

OVER THE VALLEY

Mabel E. Morton, Valley News Editor

Residence 1093J

500 cherry trees and a number of other local people are planting a smaller number of the fruit bearing trees.

Visits—Miss Nellie McClure, who lives on the sidewalk road near La Grande has been visiting at the home of her brother who lives in the Wolf Creek neighborhood out from North Powder.

Moves to Farm—Miss Sara Anson who, a few years ago, rented her home farm near Island City and has since been living at Haines and Union, is now moving back to her home and will live there in the future.

Typhoid Fever—Mrs. Garrett Blokland, of near Island City, is ill at her home of typhoid fever. Mrs. Blokland has been ill for about four weeks, was better for a time but is now confined to her bed again and has a nurse assisting in her care.

Moving to La Grande—Mr. and Mrs. Earl Landers, whose home has been at the Cove are moving to La Grande this week, where they will reside.

Return Home—Mrs. Len Gekeler, who lives near La Grande to the south, with her son, Melvin and daughter, Erma, were visitors last week in Baker. They drove to the neighboring county seat taking her son-in-law and daughter, Mr. and Mrs. Loren Turner to their home after a visit among their relatives and friends in that section of the valley.

Plant Many Trees—Through the initiative of the reforestation committee of the American Legion, post No. 41, Baker, fifty

(Continued on Page Seven)

Rain Is Not Over Long Average

Though the "dry cycle" of recent years in Oregon is conceded to be ended, actual rainfall since last September 1 is but little above the long-time average in Western Oregon at present, according to a report of the soils department of the experiment station just issued. This report shows the mid-Willamette valley to be a mere 64 ahead of normal rainfall on April 1.

Complaints of a backward spring are more justified, however, say the weather men, in that March had an excess of 1.2 inches of rainfall which was scattered through the month so generally that seeding was seriously delayed, a condition which men of the farm crops department there say might well be taken into consideration in future farming operations this season.

Four months since September 1 have shown rainfall deficits while three have shown an excess. The latter two, October, December and March, February was exceptionally dry, on the other hand, so that the calendar year since January 1 shows below normal precipitation.

May Yet Plant—"Oats and barley may still be planted," says G. R. Hyslop, farm crops chief. Both east and west of the mountains there is indication of heavier planting of spring barley this year, but this is amply justified in view of the heavy importations of corn for feed. In many regions barley may be substituted for corn.

Weather conditions and market outlook are now both favorable to turning much normal spring grain land to seed flax this year in those sections of the state where its production is practical, Hyslop continues. "It will be best to get it planted as early in April as possible.

"Corn is continuing in demand far in excess of Oregon's production, and as it is a late planted crop it is unaffordably difficult for the forest service to planting season. Those planning to produce grain, however, can only hope for success if they use locally grown seed varieties," Hyslop warns.

"The present is also a good time to establish fields of alfalfa or Ohio hardy or Tennessee Anthracnose resistant clover planted alone for seed," he believes.

IN PERFORMING SERVICE FORESTRY DEPARTMENT HAS ENTIRE PUBLIC IN MIND

Managing the national forests is quite similar to the handling of a vast series of extensive ranches and farms producing various products all of which in some way fit into the picture in our modern plan of living. Some of these resources are needed by different groups. Competition for these resources are lack of knowledge on the part of the members of these various groups as to the importance of the other fellow's business in general is largely at fault for the controversies which we have heard so much about the past several years, controversies which have made it increasingly difficult for the forest service to satisfy the different interests in its administration of the forests under its control.

The following is the last of a series of articles on the forestry service given recently by E. N. Kavanaugh, of Portland, assistant regional forester.

You might be interested in our method of meeting this situation, and which is as follows: We first study each problem and endeavor to analyze it from the standpoint of general public interests. With that information as a foundation we then consider the claims or contentions of the various groups or factions. When we have this latter information we endeavor to get representatives of the contending groups or factions together for a mutual study of the problem at issue. These representatives get acquainted with each other, each learns about the troubles of the other fellow. They learn very quickly that there usually is a lot more to be considered in setting these cases than consideration of their own particular interests. Usually these representatives reach an agreement and if the agreement is not contrary to public interests the forest service accepts it and the matter is closed.

HERE ARE SOME HUSKY ROOTERS



These husky babes are "rooters" for Burr E. Slack, a former resident of Union county, up in the Dry Creek neighborhood, who now operates a modern dairy and hog ranch near Enterprise, in Walla Walla county. As Lyle, the young son of Mr. and Mrs. Slack was doing his morning chores about the barn one mid-winter day, this amazing sight met his eyes. Calling his older sister, Bernice, to bring her camera, with much skill they secured this most unusual photograph.

Bread And Milk Good Diet

"For lunch or supper—a bowl of bread and milk." How very unexciting and a bit old fashioned I admit, yet food authorities agree that these two together should form the basis of the well planned diet. Although bread and cereals are energy foods necessary to keep the body warm and give it power to work, they are lacking in certain minerals and vitamins. Milk is the most efficient of all foods in making good these deficiencies, as well as being the most nearly perfect food in itself. It is for this reason and because of their low price that nutrition authorities say "bread and milk" should be built around bread and milk. It does not follow that they alone will meet all of the body requirements, but they do more completely than any other foods, and with the addition of some fruit and vegetable the requirements will be met.

Bread from the whole grains has great food value. Such cereals are rich in minerals but have lost one of the vitamins, important in various body functions. Other cereals have had the outer layers, containing the minerals, and the germ removed, and are called "refined cereals." These may be used to furnish energy, if the minerals and vitamins are supplied in other ways.

How much of the food money should be spent for bread and milk? It is generally conceded that the money spent for food should be divided into thirds, one-fifth or more for milk and cereals, one-fifth or more for bread and cereals, one-fifth or less for fruits and vegetables, one-fifth or less for meats, fish and eggs, and one-fifth or less for fats, sugar, or other groceries. Although this division is safe with comfortable incomes it must undergo some changes to meet the average low income. One authority says that the lower the income the more one must concentrate upon bread and milk, thus bringing the amount spent for milk to probably one-third and cutting down on the amount spent for meats, sweets, and miscellaneous foods.

A good rule to follow is to build your food needs around a quart of milk for each child and a pint for each adult in the family. Although a dish of bread and milk is appetizing in itself, there are various ways of combining them which will result in tasty dishes and give variety too. So few of us realize how good simple food can be. Milk toast for instance seasoned with plenty of butter; a simple bread pudding, topped with

Certain Animals Crave Salt

"Animals that consume large quantities of roughage or crops like potatoes which are high in potash, crave salt especially," declares Jerry Kotola of the Washington State college department of animal husbandry.

"To eliminate the excess potassium from their bodies, it must be combined with the sodium found in common salt, and in this manner is depleted of sodium. Salt craving then results.

"Table salt as well as stock salt should be free to keep it free from absorbing water from the air. It should also contain one part in a thousand parts of potassium iodine. Such salt is known as iodized salt and helps in preventing goiter in human beings and farm animals, hairlessness in pigs, and in some manner appears to be related to normal reproduction in animals. Salt which is acid or exposed to heat and sunlight rapidly loses its iodine.

"Stockmen feed half-ground salt to livestock from boxes. Block salt is also available. It is prepared by pressing common salt in hydraulic presses. While white blocks are ordinarily of pure salt, yellow blocks may contain some sulfur in addition to salt, and brown blocks may contain some form of iodine in addition to salt. The blocks often are too hard and the animal does not get enough salt. Block salt, however, is quite resistant to weathering.

"Common salt is the source of hydrochloric acid, found in juices in the stomach, and it aids in digestion of protein, has antiseptic value, and even serves as a chemical messenger to the other organs of digestion. Salt starvation is one of the severest tests to which a living animal can be subjected. If you don't believe it, try it."

Changes in History
Now, we are told, Noah's flood lasted 150 days (instead of 40); and we expect to hear soon that Jonah's whale swallowed his family, too.—Haverhill Evening Gazette.

Advise Bacterin For Disease

Blackleg vaccine is again pouring out over the state from your association's office in the regular spring volume.

Blackleg bacterin is being used by the association for the reason that it is effective in about half the time that Aggressin are effective and according to three of the largest vaccine manufacturing companies, bacterin gives life immunity as well as the aggressin does.

Another advantage of the bacterin is that it will not have any bad effects on the animal that might be light affected with the blackleg while Aggressin will hurry the death of the animal that is already sick with blackleg. In fact, aggressin manufacturing companies generally give an animal inoculated with blackleg a shot of aggressin to hurry the death for the making of biologicals.

At the present time the association is furnishing the Cutter brand of bacterin to members at cost.

Your association can also furnish the liquid vaccine gun in six dose sizes with the two needles. We can recommend this gun since it has been used for several years by the large majority of the stockmen in Grant county and is a solid built gun, which is very simple to use. We carry repairs and rubber parts for these guns at all times for the convenience of the members.—Cattle Grower.



SPRING FEVER?
Don't let Spring Fever get you down! Keep up your vim and vitality, and build up your resistance by using plenty of fresh, pure Blue Mountain Butter. Its rich in vitamins, and its quality is always the same — the best!

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Entertain Club—Mrs. Anna Holman, and daughter, Miss Minnie, of Grange Hall, entertained at their home Friday afternoon for members and a few guests of the Countrywomen's club. Mrs. Colin Anson was assistant hostess. Mrs. Arthur Golden and Mrs. George Hughes had charge of the program. Three contests were conducted, with Mrs. Ralph Chenault's side winning in the first. In the second, Mrs. Chenault received first prize, Mrs. R. A. Masterton, consolation, and in the third, Mrs. Clay Penland won first and Mrs. Bert Groat, consolation. Twenty-six women were present for the meeting. This included three visitors, Mrs. Penland, Mrs. E. Groat, and Mrs. Dwight Fishman. Mrs. Penland and Mrs. Fishman added their names to the membership roll. Late in the afternoon refreshments were served by the hostesses. April 22 is the date for the next meeting, the hostess to be Mrs. Ed Jasper.

Guests—Mr. and Mrs. Frank Wright, of the Valeria district had their guests Sunday at their home, their son-in-law and daughter, Mr. and Mrs. E. B. Greiner, and children, of May Park.

Visit—Mr. and Mrs. Ralph Wells and family, of the Valeria district, drove to Willowdale Sunday and were guests at the home of Mr. and Mrs. Percy McMillan. Mr. McMillan is an uncle of Mrs. Wells.

Rent Farm—Mr. and Mrs. Allen Gawith, well known grange members who have been living in the Minam district, have rented the A. E. Hug farm in the Pine Grove district and will move there very soon. The latter farm had been rented during the past winter by Mr. and Mrs. Arch Keown. Harry Crawford will be associated with Mr. Gawith in operating the farm, it is reported.

At Hot Lake—The condition of Ralph Haller, of Union, who has been confined to the hospital with toxic goiter and acute dilation of the heart is reported as being very little improved.

Aid Tomorrow—Mrs. Ed Jasper, Mrs. Lester Peach and Mrs. Frank Wright will be the hostess tomorrow when the Allice Aid society meets at the home of Mrs. Frank Wright in the Valeria district.

Elected Manager—Miss Marie Ledbetter, of near Allice, who will be a junior next year at Willamette university, has recently been elected as manager of her house, the Delta Phi, for next year. In addition to the honor of having been selected to such a post, the manager-elect, writes with it the wherewithal for a good part of one's living expenses in a college year, it is said.

Have Big Time—Several hundred people accepted the invitation extended by Mrs. Minnie Sentner to enjoy a free swim at the Cove pool Sunday. The day was ideal, the both houses were warm, the crowd, somewhat as well as large, and the party is considered to have been very successful from all points of view.

A SEASONABLE RECIPE
BLACKBERRY JAM CAKE
1 coffee cup granulated sugar
1/4 cup butter
4 tablespoons sour cream or buttermilk (if you use cream, use less butter)
1 1/2 cups flour
1 cup of blackberry jam
1/2 teaspoon nutmeg
1/2 teaspoon allspice
1/2 teaspoon cinnamon
1 teaspoon soda
Mix all ingredients well. Dissolve the soda and add last stirring briskly after it has been added. Bake in two layers and put together with a boiled icing.

Improves—Mrs. Bessie Fletcher, who lives above the Cove, is recovering nicely from her recent attack of the flu, it is reported.

Entertains—Mrs. John Dahlstrom, who lives in the Moss Chapel district is entertaining the members of the Parkdale club today at her home.

To California—Their many friends in this valley read with interest that Rev. and

Grange To Meet—The regular meeting of the Blue Mountain grange will be held Saturday all day in their hall near La Grande.

Meet Tonight—There is to be a meeting this evening of the Eastern Oregon Livestock show association. The meeting is called to be held at the city hall in Union.

Visit—Mr. and Mrs. Laurence Spencer and two sons, Alvin and Marion, who live in the Dry Creek neighborhood, north of Summerville, drove down into the valley Sunday and were guests at the home of relatives and friends in the Grange Hall district.

Island City Aid—The members of the Island City Ladies Aid society will meet tomorrow, Thursday, at the home of Mrs. Dee Davis on Cove avenue.

Move To Valley—Mr. and Mrs. Pete Arnold and family, who have been living in La Grande for the past three or four years are planning to move in the immediate future to their farm in the valley. The farm, from which the Arnold family moved to go to La Grande, is in the Pleasant Grove neighborhood.

Putting In Alfalfa—Dick Hibberd, who lives on a farm in the Willow Creek district, has recently secured a quantity of alfalfa seed and will put 80 acres of his farm to this forage plant. The acreage put to alfalfa in this valley during the past few years has greatly increased as dairy farming has come to assume such large proportions here, and as alfalfa has been found to be quite a profitable crop to raise.

Stop For Visit—Mr. and Mrs. Will McAllister, of Enterprise, stopped off in the valley one night last week for a visit at the home of Mr. and Mrs. Reece McAllister of near Island City. The visitors were en route home from Portland where they had been on a trip.

County Farmer Passes—Levi Daugherty, whose farm is near North Powder and who has lived here for many years, died at 6 o'clock last evening at the Protestant hospital, Baker, from a stroke or internal hemorrhage, suffered at his home only a few hours previously. He had complained of a headache that morning and rested later in the day. About 4 o'clock he appeared to be stricken and never recovered, an ambulance taking him to Baker. Dr. C. D. Houser was called and directed the stricken man to be taken to a hospital.

The deceased is survived by his widow and six children: two sons, John and Layton; his first marriage, are farmers of the Wolf creek section; while four younger children, Quintin, Monier, Lorette, and Verner, are at home. He also leaves three brothers and one sister: Steve, of Lewiston, Idaho; Will, of Baker; Charley of Portland; and Mrs. Carrie Pyles of Portland—North Powder News.

Move Into Town—Mr. and Mrs. C. C. Cates, well known all over the valley have recently moved from their farm in the Gordon Creek neighborhood beyond Elgin, to Elgin where they will make their residence.

Visits—Mrs. Anna Harker who lives at the home of Mr. and Mrs. Tom Johnson, on Lower Cove, recently was the guest of her friends in Elgin.

Entertains—Mrs. John Dahlstrom, who lives in the Moss Chapel district is entertaining the members of the Parkdale club today at her home.

To California—Their many friends in this valley read with interest that Rev. and

Mrs. A. A. Harriman, who has many friends in both Union and Wallowa counties, left Sunday from Wallowa for San Luis Obispo, Cal., where Rev. Harriman has accepted a pastorate in the Christian church. The Harrimans have lived in Wallowa for the last three years.

Is Better—Relatives in the valley inform us that Mrs. Stanley Arnold (Marie West), daughter of Mr. and Mrs. W. A. West, of Pumpkin Ridge, is better and the operation which she had been facing will not now be necessary. She is still in Portland.

License To Wed—A license to wed was issued last week by the proper officials of Enterprise to Hazel Tracy and Richard Burton Young, both of Elgin, the records state.

Club To La Grande—Members of the Woman's club, of Elgin, will journey to La Grande tomorrow where they will meet at the home of Mrs. L. Denham, a former Elgin resident. This is an annual event, as we understand it and is always quite eagerly anticipated.

In La Grande—Mrs. Rachel Bidwell, of Union and North Powder, was a business visitor in La Grande yesterday.

Breaks Arm—Little Miss Priscilla Proctor, seven year old daughter of Mr. and Mrs. Stephen Proctor, of Perry, has been a patient in a La Grande hospital this past week. The girl fell while climbing a tree and fractured one arm.

Guest—A guest over the weekend at the home of Mr. and Mrs. Roger Deal, who live north of Summerville, was Mrs. N. E. Wilkes, of Wallowa. Mrs. Wilkes is in business at Wallowa.

Visits Relatives—Eldridge Huffman, of the La Grande High school faculty, went to Enterprise over the weekend visiting at the home of his uncle and aunt, Mr. and Mrs. Jay Dobbin.

Preaches—After his recent very severe illness, Rev. H. C. Lee the "Shipper" of Union was able to occupy his pulpit in the Methodist church Sunday. His friends are happy to know of his improvement from a rather serious condition.

Return to School—Miss Dorothy Mills, and her house guests the Misses Lucy Ransome and Marjorie Johnson have returned to their school work at Whitman college, Walla Walla, after having had a delightful vacation visit at the home of Miss Dorothy's parents, Mr. and Mrs. J. E. Mills at Cove.

Regret Loss—"Dick" Richards recently came to this valley to assume the duties as superintendent of the Eastern Oregon experiment station near Union. In speaking of his departure from Montana, the Montana Stockgrower, has the following to say, which we believe, patrons of the station will appreciate: "Every stockman in Montana, who has contacted Dick Richards, regrets his decision to give up his residence in this state. Dick has been livestock fieldman for the extension service of the Montana State college for three and one-half years, and during that time has built his department up to a higher standard than it had previously known in Montana, and has put it on a level with similar departments in the best livestocking states in America. Mr. Richards will immediately assume the management of the Eastern Oregon experimental station at Union, Oregon. We all wish him the greatest success in his new field. The loss of so valuable a man to Montana stockmen certainly may be considered a credit to the stockmen of Oregon."

Visit School—Clyde Kiddle Jr., Albert Hughes and Pat Hughes, all pupils of the La Grande schools, but present and former residents of Grange Hall spent one of the days of their recent vacation visiting Liberty school.

Setting Out Many Trees—A large shipment of trees has been received in Elgin by Bernal Hug representative of the nursery concern. The total number being in the neighborhood of 22,000 trees. In accordance with the general home-garden movement, a number of residents are planting small home orchards of perhaps but a few trees. In a few years, fruit will be borne in amounts sufficient to supply the demands of the home. It is asserted, William Routel is planning to set out a 20-acre orchard on his farm beyond the bridge over the Grande Ronde river. This will be comprised of apples, cherries and apricots. Mr. Hug is putting out several hundred trees on his own land east of Elgin. Ray Cope is replacing

4-H Club Notes
The Liberty Dairy Club was organized at the Liberty school Monday. H. G. Avery, county agent, and E. A. Sayre, county school superintendent, of schools, made a trip to the school in the Grange Hall district for the forenoon and organized a club of nine members with officers as follows:
President, Delbert Graut.
Vice president, Kenneth Hagain.
Secretary, Darrell Lindsay.
Vernon DeLong, local leader.

The boys in this club have already completed a bachelor sewing project this year and made their club 140 per cent. They are planning on making this club 100 per cent.

ON THE AIR

Station KOAC Extension Service of the Oregon State College 550kc

Thursday, April 14
7:00 a. m., Good Morning Meditations led by Rev. F. Harold Howard.
7:15, Setting up exercises, directed by Amory T. Gill.
7:30, Scanning the headlines.
10:00, Home Economics Observer; 10:05, Tomorrow's meals; 10:18, Food facts and fancies; 10:33, How and why of housekeeping; 10:47, The magazine rack.
11:00 Chat with the Weatherman.
11:10, Morning matinee.
12:00 (noon) Farm Hour; 12:10, In the day's news; 12:35, Market reports, crops and weather forecast.
1:00 p. m., Around the campus.
1:30, Organ program from Fox-Whitese theatre.
2:00, Homemaker Hour; 2:05, Reading in the Home; "The New Book Shelf," Leona Guthrie.
5:55 p. m., Market reports—second broadcast of wheat and livestock.
6:00, Fox-Whitese theatre organ.
6:30, Farm Hour; 6:31, In the day's news; 6:45, Spot market reports and weather forecast; 6:50, Market reviews—Butter, cheese, dairy feeds and feed grains; 7:00, "Forest Pests in the Garden," Prof. Bouquet; 7:15, "Oil Sprays in the Orchard Protection Programs for Oregon," B. G. Thompson.
7:30, Business institute of the air; "The Collection Letter," Graham M. Dressler.
Saturday, Apr. 16
7:00 a. m., Good morning meditations led by Charles L. Crumley.
7:15, Scanning the headlines.
12:00 (noon) Farm Hour; 12:10, In the day's news; 12:25, Market reports, crops and weather forecast.
1:00 p. m., Around the campus.
1:30 p. m., Market reports—second broadcast of wheat and livestock.
6:00, Dinner music.
6:30, Farm Hour; 6:31, In the day's news; 6:50, weather forecast; 6:50, Market reviews—wheat, wool, Portland livestock.

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