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FRANK B. APPELBY, Editor and Publisher
HARVEY F. MATTHEWS, Business Manager

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SELF-SEEKERS EXPOSED—Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves. Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?—Matthew 7:15, 16.

Divorcees Clara Bow's Daddy



She no longer is Clara Bow's stepmother. Lorraine Bow, about the same age as Clara and a former "playmate" of the famous "It" girl, is pictured here as she sat in a Los Angeles court and was awarded a divorce on grounds of cruelty from Robert Bow, Clara's father. Lorraine is an actress, too.

Tall Skyscraper Rises As Venture Of Methodists In San Francisco

SAN FRANCISCO, (AP)—A golden harvest reaped from catering to the comforts of patrons of a modern skyscraper hotel soon will provide additional means for the soul saving work of San Francisco Methodists.

While not entering the hotel business themselves, they will reap the profit from operation of the hotel when the 27-story combination church and hotel they are erecting in the heart of the city is opened next fall.

The first four floors will be the home of the Temple Methodist church, and the rest of the \$2,500,000 structure will be devoted to catering to transients of the city.

In undertaking the gigantic business project, the churchmen organized a corporation which will be the landlord for the building, leasing the 524-room hotel to an operating company from whom it will collect the rent.

The profits will be administered by the corporation. Financially unshakable churches will be added, contributions made by various Methodist benevolences, and some money will be used to strengthen interest in Christian work. Temple church will raise its own funds.

Back of the project is the dynamic figure of Dr. Walter John Sherman, pastor of the church, who discarded the rough garb of a stone cutter to become a builder of the Christian kingdom. Now a doctor of divinity, Dr. Sherman recognized the need for a mammoth structure and sold the idea to his congregation.

He planned the institution of service to souls and material comfort, realizing a building large enough to attain his purposes in a district dominated by giant structures must have resources other than ecclesiastical.

Dr. Sherman temporarily returned to overalls to drive the first three rivets for the new building and expects to put the finishing touch on the structure, also.

The church will occupy the major portion of the four floors, connected with the hotel only by a passageway. There will be a sanctuary seating 1,500 persons, a chapel and Sunday school rooms. Other features include social center units and a gymnasium.

Health Talks

Golf Rules For The Middle-Aged Business Man
By Elmer Hess, M. D., Erie, Pa.

Usually the middle-aged business man, in the spring of the year, turns his attention to the golf links or to some other form of physical exercise. Even if he has played golf the previous summer, usually he has led a sedentary life during the winter. Very often he knows nothing of which his heart and lungs can stand the stress of the exercise. Almost every day in the summer time the newspapers give an account of some elderly chap dropping dead on the golf links from sun stroke or heart failure, to say nothing of the other man who, after thirty-six holes of golf, goes home exhausted, eat a hearty meal and either die of acute dilatation of the stomach or are sick in bed for a long time with the so-called popular "breakdown." No man can hibernate for four or five months during the winter season and then expect to go out and play golf with men much younger and more active than himself.

One feature of the game against which the middle-age man should be warned is the nineteenth hole.

Too many men will play the nineteenth hole at the end of every nine holes. This pepa them up, of course, and the next nine holes, but the stimulation is always followed by a long period of depression and is undoubtedly false.

Now, what should a man of forty-five or over do before he goes out on the links to play golf?

In the first place, he should have a physical inventory made by going to a competent medical advisor and having his heart and lungs gone over carefully; his urine examined and his blood pressure taken. Modern business and the worries and strains incident thereto wear out more hearts and kidneys than we have any idea of.

If a man over forty-five is physically fit, he should start out in the spring and play with men his own age and in about the same physical condition as himself. He should take it easy, play slowly, not hurry up the grades, nor indulge in more than nine holes for the first week or so. Gradually, as his muscles improve in tone and his heart and vascular system becomes accustomed to the added strain, he may increase the number of holes that he plays. He should not attempt to become highly proficient at a game that can be mastered only by youth, with constant practice, nor should

he indulge in explosions of temper. These things only decrease very materially the benefits that he will derive from the exercise.

When he comes in after the game, a warm shower followed by a cool one will refresh him and tone up and stimulate his whole body. If he sits in the clubhouse and imbibes bootleg alcohol or home-made gin, he will undo all of the good that he may have derived from the afternoon in the sun and walking in the open air. From these come all of the physical benefits that golf gives. If he comes in from his game tired, is unable to eat his evening meal and rises from his bed the following morning penniless, his golf is doing him harm, and he should again consult his physician for a check-up, in an endeavor to ascertain the why of those feelings.

BEFORE THE MINE

THURSDAY PROGRAMS

The National Broadcasting company program for Thursday night following 7:30 symphony hour: 8:30 light classical, popular compositions; 9: Memory Lane; 9:30, silent; 10, slumber hour; 11 to 12, Musical Musketiers.

The American Broadcasting company program for Thursday night follows: 8, American popular concert; 9, Anthony Euwer; 9:30, artistic ensemble; 10, male quartet; 10:30, "Tub Ethel"; 11 to 12, Vic Meyers.

Portland
KGW (620 kc) 7:30, NBC; 9:30, sports; 10, brass band; 11 to 12, dance music.

KEX (1180 kc) 8 to 12, ABC program.

Denver
KOA (830 kc) 8, serenades; 8:30 to 9, NBC program; 9, news.

Los Angeles
KFI (440 kc) 8, NBC; 9, feature program; 10 to 12, NBC.

Seattle
KJR (970 kc) 8 to 12, ABC program.

GALLSTONES CAUSE TROUBLE

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Tell Binkley's straw hat took off this mornin' at 7:15, headin' due west, an' after successfully 'cleanin' the mud puddle in front of the Courthouse, landed safely in a bed o' petunias under the south window of the county recorder's office. Well, how do you like your legs, fuzzy or ducced?

KOMO (920 kc) 8, NBC; 9, duo; 9:15, news; 9:30, old-time band; 10, brass band; 11, NBC; 12 to 12:30, organ recital.

San Francisco
KFRC (610 kc) 8, movie club; 9, features; 10, Amos and Andy; 10:10 to 12, dance music.

KFO (630 kc) 8, musical program; 8:30, NBC; 9, music; 9:30, violin recital; 10 to 12, NBC.

Spokane
KHQ (590 kc) 7:30, NBC; 9, old-time band; 10, brass band; 10, Amos and Andy.

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KGA (1470 kc) 8 to 12, ABC program.

Oakland
KLN (880 kc) 8:30, studio; 9, gospel hymns; 9:30 to 10:30, Hawaiians.

KGO (780 kc) 8:30, NBC; 9:30, Olympians; 10 to 12, NBC.

Salt Lake City
KSL (1130 kc) 8, male quartet; 8:30, NBC; 9, studio; 10, Amos and Andy; 10:10, dance orchestra.

Texas Law Code Signers Reduced To Lone Member

HUNTSVILLE, Tex. (AP)—The oldest living graduate of Princeton university also is the sole surviving signer of the present Texas constitution, drawn up in 1875.

He is Judge Andrew Todd McKinney, husky at 81, Huntsville's most eminent retired citizen. His half century of legal and educational leadership in Texas covers several pages in the state's history.

Historic Nassau hall at Princeton claims Judge McKinney as its oldest living resident. He stayed there two years prior to his graduation in 1858. Transferring to Princeton as a junior from Austin college, then to Huntsville, he became editor of the Nassau literary magazine in April, 1858.

For years they called Judge McKinney dean of the Texas legislature. From 1883 to 1911, he saw 16 years of service in the house of representatives. He also was a district court judge.

A native of Illinois, he studied law in Tennessee, fought in the confederate army under General Lee, only to be disabled in 1863. For two years he taught at the University of Texas, and later was on the school's board of regents.

His father, the Rev. Samuel McKinney, once was president of Austin college. One of his sons' sons, now in Huntsville's mayor.

RECEIVE BONDS

SALEM, Ore., Aug. 7, (AP)—The state reclamation commission has received for certification \$73,500 in refunding bonds of the Meadows drainage district of Klamath county. The commission will not meet for several days, but it is said that certification has been promised.

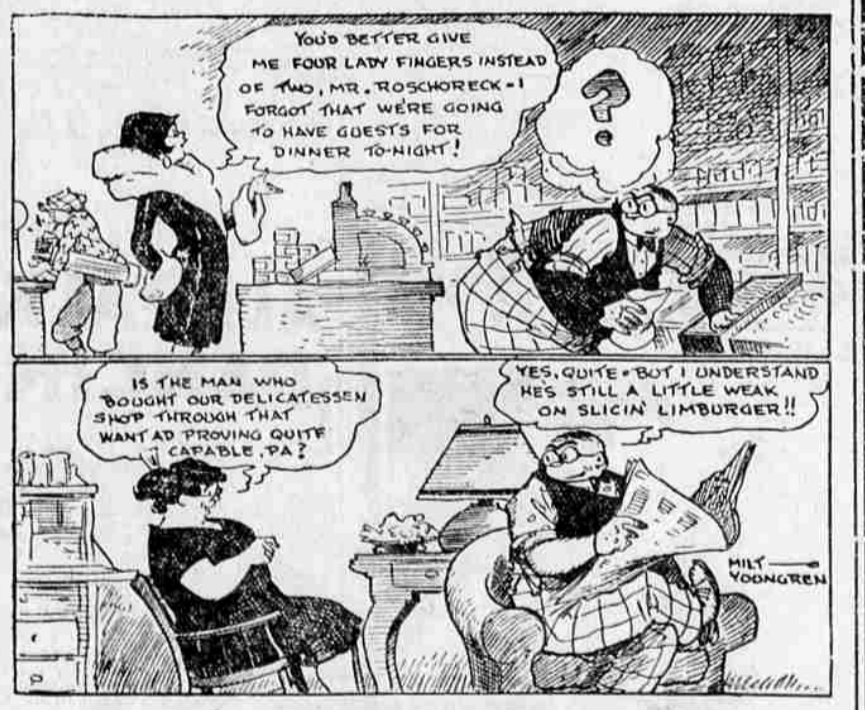
The William and Mary football team will play all its home games at night this year.

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GRAND CANYON BRYCE CANYON ZION National Parks

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The Observer

Bridegroom Dies In Auto Accident

PRATT, Kan., Aug. 7, (AP)—Donald Phillips, 29, was killed and his 19-year-old bride of a few days, the former Frances Frohman of Lone Jack, Mo., was perhaps fatally injured last night in a motor car accident which occurred when the couple attempted to slide a chair over party here.

Driving away from the home of his father, S. P. Phillips, wealthy farmer, where a noisy party of friends had gathered, Phillips' car struck another driven by Herschel Green, 15, son of a Byers, Kan., banker. Both cars overturned and that of Green caught fire.

Live as the young do and you'll keep young, says Dr. Mayo. The trouble is, old people never would be willing to settle down that way.

Do you suppose all this trouble in the Orient is due to the fact that the Chinese are seeing it?

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