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Ye are a chosen generation, a royal priesthood, a holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of the darkness into his marvelous light: Which in time past were not a people, but are now the people of God; which had not obtained mercy, but have now obtained mercy.—1 Peter 2:9, 10.

THROUGH EIGHTY YEARS (Reflections of an Octogenarian)

Doubt is largely the sneer of inexperience. When one has watched eighty feathers drop from the moulting wings of time, every New Year strengthens faith in the generousities of Providence and the capacities of men.

Those of us who were privileged to live and work through the fourscore years that measured half the entire life span of the nation have witnessed too much attainment to discount further possibilities.

Personal memory bridges the gap from pony express to telephotography. It stretches from wooden frigates to flying monsters. It recollects Rockefeller's humble start, Carnegie's modest beginnings, and the national shriek of protest when Seward was "swindled" into paying seven millions of dollars for the "worthless" Alaska peninsula.

Eighty years ago Bell had not yet invented the telephone, nor Edison the incandescent arc, nor Brush his electric motor. America had not heard of antiseptics, nor paved country roads, nor sanitary plumbing, nor blight prevention, nor cold storage, nor pure food laws, nor x-rays, nor block signals, nor widows' pensions, nor packing-house inspection, nor workmen's compensation, nor protected watersheds.

Just a lifetime ago was a period which delivered orphanage children into bondage; which imprisoned poor debtors; which carried "gold-brick" and "green-goods" circulars in the U. S. mails, and permitted the operation of banks and insurance companies without state or federal inspection.

Typhoid, scarlet fever, yellow jack, and malaria roamed from coast to coast—physicians neither knew their cause nor understood their cure. Smallpox and diphtheria were expected annual visitors in every community. Doctors and dentists practiced without the formality of training or diploma. Soothing syrups were loaded with morphine, and habit-forming drugs sold without even a prescription.

Such were the "good old times" of which certain folks prate. But not we, who endured their crudities and beheld their cruelties.

Common labor received \$1 per day. Skilled store clerks averaged ten dollars per week. Thousands of towns had no sewer. Running water was a rich man's luxury.

The diversions of the average family were an occasional basket picnic, a hired-buggy ride, a circus or a traveling show; where now it owns a radio, a talking machine, and an automobile, and attends ball games, talking-picture theaters, and takes a week-end motor trip.

Household work was back-breaking toil. Women dunned at the tubs, canned winter supplies, cooked, baked, darned, and sewed from dawn to dark, without the boon of electric washing machines or vacuum cleaners, or electric irons, electric heaters, and electric refrigerators.

Millionaires and noblemen could not procure, with all their wealth and power, half the safety or enjoyment or ease that the average run of wage-earners now command.

The best times that the world ever knew are HERE NOW—and common property, at that.

Any imagination that does not view tomorrow with eagerness and confidence is an ingrate to heritage and opportunity. What may not be still expected of a land that has generalized so much comfort, so much convenience, so much enlightenment in the space of a single lifetime! No pessimistic mind can quell red-blooded enthusiasm or halt plans based upon expectation of continued prosperity and limitless progress.

Every look behind heartens one to push boldly ahead. There is not a cloud in sight that waiting brooms cannot brush away.

Happy New Year!
Adapted from David May in Sunshine Magazine.

Each of us knows himself better than the world can possibly know him. Each of us is inclined to deceive himself more or less at times, and is apt to forget the harmful things of his life. But we can know ourselves if we will.

G. B. Shaw says that all Americans worth knowing go over to see him. And no doubt the people worth knowing are a unit in admiring Mr. Shaw's taste.

A great many of the rugged sons of pioneer fathers venture out with one window of the car dropped nearly half-way down.

The only crooked advertising that ever paid was the Leaning Tower of Pisa and Harry Lauder's walking stick.

Chats With Parents

WHEN HE WON'T TAKE "NO"

By Alice Judson Peck
Everybody knows the child who refuses to take "no" for an answer. Who teases and teases for a privilege or a toy after it has been definitely refused.

It is a trait which is not only particularly irritating to adults, but undesirable also in the child's development.

Watch some mother whose child behaves in this way and you will readily discover that the principal difficulty comes from the fact that she sometimes says "no" when she really means "yes." You will find, too, that in sheer desperation such a mother gives in after a siege of teasing.

Children, like all other human beings, will persist in trying to get what gives them pleasure if there is even a remote possibility of success. Say "yes" to a child one or twice after you have said "no" and you have set a precedent for the pleading habit, which may take months to cure.

The moral is that we should never deny a child any reasonable satisfaction; but, having once definitely decided that a certain pleasure is out of the question, no amount of importunement to ourselves should make us change our stand.

Occasionally, of course, circumstances arise which quite properly change "no" to "yes." The youngest child will recognize the change of mind that comes because mother has followed the line of least resistance and that caused by reasonable consideration of a new factor.

The first step in curing a child of wheedling is to say "no" only when you mean it and then stick to it. A mother must be able to discipline herself before she can successfully discipline her child.

Health Talks

PNEUMONIA

Pneumonia is one of the leading causes of death and medical science is making a many-sided attack upon it.

The infectious nature of the disease is being more extensively appreciated and, in consequence, better efforts are being made to locate the source and thereby to prevent the spread of the disease among the healthy individuals who are liable to come in contact with the afflicted person.

This quarantine measure has in itself proved effective in the reduction of the spread of pneumonia, particularly in congested communities.

The clinical treatment of pneumonia has also been subjected to a number of careful studies, with productive results.

In recent years, progress has been made in the use of an oxygen-rich atmosphere in the treatment of pneumonia.

The nature of the disease process as such, has also been subjected to critical study. Though commonly known as an acute disease, pneumonia has a variety of forms and is caused by many different types of the so-called pneumococcus germs.

Some progress has been made in the treatment of a series of cases by the treatment of different types of pneumonia.

Further efforts to curtail the disease are being made along chemical and physical lines. The use of electric currents upon the disease process as it affects the lungs has also been the subject of experiments.

Most of these studies are still in the experimental stage. Certain of them may prove of permanent value, others upon further study, are liable to prove false hopes.

IT ISN'T SO!
Many a catch-phrase coined to express an alleged health fact is nothing more than a counterfeiter.

Fish is a brain food, is one such phrase. But it isn't so, not any more than any other essential food.

Tomatoes do not thin the blood. Tomatoes do not cause cancer. Tomatoes, as a fact, are a desirable dietary article, containing vitamins A, B and C. They also contain calcium, phosphorus and iron.

Brown eggs are no more nutritious than white ones. The difference is only in the pigmentation of the shell. An egg eaten raw is not more digestible than a cooked one.

Acid fruits do not cause rheumatism. Red meat is no more harmful than white. To the healthy person both are useful—the sick person may be required to eliminate both from his diet.

Fruits eaten at night are not poisonous. Acid fruits may be eaten with milk or cream. Water may be taken with the food has been hot down. Even then harm is not certain to follow.

There are no poisonous combinations of foods. There are preferable ones, combinations which give dietary balance, good taste, and ease of digestion.

Most of these prejudices arise from isolated experiences upon which the uncritical have generalized. Food sensitiveness, by which is meant a peculiar intolerance of a single or a group of foods, is a new phase of medical science. That it exists has been well-established, but it represents a unique rather than a general condition.

Individuals will do well to observe what foods disagree with them and to avoid them. But one may not justly condemn that food or food combination.

NO OLD PRAYERS
The author of these prayers gives to their composition much care and thought. He writes a new prayer every day and it is a matter of pride with him that in all his 10 years of service he never has repeated.

Although the morning period of devotion in the house requires only and from one to three minutes, Dr. Montgomery often spends more than an hour in preparing the prayer.

They are written in the morning, just before the house seasons, in the quiet of the study in his home. His one guide to their composition is the belief: "What I feel that I need, so must those for whom I pray."

Over Night News

(By The Associated Press)
Washington — Senate wets muster 28, their largest vote, but are defeated in effort to send Howell dry bill back to committee.

New York — Attorney for owners of Canadian vessel Josephine K. says ship was outside 12-mile limit when coast guard shell killed captain.

Chicago — Policeman, civilian and one robber wounded in \$19,000 department store hold-up, seven negro high school students wounded when two classmates fight gun duel over 25 cent loan.

Chicago — Unnamed woman donor provides funds for excavation of ruins of Persepolis, capital of Emperors Darius and Xerxes, by University of Chicago archaeologists.

Jersey City — Former United States Senator E. J. Connelley committed suicide, left note to daughter saying goodbye and telling where to find insurance and other papers.

Baltimore — Bandages removed after operation to restore sight of Booth Tarkington's left eye.

New York — John D. Rockefeller Jr. gives \$250,000 to Red Cross drought relief fund.

Clark Wood Says

Having gone to Mount Wilson to study the general appearance of celestial bodies, Doc Einstein evidently figures that Hollywood stars are "not so hot."

To her own self, it seems, is Daisy Devoted.

The fact that the Soviet is aiming at world peace need disturb nobody, as it has never yet been able to make a hit.

A Cincinnati beggar is found to be making \$50 a day, but there's danger this profession becoming overdone.

In the glad day when wheat sells again at ten a bushel, it shouldn't be forgotten so soon that it has sold at fifty cents.

Democratic congressmen are demanding that the house impeach but it is only with slight hope of its adoption that we suggest the Golden Rule.

In the Latin American political race, he who runs last runs best.

VANK RECRUIT STARS IN PRO CAGE GAMES
BIRMINGHAM, Ala. (AP) — Ivy Paul Andrews, on whose right arm the second guessers say the New York Yankees staked \$25,000, is burning up the baseball league here as a player and manager.

"Poison Ivy" plays center on his basketball team and is one of the stars of the league. He is a dead shot, and about his size, he weighs 195 pounds, and passes with the same speed with which he serves them up on the mound.

Andrews, now 22, started his basketball career with Meridian in the Boston States league in 1929. He then went to Mobile in the Southern association. The Yankees bought him for a price reported at \$25,000, a record in the league.

AWARDS LETTERS IN CLASS GAMES
ATLANTA, Ga. (AP) — An experiment with intra-century athletics as a substitute for intercollegiate basketball will be tried at Oglethorpe university here.

Dr. Thurnwell Jacobs, president of the college, said the new plan has been given a four-month trial, and if successful, will be made permanent.

We hope every student in the university will take part in this program of athletic endeavor," the president said.

An athletic letter will be awarded to all completing the required work, and one scholastic credit also will be given. No student may earn more than one credit a year through sports, and not more than four in all.

The varsity coaching staff will be in charge of the contests in basketball, boxing, wrestling, swimming, track, baseball, fencing and football.

DINE CENTERS TOWER
ATLANTA (AP) — Four centers in the Southern conference basketball race this season are doing their playing more than six feet three inches from the floor. They are Crossley, Duke, Williams, Washington and Lee; Hood, Alabama, and Cameron, North Carolina.

FIND ERROR IN POSTAL GUIDE
ROCK FORT, Mo. (AP) — Residents here have found an error in Uncle Sam's postal guide. In the guide it's Rockport, Mo., but the name was changed a few years ago to Rock Fort, to minimize confusion with Rockport, Mo.

HER FISHING EXPENSIVE
FORT LAUDERDALE, Fla. (AP) — If Thomas, woman fly-casting champion of Washington, should catch lots of fish, taking out a Florida license, she listed fishing tackle valued at \$1,000 and a red at \$125.

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SEE THEM IN THE WINDOW DISPLAY

The News Used To Be:

TWENTY-FIVE YEARS AGO
(From Observer, Sat., Jan. 27, 1906)
The institute today were: R. A. Wilkerson, S. N. Ayers, Blanche McMurtry, E. M. Snider, Rachel Turner, Helen C. Bork, Gertrude Mitchell, Mertie Aldrich, Mrs. J. M. Martin, Mrs. E. A. Wilkerson, Cecil L. Riggs, Nellie G. Neill, Alice McKinlay, Mabel Williams, Ivy Williams, Bessie Riggs, Evelyn Roberts, J. M. Martin, Susie Deal, Florence Harris, Mae Wenham, Carrie Huff, Bessie Goodnough, L. A. McBride, H. J. Hockenberry, Susie McClroy, Alta Chambers, T. L. Williams and Lizzie Noble.

Considerable hay is being shipped from the Nodine spur by the sugar company.
Deputy Sheriff Tom Johnson went to North Powder today on official business.

TEN YEARS AGO
(From Observer, Sat., Jan. 29, 1921)
John P. Birney, county road master, accompanied by Mrs. Birney will leave in the evening for Everett and Seattle, Wash.

The Presbyterians here have busy the past week making some much needed repairs and general cleaning of the interior of their church.

ONE YEAR AGO
(From Observer, Sat., Jan. 25, 1930)
The Agricultural Economic conference to begin in La Grande Monday morning offers the best program in its history.

Two severe fires, one destroying the Lamar Westensko apple warehouse near Imbler, and the other the Burr Slack home near Summerville, caused heavy losses to the two owners yesterday and today.

Radio Programs

WEDNESDAY PROGRAMS
National Broadcasting Co.: 5, Bobby Jones; 5:15, musical programs; 5:45, news; 6, music, little symphony orchestra; 6:30, popular songs, semi-classic; 7:30, Grandland Rice; 8, NBC; 8:15, music, features; 11, NBC.

Ames and Andy: 8:15, Pleasure hour; 9:15, drama program; 9:45, Modern Melodists; 10:30, Nomads; 11, dance hour.

Columbia Broadcasting system: 6, Fast Freight; 6:30, novelties; 8, dance music, popular program; 8, symphony; 10, answers, dance music.

Northwest Broadcasting system: 5:40, markets; 5:50, tenor; 6, orchestra, talks; 6, bridge lesson; 8:30, novelty; popular melodies; 9, concert orchestra and soloists; 10, sunshine program; 10:30, organ; 11 to 3, dance music, songs.

Seattle
KJR (770): 5:40 to 3 a. m. NBS programs.

Oakland
KGO (760): 5 to 12, NBC programs; KLX (880): 6, concert duo; 7, news; 7:30, musical programs; 9, novelty trio; 11, orchestra program; 11, classical recordings; 11:30 to 12, dance program.

Spokane
KHQ (590): 7 a. m. Town Crier, news, Start of Day; 8, Happytime; 9, Lumberjacks, Norman and Walt, Betty Crocker; 10, Charles Wellman, Mary Hale Martin; 10:30, Woman's Magazine; 11:30, organ; 12, talk, western farm and home program; 1, band music, farm markets; 1:30, school of the air; 2:30, musical programs; 3:15, pianist; 4, service program; sports; 5, NBC; 9:15, studio; 11 to 12, dance orchestra.

Tacoma
KVI (760): 9, studio; 10, orchestra program; 11, CBS; 12 to 1:30, Musical Club.

Salt Lake City
KSL (1130): 5, NBC; 5:30, concert; 6, NBC; 9:15, entertainers; 9:30, studio; 10:30, music; 11, pipe organ.

Denver
KOA (830): 5, NBC; 9:15, orchestra; 10, NBC; 10:30 to 11, organ.

San Francisco
KPO (680): 5:45, news; 6, smiles program, Henry Starr; 7, popular music; 8, children's play, tenor; 8:30, novelty; 9:30, concert; 10, dance music; 11, Melodists.

KFRC (618): 6 to 1 a. m. CBS programs.

Los Angeles
KIU (900): 6, CBS, 10, news, dance music; 12 to 1, organ.

KNX (1050): 6, organ, theatre program; 7, Watanabe and Archie; 7:15, science, talk, features; 9, Serenaders; 9:30, Ethel Duncan; 10, Wranglers; 11 to 12, organ.

KFI (640): 5:45, stock markets; 6, only 600 at.

Portland
KGW (620): 5 to 12, NBC and musical programs.

KEX (1180): 8, orchestra; 8:30, NBS; 9, novelty program; 9:30, NBS; 10:30, organ; 11, NBS.

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1-26-31.

FOR YOUR CANARY
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1-26-31.

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If Getting Up Nights, Backache, frequent day calls, Leg Pains, Nervousness, or Burning, due to functional Bladder Irritation, in acid conditions, makes you feel tired, depressed and discouraged, try the Chinese Foot Works fast, starts circulating thru the system in 15 minutes, treated by thousands for rapid and positive relief. Don't give up. Try Gyater (pronounced Gya-tay) today, under the red-Clad Guarantee. Must quickly play these conditions, improve test of sleep and energy, or money back, only 60c at Red Cross Drug Store.—Adv.

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