

Chats With Parents

THE ONLY CHILD

By Alice Judson Peale

It is a matter of common observation that the only child tends to be especially selfish and to remain longer emotionally dependent upon his parents than a child who has brothers or sisters.

Never has it been necessary for him to make way for a younger brother or sister. Never has he had to share his toys, his pleasures or his parents' love.

It is difficult for him to form progressively the normal attachment to others, to friends, to members of the opposite sex that should occur at different stages of his development.

Typically he can be drawn only to someone who loves him, as wholly and unconditionally as his parents have always done. He can only care even a little for someone who already loves him.

This profound self centeredness is often disguised by an ingratiating charm of manner which enables him to make superficial adjustments with great ease. But in his intimate, vital relationships he fails.

There ought not to be only children, but since there are, their handicaps may be somewhat offset by a wise bringing up. Playmates should be cultivated early and assiduously.

There should be visiting cousins and little friends who come not only for an afternoon but to spend a week or more. He should go to nursery school at the earliest possible moment.

These substitute brothers and sisters with whom he must share his pleasures and the attention of parents and teachers will help him to learn at least to some degree the attitudes, the feelings, and the adjustments that he would have learned through real brothers and sisters.

Health

WHAT INFLUENCES POSTURE?

The posture of the body may be disturbed and rendered abnormal by pathologic conditions in various systems of the body.

Thus, disturbances in the digestive, blood and lymph, respiratory, excretory and nervous systems, as well as disturbances in the skeletal, joints and muscular systems, may cause postural defects and curvatures of the spine.

Outstanding among these different causes are malnutrition and disturbances in the digestive system.

These are particularly apt to be a cause of postural defects in children, for it has been shown that the growth of body bulk and statural or height growth do not always keep pace.

This is particularly the case in instances of malnutrition due either to improper feeding or to illnesses which disturb nutrition.

Even in severe cases of malnutrition height is found to increase while weight is stationary or is decreasing, and studies by the French scientist, Viorlet, shows this to be especially the case in premature infants, in twins and in weaklings suffering from gastro-intestinal disturbances.

Infectious diseases, too, may depress weight but not arrest height growth.

Much of the loss of weight or retardation in development affects the musculature of the child or experimental animal.

This, of course, implies a weakening of musculature. This weakening does not affect all the muscles of the body equally.

Certain muscles suffer more than others, and the result is a disturbance in the opposing tensions applied to the skeletal system, and through which good posture may be maintained.

Various studies of school populations have shown that from 20 to 40 per cent of our children suffer under-nourishment, and this may account for the wide prevalence of postural defects.

HILGARD PERSONALS

By Wilmer Weimer

HILGARD (Special) - Warm weather has called many fishermen to the Grande Ronde river and Five Points creek. Many have reported catching the limit.

Mrs. Bruce Morehead, of Mt. Emily camp, and Mrs. L. C. Morehead, of La Grande, drove to Cove Friday morning and enjoyed a swim in the pool. From there they drove in the afternoon to Union and attended the Union Livestock show.

Mrs. and Mrs. E. G. Jarrard and Winifred Taal left Wednesday for Bend. Mrs. Jarrard will remain in Bend during the summer, while her husband will work his mining claims on the Grande Ronde river.

Mr. and Mrs. Phillipa have returned to their home at the Mt. Emily camp after a two months vacation at Klippan Beach, Wash.

A shower was given at the home of

Professional Directory

Hospitals

DR. LEE B. BOUVY

Eye, Ear, Nose and Throat Hospital 2nd floor Foley Bldg.—Ph. Main 16.

"You'll be talking about THE CHAMP"

Mrs. Fred Taal Wednesday in honor of Mrs. Taal's daughter, Mrs. Monroe Hemphill. The afternoon was spent visiting and sewing. Many lovely gifts were received by the honor guest.

Mr. and Mrs. A. V. Vey, of Echo, were business visitors in Hilgard Friday morning.

Glen Jones, of Mt. Emily camp, visited at the home of her brother, R. J. Brock in La Grande, Thursday and Friday.

Mrs. Emory Ferguson and two children were guests at the home of Mrs. S. E. Ferguson at Perry Thursday.

Mr. and Mrs. Lowell Rugg, of Pilot Rock, are moving to their ranch on the Grande Ronde river, six miles from Hilgard. Mr. Rugg is associated with the G. W. Rugg Sheep Co. of Pilot Rock.

Mr. and Mrs. Ed Saling and Mrs. P. Y. Young were among the business visitors in La Grande Wednesday.

Mr. and Mrs. Earnie Miller, of Cove, were visitors at the J. B. Weimer home Sunday.

articles. The company's steel helmets have been sent to Portland, where they were repainted and the regimental insignia was placed on them. A coat of varnish was then applied.

SPECIAL TROOP TRAIN TO TAKE COMPANY TO CAMP

(Continued From Page One)

Nearly 5000 visitors in addition to the members of the 188th regiment watched the demonstration last year from the sloping hill overlooking the field of "battle."

Members of Co. F must have their equipment ready today for the camp. Only 11 men were unprepared Friday evening. The company now has individual steel locker trunks so that the men will go to camp with very light packs. Each pack will include only a shelter-half, one blanket, mess kit and toilet

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Early Weather Forecasts Sixty centuries ago the Egyptian priests took weather forecasts nightly from the summits of their temples.

Untroubled Sea Owing to the narrow channel which connects the Mediterranean with the ocean, there is very little tide, though in some places, as in the Ionian sea, the Adriatic and on parts of the African coast, it sometimes rises about 8 feet.

Platinum Coinage Russia experimented with platinum as money between 1828 and 1845 when platinum was worth only one-third as much as gold. The platinum coins were abandoned because they were not internationally accepted, but they now have a bullion value much greater than their face value.

No "Police Dog" Breed The name "police dog" does not indicate any particular breed of dogs, but merely a purpose to which dogs of various breeds can be, and are trained. Shepherd dogs of Germany, France, Russia and Belgium, and pure-bred dogs of other breeds, cross breeds and mongrels have been trained and used as police dogs.

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You Can't Marry

by Julia Cleft-Adams

SYNOPSIS: Eddie Townsend rises like a lion on his wife's "bosomy" nose that he won't be able to live for a while. George's wife wants to keep her job and support both of them. She is so determined not to do anything she is keeping her marriage secret, since her employer discharges women who marry.

Chapter 30 BREAD AND CHEESE AND KISSES

"So Gill" Eddie continued, "fixed up a room for me with this old soul—ugliest old figure-head you've ever seen but darn good sort—and Jenny comes for me every morning and returns me at ten every night."

"And I guess I'll stay on with her while you're finishing things off with the Old Man and maybe helping to find someone to take your place."

"And then—" he drew a deep, unsteady breath and his hand gripped George's hand and the gay little cloth—then you shall make me a home on what we can scrape together between us. I'm not proud about using your savings as well as my own. And well live on anything we can beg, borrow or remove and convert to our own ends; and you shall burn an omelette a week until Jenny shows you better."

She played nervously with her foot, then rallied at herself for fool and began to eat steadily. "The longest speech I've ever heard you make," she said. "You seem to have thought it all out, darling. Only, from your own point of view."

Eddie began to speak but checked himself. After a few more mouthfuls of baked egg, he asked abruptly— "Did you know that people think—that people have been told it was Jenny I married?"

"Oh, you mustn't deny it!" Then, realizing that she had betrayed herself, she added—"Surely, so long as the Old Man keeps to that ridiculous rule of his, it's better that we should pretend—anything! You see, Eddie, I can't give up my job. Not at any rate for a bit."

He pushed his chair away from the table and tilted to and fro on it, the old scowl on his face. "Would you have given it up," he asked, "if I had gone to Mexico and come back again to fly here?"

She, too, abandoned the unhappy little dinner. She lit a cigarette. "I'm beginning to think you wouldn't, George."

"What on earth is the good of arguing about what might have happened? You aren't going to Mexico now—and Jolly sick the Old Man is about it. He recommended you to Garth Aveney himself and he says there's no one else here."

"Never mind the compliments, I'm beginning to think you never intended to give up your job when I got back and that you don't intend to give it up now."

"Eddie, what are we to live on if I do?"

To her surprise he had an answer. "Not so very much less than we should have had if I hadn't lost my nerve. There's our savings—" he did not notice her confusion, "and I shall collect a bit from one little insurance and another; and I shall find a job. I'm nearly all right again, you know; Jenny has pretty well cured me, bless her little heart! I don't say I can give you anything like the good time you've been used to these last few years, but I can give you—" His voice roughened and she feared that he was going to take her into his arms and carry

her bodily away to his home of bread and cheese and kisses. "I can give you a decent sort of a life," he said. "You and I, girl, don't need a lot of trappings. We love each other."

She found that she was trembling. "Oh, Ed, don't forget that, ever!—that I love you as much as you love me!"

"Then you'll throw over the job, George?"

She trembled so that she had to grip out her cigarette half-shocked and hold to the edge of the table.

Daily Cross-Word Puzzle

Solution of Yesterday's Puzzle

Table with crossword puzzle solutions. Includes words like REFUSE, ERASER, SATIRE, etc.

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The TINYMITES

STORY BY HAL COCHRAN PICTURES BY JOE KING



(READ THE STORY THEN COLOR THE PICTURE)

THE elephant that the Tines found had lots of fun just running round. It was a very playful sort and liked each Tinymite.

A man came up and said, "Well, boys, how would you like to hear some noise? I'll tease Slim Jim with peanuts and he'll howl with all his might."

The man then held a peanut out. It tempted big Slim Jim, no doubt, because he started howling. Shortly Scouty cried, "Please stop!"

This may be quite a funny thing, but howling makes my poor ears ring." The man brought forth a bag and from it let some peanuts drop.

DOWN went a great big trunk and then the elephant was still again. "I'm going to get some more peanuts," said Windy, with a grin.

"We'll make him hold his trunk up high, and then watch me. I'm going to try to show you I'm a dandy shot. I'll toss some peanuts in."

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WANTED DOES THIS INTEREST YOU?—House, 7 lots, 3 minutes to La Grande or 80 A. farm, 30 minutes out. A good living and money can be made by willing person. Write at once to Box 1, care Observer. 6-13-32

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WILL BUY 30 oza batteries. Will pay according to their condition. New batteries as low as \$6.95. Automotive Electric Co., 1425 Adams. Phone M 520. 1-20-32

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LOST—Black suitcase containing clothes, bet. La Grande and Pendleton. Reward. Leave at Observer. 6-13-32

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FRECKLES AND HIS FRIENDS On Poodle's Trail!



THE NEW FANGLES (Mom'n Pop) More Worry!

