

OVER THE VALLEY

Mabel E. Morton, Valley News Editor
Phone: Residence, Main 999; Office, Main 600

THE CONFERENCE
The eighth annual economic conference to be held on Tuesday, Wednesday and Thursday of next week, February 10, 11 and 12, is undoubtedly the big thing on the calendar year for valley folks, town and country. The program is varied. Timely topics are to be discussed by experts and specialists. The women of the county will not only enjoy but profit from the conference hours, under the leadership of Miss Lucy A. Case and Prof. A. Grace Johnson of our state college. For the lines perhaps of more interest to the men, there is a long list of outstanding men to hear and confer with. Plan now to attend the three days, men and women of Union county.

His Guests
Mr. and Mrs. Ray W. Omsdale and their three daughters spent the week-end with Mrs. Omsdale's mother, Mrs. Minnie S. Omsdale, of the Cove. They came from Pendleton Thursday afternoon and returned home Sunday afternoon so that their daughter, Lyle Ingram, may be in school. Lyle, being a maximum student, was exempt from all but two subjects in the mid-year examinations, this giving her a day's vacation.

To Arlington
Gilbert Courtwright of the Riverside district drove to Arlington last Friday to look up some new business. Mrs. Courtwright feels that this would be a good time to have a little vacation from her lively family, including the triplets and two other little folks. They were gone Friday and Saturday and Mrs. Gene Butler of Union went out to the ranch and managed things while they were away.

Have Day Together
Mrs. George Gray Sr., of lower Cove, and Mr. and Mrs. W. B. Jasper, of the sidehill road near La Grande, spent the day Saturday at the H. A. Teutsch home in La Grande. Mrs. Gray and Mr. Jasper, who are brother and sister, are cousins of Mrs. Teutsch.

Mrs. Case at Imbler
In the series of community meetings being held at various county centers this week, it is being announced that all the women of Imbler and vicinity will meet at the high school Friday afternoon at two o'clock to hear Mrs. Sarah V. Case, home demonstration agent of St. Helena, Oregon. Mrs. Case is a very remarkable woman, according to reports sent out from the state college and all who can possibly do so, are urged to plan to attend. Mrs. Frank McKennon is chairman of this meeting.

Weekend at Home
Miss Esther Blokland came home from Wolf Creek Friday and visited over Sunday with her mother, Mrs. Mary Blokland and family of near Island City.

Home from Portland
Mr. and Mrs. Earl Courtney of May Park have returned home from Portland where they went ten days ago, following Mr. Courtney's accident in which he lost all five fingers of his left hand in addition to other injuries. Their baby, who is ill of pneumonia at the Grande Rouge hospital, is reported to be doing quite well now.

Refugee
Miss Edna Ledbetter returned yesterday to her teaching duties at Weston after a few days visit at her home near Alice. Miss Margaret Baker, also teaching at Weston, was home for the weekend, too.

Give Dinner
The Misses Mae Hileman, instructor in the Cove high school, and Margaret Hubbard, student at the East-

A SEASONABLE RECIPE

DARK NUT BREAD

1 cup brown sugar
1 cup butter
1 cup water
1 cup molasses
1-1/2 cup milk
2 cups graham flour
1 cup white flour
1 teaspoon salt
1 teaspoon baking powder
1 teaspoon soda
1 cup chopped nuts
Dissolve the sugar and fat in the hot water, add molasses and milk. Have dry ingredients well mixed and add to the wet mixture. Add nuts and bake one hour.

ON THE AIR

Tuesday, February 3
12-1 p. m. Farm program: 12:10. In the day's news: 12:30. Market reports, crops and weather forecast: 2:30-3:30 p. m. Around the Campus: 2:30-3:30 p. m. Home-Made Hour: 3:30-4:30 p. m. Countryside: 3:30. "Watrous Suggestions for the Limited Income": Margaret Brew: 3:30. With Uncle Sam's Naturalists: 3:30-4:30 p. m. Home Garden: 3:30. "Shall We Have Highway?" Mrs. Jack Murphy: 3:30-4:30 p. m. Farm Program: 4:30. In the day's news: 4:45. Market reports, crops and weather forecast: 5:15. "Suggestions for Spring Grain Planting": D. D. Hill: 5:15-5:45 p. m. Poultry Husbandry Course, Lesson 14: "Market Poultry": Prof. A. G. Lamm.

Wednesday, February 4
12-12:30 p. m. American Legion organ program from Whiteside theatre: 12:30-1 p. m. Farm Program: 12:10. In the day's news: 12:30. Market reports, crops and weather forecast: 2:30-3:30 p. m. Around the Campus: 2:30-3:30 p. m. Home-Made Hour: 3:30-4:30 p. m. Countryside: 3:30. "Watrous Suggestions for the Limited Income": Margaret Brew: 3:30. With Uncle Sam's Naturalists: 3:30-4:30 p. m. Home Garden: 3:30. "Shall We Have Highway?" Mrs. Jack Murphy: 3:30-4:30 p. m. Farm Program: 4:30. In the day's news: 4:45. Market reports, crops and weather forecast: 5:15. "Suggestions for Spring Grain Planting": D. D. Hill: 5:15-5:45 p. m. Poultry Husbandry Course, Lesson 14: "Market Poultry": Prof. A. G. Lamm.

Thursday, February 5
12-1 p. m. Farm Program: 12:10. In the day's news: 12:30. Market reports, crops and weather forecast: 2:30-3:30 p. m. Around the Campus: 2:30-3:30 p. m. Home-Made Hour: 3:30-4:30 p. m. Countryside: 3:30. "Watrous Suggestions for the Limited Income": Margaret Brew: 3:30. With Uncle Sam's Naturalists: 3:30-4:30 p. m. Home Garden: 3:30. "Shall We Have Highway?" Mrs. Jack Murphy: 3:30-4:30 p. m. Farm Program: 4:30. In the day's news: 4:45. Market reports, crops and weather forecast: 5:15. "Suggestions for Spring Grain Planting": D. D. Hill: 5:15-5:45 p. m. Poultry Husbandry Course, Lesson 14: "Market Poultry": Prof. A. G. Lamm.

MISS LUCY A. CASE

Nutrition Specialist

Rather than coming to Union county next week as a stranger, when she appears on the program of the eighth annual economic conference, Miss Lucy A. Case, nutrition expert from the extension staff of the state college, comes as "one of our own folks." Miss Case has been coming to this particular section of Eastern Oregon for several years giving the demonstration in her particular field, that of nutrition, and she has made all over the county many friends who will be happy to know that she is one of the conference speakers. All of the state's friends and acquaintances will take special care to hear her at this time. It is asserted, inasmuch as this will doubtless be her last visit to Union county. In the future her expert services are to be almost entirely confined to those counties where a home demonstration agent is employed—where a year-round program is in effect.

Miss Case will be in La Grande on the opening day of the conference, Tuesday, February 10. She will speak on the subjects, "Vitamins, the Human Spark Plugs," "Economic Meals," and "Common Mistakes in Feeding Children."

Miss Case is a graduate of the University of Wisconsin and holds degrees from Columbia University and the University of Minnesota. She has had six years teaching experience in high schools of Connecticut and New York. She was brought up on a dairy farm in the midwest and has had eight years of housekeeping experience. During the past six years as nutrition specialist in Oregon she has met with groups in most parts of the state.

"The greatest asset any family can possess in its program of economy is health," according to Miss Case. It is her judgment that many people in Oregon do not yet realize the importance of dairy products and fruit and vegetables as basic foods for health. She also believes that many Oregonians do not realize how fortunate they are to be living in a state where these foods which are the most essential to health and growth are so easily produced through so many months of the year.

patient at Hot Lake for several weeks. There seem to be no encouraging reports of her condition.

Spends Sunday
Mr. and Mrs. Henry Loening of Muddy Creek drove into the valley Sunday and spent the day with her relatives. They were accompanied home by her brother, Lyle Ledbetter, who will spend a few days of his period of recuperation at his sister's home.

Lambing
C. E. Lawson, and his men, on the Union-Cove highway are busy this week caring for their lamb crop that is arriving a little ahead of schedule. Mr. Lawson has only 300 head of ewes but finds that they can keep a man busy enough.

Doing Well
Mrs. Irene Geiger of Indian Creek is doing nicely after her operation last week. She returned yesterday to her home.

More New Clubs
The last of 4-H home economics clubs, sent out from the office of county superintendent of schools, B. J. Baker, is being organized at Union.

Report of Union County Grain Growers
E. H. DeLong, president, W. A. Buchanan, secretary.

Substituting Other Crops for Wheat
E. E. Jackson, O.A.C. Crops Specialist.

1931 Suggested Farm Crops Program
For Union County, H. G. Avery, Recommendations of Crops Group.

Horticulture, February 11
H. H. Weatherpoon, Chairman.

Fruit Outlook in 1931
O. T. McWhorter, O.A.C. Horticulture Specialist.

Producing and Marketing Apples at Present Prices
H. H. Weatherpoon, Chairman.

Cherry Marketing Through the Cove Pool
L. Lantz.

1931 Fruit Program
To be drawn up by recommendation of horticulture group.

Poultry, February 11
Frank Webb, Chairman.

New Information on Poultry Production
H. E. Cosby, O.A.C. Poultry Specialist.

The Local Egg Market
Frank Webb, President of Uveco Association.

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Abortion Control in Dairy Cattle
Dr. W. E. Thistlethwaite, B.A.I. Inspector.

A. Sayre, keeps growing and now the list of active clubs of this character in the county is quite a sizable one. The new clubs are reported today as follows:

Imbler Sewing Club
President, Marjorie Perry; v. president, Bernice Johnson; secretary, Mary Richardson; local leader, Thelma Lloyd.

There are fourteen members in this club.
Seaside Sewing Club of Willow School
President, Della Mae Williams; v. president, Emma Baum; secretary, Ella Berry; local leader, Mrs. Della Berry.

There are six members in this club.
Island City Handicraft Club
President, Thomas Blackman; v. president, Earl Herman; secretary, Richard Bouquet; local leader, Howard Bouquet.

There are sixteen members in this club.
Grange Play
The name of the home talent play that the young folks of Pleasant Grove are preparing is "Happy Valley." Those last night are Virgil Sanderson, Ernest Bush, Gaston Sion, Emory Oliver, Bill Fries, Leona Fries, June Frizell and Bernice Johnson. With the exception of one member, the cast is the same as for the play "Deacon Dubbs," presented so successfully last spring. W. L. Swearingin is coaching the play. John Lewis is business manager. No definite date has been set although it is stated the time will be somewhere around the first of March. More particulars will be given later.

To Entertain Club
Mrs. Isaac Shaffer will be the hostess to the Parkdale club Wednesday at her home near Island City.

Returns Home
Mrs. Arch Burford of High Valley has returned to her home after having spent two weeks in Union caring for her sister, Mrs. Guy Church and the new baby, Robert Keith.

Moving to Meacham
Mr. and Mrs. Chick Cleaver and their two children are moving the first of this week from the home at Imbler to Meacham where they will make their future home. Mrs. Cleaver has been the Observer correspondent at Imbler and her services will be missed until her successor shall have been selected.

Entertain Mother
Mrs. Forrest Scroggin of Hot Lake neighborhood had for her house guest a party of last Friday with Mrs. Wesley Andrews, of Baker.

Give Dancing Party
Mr. and Mrs. Ted Elvalson gave another dancing party at their home in High Valley last Friday with a splendid crowd and a good time reported.

Visiting Relatives
Mrs. Carrie Martin of North Bend has been visiting with relatives and old friends at Imbler.

Guests at the home of Mr. and Mrs. Paul Knauts and daughter, Lillian, in the Iowa district Sunday, were his sister, Mrs. Ronald Eberhard of Portland and Mrs. Baynton, also of Portland.

To Baker
Will Vogel and his sheep-herder of near Union, who have been in the valley since Friday, are looking ahead to summer pasture for his big band of sheep and want to see about his usual range permit.

Have New Club
A group of women of Island City have recently organized a new club for which they have chosen the name of "The Cheerio Club." All the details for the organization have not as yet been worked out, but at the initial meeting, held last week at the home of Mrs. Garrett Blokland, plans for meetings and projects were discussed. Mrs. Blokland entertained the group at a lovely luncheon and the afternoon was spent sewing as the plans were talked over.

Grange to Meet
The regular meeting of the Blue Mt. grange will be held tomorrow at the hall with dinner to be served at noon.

Widening Road
The work of widening the Catherine Creek market road to Medical Springs and taking out some of the dangerous curves is progressing steadily, according to W. W. Stevens, county commissioner. They have ten men at the right of way over the mountain toward Medical Springs. The road is being straightened and will go through heavy timber when completed. Ten more men are widening the road between the C. L. Caldwell ranch and they are also taking out the sharp curves. It will require about three months to complete the work and present indications are that the road will be almost ideal when the improvement is completed.

Moves Cattle
Mike Morris moved his cattle from the Leonard Huffman place in Pyle's canyon to the valley last week and will feed them on Will Vogel's ranch for the next two months.

Another Birthday
We have forgotten just how many birthday parties they have had recently in the Moss family. We remember we were told they were going to have a party on every birthday and for some time we have had one most every week. Sunday it was Irwin's turn and the clan all assembled at the home of Mr. and Mrs. James Moss in La Grande for a monstrous chicken dinner to celebrate his birthday anniversary. Those present were Mr. and Mrs. James E. Moss, Mr. and Mrs. Will Adler and daughter, Genevieve; Mr. and Mrs. Ray Fuller and son, Dickie; Mr. and Mrs. Irwin Moss and daughter, Janice; Miss Bertha Wabinger; Mr. and Mrs. Tom Wallinger and Tom and Harold and Frank Thorpe.

Herds Do Well
Fourteen members of the Pine-Ridge Dairy Herd Improvement association have been placed upon the national honor roll of the National Dairy association. This honor is in recognition of the achievement of developing a herd of 300 pounds of butterfat during the testing year which ended June 30, 1930.

Sell Fat Lambs
Sixteen decks of lambs will be loaded today by Johnson & Franklin and Dobbin & Butler and shipped east. Each ranch will furnish 1,000 lambs, or eight decks. The two ranches have been feeding 700 lambs this winter and this is the first sale and shipment. The price was a shade over 6 cents and paid the cost of feeding with a small margin over.

O. V. Culp of Salt Lake City, Utah, was here last week and made this purchase, which is for the heavier lambs in the two feed lots. E. V. Snow came to receive and load the sheep. Part of them will go direct to the eastern slaughter houses, and part will be held in feed lots in Colorado, and will go to market later.

For some years these ranches have fed many lambs and cattle. This winter they have handled more than the average number of lambs but not so many cattle. — Enterprise Record-Chief.

Organize New Club
A new 4-H club has been reported and this time from High Valley. They met last Friday at the home of Mrs. Arch Burford and organized for a camp-cookery class. They had previously received their necessary papers and ten members signed up for the club. This club is unique in that the other half is four girls and their teacher, Miss Ruth Smalley. Mrs. Arch Burford will be their leader and they plan to hold their meetings on Friday. They chose for their president, Merline Weighal, vice-president, Mrs. Alexander; secretary, August Haefel, song and yell leader, Howard Burford and chairman of the program committee, LeVon Burford.

Coming Fine
Lawrence Long of Cricker, Brit. who has been laid up with a broken leg for the last ten weeks, or maybe more, is doing splendidly, according to reports. He made a trip to La Grande last week when the cast was removed and the bones found to be knit properly and getting stronger.

Entertain
Mr. and Mrs. John Dean of lower Cove had for their guests last Wednesday evening the members of Cherry Chapter of the Eastern Star of Cove. Since their hall burned during the fire of last week, the members held in the home of the members, Mrs. and Mrs. Dean are both quite active in Star work. Mr. Dean being a past worthy patron.

Sell Property
Mr. and Mrs. Loring W. Perkins of Haines were in the valley last week and closed a deal in which they disposed of their property at Union. A. C. Murray. The house has been occupied by Charles Kornegon for several years.

Her Great Adventure
Betty Ann Blokland, that interesting little daughter of Mr. and Mrs. Milo Blokland of Island City had a "first" experience the other evening—she that most youngsters have, we believe. It was not only thrilling for her but it gave most of the residents of Island City a thrill too and the whole town was out looking for her for she was lost. That is she was lost to her folks and the neighbors, but she was not lost so far as her own little head was working. For wasn't she going to her grandfather's? No matter if it was something after five and getting dusk, she decided she wanted an adventure and she had it. The search for her continued for some little time, until her doting grandfather, Lee Smith, heard her tiny voice calling for him to let her through the fence. And then wasn't everyone happy!

Pleasant Grove Grange
Pleasant Grove grange, at its next meeting, Saturday, February 7, expects to have a "big" time. There will be a good program, a feed, a newspaper and a Valentine box. All members are asked to bring a Valentine with them. Those editing the next edition of the "Root and Holler" are: local news, John Lewis; jokes, Vesta Frizell and Merte Lewis; want ads, Will and Mabel Bull; for sale, Jim Woodell and Charles Rocklin; editorial, Frank McKennon; poems, Arden Frizell and Eileen Bull. Each one will contribute his share. After the meeting the members may join in old time dancing if they wish.

arranged for the evening followed the plan of a school of other days with Miss Dorothy Smutz acting as the teacher. The program was very clever and occupied all the time until noon, when school was dismissed and the lunch served. The pairs of lunch were sold to the "boys" each "boy" eating with the "girl" who had prepared it. The February program will be announced soon.

Makes Rifle Team
Two weeks ago we carried a story about Vernal Shoemaker, son of Mr. and Mrs. R. L. Shoemaker, a student at the university who was trying out again this year for the rifle team. The announcement was recently made that Shoemaker had made the first team and yesterday they entered the ninth corps area intercollegiate gallery rifle matches, competing with eight teams in various parts of the United States.

New York—Italian anti-Fascist newspaper, Nuovo Mondo, publishes statement that Mussolini ran down and killed child.

that Baby is well nourished. His menu today, doctors say, demands not only calories but vitamins! Priceless vitamins that laugh at winter ills and winter chills—that protect His Chubby Highness during the indoor, sunless days that mothers dread. v Doubly wise is the mother who puts her cereal-faith in Carnation Wheat... "the sunshine food." More than a hot, nourishing cereal—it is The Vitalizing Cereal. Whole wheat with the health-heart left in; energy-rich; mineral-rich; vitamin-rich! Food-protection in tasteful, flaky form—for baby's "better breakfast."

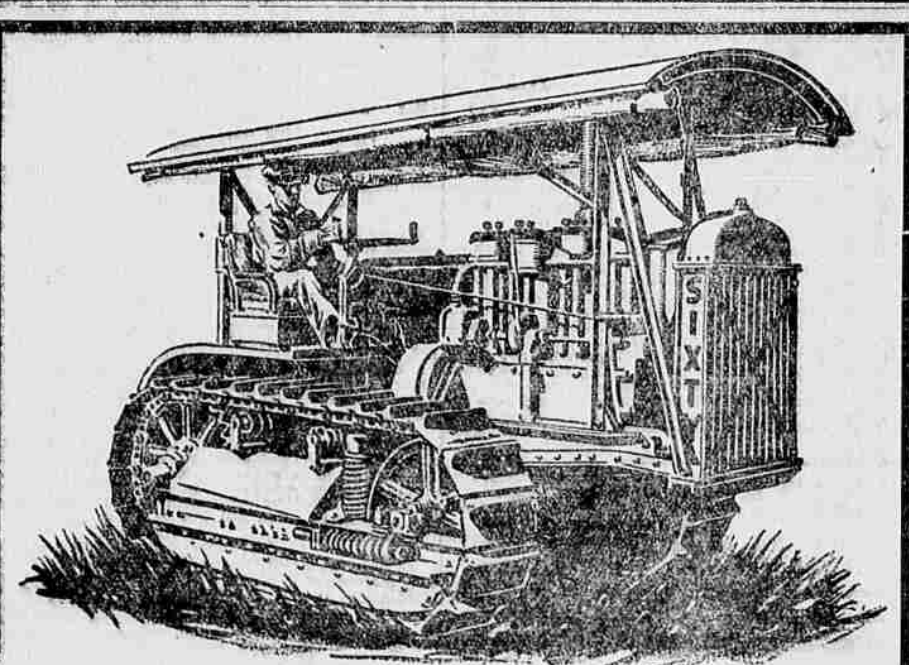
Plump, golden, sun-filled grains... steamed and rolled into creamy, water-thin flakes... Carnation Wheat brings to your breakfast bowl all the health-heart of the wheat with its precious vitamins; bran, the regulator; carbohydrates and fats for quick-to-use energy; proteins for bone and muscle; minerals for rosy cheeks and robust bodies!



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WHENEVER POWER IS NEEDED
A "Caterpillar" Tractor can haul a gravel plant into position and then operate it. It grows the corn for the ensilage cutter and then fills the silo. It operates the threshing machine, the Diamond drill, or the pile driver. Call it a portable engine, if you will—it walks over almost impassable country to places where power is needed—it is always ready to move with its load to a new location.



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REG. U.S. PAT. OFF.

GOLDEN DAYS BY EVANS
For BROOMFIELD & RICHARDSON

1 PA BURNED HIS MOUTH WITH THE SOUP.
2 THAT'S WHAT HE GETS FOR NOT TASTING IT FIRST TO SEE IF IT'S HOT.
3 OW-W

The test—that's what counts! All the talking in the world won't make you warm. King coal in your furnace will, though. Absolutely!

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