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ABE MARTIN



"The catsup is at the other end of the counter," said Druggist Artie Small, today, when a customer bought a liver pad. "Yes, I know, an' I'm sorry I've kept him waitin', when Tell Binkley's office girl told him her boss was in conference."

Light Opera To Be Presented By Union Glee Club

By Mrs. Bert Knight (Observer Correspondent)

UNION, Ore., (Special)—"The Pioneer Papoose," a light opera in two acts will be given by the Union High school glee club under the direction of J. W. Baxter Jr., Saturday April 13 at 8 o'clock at the gymnasium. The cast follows: Chief Tomahawk, chief of a tribe of Tomahawks, Glenn Miller; Prince Whiteface, heir apparent, Winifred Mires; Laymount, medicine man, Barton Conner; Pioneer, Alfred Sonedah; Waitie, his daughter, Leona Spray; Lillamush, daughter of Chief Arrowhead, Val. Geertsen; Indian Maidens, Moonfair, Lanice Weaver, Starshine, Amayllis Knight, Bowright, Fawn Geertsen; Lightfoot, messenger, Glase Vaden; chorus of Indian maidens, Peggy Weaver, Adeline Miller, Nan Jensen, Alleen Boyles, Lois Cline, Ethel Conklin, Thelma Wortman; chorus of braves and warriors, Max Devore, Eldon Southwick, Mac Rees, Bob Linn, LaVerne Draper and Roy Baxter.

Zelda Peterson and Clarke Martens, a popular young couple of Union, were quietly married Thursday evening at the Methodist parsonage by the Rev. Robert C. Lee officiating. Mrs. Martens is the daughter of Mr. and Mrs. John Peterson, of near Union and Mrs. John Martens, of Union. Both are graduates of the local high school. The happy couple left Friday for Portland where they will spend a brief honeymoon.

A pleasant evening was spent Friday when 22 of Mrs. Murray Jensen's friends surprised her at the home of Mrs. Cecil Griggs. A feature of the evening's diversion was a miscellaneous shower, as Mrs. Jensen is one of Union's recent brides. At the close of the evening, refreshments were served.

Mrs. Edith Pfy accompanied by her mother, Mrs. Belle M. Wright, returned Sunday to their home here after spending the winter at Eugene.

Mr. and Mrs. Clarke Martens returned home Monday from several days honeymoon trip to Portland.

The Misses Eunice and Alpha Busick, who are teachers in the Fisher public schools, are spending the spring vacation with relatives in Union.

Ray Woodbury, proprietor of the

BOOKLET TELLS OF LAKE RESORT

Eastern Oregon Nationally Advertised by Union Pacific

A new booklet issued by the Union Pacific railroad company is off the press and is being distributed throughout the nation. The title, "The Pacific Northwest and Alaska," fittingly describes the contents. Much space is devoted to Oregon, both in print and in pictures and among the attractive photographs are two taken in Walla Walla county. One shows a view of Wallowa lake and the other the Wonderland lodge, in the Wallowa lake resort.

Speaking of scenic spots the booklet says:

"Another charming recreation region is the Wallowa mountains of Northeastern Oregon. The rugged snowy peaks that surround lovely Wallowa lake resemble those of Switzerland. Their general elevation is 8,000 feet, although individual summits such as Eagle Cap are loftier. The depth of Wallowa lake is undetermined. It averages two miles wide and four and one-half miles long. At the head of the lake is a comfortable lodge, tents and cabins for the accommodation of tourists.

Paradise For Sportsmen
"Dotted among the mountain summits above Wallowa lake are numerous smaller lakes forming a paradise for fisherman and hunter; the scenery is of unrivaled beauty. To reach these lovely spots, saddle horses with competent guides may be secured at Wallowa Lake lodge.

A branch line of the Union Pacific extends from La Grande to Joseph, where tourists are met by auto stage from the lodge.

"Much of the mountain areas lie in national forests where trails, free camp sites, and other facilities for recreation are maintained by the rangers."

Mentions Blue Mountains
Speaking of Eastern Oregon, the booklet says:

"At Huntington the Union Pacific journey begins to reach into the heart of the great Northwest. Powder River valley, with Baker as its municipal center, is the first Oregon milepost. Then follows a climb over a spur of the Blue Mountains into Grande Ronde valley to La Grande. Some nine miles east is a large building at the base of a rocky bluff—the Hot Lake sanatorium, renowned as a health resort; its mineral springs are 126 degrees in temperature.

"From La Grande a branchline leads northward to Joseph, the route to the picturesque Wallowa lake, high up in the Wallowa mountains where an attractive resort stands. Westward from La Grande another spur of the Blue Mountains is traversed. Then the rail leads down through a large reservation of Umatilla Indians into the Umatilla country, one of the finest wheat districts of the Inland Empire."

MARRIES ANOTHER
NORWALK, Conn., Apr. 10 (AP)—Henry Arthur Bishop Jr., former husband of Gloria Gould and once described by her as a handsome "fats" boy, is to marry Miss Edith Lyons Wood, banker's daughter and interior decorator.

Gene Tunney is said to have given a Spanish singer \$1000 for singing a certain song. Tunney's sense of appropriateness cannot be denied—he gives for a song what he got for a song and dance.

Union Railroad of Oregon, stopped in Union Monday morning for a few hours while enroute from Boise, Idaho, to his home in Portland. He expects to return home Thursday.

HOOVER KEEPS HER ON DUTY



Miss Mary Anderson, pictured above, who came to this country from Sweden at the age of 18 with no knowledge of the English language, has been requested by President Hoover to continue as head of the women's bureau of the department of labor. She is one of the few women in government service who hold their positions by direct presidential appointment.

HEALTH

PEP SOMETIMES FALSE ENERGY, HIGH BLOOD PRESSURE, MAY DELUDE EXAMINATION IMPORTANT

By Lena K. Sadler, M. D., Chicago, Illinois

Like the heart, brain, the blood pressure varies within wide limits in different individuals. It is important to know your normal blood pressure so that in the course of years you can tell whether or not it is increasing. Some people naturally have a rather low blood pressure. For them, blood pressures that might ordinarily be considered normal would, in reality, be a pathological increase, which could be recognized only if the normal pressure were known. On the other hand, certain individuals—in fact, certain families—show a natural tendency to increased pressure.

High blood pressure is directly and indirectly responsible for numerous bodily ailments and certain grave physical catastrophes. It is intimately connected with such serious disorders as chronic headaches, arteriosclerosis or hardening of the arteries, apoplexy and its subsequent paralysis, heart failure, Bright's disease, insomnia and even certain forms of mental disorder.

A great many persons who seem to be filled with vim and surcharged with pep are victims of high blood pressure. They are deluded by this false energy into the belief that they are enjoying extraordinarily good health, when, in reality, they are flirting with premature death.

Many things can increase blood pressure. It sometimes develops that high blood pressure is due to several factors—the mental state, the diet, as well as to the arterial condition. The significance of blood pressure should be evaluated from the viewpoint of its cause rather than the exact degree at any given observation.

Some persons, when they learn their pressure is up, begin at once to worry about it, and this only serves to send it up still further. A slight elevation in pressure is not cause for undue alarm. Many times with but little attention to one's habits of living, the pressure will come down to normal. Of course, if the blood pressure is considerably elevated and continues to stay up, even though we do not allow it to worry us unduly, we should give careful thought to its regulation and possible reduction.

Remedies for high blood pressure are disappointing. Only by removing the cause are we able to contribute to a permanent lowering of the pressure.

Rising blood pressure is a signal for a life of moderation in all things—mental and physical. These blood pressure victims must not run for street cars or indulge in other sudden spurts of muscular exercise. They must be careful not to lose control of their emotions, not to indulge in emotional scenes or explosions of anger.

The only safe policy is to have an annual medical examination. Most of the disorders associated with high blood pressure are symptomless. They creep upon their victims so gradually that the individual is unaware of his danger, but urine analyses and blood pressure tests would early serve to show the presence of these disorders.

President Hoover ought to call in Charley Curtis for some of those sessions with the medicine ball, Charley being the only living vice president who is also a medicine man.

Smart Flannel Ensembles for Sport

In Pastel Colorings

SKIRTS are pleated with elastic waistbands. The generous pleats in front allow for freedom of movement. The skirts may be had in matching colors, with jacket, or in contrasting shades, as you please **\$4.50**

Basket Weave Flannel and Velvet Jackets

TRIG little affairs of double breasted models, with two pockets and button trim. These come in matching shades as the skirts. The velvet style comes in black only.

\$7.50 and \$10.00

The Scarf for Sports Wear Is Colorful

TRIANGULAR, oblong or "paddle" shaped are the newest arrivals in scarfs. Color is the keynote in every one, the patterns varying from bold stripes to pleasing modern designs.

\$1.95 to \$3.75

Mannish Tailored Blouses of French Gingham for sports or the suit

DOUBLE breasted vest effects and circular collar styles in checked ginghams in colors of red, blue, green and black and white. These are nicely made and finished and are priced **\$1.95 to \$2.25** now at

N. K. West & Co., Inc.

La Grande's Leading Store for Over 30 Years

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The Highways Of Buying

"Follow the highway markings and you can't go wrong." . . . That's the advice the Automobile Club gives you before starting on a motor trip. You follow the well-known, well-marked roads. And you reach your destination the safest, most comfortable way.

Why not follow the same rule in your shopping? Why not stick to the "highways of buying"? They have been just as carefully plotted, and are just as carefully marked as the great motor roads you've come to depend upon. Marked by the trade-marks of reliable, advertised products.

The next time you go shopping follow these "highways." Before you start, look through the advertisements in these columns. Pick out the products you want. Notice the names and trade-marks that identify them. And then ask for them by name.

The advertisements are sign-posts to guide you to the best and most reliable merchandise

One of the things that sets Americans off by themselves is their ability to feel prosperous because they are surrounded by so much stuff that isn't paid for.

Aviators asked to select the most exciting thing in their careers seem almost unanimous on a parachute that opened too deliberately. Others have had more exciting experiences but didn't live to tell about them.

Much criticism is being written of the "do-nothing" record of the New York legislature this year. Oregon's tax program will probably stand as a record of accomplishment not only here but throughout the country. Lack of accomplishment is not an unusual charge against state assemblies.

The appointment of Charles G. Dawes to the Court of St. James will find favor throughout this country as well as in England. We cannot see how Mr. Hoover could make a better selection. Dawes has much prestige in Europe, gained a reputation both for diplomacy and keen judgment during the reparations conferences. He is known as a thoroughly successful business man and one who gained intimate knowledge of government and foreign affairs as vice president. In this country we think of Dawes as a bit blunt and outspoken, but it is interpreted as meaning he has a mind of his own. And his previous successes indicate just how sound and active that mind must be. He will do credit to America in his post as English ambassador. The country will be fortunate if it can send a man of like caliber to France to replace Herriek.

AVIATION FOR THE AVERAGE MAN

Every so often you read or hear that the day of the privately-owned pleasure airplane for the average man is just about at hand. Most of us, however, still have a hunch that the airplane is still a rich man's plaything. We admit it would be nice to fly, but we take it for granted that we'll never be able to afford it—so we dismiss all this talk as a lot of empty wind.

A writer in the current issue of Collier's Magazine, however, presents some cold figures that are rather illuminating. While flying isn't yet down to the point where all of us can have our fling at it, the Collier's writer demonstrates that it is by no means a form of recreation that must be confined to the rich man.

First of all, he points out, the man who wants to fly must pass a strict physical examination, and if he can't do that he's just out of luck—unless he's rich enough to hire his own pilot, as most of us are not. But if the test is once passed—and the Department of Commerce, which supervises it, estimates that 85 per cent of the people who can drive autos can fly airplanes—the rest isn't so terrible.

To start with, there's the matter of learning to fly. In a good school—and the man who tries to save money by learning in a cheap one is apt to break his neck—the cost will run around \$250 or \$300.

That done, nothing is left but to buy a plane—and fly. And it is rather surprising to learn that an excellent airplane, safe and reliable, can be bought anywhere from \$2000 to \$4000. Furthermore, the same time payment scheme on which automobiles are sold is in vogue in the aviation business, too.

If the prospective flyer lives on a farm, or adjacent to a vacant field that he can use as a landing field, his troubles are over. If not, he will have to rent space at some commercial airport. Figuring in this rent, his fuel, repair and overhauling of his plane, it will cost him about \$835 a year to do his flying.

All of this, to be sure, isn't exactly cheap. Yet it is apparent that aviation is by no means as expensive as we have supposed. In the near future, beyond doubt, it will be even cheaper.

WOTTA LIFE! WOTTA LIFE!

TRY W. K. GILBERT CO. FIRST