

BUILDING TOTAL NOW \$165,450.00

Union Oil Co. Takes Out
Permit for \$9,000 Ser-
vice Station Here.

The estimated value of new construction work in La Grande since Jan. 1, according to building permit figures in the office of the city recorder, J. E. Stearns, has now reached \$165,450, and is expected to pass the fifth of a million mark within a few weeks.

Five permits, including one major project, were issued last week and another for home alterations amounting to \$200, was issued this morning.

The Union Oil company applied for a permit on Apr. 10 to erect a one-story concrete and stucco service station on Adams avenue between Hemlock and Spruce, with the estimated cost at \$9,000. Other permits issued last week follow:

Apr. 7—Arthur Walker, to erect chicken house on Fourth between E and G avenues, to cost \$20.

Apr. 9—Bertha Weeks, to erect one-story dwelling on Monroe between Elm and E streets, to cost \$3,000. Harry Elan is the builder.

Apr. 12—William Henderson, to alter and repair a brick business building on Adams between E and Elm (occupied by the Goss garage) for the Grandy estate, work to cost \$250.

THE GARDEN

LETTUCE A VITAMINE MINE

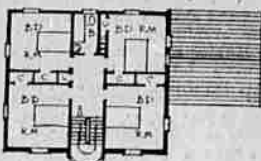
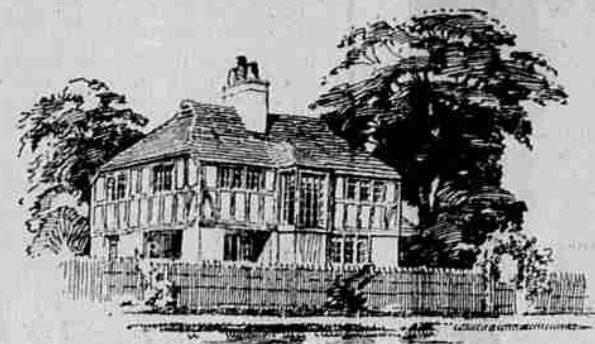
Now that science has taught the necessity of vitamins in the diet and that green vegetables furnish the most readily available supply, lettuce has attained a position of great importance in the daily menu. It is a mine of vitamins always available, easily grown at home and always in the market. It is training diet for health.

White lettuce is used as a cooked vegetable by some Europeans and is esteemed by those who have tried it as a cooked "green" this use is practically unknown in America. Lettuce is to be eaten raw. It is most valuable as used, it is the commonest salad material either in itself or as a garnish for other salads.

Lettuce contains the four vitamins, A, B, C, and D, all having an important function in the maintenance of health. It makes no difference whether it is head or leaf lettuce that is used, the vitamins are there. While head lettuce has displaced the old-fashioned leaf varieties to a large extent, connoisseurs sometimes insist that the leaf varieties have more and better flavor and a more characteristic flavor of lettuce than the head varieties.

The leaf varieties are the most easily grown in the garden and give

SQUARE HOUSE PICTURESQUE



By the Associated Press

One of the features of this unusual design is that it is picturesquely even though built on a square plan.

It is English in character and treatment of the half timber material, but the square plan is retained. The half timber, brick white-washed for the first story, slates on metal laths, and wood or slate shingles would go far toward accomplishing the desired effects with materials.

The chimney is painted white and adorned with orange pots. Among the features is a bay window on the stairs giving a central motive to the front elevation, which should be to the east.

No space is wasted on the upper floor where there is a bedroom on each corner. In fact, still

another room might be built over the garage without damage to the beauty of the house.

For the lower floor the laundry and kitchen are located so as to obtain the maximum of comfort for the living room. In this living room a fireplace and space for two book nooks are special attractions. Windows are numerous throughout the house, every room having at least two. The results in ventilation are obvious.

The house is 27 1/2 x 27 1/2 feet, and if built on a lot 50 x 75 would permit considerable space for lawn and shrubbery cultivation.

Considering labor and material costs, estimates as to the price of this house range from \$10,000 to \$12,000, the exact figure depending on the community where the home is built.

Smith building has been started by Nate Zweifel.

Spring Cleaning

With the coming of spring and the annual cleaning of homes, painters and kalsominers are busy redecorating a room or two for many of the busy housecleaners. Other homes are being remodeled and having a little carpenter work done to improve the appearance and the facilities.

Work Progressing

Work is progressing on the new Roosevelt building next to the Sackagawa Inn. A crew of men was working on the new structure throughout last week.

Installed Gas Pumps

Two gas pumps for the Fletcher Oil company were installed last week by the Lynch Plumbing shop.

New Equipment

The new talking equipment at the state theater was installed by the H. and S. Electric company.

Digging Basement

The basement excavation work for the concrete building being erected for L. C. Smith is nearly completed.

Improvement Gossip

Business Trip

Frank Goeck, of the Shellworth-Goeck P. & H. Co., was a business visitor to Pendleton, Walla Walla and Pasco last week.

Remodeling

Mr. L. L. McKennon is doing some extensive remodeling work on his N avenue residence, including full basement, modern plumbing and an automatic control hot water heating plant. The Shellworth-Goeck P. & H. Co. have the contract for the plumbing and heating installation.

Completed Plumbing

The Nate Zweifel plumbing and heating shop has completed the plumbing and installation of heating equipment at W. A. Elmer's new home at Cove.

Beginning Plumbing

The plumbing work at the new country club building and the L. C.



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Refrigerator Agency Taken In La Grande

The Electric Service Store has taken on the agency for the Copeland Electric Refrigerators, which is one of the best-known and best-made electrical refrigerators on the market. It is equipped with an expert service department and has on the floor at present, six beautiful models of these refrigerators.

The store is branching out in other new lines this year and is increasing the size of the shop and the number of expert electricians, and is in a position to give the people excellent service in every line.

The store has the contract for the new Sackagawa annex, which is one of the largest electrical jobs ever installed in Eastern Oregon, and also has the contract for the new L. C. Smith building, and various other jobs.

When a foreign body enters the eye it is certain to prove disconcerting, but more than that, it may prove dangerous.

Should the speck become embedded in the covering of the eyeball, it may give rise to an ulcer and possibly lead to even more serious results.

Foreign bodies in the eye locate either under the lid, or on the eye covering. The farmer is easy to remove the latter, but not so.

The moistened tip of a clean handkerchief is the safest instrument to use in removing unattached foreign bodies that enter the eye. The procedure is simple and well known. The lower lid is pulled outward by the fingers and the eyeball turned upward. The trench space thus formed is examined in all its parts.

Should the foreign body not be evident in this space the upper eye space is then examined. A match stick covered with a bit of absorbent cotton. The eyelashes of the upper lid are then grasped and pulled outward. The eyeball is turned down and pressure on the

lid is applied through the matchstick. The eyeball is turned inside out and examined.

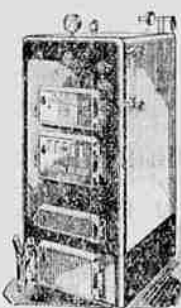
If the foreign body is discovered, it is removed in the manner described above. If, on the other hand, the speck is found to be attached to the eyeball proper and will not come off on the tip of a handkerchief, it is unwise to force it. The condition then is no longer simple and requires competent handling.

Some foreign bodies that enter the eye are not visible under ordinary inspection.

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SPLINTERS

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No. 37 THE VAN PETTEN LUMBER CO. Vol. 2

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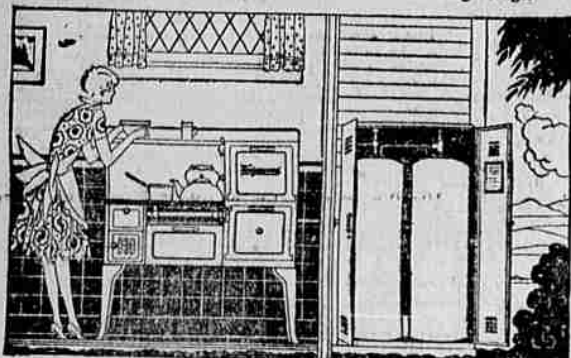
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