

HOME OWNERS - REAL ESTATE - BUILDERS PAGE

BUILDING PERMIT TOTAL \$150,765

June Construction \$23,840
—G. R. Lyman Erect-
ing 2 New Dwellings

With two major building projects not yet on the books, the total for new construction in La Grande for the first half year is past the \$150,000 mark.

The two under construction, which will receive permits in the

near future, are the Montgomery Ward & Co. store building and the Julius Roesch \$20,000 garage building. These two are expected to put the total past the \$200,000 mark.

Building permits during the month of June totaled \$23,840, and included two new homes which George R. Lyman is building on Third and N. One is to cost \$4,000 and the other \$5,000.

Permits issued during the last week of June follow:

June 25—Cameron & Bragg for S. A. Wagle, to alter and repair a home on Cove between Willow and Cherry, work to cost \$350.

June 25—George R. Lyman, to erect a one and a half story dwelling on Third between N and O, to cost \$4,000.

June 25—George R. Lyman, to erect a one story dwelling on N between Third and Fourth, to cost \$5,000.

June 25—Charles Hildebrand, to alter and repair a two-story business building for West & Shogren on Adams between Depot and Fourth, work to cost \$600.

June 26—C. L. Graham, to alter and repair a home on Seventh between Oak and Walnut, to cost \$25.

June 26—Mrs. C. F. Merrill, to erect a business stand on Adams between Oak and Walnut, to cost \$25.

June 27—C. D. Goodnough, for Fred Schlike, to alter and repair a two-story home on N between Ninth and Tenth, work to cost \$50.

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La Grande
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SMALL HOME AT MINIMUM COST



HEALTH

CARE OF THE TEETH
By Edward L. Williams, D. D. S.,
Houston, Texas

President, Tex. State Dental Society
Modern civilization has brought so many complexities, and we live so artificially, so unlike Nature's intentions, that it is imperative for our health's sake to have periodic health examinations. We can not all be qualified to pass judgment on our physical condition, and valuing health, which is happiness, it behooves us to follow the advice, "Know thyself."

If we have a definite physical ailment or disease, we hurry to a competent physician or dentist, confidently believing in his earnestness of purpose, to seek relief; just so we should have the same degree of faith in their sincerity to call upon them at periodic intervals for health examinations.

The perfectly healthy body is the most marvelous, the most perfectly synchronized machine there is, but like the internal combustion motor it can not go at high speed and work properly without pure wholesome food or fuel in proper amounts, or proper elimination of wastes. For a longer life of usefulness, comfort, and dependability, periodic examinations by some one competent must be made, for early detection of defects and deterioration and their correction.

A physical UNEASE, the reason for which is obscure, is nearly always an initial symptom of beginning disease.

The mouth is the very front gate to the body, through which all nourishment for the body must pass, and it should seem obvious to every one that at least equal effort should be spent in its daily hygiene with other parts of the body. The mouth is 100 per cent perfect as an incubator and harbinger of disease germs, if it is in an unclean condition. If the teeth are kept habitually clean, the reward is mouth health. It is conceded that about 80 per cent of preventable diseases of the body enter the body by way of the mouth, so the rational conclusion is that we should give the mouth consistent daily care. The state of health of the mouth is a good index to the state of health of the body in most instances.

The majority of teeth today come into the mouth with defects of information, which need early detection and correction, and this is the most important step in prevention of tooth decay and infection of the mouth.

A child should begin having periodic examinations of his teeth as soon as he has teeth, and this should continue through life at intervals of four to six months. This is imperative because teeth differ from most parts of the body, in that nature does not provide for repair and replacement of their structure which may be destroyed by decay or accident.

Erwin took their guests to Wallows Lake one day, which they enjoyed very much.

Charlie Grandy has been very busy the past two weeks building a cement basement under his home. It will be a full basement and will be quite an improvement to the place.

Two of Mrs. Henry Counsel's nieces, the little Spencer girls, are here from Lestine visiting for a few days.

Members of the Ladd Canyon grange held an interesting meeting at the school house last Tuesday evening. The meeting was not as largely attended as usual owing to the busy season.

NORTH POWDER PERSONALS

NORTH POWDER (Special)—
Mrs. Ruth Bailey returned from La Grande after spending a several days' visit there.

A baby clinic was held at the school house auditorium Wednesday. Many babies were examined and a large majority passed a 100 per cent examination.

Albert Hutchinson and family have moved into one of the Sloan residences.

The Ontario commercial club stopped over en route to La Grande to meet the business people of North Powder and talk over the tourist situation.

Mr. and Mrs. Walter McGrath and Mr. and Mrs. William Coughnour and Mrs. McGrath's sister, of Hot Lake, enjoyed a wonderful day with the exception of a snowstorm at the North Powder lakes Wednesday.

Ed Murphy and wife, of Los Angeles, are here visiting old friends. They have been away for eight years. Mr. Murphy is a paint contractor in Los Angeles.

Walter and Bruce Davis, of Union, were at North Powder Friday.

Mrs. Al Brannum, of Missouri, is visiting her daughter, Mrs. Daugherty.

Mrs. Huff and Mr. Smith, of Portland, are holding Bible classes at Wolf Creek this week.

Ross Gulkison, of Baker, is spending a few days' visit down here visiting his mother and friends.

Norval Olson and Les Olson were on a fishing trip this week at North Powder lakes.

W. P. Thum, of Wolf Creek, was transacting business at North Powder Saturday.

RIVER SHIPMENTS START

ST. PAUL (AP)—The upper Mississippi river, virtually without a cargo boat until inauguration of barge line service last year, is playing a part in international commerce, American and Canadian wheat is being shipped from here to southern ports for transfer to ocean freighters and export to Europe.

A couple of weeks after a man is nominated as candidate for the presidency, he is notified of the honor. You'd think he'd almost find it out for himself in that time.

News from the political conventions has found quite a ready interest among women. It's nice to know what the politically-minded women are wearing.



Buy at about one-half the price, Claude Pratt's brushing lacquer and get the same kind of material as you would pay double the money for, and you can finish anything in your home, such as baby carriages, bath tubs, baskets, bedroom furniture, bicycles, bookcases, cedar chests, chairs, clocks, clothes baskets, crockery, drain boards, electric light fixtures, flower boxes, galvanized cans, hot water tanks, ice cream freezers, iron bedsteads, wooden bedsteads, porch furniture, shoes, stoves, tea wagons, toys, typewriters, and in fact anything that is dull you could make it brighter with Claude Pratt's brushing lacquer that dries in less than half an hour, and it will cost you about half the price. We have it in ivory, French gray, mist blue, Shantung blue, rich blue, golden yellow, orange, Mandarin red, bright red, golden brown, Indian buff, lettuce green, apple green, jade green, dark green.

The big Scotchman from the Oregon Trail stage depot was here again. He brought me three customers this time. If you want to ride on rubber, see the little Scotchman. It keeps the public all in doubt, whether he is butting in or butting out.

Don't forget us when you want field fencing, providing you want to save money. We have cedar posts and more varnish brushes. Your money back if you are not satisfied and want to return the material.

Claude C. Pratt
Lumber Co.
We Sell For Cash
"The Poor Man's Friend"
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A NEW VIOLETT BAG is made of two circles of straw in bright colors and centered with a modern ornament of gold metal.



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HEAVENS REVEAL SATURN IN JULY

The Ringed Planet May
Be Seen in the South,
Near Red Antares

By Robert H. Baker,
Professor of Astronomy, University of Illinois

URBANA, Ill., July 2 (AP)—Saturn, the planet with rings around it, is a conspicuous object in the evening sky during July. It is easily found exactly in the south at 7 p. m., central standard time, on the first of the month and at 9 o'clock on the 15th, about one-third of the way up from the horizon for observers in the latitude of New York.

There are two bright starlike objects not far apart in this region of the sky. One of them is the red Antares, the brightest star of the Scorpion. Saturn is a little higher and at the left of Antares. Its color is yellow and it does not twinkle as stars do.

Those who watched Saturn last summer will remember that it was then at the right of Antares. In the meantime it has been moving among the stars in the curious looped path which all planets have, and it has made some progress eastward, the direction of its revolution around the sun.

Saturn's movement among the constellations is leisurely. Ten times farther from the sun than we are, it has a bigger course to run; also, it moves slower—only six miles a second while we make more than 15 centuries per second. Saturn's year is thirty times as long as ours.

While the years go by slowly out there, the days are shorter than ours. This planet spins on its axis once in 10 hours. It seems probable, however, that no one lives there to count the years and days.

Viewed with a telescope Saturn

is specially interesting because of its rings, a feature no other planet possesses. There are three of them separated by dark spaces. The inner one is much the faintest and most difficult to see. It is called the "crepe ring."

We never see the rings flatwise, but we do see them on edge only every 15 years. The rings are so thin that they disappear from view on these occasions even when the largest telescope is used. The last disappearance was in 1921. The rings are now well open, so that the view is very good this year.

Saturn's rings are not continuous sheets, as they appear to be. They are swarms of small pieces, each one revolving like a satellite. In addition to the rings Saturn has nine satellites, one of them larger than the moon. In the telescope they resemble faint stars because they are so far away.

The novelist Zona Gale was married the other day to William Breeze. It must have been quite a tempestuous affair.

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