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FRANK E. APPELBY.....Editor and Publisher
HARVEY F. MATTHEWS.....Business Manager
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FAITH SAVED—He that believeth on him is not condemned; but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God.—John 3:18.

Abe Martin



Fire Burns Over California Land

MIHAMAR, Cal., Nov. 20 (AP)—A brush, grass and forest fire burned over approximately 50,000 acres east of Half Moon Bay last night, swept almost to the coast shore line by a strong wind.

This coast resort and the community of El Granada were in the path of the fire until a shift in the wind aided crews of fire fighters in controlling the menace.

TED THYE BEATEN

SEATTLE, Wash., Nov. 20 (AP)—With two crashing body slams, Chuckie Hanson, of Omaha, defeated Ted Thye, of Portland, Ore., in a main event wrestling match here last night.

Hanson gained the first fall in the fifth round when he picked up his lighter opponent and slammed him to the mat. Thye went out but recovered to start the sixth but Hanson finished the match quickly with another slam and a headlock.

Union Women To Hear Speech By Mr. Richardson

By Mrs. L. Z. Tverell
(Observer Correspondent)
UNION (Special)—The meeting of the Women's club tomorrow afternoon promises to be one of unusual interest. Mrs. Frank Conner has charge of the program and has as speaker, Harley Richardson, of La Grande. He will talk on "Modernistic Art," and Mrs. Richardson will play piano accompaniment. Mrs. P. H. Crouter will have the current events for the afternoon and

Health Talks

START RIGHT
By Noel C. Womack, M. D.
Jackson, Miss.
When the baby starts on his interesting and eventful journey, the mother's diet should have the greatest consideration. It should be simple, including green vegetables, leafy vegetables, milk, and fruits, raw, canned or dried. Bread made from the whole grain the legumes such as beans and peas should be

cut twice a week. The choice of fish, liver, fowl or some form of dark meat should be eaten two or three times a week. It is not a bad practice to add to the diet cod liver oil in some of its forms, which heretofore has been considered as a medicine, but now is counted as a food. Such a diet, with plenty of exercise, sunshine, and proper hygiene, will go far toward preventing any evidence of rickets in the first few months of life.

A great many physicians believe that, with the exception of severe illness, almost any mother can nurse her baby. This is true if regular feeding times are established and the baby permitted to empty both breasts at each nursing, and this diet as outlined is continued.

The infant's early life should be supervised by the physician and particularly so if a change in its diet is necessary. The addition of cod liver oil and orange juice to the infant's diet as early as the second or third week, and continued until the twelfth month, will go far toward making the baby a perfect specimen by the end of its first year. Cereals and vegetable soups should be added to its diet under the advice of a physician. Sunshine, sleep, regular feedings, all contribute to the well being of the infant during his first year. Vaccination against all diseases where the benefit is unquestionable, should be taken up with the physician and disposed of as early as possible.

Kind but firm parental control has an important part to play with the well being of the infant, and contrary to popular belief the first two years of life are of more value in establishing the proper mental attitude toward authority than any other period of the baby's life.



Paris says short skirts will be worn no longer as long ones will be worn shortly.

Prof. "How many times have I told you to be in class on time?"
Student: "I don't know, I thought you were keeping score."

And then there's the absent-minded La Grande flapper who shined her nose and powdered her shoes.

Josel: "What is keeping the Harris family aloof?"
Tally: "Oh, they have a raft of friends."

Cold baths may be fine; but you never hear a cold bather kicking about spring coming.

He's a pretty poor citizen, who cannot get credit for more stuff than he can pay for.

Mark Twain may have been right when he said: "Be good and you will be lonesome," but he might have added that you will also avoid a lot of trouble.

Blanche: "I have a book that

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