

McClay's Grocery

The Store of Quality, Service & Economy

FRESH MEATS—FRUITS—VEGETABLES—GROCERIES

1704 Adams

Phone M-515

Coffee
Special Blend, Bulk
Ground Fresh
2 lbs. for 58c

Pineapple
Preferred Stock
None Better, size 1 1/4
2 for 35c

Tomatoes
A & L Brand
Solid Pack
3 cans 42c

Brown Rice Flakes
Comet Brand
3 pkgs. 25c

Grapes
2 lbs. for 25c

Standard Corn
No. 2 size
3 cans 32c

Beans
Great Northern
3 lbs. for 33c

Walnuts
Large Soft Shell
2 lbs. for 49c

Dina-Mite Mush
A new breakfast cereal,
cooks in five minutes.
Pkg. 23c

Jello
Assorted Flavors
3 pkgs. 25c

Del Monte Sliced Peaches
No. 2 Cans
2 cans 39c

Bulk Cocoa
Excellent Quality
2 lbs. for 25c

Fresh Coconuts
Full of Milk
3 for 29c

Raisins
4-lb. Pkg.
Each 34c

Bulk Turnips
5 lbs. for 25c

BEFORE MIDNIGHT

SATURDAY PROGRAMS

The National Broadcasting company program for Saturday follows: 8 to 9 a. m., Happy Time; 10, farm and home program; 11 to 11:30, new business world; 12, Lamorch orchestra; 1, popular music; 2:30, Anne and Andy; 3, Lyrics; 4:30, staff conference of NBC; 10:15, "Lafayette Square"; 11 to 12, Musical Musketiers.

The Columbia Broadcasting company program for Saturday follows: 5 to 6, Dixie Belongs; 6, Joe and M. 7 to 8, Movie hour; 9, Merry-makers; 10 to 12, dance music.

Tacoma
KVI (780kc) 1:45, Southern Cal-Carnegie Tech football game; 4:14 to 5, silent; 9 to 12, CBS.

Spokane
KGA (1470kc) 6, music; 9:30, requests; 10, Argentinian; KIH (590kc) 6:45 a. m., inspirational service, varieties; 8, NBC; 9, features; 11:30, farmers' service; 12:15, studio; 4, concert; 5, NBC; 9:30, Dough Boys; 10, musical features; 11, NBC; 12 to 1:30, popular music.

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help. A fast and brilliant boxer with dynamic in either fist, Goldstein has won 55 of his 65 bouts by knockouts. Granted confidence in himself, the Ghetto lightweight might be a champion.

McLarnin is a 9 to 5 favorite among the betting fraternity. Andy Callahan, Boston lightweight, meets Louie (Kid) Raphael of Meriden, Mass., former world's featherweight champion, in the 18-round semi-final Canada Lee, one of the best negro welterweights in New York in the first ten.

VANCOUVER GAINING
PORTLAND, Ore., Dec. 13 (AP)—The Vancouver Lions, last year's Pacific Coast Hockey league champions, today stood within two points of the league-leading Seattle Eskimos by reason of a 2 to 1 victory over the Portland Buckaroos at the Callama here last night in a game that was considerably more one-sided than the score indicates.

Waterproofing Wall Papers
A coat of shellac or varnish may be spread on any wall paper with out injuring it, and it will then be waterproof.

By Sister Mary
In many families the breakfast menu remains almost unvaried from day to day. The family is apparently satisfied with the fruit, toast and coffee that can be quickly prepared and quickly eaten, and the busy housekeeper is inclined to "let well enough alone." Children must have a hearty breakfast, but their menu is too apt to become monotonous and to consist of the same foods morning after morning.

During the winter months heartier food is needed by everyone, and if breakfast were made more interesting, a more adequate meal might be eaten and the day started with greater vigor.

Such a variety of fresh, canned and dried fruits is available that it is possible to have a different one every day for several weeks. Cereals also are offered in great variety, and in winter breakfasts, especially hot cereals, play an important part.

Besides Bacon and Eggs—!
The third course of the breakfast menu requires some thought and planning if the homemaker would serve other than the hackneyed combinations of bacon and eggs. Excellent as these foods are for breakfast dishes, they lose their popularity if repeated too frequently.

Flax always is good for a breakfast dish, particularly in one of its varied forms. The smoked and salted varieties have a pleasant tang that compares favorably with ham or bacon.

Dried beef offers another change for the third course.
Vegetables should be used more freely than they are. Creamed or toast with a garnish of crisp broiled bacon, in hash, omelets and sauces, they offer an infinite diversity of foods for the breakfast menu.

Muffins, griddle cakes, waffles and French toast will be a welcome change from toast every morning. The different grains and flours make it possible to serve these breadstuffs in great variety.
The following rule for cooking cakes is simple and unusually good.

Codfish Cakes
Two cups mashed potatoes, 1 cup shredded and cooked salt codfish, 1 egg, 2 teaspoons butter.

If the fish and potatoes are cooked together, the flavor of the cakes is improved. Pare potatoes and cut in cubes of uniform size. There should be three cups. Wash fish in cold water and shred very fine. Cook in boiling water to cover until potatoes are tender. Drain thoroughly. Return to fire and add butter. Mash until potatoes are perfectly smooth. Add egg well beaten and heat well. Drop from spoon into deep hot fat and fry from one to two minutes; drain on brown paper and serve on a bed of parsley. The fat should be hot enough to brown a cube of bread in 10 seconds.

Health Talks
POORLY NOURISHED CHILDREN
By Dr. Frederic Stecker
The growth, weight and height of children should be watched. To grow in height and grow regularly in weight is just as much a sign of health in a boy or girl of nine or ten as in a baby.

Mothers have learned to weigh their babies. They should also learn that it is just as important to weigh the older boys and girls. When children do not gain regularly something is usually wrong. If the boys and girls are weighed monthly any changes will be discovered early and not allowed to go on to serious consequences.

The causes of poor nutrition are not usually difficult to find. The most common causes are insufficient food or not the right kind of food. The child's appetite for simple foods needed for growth such as milk, cereals, vegetables, etc., is often spoiled by excessive indulgence in candy, sweets, pastry and other indigestible foods. Irregular eating between meals of cakes and tarts interferes with the

digestion. Eating too rapidly and never taking time to chew properly is another cause of poor digestion and poor nutrition. Tea or coffee in place of milk is another cause of poor nourishment. Insufficient sleep causes disturbance of nutrition. The child of eight or ten needs at least ten hours sleep each night. The child should sleep with windows wide open in order to get all of the fresh air possible.

The poorly nourished child frequently suffers with habitual constipation.

Over stimulation of the nervous system by emotional excitement of motion pictures and other evening entertainments interferes with the growing child's health.

Some children play too hard or too many hours. Their activities should be carefully regulated. Some children are overworked in and out of school.

It must also be remembered that poor nutrition may be due to such things as decayed teeth or enlarged or diseased tonsils.

When a child does not gain regularly and shows signs of being poorly nourished, immediate steps should be taken to determine the cause. A regular diet of simple nourishing food should be given and all remedial defects should be removed.

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RAIN & STORM COATS

Age 4 to 14

At Special Reduced Prices \$1.98 to \$5.98

Rompers & Creepers Age 1 to 3 50c to 98c

Silk Dresses Age 1 to 4 \$1.98

Wash Dresses Age 2 to 14 79c to \$2.95

Boy's Coats Age 1 to 8 \$2.98 to \$8.98

Girl's Coats Age 1 to 16 \$2.98 to \$15.95

We Sell Dolls & Toys At Wholesale Prices




Norton's Kiddy Shop

REBELS FAIL TO CAPTURE CAPITAL

Fighting Reported to Have Subsided—Exodus of Civilians Halted.

SHANGHAI, Dec. 12 (AP)—Nationalist government forces maintained their lines today at Chuchow, 50 miles north of Nanking, against the rebel army seeking to capture the capital and seize control of China's government. Fighting, which had lasted several days, was reported to have subsided.

FORD MUSEUM IS GIVEN AN ELECTRICAL MYSTERY

PTTSPURGH (AP)—A forgotten electrical instrument is among the hundreds of exhibits of the early electrical industry collected here by the Westinghouse company for Henry Ford's museum.

The message said it was believed that fully half of the attacking "Ironsides" forces had been included in the casualties are among the captured. The division, under command of General Chang Fak-Wel, was said to be still in retreat.

ACADEMY MEET PLANS "DECODING" OF SCIENCE

DES MOINES, Iowa (AP)—Scientific discourses for the layman are to be given during the convention of the American Academy for the Advancement of Science here December 27 to January 2.

HALL DENIES REPORT

PORTLAND, Ore., Dec. 12 (AP)—Dr. Arnold Bennett Hall, president of the University of Oregon, today denied the accuracy of newspaper accounts that he (Hall) had authorized the athletic committee of the university faculty to inform Captain John J. McEwan, who resigned as head football coach, that he was not to return for the spring coaching season.

SAYS YOUTH IS IMPOSTER

MOUNTAIN VIEW, Ark., Dec. 12 (AP)—Tiller Rumber, 18-year-old star witness against five men charged with murdering Governor Franklin, said positively today for the first time that the youth here claiming to be Franklin was not her former lover whom she says was mutilated and burned alive.

Grande Ronde Meat Co.

Packers and Distributors of Mt. Emily Products

City Grocery and Market Main 75-50	Economy Grocery and Market Main 573-48	Hoover Market Main 755
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DIVIDENDS—YOU RECEIVE TWO!

By purchasing here, you do so for less and at the same time you build your community by using HOME PRODUCTS.

Hams, lb. 29c	Breakfast Bacon, lb. 28c
Sugar Cured	Nice and Lean
Picnics, lb. 19c	Boned Cottage Butts, lb. 25c
Fresh and Sweet	No bone ready for slicing.
Shoulder Ribs, 3 lbs. 25c	
Spare Ribs, lb. 10c	
Pork Shoulder, lb. 16c	

GROCERY DEPARTMENT

Quality Food for Less

Peaches PREFERRED STOCK Melba Halves 2 1/2 Tins, 49c 2 for	JASPER'S Health Nuggets Fresh ground, 19c 4-lb. bags	ROYAL CLUB Coffee Three Lbs. \$1.49 1 lb. Peanut Butter Free
Shelled Walnuts Fancy light Pieces Per Lb. 49c	Extra Special Mixed Nuts, new stock, All No. 1 grade, 45c 2 lbs. Buy now for Xmas	Peels ORANGE, LEMON and CITRON Fresh stock in bulk Per Lb. 29c
Butter Blue Mt. or Meadow Harvest, fresh churned. Cash Price, 89c Saturday Only	Oranges New Navels Sunkist, 3 doz. 79c	Bakery Specials Donuts, 15c Fruited Cup, 15c Cakes, doz.
Bananas Golden Fruit Not over ripe, 27c 4 lbs.	Jello All flavors, 29c 4 pkgs.	Fruit Filled Coffee Cakes —Buy one for the regular price of 25c and we will give you one FREE.

DISTANCE LURE AGAIN GRIPS RADIO OWNERS

By C. E. Butterfield
Radio Editor
(Associated Press Feature Service)

The lure of distance has returned to radio.

The pre-winter season is young in days, yet it has produced some of the best listening periods in the era of broadcasting, particularly along the eastern seaboard.

McLARNIN AND GOLDSTEIN TO MEET TONIGHT
NEW YORK, Dec. 13 (AP)—Some 20,000 customers will pay close to \$100,000 for the privilege of watching Jimmy McLarnin and Itchy Goldstein punch each other around for ten rounds, or less, at Madison Square Garden tonight.

Practical Gifts Shop Early

DEPT. E. J. Breierle STORES

Toys Shop Early

Store No. 13 La Grande, Oregon

GIFTS For All



For Mother Pretty Tea Apron—A wide choice of unique designs made of attractive prints 49c Fancy Aprons—Made of imported Swiss organdy, novel and attractive 98c Our House Slippers—Have a reputation for quality. A world of styles made up of felts, leathers, and other novelty materials, fancy trims—49c to \$1.29	For Sister What is more acceptable than pretty hosiery? The newest in Fall shades, fancy or plain heels. Shop early—98c to \$1.98 Fancy Lingerie—All kinds of pretty and serviceable garments sold singly or in sets—69c to \$4.95 Silk Scarf—Silk squares and triangles, pleated or plain—69c to \$1.29	For Father Xmas Shirts—of plain and fancy headcloths. Soft collars attached. New patterns are here—\$1.49 - \$1.98 \$2.98 Men's Shoes—Breierle Stores are always ready with practical gifts. Men's or young men's oxfords, black or new tan, quality assured \$3.98 Gift Sets—A wide selection of novelty gift sets attractively boxed.	For Brother Fancy Ties—For men and young men, our complete assortments await your selection—49c to \$1.50 Boy's Hi-Tops—Welcome for Xmas and appreciated for long after—\$3.98 to \$8.45 Neatly Shirts—New patterns in headcloths and rayon stripes—89c to \$1.29 Fancy Hose—For boys, large or small, attractive patterns in silk or silk and wool—23c to 49c
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Practical Gifts
Ladies' Umbrellas—Sixteen rib frames, amber tips and handles. These are in new shapes and are pleasing and practical—\$3.98 to \$4.98
Ladies' Wash Dresses—Plus service, long after Xmas is past. Made in our own factory of fast color prints \$1.95
Indian Head Uniforms—Another garment of our own manufacture. Many colors in four distinct five models \$1.95

Toys - Dolls
Wooden Doll Furniture, 8-pc. set \$1.00
Child's Kitchen sets 15-pc. set \$1.00
Games that test the skill 45c to \$1.00
Buildover sets of wood, ingenious and entertaining 25c to 89c
Pop Guns, Shoot Corks 25c to 65c
Wheel toys, husky and well built, each 18-in. long—lee truck, auto racer, hook and ladder, fire engine, livery truck, each \$1.00
Dolls—non breakable mama and baby dolls, assorted sizes—25c to \$2.98

Practical Gifts
Blankets—Always the acceptable, practical gift. Beautiful ribbon bound plaid, wool and wool mixed blankets—\$3.48 to \$7.50
Fancy Spreads—Large size rayon headed spreads in colors to match the boudoir, individually boxed—\$3.98 to \$4.98
Throw Robes—These attractive Peppercorn robes serve many purposes in the home, size 34x78, ribbon bound, individually boxed \$2.48