

LOCAL BRIEFS

Pierce in Portland— There is a library of 4000 books in the home of Walter M. Pierce, which is a few miles outside the town of La Grande, Union county. The ex-governor is an inveterate reader, and there is no professional book reviewer in Oregon who is more abreast of the newest publications than Mr. Pierce. He rarely travels without a few books in his handbag, and if there is no one to can engage in conversation on the state of the nation and the gloomy outlook for agriculture, he buries his nose in a book and keeps his mind fresh. Mr. Pierce popped into Portland yesterday, as in his manner when there in politics brewing. He paused long enough to observe that heavy rains in Union county damaged considerable hay. — The Oregonian.

At the Hotels— Among those registered at local hotels are: Mr. and Mrs. W. E. Evans, Glendale, Cal.; Mr. and Mrs. O. J. Sand, Portland; H. W. Overmeyer, Walla Walla; E. H. Daily, Los Angeles; Mrs. Audrey Harrington and two daughters, Walla Walla; E. A. Buskirk, Pendleton; Mr. and Mrs. F. C. Kennaly, Boise; Mr. and Mrs. J. Evans, and family, Crockett, Cal.; Ray Shields, Portland; A. R. Southard, Portland; W. N. Cornish, Brookers, Pa.; C. R. Lapp, Seattle; Mr. Rau, Portland; E. L. Baker, Chicago; R. H. Miller, Baker; Mr. and Mrs. C. D. Cline, Seattle; W. T. Day, Spokane; Miss Georgia Wright, Union; R. F. Crane, Portland; D. E. Doolittle, Fairmount, Minn.; Otto A. Sundquist, Portland; George A. Bagwell, Pendleton; L. R. Gardner, Pendleton; Ira King, Ontario; Harley Burns, Bend; Robert Miller, Bend; Emil Barnoski, Emmett; B. T. Cochran, Denning, New Mexico; Lewis May, Alcega; C. McDowell, Sammersville; Irwin Westenskow, Imbler; Mr. and Mrs. B. Daniels, Eureka, Cal.

From Ontario— Mrs. Otis Adams, of Ontario, was in La Grande last weekend visiting Mr. and Mrs. R. L. Reynaud.

Drove to Wallowa— Mrs. Eva Fouquette and two children, Virginia and J. Dean, Mrs. Frank Gildersleeve, Mrs. Ford Hawley and two children, Verne and Vera drove to Wallowa Sunday after spending a few weeks in this city. The others visited for a while in Wallowa and with Mrs. Ada Bennett at Minam and returned home in the evening.

Attend Meeting— Attorney Jesse Crum, of Elgin, was in La Grande Monday evening attending a meeting of the republican county central committee.

From Union— C. L. Caldwell, of Union, was in La Grande Monday on business and attending the meeting of the republican county central committee.

Baby Son— Willard George MacGregor Jr. is a new arrival at the home of Mr. and Mrs. Willard George MacGregor Sr., at 1504 Monroe street. He was born June 20.

Injured Arm— J. W. Collins, employe of the Eastern Oregon Light and Power company at the Cove plant severely cut the muscles of his arm with a butcher knife when he became tangled in some wire.

Returned Home— Mrs. Fredra Adams went home from the Grande Ronde hospital Sunday morning where she has been recuperating from an appendicitis operation.

From Dayton— Mr. and Mrs. S. Danton, of Dayton, Wash., and son, Jack, of Sandpoint, left Monday after visiting several days with Charles Royen, of this city.

Returned Home— Miss Dorothy Kirby, Edwin Kirby and Elmo Lindholm have returned from a weekend motor trip to Spokane.

Returned Home— Misses Ruth and Blanche Herzinger have returned from a two weeks trip to Los Angeles where they visited Mrs. Grace Wells and daughter, June, formerly of this city. They made the trip home by stage.

Shattered Elbow— Jack Cummins, seven-year-old son of Guy M. Cummins, of Elgin, fell from a ladder Monday evening and shattered his left elbow joint. He is at the Grande Ronde hospital receiving treatment.

Three Weeks Vacation— Miss Stefana Wandus is spending a three weeks vacation from her duties as head nurse at the Grande Ronde hospital. She went to Spokane last weekend and is now in Portland.

From Sumpter— Mr. and Mrs. F. W. Northrup, of Sumpter, were guests of Mrs. C. I. Steinsamp, of Island City, yesterday and today. They were delegates from the McQueen and Sumpter granges to the state grange meeting at Redmond, Ore., and are returning home today from a three weeks pleasure trip. Mr. Northrup is a prominent farmer and stock man in the Sumpter district.

Appreciates Responses— Word has been received in La Grande that Miss Marguerite Carney, blind soprano, who broadcasts from a San Francisco radio station, is very appreciative of the many responses she has received from her friends here, in letters and various other kinds of messages. Miss Carney is a stepdaughter of Mrs. Bessie Carney, assistant to Dr. A. L. Richardson.

Relative of Mr. Hewitt— Isaiah Cooper Hewitt, 76, who was fatally hurt in an automobile accident at Salem a few days ago was a brother of Harry W. Hewitt, of La Grande. Funeral services were held today. Mr. Hewitt was hit by a car driven by Ferdinand Mickenham, elderly motorist, who was arrested.

Major Operation— Joel Richardson underwent a major operation Monday morning at the Grande Ronde hospital.

Left Monday— W. C. Penland left Monday night for Portland where he will enter the veteran's hospital for surgical treatment.

Operation Monday— Cornelius DeGreeve underwent a major operation Monday morning at the Grande Ronde hospital.

Left the Hospital— Mrs. Charles Thornberg, of Kamela, who left the hospital Monday following an operation is staying in La Grande for a few days at the A. T. Milne home.

Flue Fire Today— The fire truck was called to Tom DeBorde's home at 1101 C avenue at 9:05 o'clock this morning to extinguish a flue fire. Damage was not heavy.

Few Days Near Union— Mr. and Mrs. R. A. Wilkerson have been spending a few days on a farm near Union.

On Business— R. P. Shields, assistant general solicitor of the O.-W., was in La Grande Monday on business.

To Baker— H. B. Parker went to Baker Monday on a business trip.

In Portland— Sheriff Jesse Breshears is in Portland this week on business.

Stopped Here— Bryan Minnaugh stopped in La Grande Tuesday on his way to Wallowa on a business trip from Pondosa. Mr. Minnaugh was a sophomore at the University of Oregon and a member of the Phi Delta Theta fraternity.

From Cove— Mr. Clark and Mr. Antles, of Cove, were in La Grande Monday evening attending the meeting of the republican central committee.

Here From Iowa— Mr. and Mrs. J. G. Love, formerly of Iowa, but now of Medford, Ore., visited in La Grande, Monday evening with several Iowa friends.

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Mr. Walker came to Umatilla county in 1878 and was occupied in the stock and grain business for a number of years. In 1879 he followed from Ontario, Can. He was born in Collingswood, Ontario, Feb. 29, 1852. Besides his widow, Lucille J. Bennet Walker, and his son Roy, he is survived by the following: John A. Walker, of Spokane; William Walker, of Wasco; Mrs. Charles Grant, of Durfur; Verne Walker of Klamath Falls; Hugh Walker, of Pasco; Mrs. Carl Dahl, of Gresham; Cecil Walker, of Brooklyn, N. Y., sons and daughters; John Walker, of Athena, a brother; Mrs. Agnes Thompson, Mrs. Robert Thompson and Mrs. William Vasey, sisters, all of Walla Walla. Mr. and Mrs. Roy Walker have been in Durfur since Saturday and will attend the funeral services there this afternoon.

To Eagle Valley— Mr. Claude Packett and two children, Lu Verla and Winton, Mrs. Paul Hansen and daughter, Mrs. Mary Geer and Miss Frances Richards left this morning driving up to Eagle Valley where they will spend about a week.

Returned to Pendleton— Miss Kathryn Peetz has returned to her home in Pendleton after visiting her parents, Mr. and Mrs. H. P. Peetz, during a three weeks vacation.

Scout Meeting— Boy Scout troop No. 3 will meet tonight at 7:30 o'clock at the Methodist church.

RUTH HITS TWO NEW YORK, June 25 (AP)— Babe Ruth hit his 25th home run of the season off George Buehler today in the third inning of the second Yankee-St. Louis game today. Bill Werber, who had just made his first major league hit, was on base.

The Babe hit his second home run of the game and his 26th of the season in the fifth inning with Holshauer in the box. He was the first man up in the inning.

First Game— R. H. E. St. Louis 4 1 1 3 New York 5 1 0 0 Batteries: Stewart and Ferrell; Wells and Hargrave.

UMATILLA COMMITTEE MEETS PENDLETON, Ore., June 25 (AP)— The Umatilla county republican central committee meeting here last night adopted a resolution urging Eastern Oregon members of the state committee not to pledge themselves with reference to selection of a candidate for governor. The resolution suggested the eighteen committeemen from Eastern Oregon confer on the matter.

The group agreed on a resolution endorsing federal development of Columbia River resources.

33 FILE GOLD CLAIMS VANCOUVER, Wash. June 25 (AP)— Although there has been little development of the property, 33 persons have filed claims on stakings in the hills near Crawford, where gold was discovered several years ago.

Belief was expressed that gold in paying quantities would be found.

COMPANY E WILL ARRIVE HOME AT ABOUT 9 A. M. (Continued from Page One)

the hillside, taking their imaginary foes by storm.

Audience Smaller— Because of the rain, early in the morning, the audience to the big demonstration was smaller than last year's, but the attendance was large enough to make the guardsmen now off to great advantage.

During the rehearsal for Saturday's sham battle, Corporal George Plank became a casualty and his part as a scout for the first wave had to be taken by a substitute. A golf ball was found on the parade ground, during a moment of rest and Bugler Ray Griffin was attempting to bat the ball with the butt of a rifle. Although the rifle made an awkward golf club, Griffin made a hole-in-one, placing the ball neatly and forcibly into Corporal Plank's mouth. Plank lost one tooth and gained two stitches in the lower lip as well as a paragraph in a Portland newspaper's account of the sham battle.

Shortly after finishing his part in the combat demonstration, Company E went on guard duty, ending its 24 hour shift at 4 o'clock Sunday afternoon. The company was given leave from then until 10 o'clock Monday night.

day, while his company was on guard and Lieutenant Webb was officer of the guard. Sergeant Glenn acted as sergeant of the guard, and Corporals Hilliard Brown, Homer Harlow and Howard Peterson took turns in guarding the main gate. Corporals of the guard, each in command of a 14-man relief, were Charles Cool, Edward Counsell and Robert Wetherall, the latter a member of Company G, which furnished a number of men to fill out the required strength of the guard. Each relief was alternately on post for two hours and in the guard house for four hours. The guard arrested three men for disorderly conduct and held a fourth man who has been a prisoner for ten days. Very little trouble was encountered.

In the field meet held this afternoon, in which the entire Oregon national guard competed, Company E men accounted for most of the points won by the 187th Regiment. Glenn Miller ran away with the 100-yard dash, beating the best sprinters of the 3,000 men at the encampment. Miller's gaudy shorts dazzled his competitors.

A tall silver cup was the reward for Company E's wall scaling team, when it finished in first place. First Sergeant Carl Ebert's team swarmed over the 12-foot wall in 34 seconds. The team carried cartridge belts, canteens, bayonets and rifles and were in regulation uniforms. Members of the championship team are Carl Ebert, Cecil Posey, Clarence Young, George Lovely, Leonard Waggoner, Paul Walker, Alvin True, and Arnold Oliver. Each member of the team wears a bronze metal in recognition of his feat work.

Sergeant Geo. (Duke) Oliver and Elmo (Pee Wee) Webb won the popular decision but were not given first place by the judges in the pup tent pitching race. The sergeants were required to run 20 yards, unslung their packs, and set up their pup tent and lay out their personal equipment according to a definite form.

Company E's pyramid tent pitching team, composed of Sergeants Yeske and Oliver, Corporals Franklin and Brown and Privates Fred Itoe, John Stewart, Rulon Harn and Al Meranda pounded their tent stakes too deeply to win the race in their division, losing in time but finishing in better form.

The Newlin twins ran on the 187th Regiment mile relay team, which placed second to the team from the 162nd. Paul Newlin, wearing track shoes that did not measure up to his size lost one shoe while well in the lead and for want of a shoe, the race was lost.

Privates Edwin Briggs and Berry Pennington left Camp Clatsop Sunday afternoon to attend C. M. T. C. at Vancouver.

Corporal Charles Cook was given leave from Wednesday to Saturday to visit his mother in Portland. The corporal's mother, Mrs. H. A. Newton, of Pendleton, was to have a serious operation performed.

Captain Bean and Lieutenant Webb attended the officers' ball at Seaside on Saturday night. Captain Straight, of Baker, and Lieutenant Ulrich, of Pendleton, substituted as officers of the guard until the La Grande officers returned at midnight.

Mess Sergeant Farrell Murray is having much success feeding 60 men on the 60 cents per day per man allotted by the war department. The La Grande men have been enthusiastic and diligent in consuming the meals prepared by Murray's cook house crew.

The company officers of the Second Battalion, including the La Grande officers are honoring Captain E. W. Ely, regular army instructor of La Grande, at a dinner in the Company H mess house.

The newly promoted and appointed today non-commissioned officers of commendation and certificates of rank from Colonel Eugene C. Libby, commander of the 150 Regiment.

ulation is increased, and all the ordinary functions of the body are accelerated.

The sun's effects upon the body are very complex.

Sun baths tend to relieve the congestion of internal organs and to lower blood pressure. The number of red blood cells increases. The kidneys are stimulated to greater action. The depth of breathing increases.

Sunlight helps to prevent and cure rickets. The sun's rays are able to kill germs.

Because sunlight is powerful for good effects, it is also capable of harm. Take your sun baths with caution.

The first sun bath should not last more than five minutes. Begin gradually and cautiously; expose only the feet and the upper part of the shoulders. Then gradually increase both the time and the surface exposed.

Always be guided by your reactions. The sun bath should leave you glowing with health, not exhausted and palpitating. Do not sunbathe during midday hours. The early hours and the late afternoon hours are best.

Extra caution should be exercised in sunbathing the old and the very young.

SUMMER DIETS Foods are utilized in the body for two principal purposes: First, as a source of material for growth or the renewal of worn tissues; secondly, as a source of energy for work.

Since the average adult grows very little, in comparison with the child, his food is principally utilized as a source of energy. Ordinarily less than one-fifth of the total energy content of food is spent in motion, and more than four-fifths in heat production.

The human body tends to maintain a fairly constant level of temperature—98.6-100 degrees Fahrenheit. But that of the surrounding atmosphere in our climate varies in the extremes of many degrees below zero to over 100 degrees.

For this reason we tend to eat more and different foods in winter than in summer.

In summer, the heat requirements of the body are low; often the atmosphere is warmer than normal body temperature. Hence it is logical that the diet in the summer should be lower in calory content than the winter diet.

The average individual, depending upon whether he does light or heavy work, varies in his food needs from 2,000 to 4,000 calories per day. Approximately one-third is supplied in the form of proteins and two-thirds in the form of carbohydrates and fats. The latter two are principally utilized for heat and energy. The summer diet therefore should be reduced in sugars and fats.

Most of the summer diet can be built up out of fruits, fresh vegetables and milk foods. One could find in such a diet a plentiful supply of proteins, sugars and fats as well as the mineral salts and vitamins required for health.

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ARCADA Starting THURSDAY "SHE COULDN'T SAY NO" WITH WINNIE LIGHTNER Chester Morris-Sally Eilers Tully Marshall Johnny Arthur SEE AND HEAR Winnie Lightner The star of "Gold Diggers of Broadway" in another comedy sensation. She's a Wow! PLUS Select Vitaphone Acts Screen Song and Sound News Last Time Today RIN TIN TIN in "ON THE BORDER"

GRANADA Starting THURSDAY Zane Grey's "THE LIGHT OF WESTERN STARS" Starring RICHARD ARLEN MARY BRIAN HARRY GREEN PLUS Talking Comedy—Sound News and Screen Song LAST TIME TODAY Charles "Buddy" ROGERS in SAFETY IN NUMBERS KATHRYN CRAWFORD JOSEPHINE DUNN and CAROL LOMBARD

Four Comfort Week at Burnett's SPECIAL SALE ON SELBY ARCH PRESERVER SHOES \$7.85 Bring Your Foot Troubles to Us Prepare for the hot days by wearing a pair of these wonderful fitting shoes. Burnett Shoe Co.

TWO DIE, EIGHT HURT IN PERTH AMBOY, N. J., BLAST Two women were killed and eight persons injured when a mysterious explosion wrecked three buildings and started fires in several other structures in the business section of Perth Amboy, N. J. The violence of the blast shattered windows for blocks around.

SPORT SWEATERS Cleaned and Pressed 75c to \$1.00 MAIN 56 Standard Laundry Co. "Wife Saving Station"

4th of July CELEBRATION AT ENTERPRISE "BEST EVER" Races, music, sports, Dancing, etc.

CHEAP LETTER HEADS I Never Did—and Never Will—I Do Anything Any Good, They I Am Just Like Dirty Collins, I Ask for Samples of Better Letter Heads NELSON Opposite Post Office

Farewell Party At Wallowa For Haisten Family By Edna Renfrow Hunter (Observer Correspondent) WALLAWA, Ore. (Special)—A farewell party was given Mrs. H. B. Haisten Friday afternoon by the Methodist Ladies Aid, at the home of Mrs. K. W. McKinzie. About 30 attended the party and Mrs. C. W. Mumford presented Mrs. Haisten with a beautiful gift, from the Aid as an expression of the esteem in which she is held and of the regrets that are felt at her leaving. Mr. and Mrs. Haisten have lived in Wallowa for the past 20 years and have many friends here. They are moving to Pendleton.

a little at a time Hills Bros. have the best rule for roasting coffee. A few pounds at a time—never in bulk. This continuous process, Controlled Roasting, develops a flavor that no other coffee has. Fresh from the original vacuum pack. Easily opened with the key. HILLS BROS COFFEE

Expert Swimming Instructor BEGINNING JUNE 30th COVE SWIMMING POOL 10 LESSONS \$5.00 Guaranteed To Swim Complete change of clear, sparkling, warm mineral water EVERY SEVEN HOURS in Cove Pool—"Fountain of Youth"