

Society News

Engagement Of Carolyn Rosenthal Announced Today

Miss Emily Sommer today announces the engagement of her niece, Miss Carolyn Rosenthal, formerly of Spokane, Wash., and recently of La Grande, to Allen Sylvan Wexel of San Francisco, Cal.

80 Couples Enjoy B. P. O. Elks Dance

The last Elks dance of the year, and also the last one under the present committee, was enjoyed last evening at the Elks temple by about 80 couples. Gay decorations were in theme of Christmas and Yuletide. A turkey was given away during the evening. Music was furnished by the Star Novelty orchestra, punch was served.

C. J. Breier Co. IN THE WEST

Store No. 13 La Grande, Ore. FANCY Umbrellas \$3.98 - \$4.98

Fancy silk covered 16-rib frames. Novelty and standard shapes make an ideal Christmas gift.

Dinner Feature Of Social Gathering

About 30 members of the L. S. of B. of L. P. and E. and their children enjoyed a delicious dinner last evening in the K. P. hall served by the lodge side in the attendance contest honoring the winners. Slender, lighted tapers, centered the table which was arranged in Christmas decoration.

Wistaria Bridge Club Entertained

Members of the Wistaria Bridge club were guests last evening of Mr. and Mrs. Henry Ewin at their home. Three tables of bridge were enjoyed, Mr. and Mrs. W. C. Hooper winning honors for high scores.

Miss Bramwell Is Honored at Party

Mrs. Jack Hiatt and Mrs. George Lyman were hostesses Monday evening at Mrs. Lyman's home, honoring Miss Ruth Bramwell, whose wedding will be an event of January 4, with a delightful handkerchief shower.

Birthday Party Event of Tuesday

A jolly birthday party honoring Dallas Cooper's seventh anniversary was given yesterday at the home of his parents, Mr. and Mrs. Dewey Cooper on Elder street. A dainty four-course luncheon was served during the afternoon.

100 Attend Supper At Eagles Hall

About 100 persons enjoyed the pollock supper given by members of the L. A. of B. of B. T. last evening at the Eagles hall, with their husbands and families as guests. The long dinner tables were attractively arranged with small decorated Christmas trees, and large baskets arranged with poinsettias and filled with red fruit.

An entertaining program in the lodge hall followed the dinner. Doris Warner sang, "Painting the Clouds with Sunshine," accompanied by Lena Warner, and responded to an encore. "A Visit from St. Nicholas" was presented by May Waldroff.

A clever two-act play, "That Troublesome Christmas Present," was produced by the following characters: Mr. Price, man of the house, Mrs. Blanche McGhean; Mrs. Amelia Price, his wife, Ada Pidecock; Nancy Price, 17-year-old daughter, Verma Mason; Charles Price, 13-year-old son, Gladys Waldroff; Mary Sivik, maid, Anna Warner; life long friend of Mrs. Price, Minnie Hubbard, Elizabeth Clay; Mrs. Grace Adskin was in charge of the program committee with the following assisting her: Mrs. Elizabeth Clay, Mrs. Ada Pidecock, Mrs. Anna Warner, and Blanche McGhean.

Following the play Mrs. Russell Davy, chairman and Evelyn Jennings and Rachel White, distributed candy and nuts to the almost 50 children present as part of the Christmas tree for the children. Mrs. Hazel Coughenower, past president, installed the new officers at the close of the program.

Christmas Party At Scott Home

Members of the La Petite Bridge club enjoyed a Christmas party last night at the home of Mr. and Mrs. Wayman Scott, exchanging gifts during the evening. A feature of the affair was a surprise handkerchief shower for the hostess, in honor of her birthday anniversary. In addition, a birthday cake was revealed in one of the surprise packages.

Unique Party At Miss Hiatt's Home

A unique party was enjoyed Monday evening by 30 members of the Glenora Girls of the L. D. S. church when a Christmas party took place at the home of Miss Barbara Hiatt. Half of the girls dressed as boys and escorted the girls to the party.

Seagull Class In Enjoyable Meeting

Misses Louise Marie Williams and Ila Mae Andrew were hostesses to the Seagull class of the First Ward L. D. S. primary Saturday afternoon at the home of Mr. and Mrs. G. H. Williams.

Miss Anne Hiatt, who has been ill for several months, was the honor guest for the afternoon and a lovely handkerchief shower complimented her for her recovery.

Mrs. Jesse Stiles Hostess to Club

Mrs. Jesse Stiles was hostess last evening at a delightful meeting of the A. O. T. Bridge club with two tables at play. Seasonal decorations were in a Christmas motif.

Announcements

The Riverside Parent-Teacher association will meet Thursday, Dec. 15 at 7:30 in the Lane Chapel. The meeting date was changed to Thursday evening, as some of the teachers are leaving Friday on their holiday vacations.

Bridge 1,000 Feet in Air to Span Gorge



The Royal Gorge in Colorado is to be spanned by a suspension bridge. Above is an artist's conception of how the bridge will appear. At lower right is shown the depth of the gorge where the span will be swung. George E. Cole (inset) of Houston, Tex., is the designer and contractor.

All members are urged to attend. Tomorrow evening the Past Noble Grand club is sponsoring a dance at the Odd Fellows hall. Refreshments will be served during the evening. Odd Fellows, Tebecks and their friends are invited.

Crystal Rebekah lodge No. 50 will hold an initiation this evening at the L. O. O. F. hall at 7:30 o'clock. Refreshments will be served. All members are urged to attend.

The meeting of the Degree of Honor Protective society which would regularly meet Dec. 24 has been postponed until the first week of January when it will be at the home of Mrs. Charles Wale for a business meeting followed by cards.

The Neighborhood Art club will meet Thursday afternoon at 2 o'clock with Mrs. E. B. Mossman for the study of the subject, "Romanesque Architecture." Mrs. Merlin Batley will discuss the topic, "Development of Christianity, from Constantine to Gregory the Great." Mrs. C. E. Anderson will talk on the subject, "The Decline of Art." Slide pictures of the architecture from the Egyptian period to the Romanesque will be shown by Mrs. Mossman, showing development and growth.

The G. I. A. will meet tomorrow in regular session at 2 o'clock in the K. P. hall. There will be installation of officers. All members are urged to attend.

Health Talks

FOR MEN OF FIFTY By W. Calhoun Stirling, M. D., Washington, D. C.

The general practitioner comes in contact with all types of disease and finds one of the commonest to be prostatic disorders in men past fifty years of age. This disease occurs in half of the men reaching this age and comes on so insidiously that it has often caused serious damage to the heart and kidneys before its presence is detected. Doctors are all familiar in a general way with the symptoms of this condition, as we are coming in daily contact with these unfortunate individuals seeking medical relief.

WHEN IN PORTLAND—

Discriminating La Grande People Choose

The Heathman Hotels

THE HEATHMAN NEW HEATHMAN

NEW . . . LUXURIOUS . . . COURTEOUS . . . MODERATE IN RATES . . .

The New Heathman Coffee Shop is one of the most popular eating places in all Portland. You'll like it, too!

Heathman Hotels

Broadway and Salmon Park and Salmon

G. E. Heathman, Owner-Mgr. Geo. M. King, L. M. Pierce, Asst. Mgrs.

can promise the patient who is suffering from prostatic enlargement a complete cure in a large majority of cases. Complete restoration of the normal power is usually effected with a marked general improvement of health. This is brought about by eliminating the toxic products which are formed as a result of the diseased kidneys and heart. (This low grade uremia undermines the health and brings about a lowered resistance). The sense of well being experienced is very striking and frequently causes the patients to say they feel better than they have in many years. One sees a gradual recession of certain physiological processes. This is an important cycle in the life of a male as well as the female, so that one should consult with his family physician and undergo a thorough and complete physical examination at least semi-annually. In this way, an early or incipient disease of the prostate may be detected.

If a man has failed to have adequate examinations and finds that he has symptoms of this sort of trouble, early surgery may still be of great benefit in prostatic cancer if the condition is recognized before the malignancy has spread to adjacent tissues. In the early days of prostatic surgery the mortality was high, but at the present time the death rate is comparable to any other major surgical procedure, so that one need not fear this operation on account of advanced age. But do not wait for an operation to be necessary. Have the regular health audits that make most operations unnecessary.

MENUS

By Sister Mary The hostess who prides herself on the "smartness" of her entertainment will find that canapés as the opening feature of luncheon or dinner provide just the right touch.

"The literal meaning of 'canapé' is sofa, but the culinary interpretation implies a small piece of toast upon which savories are served.

These little appetizers must be highly seasoned in order to whet the appetite and attractively colorful to intrigue the eye. On extremely formal occasions, canapés can be served in the living room or drawing room. These are finger foods and great care must be taken in their making that they are not greasy or otherwise difficult to eat.

Perhaps a more practical and satisfactory way of serving is to place each canapé on a dolly on a small plate, which in turn is placed on the service plate. These can be eaten with a small fork and can be made a bit larger than the finger variety.

The foundation is always thin slices of bread toasted or sautéed in butter. The bread can be cut in fancy shapes or strips and the savers may be hot or cold. No

matter what particular type is chosen, three things are essential—stiffness in shape, freshness and daintiness in appearance, and decided pliancy in flavor.

The simplest form of canapé is made by spreading the toast with a savory butter. The butter is creamed and mixed with an equal amount of any highly seasoned savory such as anchovy, sardines, crab meat, chervil, bloater, horseradish, cheese, mayonnaise or mustard.

More elaborate ones are made with combinations of materials. Mined egg yolk (hard cooked), minced parsley and olives, green peas and green pepper and plings of cream cheese make effective garnishes.

For the holiday season a canapé cut in the shape of a star, a bell or a pyramidal Christmas tree would be attractive. Mined, hard-boiled egg white could be used in place of the yolk if a particular color scheme were wanted.

Cooks who have a discriminating taste and an "eye for color" will find much pleasure in the preparation of these tiny open sandwiches.

Anchovy and Olive Canapé

Toast thin slices of white or brown bread cut in any preferred shape.

Spread with anchovy butter and cover with thin slices of olives sautéed with pimento. Garnish with a narrow border of minced hard-cooked egg white.

With the realization that a great difference exists in the nutritive value of proteins from different sources, legumes no longer are considered an adequate substitute for meat. The protein found in dried beans, peas and lentils is known as an "incomplete" protein, which is lacking in those substances necessary for growth and health. So when legumes are wanted for a meat substitute, they should be prepared with other protein food, such as eggs, cheese and milk, known to be rich in "complete" proteins.

These qualities are mentioned not with the intention of discouraging the use of these foods, but to give mothers a clearer knowledge of the actual value of legumes in the diet.

Quite aside from their protein content, legumes furnish iron and phosphorus in worthwhile quantities. Both these mineral constituents are of great importance for body growth and repair.

Peas and beans also contain much starch and care must be taken in planning meals that other foods rich in starch are not included.

Since legumes are mild in flavor, they are more appetizing if combined with highly flavored foods and made savory with careful seasoning.

Long, slow cooking is imperative to soften the tough fiber and make them palatable. When served to small children, they should be rubbed through a sieve to remove the coarse outer covering which is

GIFTS for HER

New Robes
New Negligee
New Pajamas

PUTMAN'S
Ready-to-Wear

Sewing Shop

Opening Sat., Dec. 21, with complete equipment for all kinds of general sewing. Also a line of fifty silk dresses. Regular \$15.00 dresses \$9.00.

Depot street next to Laven-dar Lunch.

MISS LAURA PAYNE.

When Entertaining Holiday Visitors—

Bring your holiday visitors to the Sacajawea for lunch or dinner during their stay—a charming way to contribute to their entertainment.

They'll enjoy seeing this unusual hotel in this progressive city; they'll be pleased with its atmosphere and surroundings and they'll appreciate its excellent menus and expert service.

SACAJAWEA INN
"Points the Way to Better Things."

Blue Mountain Milk
COMES TO YOU FROM A SANITARY DAIRY

You know this milk's 'A-ONE', you do - It's equalled by the service, too

BLUE MOUNTAIN CREAMERY
PHONE MAIN 60
AT YOUR GROCERY OR DELIVERED TO YOUR DOOR

Vitality in liquid form. Drink More of it each day.

Announcements

The Riverside Parent-Teacher association will meet Thursday, Dec. 15 at 7:30 in the Lane Chapel. The meeting date was changed to Thursday evening, as some of the teachers are leaving Friday on their holiday vacations. The Rev. M. G. Tennyson, of the Episcopal church, will give a talk on the subject, "The Home, the Cradle of the Spiritual Life of the Nation."

WHEN IN PORTLAND—

Discriminating La Grande People Choose

The Heathman Hotels

THE HEATHMAN NEW HEATHMAN

NEW . . . LUXURIOUS . . . COURTEOUS . . . MODERATE IN RATES . . .

The New Heathman Coffee Shop is one of the most popular eating places in all Portland. You'll like it, too!

Heathman Hotels

Broadway and Salmon Park and Salmon

G. E. Heathman, Owner-Mgr. Geo. M. King, L. M. Pierce, Asst. Mgrs.

When You Miss Your Observer

Call Main 24

And a copy will be delivered at once free of charge.

For change of address, please do not notify carrier boy only—call the office direct, giving old and new residence, and you will avoid errors in service.

The Evening Observer

Main 37