

DAIRYMEN OPPOSE UNDUE EXPANSION

Firm Stand Taken by Association During Convention at Coquille.

COQUILLE, Ore., Feb. 27 (AP)—A firm stand against undue expansion of the dairy industry in Oregon was taken here yesterday when the annual convention of the Oregon State Dairy Association convened for the final session and adopted a report of the committee on expansion.

There is no reason for the good dairy farmer to be unduly alarmed, the report said. Economic production and quality products were suggested together with sound advertising policy.

The report called special attention to the need of a more economic production of feeds, better farm management, elimination of old cows not producing 300 pounds of fat and the use of better silage.

The committee report on disease control urged continuation of tuberculosis work to make an accredited state and suggested the passage of a law providing for state deputies on full time to carry on the work. It also suggested that a statewide committee of dairymen meet with the state sanitary board to work out some changes in the method of abortion work.

N. G. Jamison, dairy extension specialist at Oregon State college, suggested the need of better passes and the advantage of cow testing associations in lowering the costs.

Dairymen from all sections of the state attended. Officers will be elected later.

MENUS

- By Sister Mary**
- With fresh coconut again in market, it behooves the homemaker to find use for it in her menus.
 - Coconut is quite high in food value, containing much fat, a small percentage of protein, and carbohydrate. In vitamin B, it is considered "good," but in vitamin A it is "low."
 - With fresh coconut again in market and calories to any connection in which it is used, offers pleasing variety.
 - Consequently coconut adds very attractive.
- Coconut Salad**
- One-half fresh coconut, 2 tart apples, 1 cup diced celery, 2 sweet green peppers, 1 tablespoon minced parsley, 4 tablespoons French dressing, 4 tablespoons mayonnaise, 4 tablespoons whipped cream.
 - Grate coconut. Pare and dice apples. Remove seeds and white fiber from peppers and mince finely. Combine coconut, apples, celery, peppers and parsley with French dressing. Cover and let stand on ice for one hour. Mix whipped cream and mayonnaise when ready to serve. Serve the salad in a nest of green shredded lettuce and garnish each serv-

ing with a spoonful of the prepared mayonnaise and whipped cream.

Coconut pudding is a delicate dessert that can be served to children.

Coconut Pudding

- One and one-half cups milk, 1-2 cup cream, 1-2 cup sugar, 1-2 teaspoon salt, 4 tablespoons cornstarch, whites 2 eggs, 1 cup grated coconut.
- Mix cornstarch to a smooth paste with a little cold milk and heat remaining milk to boiling point. Add sugar to milk and when ready to boil, stir in cornstarch. Add salt and stir constantly until mixture thickens. Cook over boiling water for fifteen minutes. Add whites of eggs beaten until stiff and remove from heat.

Add coconut and a few drops of vanilla. Turn into a mold to chill and become firm. Serve very cold with a custard sauce made with yolks of eggs.

New discoveries and theories about foods are being presented to the housewife almost daily and sometimes in her conscientious attempt to apply them to her own needs, she becomes puzzled and wonders how she can know what is scientifically proper and correct and what is false.

Research workers and inventors in foods and nutrition are constantly working to verify experiments and establish definite results. The doubt about some foods seems to be well cleared away and facts may be accepted.

Toast, that breakfast which is so popular nowadays from breakfast to midnight lunch, has come under the experimenter's eye. It has been acknowledged for some time that the heat of toasting acts on the starch in the bread, changing it to sugar and shortening the time required for body digestion. The question recently has been whether the effect of the toasting heat might not be so harmful to the protein content of the bread that the good effect on the starch might be counteracted.

Tests have proven that the protein is completely digested as the protein of unbaked bread.

Dry toast is more readily digested than soft toast because it requires more chewing and breaks into tiny particles. The process of digestion is started by the increased flow of saliva.

When bread is cut thick for toasting and is buttered and closely covered after toasting to keep it hot, all the points in favor of toast are lost. The thickness of the bread prevents the heat from penetrating and thoroughly effecting the change in the starch content. The steaming softens the toast and destroys its crispness.

Bread should be cut in thin slices and toasted not too fast if full benefit is to be had from its toasting.

SANK OFF ARGENTINE COAST



Wreck of the Hamburg-South American liner Monte Cervantes which struck on submerged rocks and sank in the Beagle channel near Ushuaia off the Argentine coastline. The captain lost his life when the vessel took its final plunge. All passengers and members of the crew were saved.

MURDERER KILLED BY TRAIN

CHICAGO, Feb. 28 (AP)—George Kerrel, who was called "Kane county's most brutal murderer" when he was convicted in 1911 for slaying his sweetheart, is dead, the victim of his violent death as that which he caused.

His body was identified yesterday. He had been struck by a train.

Kerrel was released from prison in 1926. He had been sentenced to life imprisonment for the murder of Flora Sabo, 17 years old.

TWELFTH DEATH

KENOSHA, Wis., Feb. 28 (AP)—The twelfth death resulting from the wreck of a North Shore line passenger train here Sunday night occurred today when Harold Cherry of Milwaukee died of his injuries.

The death followed the return of two corner's vertebrae which fixed no harm sufficient to recall his name.—Washington Star.

COMMUNISTS NAME DAY

SAN FRANCISCO, Feb. 28 (AP)—Headquarters of the local communist organization announced today that March 6 had been chosen as "national unemployment day" and that the unemployed in every

Talk, Talk, Talk

Don't ever think people in big cities are not "talked" about. They are, although you often hear a small town woman who is under five say: "That's the trouble with a little town; the people do nothing but watch and talk."—Atchison Globe.

Proof of Worthiness

"When you lose a fortune," said H. H. Ho, the sage of Chiotown, "you must be able to rebuild it in order to prove you deserved it in the first place."—Washington Star.

Cause for Thankfulness

"He who remains forgotten," said H. H. Ho, the sage of Chiotown, "may at least rejoice that he has done no harm sufficient to recall his name."—Washington Star.

Simple Divorce Proceeding

In Nepal a woman can divorce her husband at any time by simply placing a betel nut under his pillow and taking her departure.

For the School Girl



Chic for the school girl is a little blue and yellow ensemble. The coat is of a new pebbly worsted lined with the yellow of the frock. The hat of yellow is faced with the worsted. Right, a tulle frock of plaid dotted Swiss in yellow has a gored skirt, bolero and cap sleeves and fine organdie blouse. (Photo courtesy of United Infants' and Children's and Junior Wear League.)

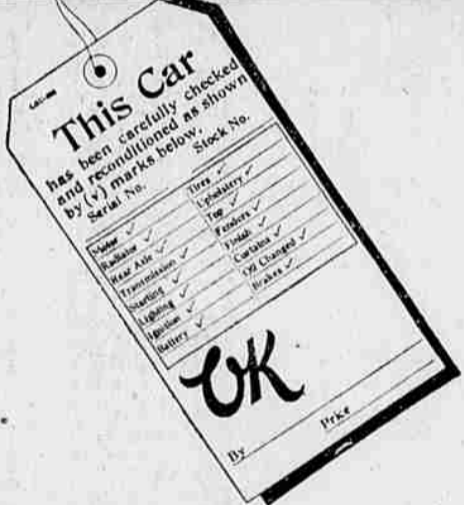


BIG SALE starts TOMORROW



SPRING CLEARANCE SALE

USED CARS — WITH AN OK THAT COUNTS



Here is a bargain event without parallel in the history of this community! This great spring clearance sale brings to bargain seekers a once-in-a-lifetime opportunity to secure famous used cars "with an OK that counts" at savings that will be long remembered.

Due to the tremendous popularity of the New Chevrolet Six, we have an unusually large stock of fine

used cars. To clear our stock quickly, we offer these splendid cars at low sale prices that are nothing less than sensational.

Buy a car during this sale at many dollars below its normal price! Look to the red "OK that counts" tag as proof of its quality and dependability. This tag signifies that the car has been thoroughly reconditioned. Be sure to attend this sale early.

Wide Choice of Four and Six Cylinder Cars

1929 Chevrolet Coach

Specially equipped with shock absorbers, heater, bumpers front and rear, oversized heavy duty tires, 1930 license, upholstery first class, motor thoroughly reconditioned. Sold "with an O.K. that counts."

Price—

\$545

- 1927 CHEVROLET LANDAU SEDAN—New paint job, eighty-five per cent rubber, bumpers front and rear, upholstery in good condition, motor completely overhauled, sold "with an OK that counts." Price—\$335
- 1927 PONTIAC LANDAU SEDAN—This car just released from our shop with a complete motor overhaul, equipped with this year's Lucas shock absorbers, bumpers, good tires, very low mileage. This car will give you dependable service for years and will run like new. Sold "with an OK that counts." Price—\$425
- 1927 CHEVROLET COUPE—Has only been driven 18,000 miles, motor in excellent shape, new rubber, upholstery in first class condition, former owner gave this car excellent care, has this year's license, sold "with an OK that counts." Price—\$335
- 1926 FORD PICKUP—This motor has been completely overhauled, has new radiator, has had very little use, a good buy. Price—\$135
- 1926 BUICK MASTER SEDAN—Finish looks like new and the upholstery is in first class condition, former owner gave this car careful handling, motor in good condition, equipped with shock absorbers and bumpers, sold "with an OK that counts." Price—\$495

1927 Nash Special Coach

This car has been raised a pet, looks like new, with smart lines, handsome blue Duco finish, extra heavy leather upholstery, new car dependability and performance, 1930 license, sold "with an O.K. that counts". Price—

\$545

BUY "O K" USED CARS FROM YOUR CHEVROLET DEALER

Larison Chevrolet Company

Used Car Department 411 Fir Street — Main Store 1414 Adams Ave.

NOTE: Models Advertised Above Shown at 1414 Adams Ave. Models in Classified Section Shown at 411 Fir Street.

Grande Ronde Meat Co.

Packers and Distributors of Mt. Emily Products

City Grocery and Market Main 75-50 | Economy Grocery and Market Main 573-48 | Hoover Market Main 755

THE BEST THE MARKET AFFORDS

45 head of Herford Steers is your choice to pick from in our coolers. We invite you to inspect them at our Packing Plant on Jefferson Street.

Follow the Crowd! There's a Reason!

SMELT, 3 lbs. 25c | BACON, lb. 28c | ROLLED BUTTS, lb. 25c
 Fresh from the Columbia. | Light & Lean. None better. | Ready for slicing. No bone.

DID YOU GUESS ON THE WEIGHT OF THE BIG HAM AT THE HOOVER MARKET? The live hog weighed 900 lbs. Look for the winner's name in the window!

HAMS, lb. Sweet & mild. 29c

Grocery Department

Special Prices for Saturday and Monday

Whole Wheat Fig Bars Fresh— 29c 2 lbs. 29c	Apricots Yacht Club Brand, Fancy Fruit in Syrup, 2 1/2 tin, 3 for 79c
Flour Royal Cream—made at home from home raised hard wheat. It is guaranteed to please you or your money back. 49-lb. sack \$1.59	Peaches Monarch Brand, Halves or Sliced 2 1/2 Tin, 3 for 89c
CARNATION Pancake Flour 5-lb. Cloth Bag 29c	Tomatoes Yacht Club—Solid Pack, 2 1/2 Tins, 3 for 55c
Baby Clams Whole—Delicious for chowder soup and salads. No. 1 tin, 2 for 29c	Cracker Jacks Everybody likes them. Reg. 50c value. Special—each 39c
Jell Powder Royal Club Asst. Flavors— Reg. Pkg. 4 for 29c	R. C. Coffee Oregon Pay Roll Brand 1-Pound Tins 44c 3-Pound Tins \$1.30 Jumbo Stick of Candy FREE.

We carry a complete stock of Bakery Products that are fresh daily. Tell us your needs our complete stock will help you solve them. Watch for our Saturday Specials.