

Over The Valley

Mabel E. Morton, Valley News Editor

(Continued from Page Seven)

county. The account of Mr. Paulson's promotion is handed to us as follows:

Oscar I. Paulson, a former Corvallis boy and graduate of Oregon State college, has come up a notch. The Union Pacific system has announced the appointment of Paulson, state superintendent of agricultural education in Oregon, as assistant supervisor of agriculture for the system with supervision of the O.-W. R. & N. unit, succeeding the late Charles G. Gignoux. Paulson, 31, a native of Dakota, will assume his new duties February 1. Paulson has been with the state board of vocational education in Oregon since 1927 and has been identified with the state's agricultural development since his graduation from Oregon State college. He has had seven years' experience in diversified farming near Corvallis. He organized and developed the first South-Huguenot vocational club in Oregon.

Accepts Position
Miss Merle Frizzell of Pleasant Grove went to La Grande the first of the week where she accepted a position in the office of the Blue Mountain creamery. Miss Frizzell has had excellent training. After graduating with honors at the high school where she had a business training, she had a year in the business college in La Grande from which she was graduated.

Mrs. Moss Ill
Mrs. Irwin Moss of Allet is reported as being ill at her home, the trouble being the bad cold and diphtheria which are going around the valley.

The Nurse to Speak
At the economic conference next week, Miss Alice Marquardt, public health nurse, is to speak on the subject "Safeguarding the Health of the Individual Child." Miss Marquardt is an interesting speaker and she will be heard with great interest.

Returns
Mrs. Isaac Shafer, of near Island City, has returned from a visit of a few weeks at Marshfield, Oregon.

Poultry Meet
The Union County Poultry association is announcing its annual meeting for next Thursday, January 30.

Topic Economic
Once more the importance of the two day conference on home economics, the complete program for which was published in these columns Tuesday in this column. Two specialists from the state college will be here, Miss A. Grace Johnson and Mrs. Vera H. Anderson. Miss Marquardt is to speak, and Mrs. Walter Pierce, who is becoming such a universal favorite in the valley will speak each day on some phase of the "good reading" question. All women of town and country are urged to come on those two days.

Infall
The Odd Fellows at Summerville had big dinner Saturday night when they installed the officers who had recently been elected for the year 1929 and after the work was all done, Wayne Park sprang the surprise of the evening by inviting the whole crowd to the dining room for a big chili feed. That was the climax of a busy and enjoyable evening. The officers inducted by the various posts were George Hardy, noble grand; Wayne Park, vice grand; Harley McDonald, secretary; Hugh Park, treasurer; Earl Park, warden; Ed Combs, conductor; Roy Buoy, right supporter to the vice grand; Carl Brown, left supporter to the vice grand; Frank Woodell, right supporter to the noble grand; Hans Hacker, left supporter to the noble grand; David Sanderson, outside guardian; Ira Lamm, inside guardian. The officers who installed were: Frank Woodell, district deputy grand master; Bush Lamm, grand marshal; J. J. Wagoner, grand warden; Roy Buoy, grand secretary; Carl Brown, grand treasurer; Ira Lamm, grand chaplain; Earl Park, grand trade guardian.

State Board Considers The Fruit Fly Matter



H. H. Weatherston of Elgin, member of the state board of horticulture, returned recently from a meeting of the board held in Portland. Among other important discussions at the meeting was the appropriation bill before congress at present to provide funds for combating the Mediterranean fruit fly. In the disposition of this bill Oregon fruit growers are intensely interested and which ever way it goes makes considerable difference here.

If the United States department raises the quarantine they now have on, the Oregon board will immediately protest our state from Florida fruits, by a law we have had for several years, according to Mr. Weatherston.

Oregon's representatives in congress have been asked by the Oregon board to bring all possible pressure to bear to insure the passing of the fruit fly appropriation bill. Preliminary work was done by the board in revising fresh prune shipping grades. Prunes shipped too green will be the first to be placed on the market.

Another matter of business which the board transacted which will prove a boon to shippers of fruit is the adoption of a uniform inspection tag. The board now has standard tags and blanks which can be purchased at cost for county fruit inspectors and shippers. These will be used when present local supplies of blanks are gone. Identification cards will be issued by the board to all persons within the state authorized to do horticultural inspection work. A check will be made of all persons signing inspection certificates.

The board spent several hours with the new state nursery inspection or operating under the nurseryman's license law of the last legislature. Various problems of his work were threshed out. Under the law each nursery must have a license and be inspected at least once a year by state inspector.

DIXIE UNITS IN ATTACK ON SALT MARSH MOSQUITO
RICHMOND, Va. (AP) — The greedy salt marsh mosquito, big brother of the malarial insect, has bit off a big chunk of trouble.

He carries no disease, but his size and numbers make him such a pest that a new organization, the Gulf and South Atlantic Anti-mosquito congress, will attack him in a correlated campaign all along the South Atlantic and gulf coasts. Airplanes and land machines will be used to spread larval poisons over the marshes.

REDSKINS TRUCK ICE TO HUNTING GROUNDS
SARASOTA, Fla. (AP) — The Seminole Indians, instead of taking their game to the ice box, are taking the ice box to the game.

The redskins of Collier county drive ice-filled trucks into the everglades hunting grounds and rush their kill to the moving refrigerator, according to Brad C. Albritton, circuit judge at Sarasota county, who found that Indians are one up on their white brethren.

By the time a truck is filled another is ready.

AIRPORT PAYS
OAKLAND, Cal. (AP) — The municipal airport here nets the city \$2,000 a month.

PAULSON TO WORK FOR O.-W.
SALTSM, Ore., Jan. 23 (AP) — Oscar I. Paulson, state supervisor of agricultural education, has resigned effective February 1, to become assistant supervisor of agriculture for the Union Pacific system. This was announced today by C. A. Howard, state superintendent of schools.

PLENTY OF AIRPORTS
LOS ANGELES (AP) — There are 56 airports in Los Angeles county.

The mayor of Philadelphia complains the death of night clubmen. The officers who installed were: Frank Woodell, district deputy grand master; Bush Lamm, grand marshal; J. J. Wagoner, grand warden; Roy Buoy, grand secretary; Carl Brown, grand treasurer; Ira Lamm, grand chaplain; Earl Park, grand trade guardian.

Spring soon will be here, and the verse is yet to come.

Health Talks
THE PENETRATING EYE
It is pretty universally admitted that man, taken as he is, proves a feeble animal.

Many of the lower animals are better able than he to stand and survive hardships.

And yet in our world man is king, and this only because he has been able to extend his powers.

The deer is swifter than man, but only man has been able to create the locomotive. The elephant is stronger than only man has invented diesel, with which he is able to lift many times the weight of an elephant. His senses, weaker than those of many an animal, become far keener than the keenest sense of the lower species when he extends, refines and sharpens them with ingenious inventions.

The penetrating eye, the X-ray, is a fine illustration of this point. Thirty-five years ago it was un-

One-Man Cast Of Ten Voices Herds His Troupe Onto The Air
ST. LOUIS (AP) — Tune in to hear how Tony Cabooch led his troupe of "Junglers" to the top of the broadcast ladder.

It's a short story, for Tony's radio career is as brief as his meteoric rise in network recognition.

A few short weeks ago "Tank you too much" was an unknown phrase to radio. That was because Chester J. Gruber, originator of the Junglers, hadn't started his one-man show on KMOX in St. Louis. A vaudeville entertainer for 12 years, Gruber always had hoped for a chance on the air.

Men have a hard time deciding what to order in restaurants. It's not at home if the food doesn't suit.

A FAMILY AFFAIR
They had a fearful row. "But for one thing," she sobbed, "I'd leave you, you brute, and go home to mother."

"And what's that one thing?" "M-mother's coming here. She's leaving father."

"What would your mother say, little boy," demanded the parent, by virtuously, "if she could hear you swear like that?"

"She'd be tickled to death if she could hear it," answered the bad little boy.

"Why?" asked the lady, shocked.

"Why?" exclaimed the boy. "Because she's stone deaf!"

This is indeed a wonderful age we are living in. It used to be that a man had to pay for fighting but now they pay him to fight.

If a husband is rude to his wife's friends, he is called a boor. And if he makes them feel at home, he is called a snip. Looks like a hard winter for husbands.

Young Wife (tearfully): "I'm so sorry, dear, I meant this to be a cottage pudding, but it wouldn't rise."

Young husband: "That's all right, sweetest. Let's just call it a flat pudding."

Little Lucy—"Auntie, why do you put powder on your face?"

Aunt—"To make me pretty, dear."

Little Lucy—"Then why doesn't it?"

She (after a fight)—"Well, the only thing left to do is to divide this house in two, you can have one side and I'll take the other."

He—"That suits me, what side shall I have?"

She—"You can have the outside; I'll take the inside."

The old-fashioned plain living and high thinking has been supplanted by overeating and fast driving.

"I'm afraid, sir," said the young salesman, "I can't deliver this order until your bill is paid."

"Then cancel it, cancel it," said the customer, testily. "I can't wait all that time."

known. Now the X-ray is among the most important instruments employed in medicine. In a wide variety of ways it is used to determine the condition of the body. Hardly a part of the body but can be inspected by means of the X-ray, and its field of application is becoming ever more extensive.

The X-ray, at the time of its discovery, was a mystery even to Roentgen, who discovered it. That is why he named it X-ray, X representing the unknown, the mysterious.

Today we know a great deal more about this ray, but in many ways it still is mysterious. This much, however, we do know about the application of the X-ray: It does not give us pictures, in the common sense of the term, but rather a shadowgraph.

The principle of the X-ray as far as we can state it in simple terms is that it gives forth under the proper conditions a certain kind of ray which has remarkable penetrating powers, so that if you place a dense body between the source of the X-ray and a photographic plate the ray will penetrate the body and affect the plate.

Valuable as the X-ray is, its value is heightened when it is used in connection with other tests and examinations. For this reason it is best never to have X-rays taken save under the doctor's orders.

BEFORE THE MINE
SATURDAY PROGRAMS

The National Broadcasting Company program for Saturday follows: 8 to 9, Happy Time; 9:15 to 10:30, Farm and Home Hour; 5 to 6:30, Business Talk; 6 to 7, Symphony Orchestra; 7 to 8, Dance Music; 8:15 to 9:30, News; 9:30 to 10:30, Lyrics; 10:30, Hill Billy Boys; 10:15, Tales Never Told; 11 to 12, Dance Music.

The Columbia Broadcasting system program for Saturday follows: 2, orchestra programs; 5 to 5:15, science talk; 6 to 6:30, Sit Wit hour; 7 to 8, Movie hour; 8 to 9, specialty program; 9 to 10, Merry-makers; 10:10 to 12, dance music.

KVI (740kc) 7 to 8:30, record-ings; 8:30 to 9, features; 9, CBS; 10:58 to 9, silent; 9, CBS; 10, blues singer; 10:10 to 12, CBS.

Portland
KGW (620kc) 7:15 morning program; 8, CBS; 9, news, cooking school; 9:30, NBC; 11:30, organ recitals; 1, markets; 1:15, feature program; 3, music; 5:30, NBC; 10, studio; 10:30 to 12, Hi-Jacks.

KEN (1130kc) 6, Harmony Aces; 7, song recital; 7:30, novelty duo; 10, dance program.

Spokane
KHQ (590kc) 8, NBC; 9, music; 9:30, NBC; 10:20, musical features; 1, concert orchestra; 5, NBC; 9:30, melodies; 10, sports; 10:15, NBC; 11 to 12, vaudeville fiddle; 12 to 1:30, popular music.

KOA (1470kc) 6, popular music; 7, concert; 7:30, novelty duo; 8, Saturday Nighters; 9, studio.

Oakland
KLN (530kc) 6, concert trio; 7, news; 7:30, concert; 9 to 10, dance

MENUS

By Sister Mary
The mother who is in search of a cheap source of iodine in foods will find it in Irish moss.

While shell fish are rich in iodine content, they are expensive foods and not available in all parts of the country. Japanese crab, oysters and clams are said to contain large amounts of organic iodine. These foods are not considered desirable for children.

According to the Bureau of Fisheries, the various varieties of sea mosses yield a worthwhile amount of iodine. Irish moss, which is a native of our Atlantic coast, from Maine to Carolina, has been harvested and used in invalid dietetic for nearly a hundred years. It makes excellent desserts for children as well as invalids.

Its Value in Diet
The following is taken from a bulletin of the Bureau of Fisheries: "That they (the sea mosses) are wholesome and palatable additions to the diet in regions where they are eaten in quantity is well established; and it seems fair to say that they occupy much the same place in the diet as other common foods, particularly green vegetables. In order that digestion should be normally accomplished, foods should be bulky and in this respect the sea mosses would certainly prove useful. Mineral matters are needed for the formation of bones, teeth and other tissues and to fulfill other physiological functions."

The moss can be bought in two forms. The natural moss is very cheap but requires some care in its preparation. The powdered form called sea-moss farina is always ready and easy to use.

Clearing Out the Sand
In preparing the natural dry moss for use, it must be washed through many waters until each piece is perfectly clean and free from all sand. It is then loosely in a bag of cheesecloth and put in the milk or liquid used for the pudding or it is dropped directly into the milk and, when sufficiently cooked, strained through a fine sieve before molding.

One-third cup dry moss finely packed in the cup will thicken one quart of liquid. The moss is a vegetable gelatine and can be used in any way gelatine or junket is used.

Peach pudding is good and uses canned fruit to advantage.

Peach Moss
One quart milk, 1-2 cup washed sea moss, 1 egg, 1-2 cup sugar, 4 tablespoons shredded coconut, 1 cup-sifted canned peaches, 4 tablespoons orange juice, 1-4 teaspoon salt.

Add sea moss to milk and cook over boiling water in top of double boiler for 25 minutes. Strain and slightly cool. Add white of egg beaten until stiff and dry with sugar and salt. Add coconut and orange juice to peaches and add to milk mixture. Pour into a mold dipped in cold water and chill thoroughly. When cold and firm, serve with sweetened whipped cream or custard sauce made with yolk of egg.

It is suggested by a fashion writer that husbands wear rings to indicate they are married. We don't know where, but suppose she meant through the nose.

McClay's Grocery

The Store of Quality — Service — Economy
Fresh Meats, Fruits, Vegetables, Groceries
1704 Adams Phone M-515

CATSUP Heinz 1 Bottle 23c	STRING BEANS Standard 2 No. 2 Cans 42c	SNOWDRIFT SHORTENING 3-lb. Can 73c
SMOKED SALT Old Hickory 10-lb. Can 95c	COFFEE M. J. B. Hills Red Can Royal Club Maxwell House Per. lb. 47c	CORN MEAL White or Yellow 10-lb. Bag 37c
FLOUR Federation 49-lb. Sack \$1.69	MACARONI Bulk 4 Lbs. 32c	RICE Fancy Head Bulk 3 Lbs. 25c
RIPE OLIVES Small Cans 2 For 27c	SPINACH Libby's, No. 2 1/2 tins 2 Tins 39c	STARCH Argo Corn or Gloss 3 For 29c
CITRUS Washing Powder 2 Large Pkgs. 49c	Knight's DILL PICKLES No. 2 1/2 Can 24c	OXYDOL Granulated Soap 2 Pkgs. 45c

Same Price
FOR OVER 38 YEARS
25 ounces for 25¢
KC BAKING POWDER
Guaranteed Pure
Use KC for fine texture and large volume in your bakings
Millions of pounds used by our Government

NO TUBE
CAN GIVE YOU MORE THAN THIS
7 Second Action
Humless Tone
Long Life
Ask Your Dealer About
ARCTURUS
LONG-LIFE
RADIO TUBES
STANDARD for EVERY leading SET

Los Angeles
KFI (640kc) 5:45, stock market; 6, NBC; 9:30, concert; 11, Midnight frolic.
KJX (1050kc) 5:15, kiddies hour; 6, organ, ensemble; 7, CBS; 8, feature; 10 to 1, dance music.
KIH (900kc) 5, CBS; 5:15, recordings; 6, organ; 7, CBS; 8, symphonies; 9, CBS; 10, news; 10:05, dance music; 12 to 1, organ.

San Francisco
KFO (630kc) 5, children's hour; 5:50, news; 6, concert; 7, popular music; 9, Cecil and Sally; 9:10, Salon orchestra; 10 to 12, dance music.

Seattle
KJH (470kc) 6, Harmony Aces; 9, concert; 9, Saturday Knights; 9, Northwest hour; 10, musical potpourri; 10:30, Vic Meyers orchestra.

McWilliams DUTCH SHOPS

SPECIAL FOR SATURDAY ONLY
Big well filled delicious Apple Pies
Saturday only, each 20c

French Doughnuts, doz. 30c	Nut Loaf, each 20c
Genuine Danish Pastry 2 for 15c	Wine Cakes 15c & 25c
Dainty Dips, each 5c	Jelly Rolls, each 25c
Individual Mocha logs. 10c	Angel Food Cake 30c

Ready Sliced Bread, loaf 10c

DUTCH TREAT

Our scrumptious cake doughnuts, doz. 15c
Chocolate cup cakes, doz. 15c
Special Ice Cream for Special Occasions.
Butter-Nut Bread always a treat.

"Wind Up at the Windmill"

Women Themselves Say It
"Our recipes actually turn out better with Drifted Snow" . . . say housewives.
This special quality in Drifted Snow that women like has made it the West's largest selling flour. . . .

SPERRY

DRIFTED SNOW FLOUR