

Labor "Income" on Small Farms Is Insufficient for Good Support

WASHINGTON (AP)—His living conditions irrevocably linked with the profit he reaps from his labor, the operator of a small farm cannot always expect an income large enough to maintain the high standard possible on a larger acreage.

three-year average labor income of \$254; one with 140 acres \$536, and one with 240 acres \$1060.

Oregon Cherry Quality Is Aided By Good Spray

Good care of Oregon cherries grown for canning purposes calls for sprays that will not injure the canning quality.

From approximately June 5 to 20, the adult fruit-cherry flies appear in the orchard and stay for about three weeks, finds the Oregon experiment station.

The formula for the preparation of the poison-bait is as follows: Lead arsenate, one-half pound; molasses or syrup (never honey), two pounds; and water, 10 gallons.

Three spray treatments are given, the first when the adult flies appear; the second about 10 days after the first, and the third about one week later.

Cherry sprays with lime sulfur solution injure the canned produce and hence are dangerous.

The directions for spraying fruit if followed closely will insure cherries free from cherry maggots.

More complete directions can be obtained directly from the Oregon experiment station.

EVENING ENSEMBLES OF METALLIC FABRICS PARIS (AP)—Two evening ensembles of metallic cloth, one of gold and the other of silver, are included in Jean Patou's mid-summer showing.

Both costumes have matching coat and dress. The gold ensemble has an exaggerated circular coat heavily trimmed with fox. The silver coat is without fur and is a straight-line wrap around model.

SOMERSAULTS HELP JERTIZA KEEP FIT PARIS (AP)—Somersaults are Jertiza's recipe for keeping her health and figure.

In front of a group of women friends who had come to her hotel here to greet her, the stately blonde prima donna of the Metropolitan Opera, calmly turned a few cartwheels, and head-over-heels spins.

Al With Somebody Else's Wife



This picture of Al Smith with somebody else's wife would be astonishing but for the fact that she is Mrs. John A. Warner, his daughter. The picture was taken down at the water front the other day when Mrs. Warner and her husband returned from a European trip.

HEALTH

NO MORE DEATHS FROM APPENDICITIS

By Bernard Fantus, M. S., M. D., Chicago

The appendix is an organ without any real work; and it seems, therefore, like the proverbial idle boy, prone to get into trouble. Like the tonsil, it is liable to become inflamed; and when thus inflamed it may burst, just as a boil does.

Only when the appendix bursts, instead of that being the end of the suffering, it is likely to be the end of the patient. For the poison pus breaks into the abdominal cavity, and when an inflammation, spoken of as peritonitis, spreads here extensively, it is practically always fatal.

To abolish deaths from appendicitis, we must prevent peritonitis. In this we are helped by nature; for, strange as it may seem, all the symptoms of appendicitis are really the results of nature's protective measures.

The occupying pain the patient suffers orders him to lie down and keep quiet; the vomiting leaves the stomach empty; the fever helps better resistance; the cessation of bowel movement means rest to the inflamed organ; the adhesions, a glutiny together of the coils of the bowel, so harmful in their after effects, are the best means at hand to keep the pus from spreading.

Such knowledge, which we believe every layman should have,

ought to go a long way toward fitting him for intelligent co-operation with nature and doctors. Absolute rest is essential, no getting up or even sitting up. Nothing should be put into the stomach, not even water at first. No effort should be made to open the bowels. They may open at the wrong place. Pain killers may give temporary relief, but at the expense of ultimate disaster.

To try to check the vomiting by dosing the stomach is worse than useless. By letting nature do her best a certain number of patients recover. They do so, however, with a damaged appendix, much more liable to become inflamed again than it was before, or possibly with an abscess in the abdomen which may luckily burst into the bowel or onto the skin.

Had we no skilled surgeons, leaving nature alone and doing practically nothing would be the best course to pursue. But the surgeon can remove the inflamed appendix much more safely than the patient can keep it. He may be able to take out the dangerous pus sac intact. The prompt removal of the inflamed appendix is one of the most brilliantly successful of all the feats of man.

Operation delay until abscess has formed or general peritonitis has set in, may still succeed in saving life, but not nearly as smoothly or certainly. Removal of the appendix, after adhesions have formed, may remove the prime cause of the trouble and danger and give considerable relief; but the adhesions and other sequelae present may not

Watch the chef broil chops—a little at a time on each side... Hills Bros follow the same principle in roasting coffee



To seal in the juices and cook the meat evenly, each side of the chop must be exposed to the fire a few minutes at a time. Hills Bros' patented, continuous process of roasting coffee a few pounds at a time likewise produces the utmost in rich, aromatic, uniform flavor.

Bulk-roasted coffee can never have the flavor of Hills Bros. Coffee. And no other coffee can be roasted like Hills Bros. because this process of Controlled Roasting belongs to Hills Bros. exclusively.

HILLS BROS COFFEE

Fresh from the original vacuum pack. Easily opened with a key.

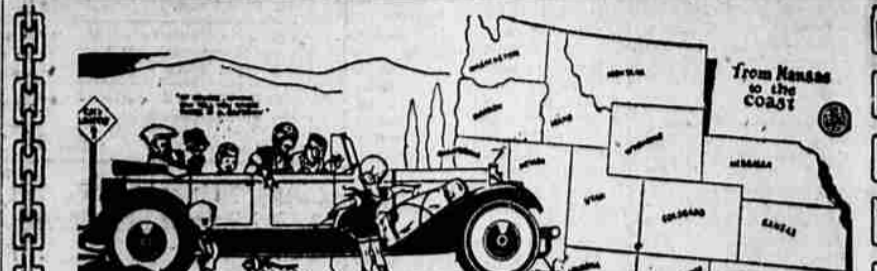
be amenable to surgical procedure, and remain to cripple and handicap the individual. Such understanding should be sufficient for the wise to act upon.

Man may conquer everything except a sense of loneliness.

PUBLIC HONORS AMPEHE LYONS (AP)—The house of Ampehe, near Lyons, has been bought by public subscription. It was in this house that the pioneer in electricity spent what he described as his happiest days.

Select cuts, which come from those parts of the animal which receive least exercise, are muscular with little connective tissue. These are better when cooked by dry heat. The chief methods are broiling, panbroiling, roasting, pan-frying and frying.

SKAGGS SAFEWAY STORES Distribution Without Waste



Thru out the West SAFEWAY SERVICE! SAFEWAY ECONOMY

When starting on one of the long, luxurious automobile tours so popular nowadays, it is no longer necessary to load the car down with supplies in order to avoid paying exorbitant prices or going without the delicacies to which you have been accustomed.

you will find a clean, convenient, low priced, Safeway Store, with a complete assortment of the highest quality foods. And in each of the more than 1200 widely scattered units operated by this organization, you will receive the same courteous, efficient, time and money saving service.

- Sugar: Pure cane, fine granulated. Now is the time to buy your canning sugar, as the market is advancing. 100-LB. SACK \$6.69
- Flour: Oregon Beauty—the old favorite for all family use. Flour is higher and we advise you to buy now at this low price. 49-lb. Bag \$1.89 (1 bbl) \$7.45
- Dill Pickles: Heinz brand. Nice large sizes. 1 Doz. 28c, 4 DOZEN \$1
- Catsup: Maximum brand. 1 BOTTLE 25c, 5 BOTTLES \$1
- Rice: Maximum large long grain. 5 LBS. 49c, 12 LBS. \$1
- Macaroni: Best quality. The yellow kind. 4 LBS. 49c, 9 LBS. \$1
- Raisins: Seedless variety. 4 LBS. 43c, 10 LBS. \$1

- Dollar Features for Saturday Only: 15-LB. BAG \$1, 10 CANS \$1, 9 CANS \$1
- Oleo: Crux brand. 5 LBS. \$1
- Milk: Pet brand. 5 CANS 49c, 11 CANS \$1
- Peas and Corn: Standard grade. No. 2 can. 10 CANS \$1
- Tomatoes: Standard grade. No. 2 1/2 size. 9 CANS \$1
- Coffee: Maximum steel cut. 2-LB. TIN \$1
- Grape Juice: Churches' best quality. Two 65c bottles, Saturday— 2 FOR \$1

- Matches: Safeway brand. 1 CARTON 23c, 5 CARTONS \$1
- Broom and Soap: One \$1 value broom 5 bars Crystal White soap. Total value \$1.25— SATURDAY PRICE \$1
- Malt Syrup Bottle Caps: 1 qt. can Buckeye Malt, 1 gross bottle caps, value \$1.14— SATURDAY PRICE \$1

- Potatoes--Grande Ronde Valley Netted Gems, 2 Sacks \$1.00
- FRUITS and VEGETABLES: Strawberries (From Milton, Oregon) 3 BOXES 29c, Bannas 3 LBS. 29c, Oranges (Small sweets) 2 DOZEN 69c

- Lettuce 3 LARGE HEADS 25c, Carrots (Nice clean bunches) 2 BUNCHES 15c, Turnips 5 BUNCHES 25c
- New Potatoes 6 LBS. 25c, New Peas 3 LBS. 25c, Tomatoes (Nice, firm and ripe) 2 LB. 35c

Two stores in La Grande. Shop at your nearest store.

PORTLAND ROSE FESTIVAL JUNE 11-16 featuring Mammoth Pageant Where Rolls the Oregon

EVERY day crowded with interesting events including Floral Parade—miles of beautifully decorated floats; grotesque Merrykhana procession and Parade of Nations; Exposition of Roses; Coronation of Festival Queen; Children's Pageant. Revelry—Amusements—Thrills of a lifetime.

Pageant performance every night, June 11-15. Played in great Civic Stadium—30,000 seats. Largest outdoor stage in the West.

Pageant and Parade Tickets on Sale Now Reserve seats by mail thru Multnomah Civic Stadium Association, 1411 Public Service Building, Portland

Easy HOUSEKEEPING

Drainboards snow white -yet unscrubbed

One of my correspondents writes me that she is having a most discouraging time with a dingy, gray drainboard in a rented house. She says she has scrubbed 'til she is exhausted, and the stains and discolorations are still there.

Mrs. MacGregor has prepared for you a most interesting Easy Housekeeping Chart to hang in your kitchen. Send for your free copy.



SHE'S QUEEN of the Court of the Mediterranean, the annual spring festival held at San Antonio, Texas, in commemoration of the Battle of San Jacinto, in which Texas won its independence from Mexico. The queen this year is Miss Martha Lewis.

AT ALL GROCERS