

# Over The Valley

Mabel E. Morton, Valley News Editor

## Plans Completed For Grange Meet At Cove Sunday

Detailed plans for Union County Grange Memorial Sunday have been completed and the program is made public today. The program will be held a week from Sunday, August 11 at the Cove and will consist of two main services with a big basket dinner at noon. Members of all the granges in the county will be present to assist in the service which will honor the dead in all the subdivisions. The churches of Cove are cooperating with the exercise of the day, and all services in that town will be dispensed with at the morning hour. The program follows:

**Morning Service**  
 Opening Hymn "All Hail the Power of Jesus Name."  
 The Lord's Prayer.  
 Devotions.  
 Scripture Lesson.  
 Vocal Solo.  
 Prayer, Rev. T. P. Graham.  
 Hymn "Faith of Our Fathers."  
 Sermon, The Very Rev. Philomen F. Sturges, Sr., D. D., Dean of St. Paul's Cathedral, Boston, Mass.  
 Closing prayer and benediction.  
 Loan Sturges.  
 Closing Hymn, "Hail to Thee That Brings."  
 Basket Lunch at noon. Coffee and sugar furnished.  
 Each person brings forks and spoons.

**Afternoon Service**  
 Hymn "My Faith Looks Up to Thee."  
 Prayer.  
 Vocal Solo.  
 Viola Solo, Mrs. E. D. Jasper.  
 Memorial exercises for departed members.  
 Vocal Solo, Paul Knautz.  
 Memorial Address, Hon. W. M. Pierce.  
 Closing Hymn "Abide with Me."

**Health Hint**  
 Infants should be weighed every week during the first six months and every other week during the second six months of life. Keeping track of the weight during the second year is also important, but once a month is sufficient.

## Hyslop Called To Capital By Secretary Hyde

E. H. Hyslop, head of the farm crop department of the Oregon state college, who has made several visits to this valley each summer, coming especially to inspect potato fields for certification, but on other errands as well, had been called to Washington, D. C., by Secretary of Agriculture Hyde, to serve as chairman of a governmental committee on the regulation of the federal grain grades.

Professor Hyslop has obtained a three-months leave of absence from his position at Corvallis and will spend this time with the committee in holding hearings and carrying on other investigations as to the present standing of the grain grades throughout the country.

While the federal grain grades have proved fairly satisfactory in the northwest, probably through efficient administration according to officials, some other sections have expressed dissatisfaction. Every possible angle is to be investigated and recommendations made for the future by the committee.

Prof. Hyslop is representing, officially, the federal bureau of agricultural economics on the committee. While in the east he will also serve as unofficial representative of several western groups, among them the clover seed producers of Oregon, attempting to obtain suitable seed supplies for establishing a more hardy type of clover for seed production in this state.

E. H. Jackman, who returned to the farm crops department at the college a short time ago will come to this valley for inspection purposes this summer and as such, has already made one official visit.

**Immigration Restriction**  
 Until 1910 no law was passed in congress which effected the immigrant. An act then adopted, though applying to all passengers, was in reality a law regulating immigration, because then nearly all passengers were immigrants.

### MENUS

**By Sister Mary**  
 Use vegetables and more vegetables! Their vitamin and mineral content and lack of protein make them ideal for summer meals. While a balanced diet always is essential, the energy-producing foods are needed in lesser ratio during the hot weather than during the winter months. The old phrase "cool as a cucumber" is revealing in that it admits that this vegetable contains no heat-producing elements. Few vegetables are of high calorie value and when served without extra materials and seasonings have the actual food value in terms of protein, fat and carbohydrate.

Eggplant is a delicious vegetable. It makes an excellent hearty dish if stuffed with meat or an inviting breakfast vegetable if carefully sautéed in butter. Stuffed eggplant combines color and mineral salts in a most satisfactory fashion.

One of the secrets of cooking

eggplant is the process of blanching. If the vegetable is a but warty, let it stand in cold water for an hour. Then dip in boiling water and let stand five minutes. Drain and plunge at once into cold water. Let stand one minute and drain. The eggplant is now ready to use in any way it is wanted.

Combinations with other vegetables are good and offer an attractive way to use up a little of this or that which has accumulated in the ice-box.

Eggplant baked in casserole is an excellent hot luncheon dish to serve with sandwiches and lead tea or milk or is a good vegetable dish for a cold meat dinner.

**Eggplant Baked in Casserole**  
 One eggplant, 1 onion, 1 cup corn cut from cob, 1 green pepper, 1 tablespoon minced parsley, 1-2 cups sliced tomatoes, 1 teaspoon salt, 2 tablespoons butter, 1-4 teaspoon pepper, 4 tablespoons buttered crumbs.

Core eggplant and cut in slices one inch thick. Blanch. Cut in cubes. Cook 15 minutes in boiling salted water to cover. Drain. Melt butter and add minced onion.

**Mark of Obscurity**  
 Wasn't in part of the vocabulary of a one-track mind. The word "person" is seldomly, unobscurely, and a nuisance. It is no mirror of vision that to one sees right but himself, and to one he is wrong.—Grit.

**Ancient Beauty Culture**  
 Even Venus was not above bleaching her hair. Mohammed first introduced henna hair dye to the ancients. Cleopatra had the first permanent wave by braiding her hair and placing it between two stones. Those people into the past of beauty culture were given the Chicago and Illinois Hair Dressers' association in convention.

**Gaudy Uniforms**  
 The crew of Stephen Decatur's ship, the *Macedonian*, in 1812, wore a uniform composed of blue jacket, serried waistcoat and straw hat. Soldiers of those days who drove unglorified the globe wore hats of light, lustrous lamination from China or East Indies as a mark of their travels.

## A dash of sugar does not make vegetables sweet

### A little sugar develops the natural vegetable flavors

ANNOUNCEMENT has been made that two groups of women cooking experts recently discovered the old secret of using a dash of sugar in the cooking of vegetables (preferably cooked in little water). It should be made clear to everyone that the purpose of using this small amount of sugar is not to make the vegetables taste sweet. That is not the case at all. As one of the women—a nationally known authority—says, the sugar not only increases the delicacy of flavor but it brings out all the distinctive qualities of the vegetables. She adds that a dash of sugar restores the freshness of flavor, in a large measure, to vegetables that have become slightly wilted, and it helps to heighten the color of the vegetables.

No one would advise making vegetable foods taste sweet. This proper use of sugar does not do that. The remarkable thing about a little sugar is that it develops the natural flavors of the foods and that it blends and accentuates the other seasonings used.

Now that the skinny, scarecrow figure is unfashionable, women will be more willing than ever to follow the dictates of medical science and to encourage the members of their family to eat a varied, balanced diet. Most unflavored foods are bland and unpalatable. A little sugar makes fresh and stewed fruits, cereals, milk desserts, cooked vegetables and some meats delicious to the taste. "Sugar is nature's perfect flavor. Good food promotes good health." The Sugar Institute.



**Mellow Brewing!**  
*That's the feature that appeals in*  
**WEINHARD'S Columbia Brew**

Wherever Good Drinks are Sold

U. LOTTES, La Grande  
 Distributor for Bitz-Weinhard Co. and Henry Weinhard Co., Portland, Ore.

The Island of Yap can send 100 people to the United States as immigrants every year. There seem to be more Yaps around than that thought.

**and remember**

that Carnation Milk is pure whole milk in a most convenient form: evaporated to double richness, "homogenized" to distribute the cream uniformly, and sterilized for safekeeping.

Write for Cook Book  
 CARNATION MILK PRODUCTS CO.  
 P. O. Box 2138, Station A, Portland

**The Safeguarded Milk "from Contented Cows"**

Produced in Oregon Since 1902



# The New BUICK

**NEW Fisher styling... NEW 99 Horsepower Valve-in-Head Engine\* NEW Controlled Servo Mechanical Brakes... NEW Steering Gear NEW Road Shock Eliminator... NEW Double Acting Shock Absorbers NEW Non Glare Windshield.**

America has taken this new Buick to its heart. Millions have thronged to see it... tens of thousands have already placed orders... other thousands have requested demonstrations... all have found that in the five major elements of motor car appeal—beauty, performance, comfort, safety, value—this new Buick with Body by Fisher strides far ahead of any other car in the entire quality field.

**New Fisher Styling**  
 The new Buick Bodies by Fisher are longer, lower, more luxurious. They reveal new Fisher styling—new beauty of line and appointment—new colors—which have won outspoken admiration. And they introduce a host of new features including the new Fisher Non-Glare Windshield for safer night driving; new and richer upholstery; and new fittings and appointments of princely luxury.

**Pacemaker of Performance**  
 Moreover, Buick for 1930 reveals this same marked supremacy—this same increased leadership—in fleet,

# Tire Dollars

Go farther if you invest them in "Western Auto" TIRES

"Western Auto" tire quality... in-built extra mileage... dependability... is the result of years of experience in providing western car owners with better tires. Tremendous sales through our own more than 150 stores, and our "One Low Profit" selling policy, keep our prices on High Quality "Western Auto" tires down as low as ordinary tires. AND—Our TRADE-IN Allowance on your old tires makes our low prices even lower! That's why your tire dollars go farther—in "Western Auto" tires.

The safety of your investment is assured by the Iron-Clad Guarantee of Satisfaction—"150-Store Service" and the Customer Is Always Right policy of the world's largest retailers of motoring necessities.

**Tires Mounted Free!**

A TIRE FOR EVERY CAR—FOR EVERY USE—FOR EVERY PURSE

SIZE	Wear-well	Western Giant	Western Giant
	10,000-Mile Guarantee	Standard 12,000-Mile Guarantee	Non-Center-Treading 16,000-Mile Guarantee
29x4.40 (4.40-21) ...	\$ 5.28	\$ 5.96	\$ 6.85
30x4.50 (4.50-21) ...	6.10	6.95	7.95
29x4.75 (4.75-20) ...	6.85	8.30	8.95
30x5.00 (5.00-20) ...	7.65	8.95	10.25
31x5.00 (5.00-21) ...	7.85	9.35	10.65
30x5.25 (5.25-20) ...	8.80	10.25	11.80
31x5.25 (5.25-21) ...	8.95	10.55	11.95
30x5.50 (fits 30x5.77) ...	10.45	.....	12.65
32x6.00 (6.00-20) ...	11.80	13.75	15.60
33x6.00 (6.00-21) ...	11.95	13.95	15.95
32x6.50 (fits 32x6.20) ...	.....	.....	17.80
33x6.75 (6.75-21) ...	.....	.....	21.25

  

SIZE	Wear-well	Western Giant	Western Giant
	10,000-Mile Guarantee	Car Type 16,000-Mile Guarantee	Extra Heavy Truck Type
30x3 1/2 Cl. Regular ..	\$4.65	\$ 5.35	.....
30x3 1/2 Cl. Oversize ..	4.95	5.85	\$ 8.90
30x3 1/2 SS Oversize ..	.....	6.95	.....
31x4 SS Oversize ..	7.95	9.25	.....
32x4 SS Oversize ..	8.25	9.85	13.85
33x4 SS Oversize ..	8.95	10.45	.....
32x4 1/2 SS Oversize ..	.....	13.65	17.90
33x4 1/2 SS Oversize ..	.....	13.95	18.75
30x5 SS Oversize ..	.....	.....	21.85
33x5 SS Oversize ..	.....	19.45	23.65

**free!**

We are repeating OUR OFFER of a Tire Cover free with each purchase of 2 Western Giant Balloons

Two weeks ago we made our first FREE Tire Cover offer. So eagerly did car owners respond that we are making the same offer this week... one cover FREE with each purchase of two Western Giant Balloons...!

Remember, these covers are made of the well-known Taunton Twill, heavily backed and waterproofed. The black glazed finish is enhanced by embossed ribbed squares. There are no snaps or buttons... just slip the cover over the tire, and the strong elastic inner seam holds it tight and snug. Upon each cover, attractively lettered, are the words, "Western Giant Tires." This offer is for a limited period only.

Ask for low prices on sizes not shown

**Wasco Tires**

4-1/2" standard size and width. New from stock. Reconditioned by those who own a minimum inventory of 1000 tires. August 20th 1929.

30x3 1/2 \$3.98  
 29x4.40 \$4.78

**THIS LIBERAL GUARANTEE**  
 Means Satisfaction for You  
 Besides our liberal Minimum Mileage Guarantee, every "Western Auto" tire is guaranteed to give absolute satisfaction for the life of the tire. This is upheld by prompt, smiling service at all our stores, and by our popular Customer Is Always Right Policy.

**More than 150 Stores in the West—**  
**Western Auto Supply Co.**  
 LA GRANDE, ORE.  
 1411 1/2 Adams Ave.

Jennings Motor Co.  
 ADAMS AVE.  
 WHEN BETTER AUTOMOBILES ARE BUILT...BUICK WILL BUILD THEM