



FOOD EXPERT HERE

MRS. PEARL RAVEN

Trained in Battle Creek Diet Methods IN OUR STORE

May 19 to 24

She is here to give expert advice free to those troubled with:

- Rheumatism, Anemia, Constipation, Obesity, Diabetes, Underweight, Auto-intoxication, High Blood Pressure

and other Nutritional Disorders

SHE WILL ALSO EXPLAIN THE USE OF



These are the delicious foods which have proved so successful over a period of years at the famous Battle Creek Sanitarium in promoting good health.

Pattison Bros. Grocery LA GRANDE, ORE.

BEFORE MIDNIGHT

FRIDAY PROGRAMS

(Daylight Saving Time) National Broadcasting Co.: 7:30, Review; 8, musical program; 8:30, Amos and Andy; 8:45, prohibition poll; 9, Ole and Grls; 9:45, Tono pictures; 10:45, John and Ned; 11, mystery serial; 11:30 to 12, Nomads.

Columbia Broadcasting system: 8, orchestra; 9, vaudeville; 9:30, Californians novelty program; 10 to 11, story hour.

KGO (780): 8, NBC; 12 to 1, dance music; KLN (880): 8, news, music; 9 to 11, Hi-Jinks; 11 to 12, dance music; 12 to 1, classical recording.

Spokane KHIQ (590): 7:30, NBC; 8:15, sports; 8:30, NBC; 9:15, pianist; 9:45, NBC; 11, slumber hour; 12, requests.

Los Angeles KXN (1080): 8, popular program; 10, circus; 10:45, right

RELIEF FROM CURSE OF CONSTIPATION

A Battle Creek physician says, "Constipation is responsible for more misery than any other cause." But immediate relief has been found. A tablet called Rexall Orderlies has been discovered. This tablet attracts water from the system into the lax, dry, evacuation bowl called the colon. The water loosens the dry food waste and causes a gentle, thorough, natural movement without forming a habit or ever increasing the dose.

Stop suffering from constipation. Chew a Rexall Orderly at night. Next day bright. Get 24 for 25c today at the nearest Rexall drug store.—ADV.

breakfast; 11 to 1, dance music; KFI (640): 7:30, symphony; 9, popular program; 9:45, NBC; 10:30, concert; 11:30, dance music; KHL (900): 8, symphony, studio; 9, CBS; 11, news, dance music; 1 to 2, organ.

Portland KEX (1180): 8, dance music; 9, Nonstop; 10:30, Night in India; 11, novelty; 11:30, dance music; 12:30, news; 12:45, Midnight matinee.

Denver KGW (620): 8:30, NBC; 9, features; 9:45, NBC; 11, Cecil and Sally; Hoot Owls.

Salt Lake City KSL (1120): 8, NBC; 8:45, prohibition poll; 9, Utah hour; 10, NBC; 12, Vaudeville and Air.

Seattle KJL (870): 8, musical program; 10:30, Night in India; 11, sunshine program; 11:30, Ukulele Bob; 12, dance music; 1, Revelry.

GOVERNOR GRANTS PARDON

SALEM, Ore., May 21 (AP)—A full pardon was today granted by Governor Norblad to Theodore Johnson of Portland, who was convicted of a statutory offense August 26 last and sentenced to serve three years in the penitentiary. After investigating the case the governor said he believed Johnson innocent, and he said that Warden J. W. Lewis is of the same opinion, also that all members of the jury that returned the verdict against Johnson had recommended the pardon. The foreman of the jury was ex-Governor Ben W. Olcott. This is the first full pardon that Governor Norblad has granted. Johnson is 23 years old.

Shirt n' Shorts To Decorate Chic Bather

By Diana Merwin (Associated Press Fashion Editor) PARIS (AP)—One piece bathing suits are back where they started from—the water's edge. The big minds of stylemaking no longer recognize bathing suits as general utility garments suitable for wear when scrubbing the dog, indulging in rhythmic dance line, tennis playing or sun bathing. For all those things, except the dog's bath, dressmakers have thought up special rigs.

One of the most popular, in circulation in all fashionable southland, is the combined shorts and shirt, nicknamed by the knowing ones shirt n' shorts. The shirt n' shorts is something like a suit of masculine athletic underwear, with cap-sleeved, buttoned-down shirt design at top, for strenuous exercise in private places. Private places include exclusive private or semi-private beaches.

There is not a peevish stitch in

SHEET ROCK THE FIREPROOF PLASTER WALL BOARD

It's just the thing to finish off that room in the attic

VAN PETTEN LUMBER CO. PHONE MAIN 732.

"GOOD SERVICE QUICK"

U. S. L. Batteries Your old battery and \$6.85 yours a new one in your car.

Burgess Battery and Electric 2 blocks east of U. P. Depot.

WISDOM Wisdom demands that you secure the services of expert morticians who know the science and ethics of their profession and who have demonstrated their capacity and ability.

We Understand Snodgrass & Zimmerman Phone Main 92

the new athletic combination, although it is more modest and less exploitative of physical charms than most play apparel. Whether it is the shirt n' shorts suit, a jumpsuit, or one piece bathing suit, 1930 recreation clothes have matching ankle length pajamas and some kind of a coat or cape which turns the ensemble into a costume that would pass muster with the most puritan-minded bathing beach censor.

Because of a weak line and poor painting, Bates College of Lewiston, Me., experienced its most disastrous football season last year.

LOCAL MARKETS

Spring—18@25c lb. Heavy hens—20c lb. Light hens—14c lb. Stags—8c lb. Flour Hard Federation (hard wheat)—\$6.00 bbl. Soft wheat—\$5.50 bbl. Hard Federation—\$1.70 per 49 lb. sack.

LA GRANDE RETAIL MARKETS

Sugar—100 lb. sack—\$6.25. Vegetables

Netted Gem potatoes—\$3.50 sack, 4c lb. Parsley—5c bunch. Cabbage—8c lb. Lettuce—15@25c head. Radishes—5c bunch, 3 for 10c. Yellow onions—2c lb. Green peas—10c lb, 3 for 25c. Flor. new potatoes—10c lb, 3 for 25c. Carrots—California, 10c bunch; 2 for 15c. Parsnips—5c lb. Spinach—15c bunch. Cucumbers—15c each. Green onions—2 for 5c. Cauliflower—10c lb. Celery—20c. Celery heart—20c. Turnips—10c lb. Green peppers—35c. Radishes—5c bunch; 3 for 10c. Tomatoes—3c lb. Rhubarb—3c lb. Asparagus—10c.

Butter, creamery—45c lb., 2 lb. 85c. Eggs—25c doz. Cheese—40c lb. Honey—Comb, 25c a square. Fruits Tale of Pine grape fruit, Cuba, 20c each. Bananas—3 lbs. 25c. Cal. strawberries—2 for 45c. Apples—\$1.50@2.50. Lemons—50c doz. Oranges—60c@1.00 doz. Meats and Fish Beef boil—15@20c. Chops and steaks—35c@40c lb. Fresh salmon—35c lb. Halibut—30c lb.

Most of Prison Population From Western Oregon

SALEM, Ore., May 22 (AP)—Figures at the state penitentiary revealed today that Lane county, except for Multnomah county, headed the list of sending prisoners to the penal institution. Lane had 78 prisoners.

Contrary to what is ordinarily considered true the western Oregon presumably culture abound are the law-breaking counties, and not those in the eastern part of the state that are often referred to as frontier or cow counties. Possibly population has something to do with it. An exception is Umatilla county, which comes next to Lane with a state prison enrollment of 68. The prison population again broke all records yesterday with 506 on the roster. By counties the

commitments are: Baker 13, Benton 8, Clackamas 40, Clatsop 19, Columbia 11, Coos 21, Crook 2, Curry 2, Deschutes 11, Douglas 29, Gilliam 5, Grant 7, Harney 14, Hood River 1, Jackson 43, Jefferson 3, Josephine 11, Klamath 66, Lake 6, Lane 78, Lincoln 3, Linn 13, Malheur 17, Marion 32, Morrow 4, Multnomah 235, Polk 6, Sherman 2, Tillamook 21, Umatilla 68, Union 19, Wallowa 5, Wasco 21, Washington 23, Wheeler 4, Yamhill 22. There are eight federal prisoners.

Hundreds of thousands of Frigidaires

have never required any Service

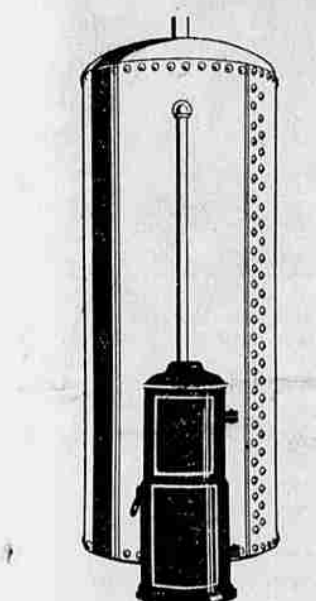
this is ONE reason why

3 times as many Frigidaires are now in use as any other make of electric refrigerator

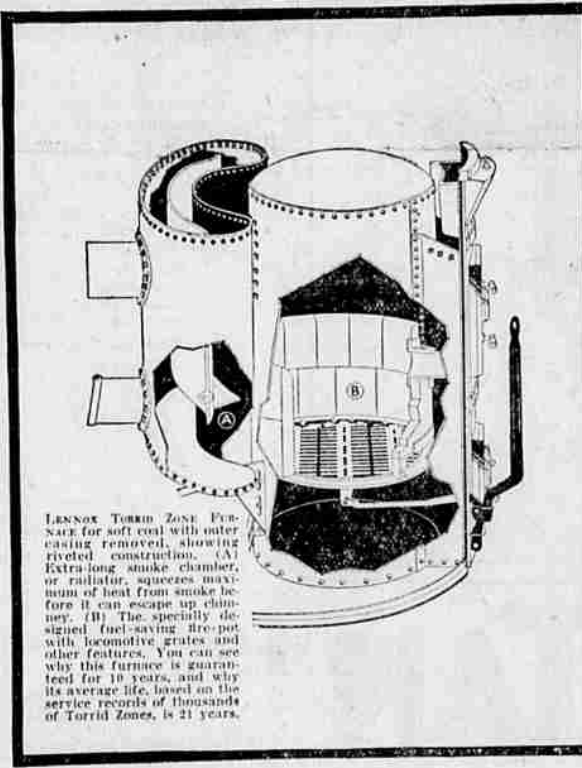
Frigidaire is sold with a definite guarantee—backed by General Motors. And still more important to you as a purchaser is the fact that year after year Frigidaire continues to give satisfaction—long after the guarantee has expired. If service should be required it is rendered instantly and without removing the machine from the premises.

Jesse Rosenbaum Eastern Oregon Light & Power Co.

Many Bargains Listed on Want Ad Page



RIVETS MAKE YOUR HOT WATER BOILER PRESSURE-TIGHT...



The TORRID ZONE STEEL FURNACE is gas-tight and dust-tight because it is riveted

HOMES heated by a steel Torrid Zone are conspicuously clean and bright. From its sealed seams no smoke or fumes can ever escape to play havoc with your furnishings, your temper or your health.

For just as your hot water boiler is made pressure-tight by hot-riveting and cold-calking... so the steel Torrid Zone is made gas, smoke and dust-tight.

Rivets glue steel to steel in a Lennox Torrid Zone to keep dust and coal gas in their place. Offensive odors around the house following a trip to the furnace room or when you've banked the fire, become a thing of the past. You'd be surprised to find how much cleaner and more healthful your home can be.

The Torrid Zone Furnace is an economical furnace. It produces from 10% to 20% more heat from the fuel used, hence uses less fuel than other furnaces. Many home owners report a yearly fuel saving of from \$30 to \$50.

Burns soft coal, coke, hard coal, oil, lignite or gas more efficiently than any other furnace.

Two other winter inside problems are well taken care of by the Torrid Zone, humidity and ventilation. The proper amount of humidity is supplied by a humidifier that has twice the evaporating area inside the casing of ordinary water pans. Rapid evaporation is also necessary, so it is placed right over the fire doors. Proper air circulation is guaranteed when an authorized Lennox Furnace man makes the installation. Certainly the Torrid Zone makes a well-planned warm air system the most desirable kind of heat that science has yet devised.

Come in and see this furnace. Take a look at its sturdy locomotive grates and "lazy" shaker. Plans and estimates for installation will be furnished. Also free engineering service from the factory on special problems. Made by the LENNOX FURNACE COMPANY, SYDARUSE, New York—Marshalltown, Iowa—Toronto, Canada.

LENNOX Torrid Zone STEEL FURNACES

The Standard Code for installing a warm air heater, adopted by the National Warm Air Heating Association and written by its research engineers, is our code.

NATE ZWEIFEL 1314 Jefferson Ave. Phone M-84

A Little at a TIME

Hills Bros Coffee advertisement featuring cans of coffee and the text 'Hills Bros have the right idea in roasting coffee...'

Fresh from the original vacuum pack. Easily opened with the key