

BEFORE MIDNIGHT

FRIDAY PROGRAMS

The National Broadcasting company program for Friday follows:

6:30, Billy Jones and Ernie Harro; 7:30, thirty-piece orchestra; 7:50, popular music; 8:30, orchestra; 8:50, dramatic sketch; 9:30, Amos and Andy; 9:45, John and Ned; 9:50, piano pictures; 9:55, Hill Billy Boys;

10, Aces of Harmony; 10:30 to 11, Nomads.

The Columbia Broadcasting system program for Friday follows:

7, Crooners; 7:30, light opera; 8, symphony; 8:30, Lights and Shadows; 9 to 10, story hour; 11 to 12, dance music.

Tacoma
KVI (760kc) 6:30, music and soloists; 6:12 to 9, silent; 9, CBS; 10, Co-Eds; 11, CBS; 12 to 1, organ recital.

Spokane
KLIQ (590kc) 6:45 a. m., inspirational; 7, Making Merry; 8, Happy Time; 9, feature; 10, beauty talk, food talk, Woman's Magazine (NBC); 11:45, organ recital and feature; 3, Album symphonies, Cecil and Sally; 4, Happy Harmonies; 5, orchestra concert; 6, NBC; 8:15, sports; 8:30, NBC; 11, requests.

Portland
ICEX (1180kc) 6, orchestra; 7, studio; 9, dance music.
KGW (620kc) 6, NBC; 9, Melody Trouper; 10, Cecil and Sally; 10:40, Hoot Owls.

Los Angeles
KFI (640kc) 6, NBC; 7:30, concert; 9, organ ensemble; 10, symphonies and soloist; 11, news.
KFIJ (990kc) 7, CBS; 10, news; 10:05, dance music; 12 to 1, organ.
KNX (1050kc) 6, ensemble; 7:30, popular programs; 9:45, fight broadcast; 10 to 1, dance music.

Seattle
KJR (970kc) 6, orchestra; 7,

concert; 9:35, Neapolitan; 10, sunshine program; 10:30, concert; 11, Vic Meyers orchestra; 12, requests.

Denver
KOA (830kc) 6, NBC; 7:30, Old West program; 8, NBC; 8:45, news; 9, Stagecoaches; 10, NBC.

Oakland
KLX (880kc) 6, concert; 7, news; 8, JJ-Jinks; 10:10 to 12, dance music.
KGO (730kc) 6, NBC; 8:15, flappers; 8:30, NBC; 11 to 12, dance music.

San Francisco
KPIC (610kc) 7, CBS; 10, Gypsy and Maria; 10:15, CBS; 12 to 1, dance music.
KPO (680kc) 6, concert; 7, popular music; 8, scrap book program; 9, Cecil and Sally, studio; 10 to 12, dance music.

Teetotaler, 156, May Visit U. S.



Reports that prohibition leaders plan to bring Zoro Agha, above, 156-year-old Turkish teetotaler, to the United States as an object lesson, have drawn a reply from the wets who threaten to bring a 163-year-old Chinese inlander to this country to offset the drowsy strategy. Zoro is reported to have not tasted liquor in all his century—a half.

house is not at home at noon time, the main meal of the day is served in the evening. Economy and well balanced, nourishing menus are given first consideration.

BREAKFAST—Sections of grapefruit, cereal, cream, creamed fish on toast, corn bread, milk, coffee.

LUNCHEON—New carrot soup, croutons lettuce and cottage cheese sandwiches ginger cookies, milk, tea.

DINNER—Hot meat loaf, potatoes in cream, beet greens, banana and peanut salad, eggless steamed pudding, milk, coffee.

New Carrot Soup
One bunch new carrots, 1 small onion, cups white stock, 1-1/2 cups milk, 1-2 cup cream, 2 table-

spoons butter, 1 teaspoon salt, 2 eggs, paprika.

Wash carrots through several waters, scrubbing thoroughly. Cut in thin slices. Peel and mince onion. Melt butter in soap kettle, add onion and cook over a low fire for five minutes. Add carrots and stock and simmer until carrots are tender. It will take about 20 minutes. Rub through a coarse sieve and return to the fire with salt and milk and bring to the boiling point but do not let boil. Beat eggs with cream and stir into hot soup. Reheat to make very hot but do not let boil. Sprinkle with paprika and serve.

The hostess who entertains during Lent should make the most of the many delicious and unusual dishes made with fish. Fish salads, souffles, scallops and creamed dishes are acceptable for formal luncheon or informal supper. They are sure to please and are a delightful change from the heavier fare of winter months.

Shrimp Jambolaya is a Creole dish, delicious and intriguing. Many of the most popular and expensive restaurants and tea rooms in the largest cities specialize in dishes "a la Creole." There's a decided charm about Creole cookery that is undoubtedly dependent on the rare perfection of seasoning. However, any housekeeper, if she will learn some of the tricks of seasoning that are not "native" with her, can add variety and unusual palatableness to her table.

The file powder so often used in Creole seasonings is finely powdered sassafras leaves. The powder imparts a peculiar pungency and flavor that is stimulating to the appetite.

Shrimp Jambolaya
One and one-half cups boiled shrimps, 2 medium sized white onions, 2 tablespoons butter, 2 tablespoons flour, 3 tomatoes, 1/2 cup well washed rice, 2 tablespoons minced parsley, half a clove of garlic, 1 bay leaf, 1 teaspoon file powder, 4 cups boiling water.

MENUS

By Sister Mary

A meat loaf often solves the problem of meat for two meals. It can be used hot for dinner the day it is made and cold for luncheon the next day. Cheap cuts can be utilized if they are carefully trimmed and finely chopped.

It's an excellent idea to put the meat through the food chopper twice. This insures perfect tenderness in the loaf. Dried bread crumbs not only help to bind the loaf but are an efficient extender, since they "stretch" the meat and increase the size of the loaf.

The menu for the day is planned for a family with children who hurry home from school for luncheon. Since the man of the

ou-wouldn't wait 30 seconds for your motor to pick up



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who trades at Safeway

—most EVERYBODY

The thrifty of all classes who demand quality foods at reasonable prices!

If you are not among them, familiarize yourself with these better food stores—a nationwide organization of food experts to serve you.

SOAP
Classic A bar soap for all purposes.
A REAL VALUE
10 bars 29c

BUTTER
Freshly Churned, Very Best Quality.
2 lbs. 75c

EGGS
Fresh Ranch Eggs in Cartons
2 Doz. 49c

CHEESE
Tasty full Cream Cheese
Lb. 28c

MACARONI
Semolina Hard Wheat. There is a difference.
4 lbs. 39c

MALT
Rialto or Puritan 2 1/2 tin.
Can 49c

COFFEE
Safeway Blend
Save the difference in the cost of the can.
Lb. 38c
3 lbs. . . \$1.09

SALAD OIL
for Salads, frying or cooking purposes.
QUART . . 38c
Bring Your Container

SYRUP
Vermont Maple & Pure Cane Sugar.
Makes good hot cakes better.
Can 2 1/2-lb. 49c

LETTUCE
Large, firm, Crisp Heads
EACH 5c

BANANAS
Golden ripe firm fruit.
3 lbs. 17c

CARROTS
California green tops.
Bunch 5c

SAFeway STORES
DISTRIBUTION WITHOUT WASTE

1916 "Western Auto's" 14th Anniversary Sale

Western Giant Balloon with Jumbo Tube at Sale Prices

On Tires Tubes, Batteries and Accessories!

In appreciation of the confidence placed in our tires, as proven by more than a million of them in daily use by car owners of the West, we offer special "Tire and Tube Combination" Prices, a few of which are listed below:

Prices Include Tire and Tube

30x4.40 Wear-well Balloon and Blue Ribbon Tube same size \$5.87
30x4.50 Wear-well Balloon and Blue Ribbon Tube same size \$6.62
30x5.00 Wear-well Balloon and Blue Ribbon Tube same size \$8.24
31x5.25 Wear-well Balloon and Blue Ribbon Tube same size \$9.92
31x5.50 Wear-well Balloon and Blue Ribbon Tube same size \$12.72

TIRES MOUNTED FREE

Western Giant Tires and Jumbo Tubes

29x4.40 Tire and Tube, \$ 6.89
30x4.50 Tire and Tube, 7.85
29x4.75 Tire and Tube, 9.47
30x5.00 Tire and Tube, 9.96
31x5.00 Tire and Tube, 10.34
31x5.25 Tire and Tube, 11.89
31x6.00 Tire and Tube, 15.32
32x6.00 Tire and Tube, 15.45
33x6.00 Tire and Tube, 15.78
32x6.50 Tire and Tube, 17.95
32x6.75 Tire and Tube, 20.87
33x6.75 Tire and Tube, 21.56

30x3 1/2 Clincher Oversize Tire and Jumbo Tube, \$ 6.24
31x4 Tire and Tube, 10.39
32x4 Tire and Tube, 11.18
33x4 1/2 Tire and Tube, 15.58
33x5 Tire and Tube, 20.67

Wear-well Tire and Blue Ribbon Tube

30x3 1/2 Cl. Regular Tire and Blue Ribbon Tube . . . \$5.19
31x4 Tire and Tube . . . 8.43
32x4 Tire and Tube . . . 9.18
33x4 1/2 Tire and Tube . . . 9.93

All other sizes included in this sale

Battery Trade-In Savings

New, fully guaranteed Wizard and Western Giant Batteries at special Trade-In prices that include your old battery . . .

6-volt 11-plate Wizard Special guaranteed 1 year . . . \$4.95
6-volt 11-plate Wizard Special guaranteed 2 years . . . \$6.65
6-volt 12-plate Western Giant Extra heavy, guaranteed 3 years . . . \$10.45

All other sizes included in this sale

ACCESSORIES ON SALE, TOO

Come . . . See . . . Economize . . . The many guaranteed accessories included in this great sale certainly include articles you need now . . . and the savings make it worth your while to anticipate future needs as well . . .

6 Volt 11-Plate Wizard Special \$4.95

6 Volt 12-Plate Western Giant Extra Heavy \$10.45

BUCKINGHAM & HECHT INFORMATION BULLETIN

Choose wisely when you buy shoes, for nowadays you wear them a long time. Don't be in a hurry, but be sure you get the most value for your money. The name BUCK-HECT on a shoe is your guarantee.

The idea that price must be reasonable, quality of the highest and that fit and comfort are wanted by the majority of shoe buyers is one strictly adhered to by Buckingham & Hecht in 1930—as in every year since the company's founding in 1857.

BUCK-HECT Boots and Shoes are made in the West, of wonderful leathers, to meet service requirements of the West.

BUCK-HECT SHOES

Extra Service Every Step . . . Comfort Every Minute

Fresh or canned shrimp can be used, but be sure the tiny dark vein through the center is removed. Melt butter in sauce pan, add onions peeled and minced, and let cook slowly until a golden straw color. Sift over flour and stir until thoroughly blended. Stir and cook until flour colors slightly.

Scald tomatoes, plunge into cold water and slip off skins. Chop

finely and add to mixture. Two cups canned tomatoes can be substituted for fresh ones. Add rice, parsley, garlic, bay leaf, file powder, and boiling water.

Let cook slowly about an hour, until the rice is tender and the mixture is thickened. Add shrimp and heat thoroughly. Season with salt and pepper and serve.

It costs money to peek into the future in Birmingham, Ala., where a tax of \$500 must be paid to practice phrenology, palm reading, fortune telling and psychical analysis.

Church attendance has decreased two per cent in Iowa rural communities during the last five years.

McClay's Grocery
The Stores of Quality Service and Economy
Fresh Meats - Fruits - Vegetables - Groceries
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NALLEY'S MAYONNAISE Pint Jar, EACH 28c	CATSUP Preferred Stock Large Bottle 2 For 39c	FRESH PASTRY Chocolate Cup Cakes, per doz. 15c Doughnuts, per doz. 15c Coffee Cakes, 2 for 25c
FLOUR Federation Hard Wheat 10-lb. Sack 39c 24 1/2-lb. Sack 84c 49-lb. Sack \$1.59	M. J. B. RICE 2-LB. PKG. 23c FRESH MEATS Pork Chops, per lb. 25c Pork Steak, per lb. 25c Spare Ribs, per lb. 20c Shoulder Ribs, per lb. 10c	STARCH Amazo Gloss 3 Pkgs. 25c BROOMS Each 89c Great Northern BEANS 5 lbs. For 43c
ELECTRIC LIGHT GLOBES 50-Watt Size 2 For 35c	SCHOOL BOY PEANUT BUTTER 1-lb. 23c 1 Tin 23c	FRESH FRUITS AND VEGETABLES
JASPER'S HEALTH NUGGETS PER PKG. 25c	CARROTS Fresh Bunch PER BUNCH 5c	BANANAS 3 lbs. 23c
	LETTUCE Large Firm Heads 3 For 20c	RHUBARB Fancy 2 lbs. For 29c

Before You Buy Shoes.. Read This

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Your Feet Will Feel Good in a Pair of BUCK-HECT SHOES

When you go to your dealer's, with the thought of new shoes in mind, be sure to have him fit you with a pair of BUCK-HECTS. Most good dealers have them, or can get them. You are sure to like the "easy feel" (Indian-tan process with oil tanned into the leather), the good looks and best of all, the very reasonable price. A wide variety of styles—for hard service or dress wear. For men and women. Made by BUCKINGHAM & HECHT, San Francisco.

BUCK-HECT High cut—built for endurance and softness. They carry you through every time. They look and wear like a million dollars.

BUCK-HECT Work shoes that work. Quality built in. Comfort and safety in action all through the day. Buy 'em, size, too.

BUCK-HECT Modish footwear . . . for women, misses and children. Fifth Avenue styles. Priced to satisfy you.

BUCK-HECT Dress shoes that mark distinction to the wearer. . . All of Buck-Hecht quality with 1930 style. . . Also in boys' sizes.

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Extra Service Every Step . . . Comfort Every Minute