ready for sex?" "How old must a boy be before he can father a child?" and "Can a girl get pregnant the first time she has sex?"

A section on sexually transmitted diseases is also included. Because STDs need to be treated right away and ignoring or not recognizing the symptoms can have lifelong consequences, there is a list of the various STDs and what to do if you have one. You can order a booklet by sending your name and address, plus check or money order for $7 (U.S. funds) to Dear Abby Teen Booklet, P.O. Box 447, Mount Morris, IL, 61054-0447. Shipping and handling are included in the price. The Teen booklet has been distributed in doctors' offices and used to promote discussions by educators and religious leaders, as well as parents who find it hard to discuss these topics with their children.

Review it BEFORE giving it to your grandson, so you can prepare beforehand to answer his questions or guide the conversation. The more information you can give him, the better prepared he will be to make intelligent decisions in the important years that lie ahead.

*DEAR ABBY: I am in my 80s. From time to time, when I have tried to contact a dear old friend or distant relative, I find they have recently passed away. Don't you think it would be a good idea for older people to make a short list of people we want contacted in case of serious illness or death? So many times our survivors have no idea who some of our friends are or how to contact them.*

*— GARY G. IN GEORGIA*

DEAR GARY: I think your idea is a sensible one. The list should include not only names, but also contact information. Thank you for sharing this with me and my readers because — let's face it — nobody lives forever.

*DEAR ABBY: Six months ago, my friend "Lindy's" husband committed suicide. I have been there for her and understand it takes time, but I'm reaching my limit.*

*I make plans with her for dinners at our home and at restaurants and have planned various outings, because I know it's difficult to be in the house alone. However, she constantly manipulates, yells at me when she doesn't get her way, and uses the loss of her husband as a rationale for why I and others must do what she wants regardless of what's happening in our own lives, and expects us to tolerate this behavior.*

*Because of the circumstances, I have given her several passes on the disgusting behavior she has displayed, and have gently spoken up on some occasions when she went too far. She's pushing people away and quite vicious about it, but doesn't see that she's doing it to herself. How long must I tolerate her grieving process before enough is enough? — CONFUSED IN NEW YORK*

DEAR CONFUSED: Lindy is not only grieving the loss of her husband, but raging because of what caused it. She's a "survivor of suicide," and the conflicting emotions — including anger and guilt — she's carrying can make a person sick. If she isn't receiving grief counseling, urge her to find some before she destroys her support system entirely. When Lindy becomes manipulative or abusive, you are within your rights to call her on it and take a step back. For your own sake, you shouldn't continue to allow her to mistreat you.

# Refugees prepare for monsoon

**By Kristen Gelineau**
The Associated Press

UKHIYA, Bangladesh — The hill on which the young woman's shelter is being built is so unstable that the earth crumbles under your feet. The threat of landslides is so dire that her neighbors have evacuated. Though living here could spell doom as the monsoon rains fall, she will live here anyway.

For Mustawkima, a Rohingya woman who fled Myanmar for the refugee camps of neighboring Bangladesh, there is no other option.

Hers is a dilemma repeated over and over for many of the 900,000 Rohingya refugees living in ramshackle huts across this unsteady landscape: With the long-dreaded monsoon season now upon them, they have run out of places to run.

For months, officials raced to relocate the most at-risk families to safer areas that had been bulldozed flat, but there simply isn't enough available land. Most refugees believe it is too dangerous to return to Myanmar, where the military launched a brutal campaign of violence against the minority Rohingya Muslims last year. And so, as the rains begin to flood parts of the camps, many Rohingya find themselves trapped — by geography, by poverty and by fear.

The bamboo shelter on the crumbling hillside will be Mustawkima's third attempt at finding a home in the camps. She has had to do everything on her own; Her husband was killed when the military stormed their village in August 2017.

Mustawkima, who like some Rohingya uses only one name, abandoned her first shelter when the soil washed away. With five children under the age of 8, she wanted her new home to be close to relatives living at the base of the hill, so she erected a flimsy tarp halfway up. But when the rains began in June, the water quickly poured in, transforming her dirt floor into a muddy mess.

Frightened, she sold off some of her donated rations of rice, lentils and oil so she could hire men to build her a sturdier shelter in the same spot. The bamboo and sandbags were donated by aid agencies. She fears there isn't enough material, but she has no money to buy extra bamboo.

Families living in five shelters on the hill recently evacuated, she says. She can only hope that her relatives will protect her and her children when the worst of the rains arrive.

The most intense rains are expected over the next few months, though heavy downpours began pummeling the camps in June. There have already been more than 160 landslides, 30 people injured and one toddler killed, according to the Inter Sector Coordination Group, or ISCG, which oversees the aid agencies in the camps.

"Within 24 hours of the first rains falling, we were seeing small landslides and we were seeing flooding everywhere," says Daphnee Cook, a spokeswoman for Save the Children. "I've been here for seven months and I was appalled at how quickly things started to fall apart."

The ferocity of the rains and the swiftness with which they can wreak havoc is stunning. On a recent day, it took just minutes for a downpour to transform the face of another hill into a waterfall, with torrents of muddy water cascading down dirt steps.

Beyond the landslides and flooding, there are worries about waterborne diseases like cholera. Some of the latrines are piled high with fly-riddled excrement, which seeps out the sides during downpours. Water pumps are generally just a few meters away — worse, some are located downhill.

Aid workers have cleaned out thousands of latrines. Children are receiving identity bracelets in case they are separated from parents in the flooding. Families have received extra materials to fortify their shelters. Trenches have been dug to try and redirect floodwaters.

Ultimately, though, the topography of the camps is the biggest problem. The trees that once covered the hills have been cut down to make room for shelters, and the roots dug up for firewood. That process has dramatically loosened the soil, which the rains turn into heavy mud that slips down the hillsides, burying anything in its path.

The jagged scar on Mohamed Alom's head is a grim reminder of the dangers of those landslides. The 27-year-old was asleep in his shelter last month when a torrent of mud crashed through the plastic wall next to him. A tree root slammed into his head, slicing open his skin. His agonized screams awakened his wife and two young children, who rushed him to a doctor.

Now, he and his family are among 13 people living in a one-room schoolhouse. Alom is hoping officials will help him build a new shelter, but he has no idea how long that will take.

More than 200,000 people are living in areas considered at risk of landslides and flooding, according to the ISCG. Around 34,000 refugees have been relocated to other areas, with some moving into sturdier shelters further away from the hills.

AccuWeather DOWNLOAD THE APP

# weather

| | TONIGHT | THU | FRI | SAT | SUN |
|---|---|---|---|---|---|
| | Mainly clear | Very warm with sunshine | Sunshine | Mostly sunny and pleasant | Mostly sunny and nice |
| Baker City | 47 | 91 47 | 89 48 | 85 47 | 88 50 |
| Comfort Index™ | 6 | 5 | 6 | 8 | 6 |
| La Grande | 53 | 91 50 | 87 48 | 85 46 | 87 50 |
| Comfort Index™ | 6 | 6 | 8 | 8 | 8 |
| Enterprise | 50 | 88 49 | 86 46 | 84 46 | 85 49 |
| Comfort Index™ | 5 | 5 | 7 | 7 | 7 |

**Comfort Index** takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

## ALMANAC

| TEMPERATURES | Baker City | La Grande | Elgin |
|---|---|---|---|
| High Tuesday | 99° | 99° | 99° |
| Low Tuesday | 51° | 51° | 50° |
| **PRECIPITATION** (inches) | | | |
| Tuesday | 0.00 | 0.00 | 0.00 |
| Month to date | 0.00 | Trace | Trace |
| Normal month to date | 0.40 | 0.44 | 0.45 |
| Year to date | 4.75 | 10.30 | 20.78 |
| Normal year to date | 6.11 | 9.78 | 14.12 |

## AGRICULTURAL INFO.

| HAY INFORMATION THURSDAY | |
|---|---|
| Lowest relative humidity | 15% |
| Afternoon wind | WNW at 6 to 12 mph |
| Hours of sunshine | 13.7 |
| Evapotranspiration | 0.30 |
| **RESERVOIR STORAGE** (through midnight Tuesday) | |
| Phillips Reservoir | 46% of capacity |
| Unity Reservoir | 60% of capacity |
| Owyhee Reservoir | 57% of capacity |
| McKay Reservoir | 64% of capacity |
| Wallowa Lake | 32% of capacity |
| Thief Valley Reservoir | 70% of capacity |
| **STREAM FLOWS** (through midnight Tuesday) | |
| Grande Ronde at Troy | 597 cfs |
| Thief Valley Reservoir near North Powder | 99 cfs |
| Burnt River near Unity | 111 cfs |
| Umatilla River near Gibbon | 40 cfs |
| Minam River at Minam | 185 cfs |
| Powder River near Richland | 21 cfs |

## TUESDAY EXTREMES

**NATION** (for the 48 contiguous states)

| | |
|---|---|
| High: 123° | Death Valley, Calif. |
| Low: 32° | West Yellowstone, Mont. |
| Wettest: 3.35" | Baltimore, Md. |

**OREGON**

| | |
|---|---|
| High: 105° | Hermiston |
| Low: 43° | Burns |
| Wettest: 0.01" | Astoria |

## WEATHER HISTORY

Haze replaced the normal blue sky over Florida's east coast on July 19, 1984. Satellite imagery showed that the haze was actually dust picked up by the wind in Africa and carried across the Atlantic Ocean.

## SUN & MOON

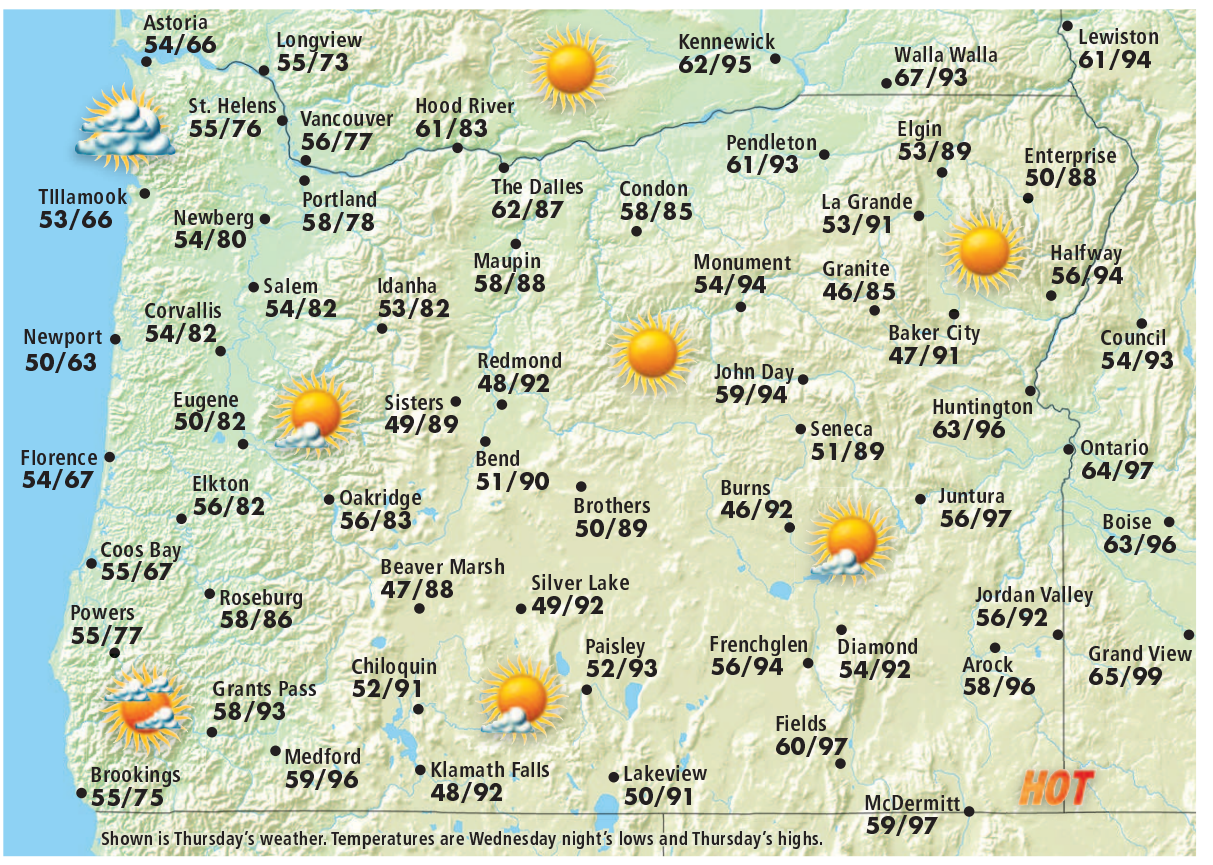
| | WED. | THU. |
|---|---|---|
| Sunrise | 5:22 a.m. | 5:23 a.m. |
| Sunset | 8:35 p.m. | 8:34 p.m. |
| Moonrise | 12:07 p.m. | 1:15 p.m. |
| Moonset | none | 12:13 a.m. |

**MOON PHASES**

| First | Full | Last | New |
|---|---|---|---|
| Jul 19 | Jul 27 | Aug 4 | Aug 11 |

# AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2018




Shown is Thursday's weather. Temperatures are Wednesday night's lows and Thursday's highs.

## REGIONAL CITIES

| City | THU. Hi/Lo/W | FRI. Hi/Lo/W | City | THU. Hi/Lo/W | FRI. Hi/Lo/W |
|---|---|---|---|---|---|
| Astoria | 66/53/pc | 67/53/s | Lewiston | 94/57/s | 89/57/s |
| Bend | 90/47/s | 87/45/s | Longview | 73/52/pc | 75/51/s |
| Boise | 96/64/s | 97/64/s | Meacham | 87/46/s | 83/44/s |
| Brookings | 75/55/pc | 78/57/pc | Medford | 96/57/s | 93/58/s |
| Burns | 92/45/s | 90/45/s | Newport | 63/47/pc | 63/49/s |
| Coos Bay | 67/53/pc | 67/52/s | Olympia | 74/45/pc | 77/46/s |
| Corvallis | 82/50/pc | 82/50/s | Ontario | 97/63/s | 98/62/s |
| Council | 93/55/s | 93/55/s | Pasco | 94/52/s | 91/52/s |
| Elgin | 89/50/s | 86/47/s | Pendleton | 93/56/s | 89/52/s |
| Eugene | 82/46/pc | 83/48/s | Portland | 78/55/pc | 80/56/s |
| Hermiston | 96/59/s | 93/54/s | Powers | 77/52/pc | 78/51/s |
| Hood River | 83/57/s | 84/55/s | Redmond | 92/45/s | 89/44/s |
| Imnaha | 94/57/s | 91/61/s | Roseburg | 86/56/pc | 86/56/s |
| John Day | 94/56/s | 90/55/s | Salem | 82/51/pc | 83/52/s |
| Joseph | 88/49/s | 86/46/s | Spokane | 86/54/s | 81/53/s |
| Kennewick | 95/56/s | 92/52/s | The Dalles | 87/58/s | 87/54/s |
| Klamath Falls | 92/47/s | 91/50/s | Ukiah | 87/44/s | 83/42/s |
| Lakeview | 91/49/s | 91/50/s | Walla Walla | 93/62/s | 89/58/s |

**Weather(W)**: **s**-sunny, **pc**-partly cloudy, **c**-cloudy, **sh**-showers, **t**-thunderstorms, **r**-rain, **sf**-snow flurries, **sn**-snow, **i**-ice

## RECREATION FORECAST THURSDAY

**ANTHONY LAKES**
Plenty of sunshine
63 43

**MT. EMILY REC.**
Sunny and pleasant
77 52

**EAGLE CAP WILD.**
Sunny and pleasant
75 40

**WALLOWA LAKE**
Sunny; very warm
89 50

**THIEF VALLEY RES.**
Sunny and warm
91 47

**PHILLIPS LAKE**
Sunny and warm
86 48

**BROWNLEE RES.**
Plenty of sunshine
95 56

**EMIGRANT ST. PARK**
Plenty of sunshine
82 44

**MCKAY RESERVOIR**
Plenty of sunshine
94 59

**RED BRIDGE ST. PARK**
Sunny and warm
91 53

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