

OVER THE VALLEY

Mabel E. Morton, Valley News Editor
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(Continued from page Seven)

Mourn Death.
 The sudden death of Rev. W. A. Winters at Baker has brought very sincere sorrow all over this valley, where he served as pastor of a number of the churches and also as district superintendent. Union, Elgin and Cove were the pastorate which he held, in addition to his work of supervision.

In College Women.
 Women over the valley who are graduates of universities or accepted colleges are eligible to membership in the American Association of University Women, a branch of which is now being organized in La Grande. There are many women in the valley who should avail themselves of this opportunity, and now is the time to signify intention of joining while the charter membership list is being arranged.

Likes Our Valley.
 Mr. Mary Fowler who came to this valley several months ago from the Twin Falls, Idaho, country, and later purchased the Conklin place on the highway near Tubbler is delighted with this valley and is very enthusiastic in expressing that delight. Two of her sons are here also, the son Arko living with his mother. The other son, Robert A. Fowler, purchased the Glenn farm until recently occupied by Mr. and Mrs. Dave Osborne near Summerville. A third son was here for a time but then did not find the farm he wanted to purchase. Also, Mrs. Fowler's brother, James Johnson has come to the valley and is operating Mrs. E. D. Gaskill's farm near Alford. "I have raised five cows," said Mrs. Fowler, "and I have raised them all to be farmers." Mrs. Fowler and her son have a fine herd of dairy cows on their place, which is at present all in alfalfa. Mrs. Fowler is quite a chicken fancier and favors the Anconas, however, her illness this spring made it impossible for

her to go into that line for this season, but she hopes to have a fine flock of this particular variety next year.

To Plant Cherries.
 Mr. and Mrs. Hugh Huron of Brooks Lane are planning to set out a number of sweet cherry trees on their place this spring. They will be put on a plot of ground which has not been previously utilized. This is a step which is being taken quite generally over the valley this spring.

Making Improvements.
 K. Geheer who purchased the old C. C. Welch place near Imbler last year is improving the place quite extensively this spring. New fences are being built, the house is undergoing some repair and some new outbuildings are being erected. The place is being very materially changed in appearance.

Change in Number.
 Those who have been using the "Over the Valley" phone, will note at the heading of the page, that the number has been changed from 826-1 to Main 966.

Tennessee highway department will receive \$750,000 from the sale of motor vehicle licenses this year.

"DIET" DOES NOT NECESSARILY MEAN "DENIAL"

A Diet That Promotes Health Must Be Complete and Enjoyable

To thousands, the idea of "going on a diet" means a period of hardship and denying one's self of favorite dishes. In some cases, diet may mean this. But today there are millions who are "on a diet" for the sake of better health and more vitality, who are not suffering as martyrs at the dining-table. These people sit down three times a day to meals where there are plenty of good things to eat. Of course they are careful to choose foods which will supply their systems with the proper amount of calories, vitamins, minerals and roughage. Then to make the meal enjoyable and complete, they eat jellies, relishes and sweet desserts. In making essential foods in balanced menus, tasty and inviting, countless cooks are learning the value of sugar as a flavor. A dash of sugar to a pinch of salt works wonders in improving the taste appeal of spinach, cabbage, carrots, beans, peas and other vegetables. The same rule can be followed successfully in making salad dressings. Doctors approve this use of sugar as a flavor because it makes nourishing foods more appetizing. Good food promotes good health. The Sugar Institute.

Sport Slants

by ALAN J. GOULD

Who have been the greatest athletic performers at the five classic distances from 100 yards to one mile?

This question was debated with considerable fury during the championships incident to the Penn relay carnival and this department's report of the final consensus shows this lineup of super talent:

100 yards—Arthur Duffey of Boston.
 220 yards—Charles Paddock of Los Angeles.
 440 yards—James E. (Ted) Meredith of Philadelphia.
 880 yards—Douglas G. A. Lowe of London, England.
 One mile—Paavo Nurmi of Abo, Finland.

The selection of this "Big Five" does not settle the argument; neither is it official, but the all-around weight of evidence over a testing period of time is strongly in its favor.

There have been and still are a flock of great sprinters, whirlwinds like Drew, Craig, Scholz, Locke, Jorah and now—Leland, Simpson, Wyckoff, Duffey, although his name and records were wiped from the A. A. U. record books because he professionalized himself after a record-breaking career, was the first sprinter to run an authentic 24 seconds for the 100.

Paddock, long a storm center, nevertheless possesses an unparalleled record for sprinting consistency. The erstwhile California Comet shared with Jackson Scholz the distinction of racing in three Olympic meets. You will find Paddock's name mentioned in the book of world's records as often as all other sprinters combined. He

was officially registered six times for the 100 in 9 3-5 and he held the 220-yard record until Roland Locke of Nebraska knocked it off in 1926. Locke was a brilliant performer but his career was much shorter and less consistent than Paddock's. Nor can youngsters like Simpson and Leland, great as they now appear, be ranked ahead of veteran internationalists such as Paddock without the test of additional time and competition.

Meredith takes the quarter-mile post by just about the unanimous vote of the assembled clans. His world's record of 37 2-5 seconds still stands.

The one-time University of Pennsylvania flier, now an assistant track coach at his alma mater, might also do as a nomination for the half-mile but he would prefer himself that this post go to the smooth-striding Briton, Douglas Lowe, two-time Olympic champion at 550 meters.

On a blazing hot August day in 1928 at Stamford Bridge, I saw Lowe, in his second race of the afternoon, run a relay half mile in 1 minute and 51 seconds.

Of all the great American millers, John Paul Jones probably was the one most comparable with Nurmi. Jones ended his racing career with the close of his college days at Cornell. He made no business of his running but after all there has been only one Paavo. The great Finn belongs in any all-time running company. Nurmi's ability at the mile never was fully tested. He ran few races at the distance and though he holds the world mark of 4:10.4 the probability is he could have done 4:00 at his peak in 1924-25.

COLUMBUS, O.—Woman shoots dead seven of her ten children; tries but fails to kill herself.

WASHINGTON—Senator Bratton of New Mexico, warns that democrats will not compromise on flexible provision of tariff act.

BURLINGTON, Kan.—Crazed negro shoots and kills sheriff; is shot in turn by posse.

Foreign:

Three-Power Naval Limitations Pact Follows U. S. Plan of 1921

By KIRKE STIMPSON (Associated Press Staff Writer)

WASHINGTON (AP)—The London three-power naval limitations pact brings within sight of realization American proposals made nearly nine years ago.

Limitation of future naval construction within stabilized ratios. Radical reduction of then existing or projected battle tonnage.

They were stated to the original naval limitations conference in Washington on Nov. 12, 1921, by the American spokesman, Charles Evans Hughes.

And now, London, specific figures given at Washington as to warship tonnage totals virtually have been reached.

There are exceptions. Totals in aircraft carrier tonnage are far above the original American proposal of 1921. In two other categories, however, battleships and submarines—important reductions below the Hughes proposals have been achieved.

The key to Mr. Hughes' proposals was the "5-5-3" ratio. That represented the theory of naval relativities upon which the United States then offered to scrap more than \$300,000,000 worth of warships under construction, completion of which would have made the American navy the most powerful in the world.

What Washington demanded as the price of abandonment of the attainment of that position in sea power was treaty-fixed naval equality with Great Britain and a ratio as of 5 to 3 between the American and Japanese fleets.

The London pact contemplates, in the battleship category, abandonment of tonnage as the unit of measurement for ratio purposes in favor of number of ships.

It contemplates immediate arrival at a "5-5-3" battleship status by scrapping five British, three American, and one Japanese existing vessels. The fleets thus would be left at 15-15-9 ships for a further period of six years.

The Washington negotiators found it impossible to bring France

and Italy into the picture on any types of war vessels but battleships and aircraft carriers.

French plans for submarine and cruiser fleets and Italy's demand for full navy parity with France prevented.

The same factors balked the London 1930 effort on a five-power basis covering all types of fighting ships.

Under the London pact, the Japanese ratio varies with each category. Based on numbers, it is "5-3" in battleships.

In 8-inch gun cruisers, the Japanese ratio is "100-60-27"; in 6-inch gun cruisers, it is "10-7"; in destroyers, "100-70-3"; in submarines at parity.

For her whole fleet, including battleships, Japan attains a ratio of "100-63.6" instead of "5-3" as Hughes planned.

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 Angel Food Cake with vanilla or chocolate icing, each 30c



League Standing

By the Associated Press

	W.	L.	Pct.
Los Angeles	18	10	.643
Sacramento	19	11	.633
San Francisco	18	13	.581
Oakland	17	13	.567
Missions	13	16	.448
Seattle	10	19	.345
Portland	9	19	.321

NATIONAL

	W.	L.	Pct.
New York	14	6	.697
Chicago	14	8	.636
Pittsburgh	11	8	.579
Brooklyn	9	10	.474
Cincinnati	9	10	.474
Boston	8	9	.471
St. Louis	8	12	.400
Philadelphia	5	12	.294

AMERICAN

	W.	L.	Pct.
Philadelphia	13	6	.684
Cleveland	12	6	.667
Washington	13	7	.650
Chicago	9	8	.529
St. Louis	9	11	.450
New York	7	10	.412
Boston	7	13	.350
Detroit	7	16	.304

Texas have appointed a board to start plans for making the Guadalupe river navigable.

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Spain Financed Columbus
 It is a generally accepted fact that Columbus' expedition was financed by Spanish money. Although Queen Isabella offered to pawn her personal jewels if the treasury funds proved inadequate, she was not required to do so.

Needs Decorations
 Few things are more useless than a family tree after financial reverses.—Los Angeles Times.

NEW YORK—Prohibition agents serve subpoenas on customers in restaurant to make them tell of alleged liquor buying.



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