

Over The Valley

Mabel E. Morton, Valley News Editor

(Continued From Page Seven)

things emphasized by experts would not come amiss. In speaking of feeding, the speakers declined to give any exact composition of mixture of feed, stating that that was not necessarily a vital factor. The important thing was to have clean feed and plenty of it—using economy in other places. If it is cold feed more corn, was the admonition and green feed and skim milk are always good. Care should be taken to have the litter clean and dry. Ventilation and sanitation are also factors that need to be watched with extreme care. The finest range for chickens, it was stated, was green alfalfa and it was especially good for pullets.

Expects To Go To Portland—
It is reported that Uncle Ed Murphy, of Alsea, is contemplating going to Portland soon for medical treatment.

Give Afternoon Tea—
The first of the series of teas given by the Alsea club was held Tuesday afternoon at the home of Mrs. Lee Chennault in the Valeria district, with Mrs. Chennault and Mrs. I. A. Howell entertaining their

two groups and with fourteen guests being present. There were a number of contests arranged for the afternoon and it seemed to be Mrs. Ed Jasper's lucky day for she was the prize winner in both events. Late in the afternoon the hostesses, assisted by Mrs. H. G. Chennault, served a most delicious tray luncheon.

Busy Time—
In the orchard sections around Cove these are very busy days with pruning going on on all sides. In some places fruit trees are being taken out with the view of putting in more alfalfa and an expansion of the dairy industry in that part of the valley.

Cattle Indemnities Increased—
Increase in the maximum indemnity that may be paid by the Federal government for grade and purebred cattle condemned because of tuberculosis have been announced. The maximum Federal share in indemnity payments for grade cattle being increased from \$25 to \$35, and the amount for purebred cattle raised from \$50 to \$70. The new scale became effective in February.

Sing At The Lakes—
Twenty-five members of the chorus choir of the First Methodist Episcopal church went to Hot Lake last evening and repeated their rendition of the Easter cantata "The Great Light" for the benefit of the residents of the manitowish and the surrounding country. Several car loads of others went from La Grande and there was also a good sprinkling of Union people present. Under the direction of W. W. Nussbaum and with Miss Myrtle Wilcock at the piano the cantata was put on very effectively and elicited much praise from among the large audience present.

Junior Vodvil—
The annual show at the Cove high school, designated as the Junior Vodvil, was the bill Tuesday evening and from all reports it went over big. The Vodvil is one of the outstanding fun nights at Cove and always attracts a huge crowd.

Is Improving—
Mrs. L. L. McKennon, who has been a patient at Hot Lake for several weeks, following an operation for ulcers of the stomach, is improving and is able to be up some in a wheel chair.

Wade New Hall—
A movement was started at the meeting of the Blue Mt. grange Saturday looking toward the erection of a new hall in the future. The matter had been discussed on the quiet for a long time, but at this time through a resolution pro-

OUT OUR WAY



MAN'S INHUMANITY TO MAN

posed by the home economics committee and duly passed, it was decided to start a fund looking toward that specific end.

A writer in a new British magazine says American business giants are as accessible as office boys. And, with this bull market, sometimes you can't tell 'em apart.

A Chicago couple, living in the same house for 10 years and not speaking to one another, have petitioned for a divorce, spilling it all.

There's no possible substitute for

QUAKER OATS



THEY'RE OFF

Here's a picture of health -- is your child a part of this picture? Of course you want him to be the leader.

Look ahead a few years. Your plans, your ambitions, are centered in your children; in them you'll live over again. Then make sure they get a good start.

That means give them a good, husky constitution. It's so easy, too -- plenty of *Mother Hubbard Bread* in their diet. Start today!

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Send for the 'Sweet Sixteen' Recipe Packet now!



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Ask your grocer for Ghirardelli's Ground Chocolate... one kind of chocolate for cakes, desserts, making, beverages.

GHIRARDELLI'S
GROUND CHOCOLATE

By William

HOOK 46-POUND FISH

OREGON CITY, Ore., Apr. 4.—(AP)—The largest chinook salmon of the season was caught yesterday by Robert Kreuger, 18, high school student here. The fish weighed 46 pounds and was caught in the Clackamas river. Light tackle was used.

A co-ed at Kansas University keeps in practice by shooting apples off men's heads, ashes off cigars and all that. Probably that's a part of the home economics course.

Thousands Keep Well-nourished Right Through The Winter—They Take SCOTT'S EMULSION Rich In Cod-liver Oil Vitamins

Scott & Bowne, Bloomfield, N. J. 28-23

Celery stalks stuffed with Roquefort cheese or cream cheese blended with crushed pineapple can be served instead of plain celery. In the report of a recent battle in Mexico, it was stated the "rebels" refused to run. If they don't look out they'll be called up by the A. A. U.

All Quality

Because It's All Barley—All good grocers know Puritan. Trade with a grocer who handles genuine



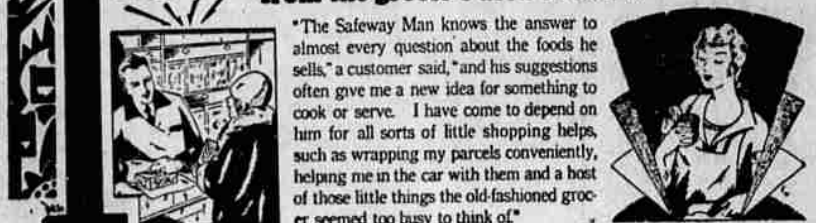
PURITAN MALT

—all quality because it's all barley

SKAGGS SAFEWAY STORES

Distribution Without Waste

The Safeway Man is different from the grocer I used to know



"The Safeway Man knows the answer to almost every question about the foods he sells," a customer said, "and his suggestions often give me a new idea for something to cook or serve. I have come to depend on him for all sorts of little shopping helps, such as wrapping my parcels conveniently, helping me in the car with them and a host of those little things the old-fashioned grocer seemed too busy to think of."

Flour Oregon Beauty brand. The family favorite for all baking purposes. 49-LB. BAG \$1.75 4 BAGS (1 Bbl.) \$6.89	Oleo-Margarine Crux. Our own brand. 5 LBS. 89c	Oyster Shell Eastern white. 100-LB. BAG \$1.39
Kellogg's Corn Flakes 3 PKGS. 25c	Lard Carsten's Washington brand. NO. 10 PAIL \$1.19	Super Suds The new granulated soap. You will be well pleased with this wonderful soap. Regular 25c size. 2 LGE. PKGS. 35c
Roman Meal The best health cereal on the market. LGE. PKG. 29c	Starch Armazo brand. Corn or gloss. 2 PKGS. 19c	Pork & Beans Campbell's or Libby's—medium size tins. 3 CANS 29c
Germea A wonderful breakfast cereal. NO. 10 BAG 49c	Soap Citrus Laundry 10 BARS 35c	Dill Pickles Happyvale brand. NO. 10 CAN 49c
Graham Flour Course or fine. NO. 10 BAG 45c	Syrup Amazo. Butterscotch flavor. 10-LB. PAIL 79c	Sardines Maximum Brand. Large ovals. Mustard or tomato sauce. 3 CANS 35c
Bacon Armour's brand. Sugar cured. Pound 31c	Honey Pure strained. 5-LB. TIN 55c	Campfire Marshmallows This is the best quality brand. 1-LB. PKG. 29c
Hams Carstens T. C. Half or whole. Pound 31c	Pancrust Pure vegetable shortening. 4-LB. PAIL 85c	Our Fruit and Vegetable Department
Grape Fruit Florida sweets. They are at their best now. Full of juice. 6 FOR 45c	Onions U. S. No. 1 dry. Real firm. 6 LBS. 25c	Lettuce Imperial Valley Firm, plump heads. 3 HEADS 19c
Oranges Sweet and juicy. Medium small size. 3 DOZ. 59c	Celery Large well bleached bunches. 2 BNCHS. 25c	Spinach Very clean and fresh. 3 LBS. 19c

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TWO STORES IN LA GRANDE. Store No. 65—Phone Main 690
Store No. 359—Phone Main 711

Many Bargains Listed on Want Ad Page

No one under 25 should be under weight
Everyone should eat enough

A food scientist, known throughout the length and breadth of the country for his sane and progressive views on health, emphasizes the danger of being under weight, especially for young people. "No one," he says, "under 25 years of age should be under weight. Weigh your children," he says, "and feed them enough. They must not lose weight. A loss of weight may indicate the beginning of disease."

Feeding children is sometimes a problem. How many mothers find it difficult to get children to eat healthful cereals and cooked fruits? The answer is that these beneficial foods should be sweetened to taste so that the children will find them delicious.

Growing children, especially young girls of high-school and college age, often take up the fad of dieting for slenderness. This may be extremely dangerous and may make the girls susceptible to tuberculosis and numerous other diseases. Medical authorities warn us that many women injure their health permanently by extreme dieting.

The important question of food must be approached sensibly. See that no growing person in your family is permitted to be under weight. Make a variety of healthful foods tasty and appetizing with sugar. Active children use energy so rapidly that they need a ready reserve of energy to draw upon. A bit of sweet makes the meal complete. The Sugar Institute.

SEATTLE PAYS



A Premium For It

In competition with the best dairy centers in the Northwest, Meadow Harvest commands a premium on the Seattle Market. Here every kind of food determines the merits of butter. And we are proud to tell you that one of your own Grande Valley products is better than the average.

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