

Society News

Dr. Margaret Ingle Elected Head Of Neighborhood Club

Dr. Margaret Ingle was elected president of the La Grande Neighborhood club for next year, at the annual meeting held yesterday at the La Grande hotel. To be associated with her, filling the various offices will be Mrs. Charles Fyffe, first vice president, Mrs. Will A. Iler, second vice president, Mrs. R. E. Westenhaver, recording secretary, Mrs. S. B. Morgan, corresponding secretary and Mrs. Clyde Webb, treasurer. After the election, the new officers were duly installed by Mrs. Sherwood Williams, Mrs. Fred L. Meyers, the retiring president, made a very splendid talk yesterday, reviewing the work of the year and expressing her appreciation for the cooperation which she had enjoyed during the time. It was decided by the club to set aside \$100 from the general fund, placing it in the new building fund. This was the final meeting for the year, the meetings to be resumed in early fall.

Music Students In Recital Yesterday

These are the days for spring recitals and among the many given within the last two weeks, Miss Gladys Miller's last evening in the La Grande hotel ball-room was most enjoyable. Miss Miller presented a group of her music students and they were assisted by dancing pupils of Miss Miriam Hyatt. The numbers were given in the following order:—

- Pickaninny March—Chambers
- Valso Venetienne—Emil Eana
- Grandine Wright
- Soldiers March—Schumann
- Tumbledew—Bliss
- Murjel Webb
- The Old Clock—Krogmann
- Chinatown—Rogers
- Atholl Meldrum
- A Greek Study (Dance)—Speelart
- Winifred Scott
- Song of The Night—Chambers
- Alyine Conant
- In an Alabama Cabin—Cudman
- Betty's Music Box—Bond
- Lola Robertson
- Dance of The Trenchards—Keats
- Emil Burnett
- Hovering Butterflies—Gaynor
- The Old Tar's Yarn—Muehler
- Verna Lee Hanford
- Theodore Roosevelt—Blake
- Clairion Fox
- Tom Number (Dance)—Driggs
- March (Chasse) and Von Cell Bruce
- Butterflies—Grant-Schaefer
- Twilight—Grant-Schaefer
- Melba Shepherd
- Madrinal—Lack
- Cotton Tails—Burligh
- Patricia Jesse
- Canzonette—Schutt
- Shower of Stars—Wachs
- Virginia Shepherd
- Melody—Dawes
- Dance of Ye Which of Salem Town—Mokretz
- Jane Ravenscroft

Club Concludes Season Tuesday

The Mothers' Belt Culture club closed their work of the year with a program and picnic yesterday afternoon and evening at the Riverside Park, members of the families coming for the picnic supper which was the finale of a happy occasion. During the program hour, Mrs. J. S. Hoekin had for discussion the subject "A Wonderful World," Mrs. Howard Miller, "Our Own Ground," "What It Means To Us," and Mrs. Dick Lindsey, "Looking Down and Looking Up" and Mrs. Itay Murphy, "What We Can See When We Open Our Eyes."

Degree of Honor Planning Party

Last evening was regular meeting evening for the Degree of Honor lodge and a large company of the members were present for the regular work of the evening. Among the matters discussed was a benefit party which is to be given around June 15. The members of the lodge will meet on June 7 at the home of Mrs. Charles Wale to work on the quilt.

Riveria P.-T. A. Concludes Season

The Riveria Parent-teachers association at its last meeting held at Lane Chapel went on record as favoring law enforcement and especially the prohibition laws. The program was opened with a group of selections by the Riveria school orchestra under the direction of W. W. Nishoun. The sixth grade sang a number of songs directed by Miss Florence Smith. They were "Big and Little," "Old Daddy Crow," "Vesper Sparrows," "Summer, Summer," and "Spin, Top, Spin." The seventh grade also contributed to the musical program with "Hole in Hood," "A Geography Song," "Tree Song," Miss Nina Kane directed. Mr. Moore presented the letters to the boy and girl athletes of Riveria school—57 in number. Election of officers followed the program. Officers-elect were installed with Mrs. Louis Wetzel, retiring president as installing officer. The new officers are: Mrs. Fred Gehring, president, Mrs. W. F. Ballard, vice president and Miss Beatrice Wardell, secretary-treasurer. Mrs. Gehring appointed the following chairman of committees: finance, Mrs. W. P. Ballard; publicity, Mrs. O. B. Maxon; wel-

Mrs. Robinson To Present Student

Mrs. P. S. Robinson will present Miss Anita Hermann, student in violin at a recital Sunday afternoon at three o'clock at the ball room of the La Grande hotel. Miss Anita will be assisted by Miss Lenora Headley, pianist.

Girls Missionary Society Meets

The Girls' Missionary society of the Methodist church taking the voyage of good will around the world held a pot luck supper and short business meeting last evening at the church. Supper was served at six o'clock, the girls being seated at one table. The meeting was held at the same place adjourning in time for the program in the church auditorium. Miss Lenora Headley was elected treasurer to fill out the rest of the year in place of Miss Fay Hamilton who resigned on account of being absent from the city. It was decided to have an extra meeting a week from Friday evening, June 7.

Entertain Members Of So-Ne-He Club

Eleven members of the So-Ne-He club were entertained Tuesday afternoon by Mrs. F. L. Shepard and Mrs. E. A. Young at the home of Mrs. Shepard. After the business meeting, a social hour was enjoyed, followed by refreshments. Two new members were taken into the club, Mrs. Bernice Snydman and Mrs. Leta Hutchinson. There were also two visitors present, Mrs. Treney Snydman and Miss Clara Shepard.

Pattisons Entertain Honoring Visitors

Mr. and Mrs. Herbert Pattison entertained last evening at their home on Sixth street, in honor of Mr. and Mrs. Merle Gray of San Jose, California. A lovely lunch was served at ten o'clock and the remainder of the evening was spent in dancing. Mr. and Mrs. Gray are leaving tomorrow for their home.

Neighbors Meet In Enjoyable Session

The Grande Bond Circle No. 47, Neighbors of Woodcraft met in regular session last evening at the K. of P. hall with a very good attendance. There were some additional features last evening which added greatly to the pleasure of the evening. After the regular work, there was a splendid program of violin music and feature dancing. Refreshments followed. These were served "grab bag" style, each member bringing a bag of lunch and these were sold bit and miss fashion for the benefit of the order.

Announcements

The Epworth League of the Methodist church will have a swimming party at the Cove swimming pool Friday night, May 31. All those who can go are asked to meet at the church promptly at

NEW LIGHT ON OVERWEIGHT

Not Caused By One Food Alone—Many Factors Must Be Considered

It is always interesting and important when sound scientific opinion explodes a popular theory. Recently we asked one of the most prominent scientific authorities on diet to make public his opinion about the cause of overweight. "Too many people today blame sweets for everything," he said "but I can tell you positively that overweight is not due to sweets alone. "The simple truth is that some people gorge one foodstuff, others another. Men and women who are overweight have become so by the heavy overeating of starches, or sugar, or fats and oils. "I am certain that I am right in saying that the average increase in overweight cannot be laid to the increasing intake of sugar or any other single food." Perhaps the most valuable conclusion to be drawn from this famous man's remarks is that a balanced diet is most conducive to good health. Many foods that rightfully belong in such a diet will be more readily eaten if sugar is used to make them more appetizing. Sugar brings out all the best flavors of cereals, fruits, vegetables and many beverages. It freshens and invigorates the appetite. Most foods are more delicious and nourishing with sugar. The Sugar Institute.



Mrs. Smock: My dear, you've forgotten again that today is my birthday.

Will: Eh, listen, love, I know I forgot it, but there isn't a thing about you to remind me that you are a day older than you were a year ago.

Mother (coming upon her daughter downstairs): "How is it I find you sitting in the dark with this man?"

The Girl: "I must be your insomnia, mama."

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"I have observed," said a La Grande the other day, "that a good many of the people who boast of being 'air minded' still insist on keeping one foot on the ground."

Brown: "Are you wrapped up in your business?"

Jones: "No, indeed! I make fly paper."

MENUS

By Sister Mary
Gelatin dishes are extremely dainty and appetizing during the hot days of summer. Desserts and salads as well as fish, meat and vegetable dishes are most inviting served in a jellied mold.

In addition to the attractiveness of gelatin concoctions, we find that it's an important and wholesome protein food. That it is not only easily digested itself but it assists in the digestion of other foods. It also helps in assimilation making it possible for the body to use the maximum amount of nourishment in foods.

Authorities tell us that "gelatin is of the animal origin, being prepared from the sinews, connective tissues and fresh bones of the steer by carefully regulated processes of liming, washing and extracting with hot water, filtering and drying. It is not made from hoofs and horns as is popularly believed.

There are several brands of gelatin on the market generally prepared in granulated form. The average amount needed in jelly one pint of liquid is one tablespoonful. This includes the amount of liquid used to soften and dissolve the gelatin and flavoring. However, during warm weather, or when nuts or fruit are added, or if the jelly must be made quickly, an extra half tablespoonful of the granulated gelatin can be added for each pint of liquid.

No matter what brand of gelatin is used, follow the directions on the package. Every manufacturer is anxious to do all in his power to make his product one of never-failing success and the instructions accompanying each package are designed for this end. Often after the first using a few experiments make it possible to suit individual taste.

When fruit or other solid material is added to a jelly it should not be added until the liquid has begun to thicken. This prevents the fruit from all rising to the top and being all in one layer in the mold.

The easiest and quickest way to unmold gelatin mixtures is to pour 6:30 o'clock. All those intending to go must call Evelyn Piper (807W) before Friday morning.

AND SO, SHE LEADS THE SHOW



Margaret Storey of Hollywood deserves some kind of honor, because, although she's only a sophomore at University of Arizona, she's leading the Senior Follies in its state tour this year. This Follies has attracted national attention. Margaret has a beautiful voice as well as pleasing looks.

wrap a clean cloth wrung out of boiling water around the mold just long enough to melt the jelly against the mold. This loosens the jelly and it will drop out instantly.

One precaution! Fresh pineapple fruit or juice must be scalded before using with gelatin. Pineapple contains an element which prevents the forming of a gelatin.

Strawberry Bavarian Cream
One and one-half tablespoons gelatin, 1/2 cup cold water, 2 eggs, 1 cup sugar, 1 cup strained strawberry pulp, 1/2 teaspoon salt, 1 cup whipping cream.

Soften gelatin in cold water for five minutes. Beat egg yolks with sugar and add strawberry pulp and juice. Dissolve gelatin over hot

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OMAHA	7.25
KANSAS CITY	7.00
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NEW ORLEANS	5.75
CLEVELAND	5.50
TORONTO	5.25
ATLANTA	5.00
PITTSBURGH	4.75
WASHINGTON	4.50
PHILADELPHIA	4.25
NEW YORK	4.00
BOSTON	3.75

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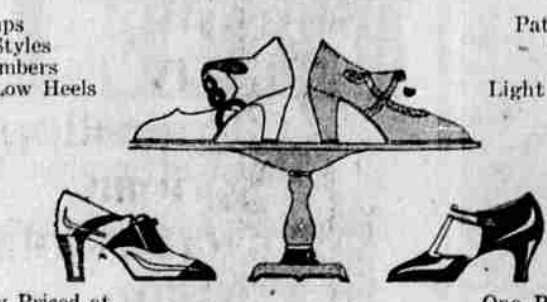
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an hour after their surprise marriage. The couple disappeared when they drove out of the estate of the bride's father, Ambassador Dwight W. Morrow, at Englewood, N. J., shortly after the ceremony Monday afternoon. The nearest thing to a clue to their whereabouts today was the colonel's blue Falcon plane which stood fueled for a thousand mile flight at the Schenectady, N. Y., airport, where it was flown from Roosevelt field, N. Y., yesterday. There were two parachutes aboard. The flight of the Lindbergh plane from Roosevelt field, N. Y., to Schenectady was one of the incidents in yesterday's futile attempt to pick up the trail and, like others, it served more to deepen the mystery of the couple's whereabouts than to dissipate it.

Surplus liquor must be thrown off the Leviathan before it docks in New York on a westbound crossing. The man assigned to this task won't ever have to write a "hard work won my success" story for the magazines.

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