

# SOCIETY NEWS

## Usher In Year Of 1929 With Watch Parties, Matinee

Greetings of Happy New Year are today's theme. Greetings, making New Year's resolutions, gathering at family feasts and at family firesides, feasting and merry-making are the main work of this first day of 1929.

New Year's bring changes—always. Already, La Grande has taken on a new aspect for last night the college students who came gaily home for the holiday season two weeks ago, left again, going back to work and play in the unique fashion common only to college students, and the city has once more assumed a quieter aspect.

After today the usual routine will

begin again and will continue for 264 more days until the ever recurring and eternal cycle will once more call the close of the year 1929 and usher in a new one.

Last night in La Grande, various church organizations of this city held watch night sessions. Those who attended the Midnight Matinee were entertained with a program of song and dance for the first hour of the year. Other more informal functions were held, including dances.

The members of the Intermediate Christian Endeavor society of the Presbyterian church were entertained last evening at an enjoyable watch night party by Miss Katharine Whisler at the home of her parents, Mr. and Mrs. Gustav Whisler.

The evening was spent at games until a late hour when Mrs. Whis-

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ter served refreshments. The guests were seated at one long table which was beautifully decorated with a bouquet of red carnations and red lighted tapers. Miss Hulda Anderson, former superintendent of the society and honor guest at the party, was presented with a bouquet by Miss Margaret McAllister. Miss Anderson responded with a few appropriate words.

The remainder of the time until the bells rang in the new year, was spent singing. An impromptu

gram was given. Immediately after midnight, the party was closed by the repeating of the Christian Endeavor Mission.

Those present were, Misses Ruth and Margaret McAllister, Mary Freese and Kathryn Moran, and Robert Culliff, Ralph Gebel, Isaac Hurley, Jack and Robert Eakin, Donald Culp, Miss Anderson, the hostess and her parents.

Miss Bertha Bantz, young La Grande musician, was honored Sunday afternoon at a party given

for her at the home of Mrs. P. D. Hunt, in Baker. A group of Baker and Union musicians were gathered for the afternoon. They included Miss Alma Payton, of Baker, vocal teacher; Mrs. M. Stearns, of Union; Earle Denham, of Baker; Miss Bantz and Mrs. Hunt.

The delightful afternoon was spent in an informal musical program with each of the guests contributing numbers. Miss Bantz played a group of violin selections. She studies violin in Portland and is a student at Reed college.

Mr. and Mrs. C. H. Gassett entertained at their home Saturday evening at a pinocle party. Three tables were at play with high scores being made by Mrs. A. Erickson and W. A. Moss. At a late hour a delicious luncheon was served by the hostess.

## Announcements

There will be no meeting of St. Mary's Altar society this week.

The Ladies' Aid of the Presbyterian church will meet Wednesday afternoon in the community room of the church at 2:30 o'clock. Mrs. E. W. Ely and Mrs. C. P. Lincoln will have charge of the social hour. Each member is asked to bring a guest.

The Ladies' Aid of the Methodist Episcopal church will meet with Mrs. R. P. Tyler, at 1102 First street, Wednesday afternoon at 2 o'clock.

The meeting of the Women's Missionary society of the Christian church has been postponed until a week from Wednesday.

The Episcopal Guild will meet at the home of Mrs. C. H. Gassett at 1612 Seventh street tomorrow afternoon at 2 o'clock.

## MENUS

By Sister Mary  
BREAKFAST—Halves of grapefruit, cereal, cream, toasted salt codfish, spider corn bread, milk, coffee.

LUNCHEON—Baked onions in tomato sauce, hearts of lettuce, whole wheat bread and butter, canned pears, chocolate nut cookies, milk, tea.

DINNER—Broiled hamburger steak, potatoes au gratin, baked squash, jellied beet salad, minceless pie, milk, coffee.

Jellied beet salad makes a bit of color for a holiday menu. Served on green lettuce ribbons rather than bleached head lettuce leaves if a vivid green and red effect is wanted. A bed of shredded cal-



A WHITE CREPE DE CHINE slipper trimmed with bands of silver kid and embroidered with rhinestones has an interesting openwork treatment at the front of the quarter.

## HEALTH

### RICKETS, CAUSING BONE DEFORMITIES, NOW PREVENTABLE AND CURABLE

By Otto H. Leber, M. D.  
New York City

Rickets is the most common nutritional disease of childhood in this part of the world. It occurs chiefly in the first two years of life, more especially in the latter half of the first year and the first half of the second year.

Most people associate rickets, and correctly so, with changes in the growing bones, changes that produce such deformities as bow legs, knock knees, and pigeon breast. These deformities are brought about by a disturbance in the deposit of lime salts in the bones, thus making them less able to withstand the increasing stress and to bear the weight of a growing child.

But beyond these effects, serious enough as they are, there are changes in the child's body, such as in the blood, the muscles and the nervous system, that produce an important influence on health at this period of life.

Nor must we assume that this disease is seen only in poorer homes and in undernourished children. Frequently it occurs, on the contrary, in the child apparently well-nourished and of normal weight.

Rickets is not only of the most widespread but one of the oldest recognized diseases of infancy. During all this time there have been many conflicting theories as to its cause, and even today authorities are still at odds as to the exact nature of the disease. We now know enough of its nature, however, to be convinced that we can both prevent it before its occurrence and cure it after its appearance, although many of the deformities produced may remain throughout the remainder of the child's life as a handicap of greater or less extent.

The two most active measures recognized in the prevention and cure of this disease are sunlight and cod liver oil. The vital influence of the former is seen in the far greater incidences of this disease in the early spring after a winter of short days and lessened opportunity for exposure to the sunlight.

In large cities, or where the climate or season of the year prevents a child having the full measure of

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# A NEW YEAR AHEAD

We turn back the pages of the past year and sometimes to our displeasure. Will the future year go by with as little accomplishment? Shall we wear for another year the same old shoes, hat and clothes; and shall we walk and live in the same old way? Our clothes may soon wear old, and we will be required to get new ones. **But** how about our lives; can we take on new ones? **No**; we must make the best of what we have.

It is sometimes good to strike a balance for the old year, and start out anew again.

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