

SOCIETY NEWS

Legion Auxiliary Is Installed At Neighboring Town

Four members of the La Grande American Legion auxiliary went to Imbler last evening where they installed the officers of the Harry K. Larson American Legion auxiliary No. 36, the newest auxiliary unit in the state, which has just been organized here.

Mrs. C. N. Palmer, past president of the local auxiliary, acted as installing officer, and Mrs. L. L. Morgan was installed as president of the new unit. The auxiliary has 10 charter members and at last evening's meeting a membership drive was started which will continue until the next regular meeting Monday, Feb. 6. Every effort will be made to increase the membership before that time.

Other auxiliary members from here who attended the meeting and assisted with the installation were Mrs. Roy McNeese, president of the La Grande auxiliary; Mrs. Anthony Ford, sergeant-at-arms, and Mrs. Walter Palmer.

The La Grande review of the Woman's Benefit association installed officers for the year 1928 last evening, when a meeting was held at the K. P. hall here for that purpose. Following the installation, about 70 members of the association and their families gathered at the hall for a chicken dinner, which was served at 6 o'clock.

Mrs. Jessie Masterton, a past commander of the local review, acted as installing officer, and the following members took office: Mrs. Hazel Jensen, president; Mrs. Ada Groeck, vice president; Mrs. Vera Murehson, financial secretary; Mrs. Nellie Spencer, recording secretary; Mrs. Nellie Charlton, treasurer; Mrs. Sallie Nedro, lady of ceremonies; Miss Lillian Nelson, orator; Mrs. Arthur Cook, chaplain; Mrs. Bertha Bramwell, past president; Mrs. Rena Oakland, sergeant-at-arms; Mrs. Eleanor Carr, innex hostess; Mrs. Edith McAnally, outer hostess; Mrs. Nora Mackey, color bearer No. 1; Mrs. Lily Ledbetter, color bearer No. 2; and Mrs. Ida Charlton, captain of the drill team.

The work of installation was conducted in a very creditable manner, it is reported. Mrs. Bessie Webb and Mrs. Schrodia White assisting Mrs. Masterton.

Art Research Club In Enjoyable Meet

The Art Research club held an interesting study on "Light and Shade" Monday during the "Pencil meeting" at the home of Mrs. G. H. Claycomb, with Mrs. H. G. Smith as program chairman. Mrs. Smith gave an interesting talk on "Light and Shade" and showed a number of pictures to illustrate her remarks.

Mrs. H. H. Chesser exhibited a collection of studies in designs prepared by N. H. Zane from the school of design of the University of Oregon, and told something about the collection.

A short business session was held before adjournment.

Mr. and Mrs. Tom Buckman entertained the La Grande Bridge club last evening at their home on Walnut street. Three tables of bridge were at play and high scores among the women players went to Mrs. Milton Price and the men's first prize was won by Paul Young. The consolation prizes were won by Mrs. Prof Jones and Milton Price.

A color scheme of pink and white was used to decorate the rooms, which was also carried out in the two-course luncheon served after the card games.

Mr. and Mrs. Milton Price will entertain the club at its next meeting Tuesday evening, Jan. 24.

The third of a series of dances being given by the H. P. O. Ekl's lodge here during the winter months will take place this evening in the ballroom of the Ekl's temple here. All plans have been completed by the committee in charge, and members of the lodge and their friends are looking forward to the best dance of the series this evening. Hilde's band will furnish the music and dancing will start at 8 o'clock and continue until midnight. Refreshments will be served.

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Announcements

All officers, officers-elect and guards of the Neighbors of Woodcraft lodge will meet at the K. P. hall Thursday afternoon at 1:30 o'clock for practice.

Members of the drill team of the American Legion auxiliary are asked to leave their uniforms at the office of the La Grande Printing company before Feb. 1. It is requested that the uniforms be wrapped with the names on the outside of the package.

The White Rose club will meet tonight at the home of Mrs. C. E. Happerzett with Mrs. Sallie Hunt assisting as hostess.

The Ladies Aid of the Lutheran church will meet Thursday afternoon at 2 o'clock with Mrs. Ernest Stojka at 2105 Oak street. All members are requested to be present.

MENUS

By Sister Mary
BREAKFAST—Stewed figs, cereal, cream, broiled cottage ham, potatoes hashed in milk, radishes, milk, coffee.

LUNCHEON—Scotch soufflé, stewed tomatoes, brown bread, jam or jelly, milk, tea.

DINNER—Stewed chicken with dumplings, twice baked sweet potatoes, creamed onions, pineapple and cream cheese salad, frozen pudding, milk, coffee.

This is an ideal menu for a Sunday. The family who go to church will find the breakfast hearty enough to "last" until the late luncheon which can quickly be prepared after church. A little planning will leave the afternoon practically free for the cook with not more than an hour required for the "finals" before serving.

Codfish soufflé
One cup shredded codfish, 2 cups mashed potatoes, 1 1/2 cups milk, 2 eggs, 3 tablespoons butter, 1/2 teaspoon pepper, 1/2 teaspoon salt.
If salt codfish is used, freshen and pick very fine. Add butter, salt, pepper, fish and milk to mashed potatoes and beat until smooth. Add yolks of eggs well beaten and stir over the fire until thick. Beat whites of eggs until stiff and dry and fold into mixture. Turn into a buttered baking dish and bake thirty minutes in a moderate oven. Serve at once.

May Give Veterans More Time to Apply

WASHINGTON, Jan. 11 (AP)—World War veterans could be given two additional years in which to apply for bonus certificates under a bill approved Tuesday by the house ways and means committee. The time for filing such applications expired Dec. 31 last.

The house veterans committee also ordered reported the Fitzgerald bill to provide compensation for army officers, other than those in the regular army who were 20 per cent or more disabled during the World War.

KNEES AND HIGH HEELS
PHILADELPHIA, Jan. 11 (AP)—If you would have nicely shaped knees don't wear high heeled shoes. That's advice to women and girls by podiatrists. The Philadelphia Podiatric society was told last night by Dr. J. Torrance Rush that the wearing of high heeled shoes causes the foot to assume an unnatural position with the result that the muscles and bones are thrown out of balance. When that happens, he said, the knees become less stable, the knee action becomes much less secure and fatigue results.

They're using chemicals to ripen fruit now, but that's an old recipe for corn and rye.

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The world's highest grade package tea—and it sells for so little.



HEALTH

WHO ARE THE DEAF AND WHAT ARE THEIR NEEDS?

By ALICE G. BRYANT, M. D.
Boston, Mass.
Member Gorgas Memorial

We ordinarily think that an ear's function is to hear. The human ear is a beautiful and wonderful organ. Do we who have normal hearing always appreciate the great gift that was given to us? With little effort on our part and with a lesser amount of energy, vibrations are poured in upon us.

It happens that the ears do not always function as they should. Deafness may occur, and deafness may be defined as subnormal hearing. In a general way, we may have deafness of the outer and middle ear, or deafness of the inner ear. The causes producing deafness in the first group are numerous and the diseases and malformations of the latter group are far less numerous. The former yield more easily to treatment, and fortunate it is that it is so, for 90 per cent of the causes of deafness are found in this region.

Among the many contributing causes of deafness are defective adenoids, tonsils and teeth, chinitis, pharyngitis, bronchitis, pneumonia, influenza, hay-fever, sinus trouble, abscess of fluid in the middle ear, absence of the bone link work, perforation of the ear drum, and scurvy fever, measles, whooping cough, and other contagious and infectious diseases. Improper diet, deficient water intake, unsuitable clothing, shortened sleeping hours, un-directed efforts, irregular and defective bowel movements, deficient sunlight within and without the house, lessened quota of outdoor sports and physical exercise, and last, but not least, wrong air conditioning in private and public abodes—all these and more are offenders against better health.

Can these conditions be prevented, mitigated, or improved? Before the problem can be solved, they must be rightly envisaged, and so the trained expert—the physician, the aurist—are needed in co-operation, in collaboration at the very inception for the common good. What is a life unimpeded by disease? Do not be content or satisfied to poke along alone on the growing edge of medicine, where the ground work is so vast. We would plead for the family doctor to forestall such tragedies and to keep us fit for our highest efficiency in all positions of calling. We would worship him in the family circles as the Pharaoh of old and his queen worshipped the power behind the sun.

Cuff Novelty



Milady has apparently taken the cuff of a mousquetaire sleeve and attached it to her sleeves with buttons.

There are 17 normal ears in a thousand and approximately 1,250,000 school children with defective hearing in the United States. The deaf adult has the full power of speech. The deaf-mute must learn to speak. The hard-of-hearing child is only partially deaf. A congenitally deaf child and a hard-of-hearing child are two separate problems. The former may have been deaf or acquired deafness before he knew the value of speech. There are special schools for him, while the hard-of-hearing child should be trained in the ordinary schools. He is only hard-of-hearing and he should be taught lip-reading, lip-reading has diminished the strain, fatigue, irritation, faint-headedness, and brooding incident to deafness. The hard-of-hearing are no longer shunned by classmates or friends. Their education has given a purpose and prevented the waste of time in unprofitable by-paths.

The better health educational movement of the Gorgas Memorial anticipate the needs of the next generation in its constructive co-operative educational movement of today.

A trusty who escaped from Sing Sing prison was caught in a taxi cab. He might have got away if he had gone straight.

Bridge Pointers

By Milton C. Work

CONTRACT BRIDGE

Comparing Contract Bridge with Auction Bridge, there is little difference between the two games in the opening bid with hands which, at Contract, justify an initial one-bid in either a suit or No Trump. The original idea that much greater strength is needed to bid one at Contract than at Auction, has been found to be fallacious; also the idea that in Contract much greater conservatism should be shown by a sound player in making the initial bid when the bidder's side is vulnerable, than when it is not vulnerable.

The advantage of getting in an initial bid justifies bidding at Contract with almost as little strength as is the case with the seemingly like Auction. Bridge bids which for years have proved to be paying ventures; and it also justifies a sound player, facing a dependable partner, in bidding when vulnerable in exactly the same way as when not vulnerable. The only difference being that when in doubt whether to bid or pass initially, vulnerability should cause the verdict to be on the side of conservatism.

In Auction Bridge the rule is to bid a No Trump with a hand containing three suits stopped and high cards above the average (the average being one Ace, one King, one Queen and one Jack). Using a count of 4 for an Ace, 3 for a King, 2 for a Queen and 1 for a Jack (total 10), the general rule is: bid No Trump with three suits stopped and a count of 11. In Contract it is advisable to increase the Auction Bridge No Trump requirement slightly, because Contract penalties are heavy and a No Trump both invites and tempts a "jump" from partner. In Contract, No Trump should not be bid with a count of less than 12; and, even with 12, the hand ought to

contain one or two Tens and have a satisfactory No Trump distribution (the more evenly divided the hand, the better it is for an initial No Trump). With a count of 13, however, and three suits stopped, No Trump is justified in Contract, either by Dealer or by a Second Hand (Dealer having passed), unless the hand contains a five-card Major and an unstopped suit, in which case the Major should be bid in preference to the No Trump; or has a blank suit or worthless singleton, in which case a suit-bid or pass is better than No Trump.

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La Grande, Oregon

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