

The Observer Want Ad Page

The Market Place of Union and Wallawa Counties

NEW TODAY

FOR RENT—Furnished 3-room house, 800 J. H. Oliver, 12-23-27

FOR RENT—Apt. Car 181-W, 12-23-27

FOR SALE—Airedale dog, good watchdog, Call Observer, 12-23-27

A FEW cords of 16-inch wood at \$10.50 delivered, Ph. 829-W, 12-23-27

FOR SALE—Dressed turkeys and geese, cheap, Moco Club, Phone Main 744, 12-23-27

FOR SALE—Electric Health Belt, Free demonstration, No obligation, Authorized distributor, Mrs. R. A. Thurston, 1709 Adams ave., 12-23-27

FOR SALE—Furniture and all kinds of household goods, and a modern 4-room house, Call and investigate, 2111 Cedar, Phone 183-R, 12-23-27

WANTED—Bookkeeper, lady preferred, Answer in own hand, writing, giving experience, thorough machine system used, Address Y, care Observer, 12-23-27

FOR RENT—A good 2-room furnished apartment and bathroom by themselves, direct sidewalk entrance and woodshed, \$12 per month, including water, ice, respectable man and wife only, 1510 Greenwood St., 12-23-27

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Observer Want Ad Rates

(Count five average words to the line)

Per line, 1st insertion.....10c

Per line, each added consecutive insertion.....7c

Minimum charge on one or fewer.....25c

RATES BY MONTH

2 lines, per month.....\$2.50

3 lines, per month.....\$3.25

4 lines, per month.....\$4.00

5 lines, per month.....\$4.75

Each additional line over five charged at 50c per line per month.

CASH IN ADVANCE is required on all classified orders to earn these rates. Higher rates charged on all credit insertions.

Copy for all classified orders must be in this office by 10 A. M. DAY OF INSERTION.

Stop orders on ad insertion until further notice must be received by the same hour or extra insertion charges will be charged.

Telephone orders are solicited. Cash rates may be earned on phone orders by payment on or before date of last insertion.

PHONE MAIN 37

"An Observer Want Ad Will Do It"

FOR SALE OR TRADE—Sleds, new or used, for \$1 up. Furniture Exchange, 12-19-27

FOR SALE—Safe, suitable for home or office, Le Roy's Ready-to-Wear Store, 12-20-27

FOR SALE—One handy heater, practically new, A Buck stove, also laundry stove, 303 Spring St., 12-21-27

FOR HIRE—New brush and mop, 1st Grande Drive Yourself Co., Packard Agency, Main 610, 12-23-27

FOR SALE OR TRADE—Right now is the time for you to trade in the odds and ends of dishes for a new set. Furniture Exchange, 12-16-27

FOUND

FOUND—5 keys on ring. Call Observer, 12-26-27

FOUND—Child's horn rimmed glasses with gold bows, in black case at Star theater, Call Observer, 12-26-27

MISCELLANEOUS

FEED A BALM—Plumbing and heating, 301 N. Ave., 12-19-27

CHEAP MONEY—Monthly payments, plain or straight loans, See J. H. Oliver, 12-16-27

MAKE THIS a typewriter Xmas. No gift as lasting as a Corona typewriter in 6 colors. Order now to insure Christmas delivery. One year to pay. Western Oregon Typewriter Co., 1205 E. Adams, Phone 312-W, 12-19-27

FOR A JAZZ or old-time dance orchestra, call Stuart, Phone 495-A, 11-29-27

LA GRANDE MATTRESS & Upholstering & Weaving Works, Phone 424-W, Chas. Edwards Prop., 12-1-27

WANTED

WANTED—Up to 500 cord of wood to contract. Call Observer, 12-22-27

WANTED—To trade for or lease, farm, Noble, Rt. No. 2, City, 12-21-27

WANTED—Woman wants office work of any kind. Experienced in bookkeeping and stenography. Call Observer, 12-22-27

HEALTH

KIDNEY DISEASE

By Walter J. Wilson, Jr., M. D., Detroit, Michigan

Member Gargus Memorial

Kidney disease is often called Bright's disease from the name of the famous physician who studied it.

The kidney extracts from the blood passing through it the waste-products of the body and, keeping them in solution, passes them down to the bladder and so out from the body. In health, the kidney passes from one quart to three pints daily. When, on account of disease, it is unable to concentrate these products naturally, a greater dilution is necessary, and hence the urinary output for twenty-four hours may run up to three or four quarts. The patient notices this change, because he has to arise two or three times during the night, so that often the night excretion equals in quantity the day urine, while ordinarily it is passed during the day in a healthy person. This condition arises in the more chronic forms of kidney disease. Of course an occasional necessity to arise at night occurs when an unusual amount of fluid has been taken during the time just before retiring, and this means no attention in health.

In the acute forms, just the opposite situation occurs. From a few ounces to one pint of urine may be all that is excreted. This latter condition is usually accompanied by edema or gathering of

fluid in the tissues. The first evidence of this is commonly puffiness around the eyes, in contradistinction to heart-disease in which, as a result of gravitation, edema occurs in the feet, or, if the patient is lying in bed, in the most dependent parts of the body, which are near the end of the spine.

The urine itself may be of assistance in detecting either form of kidney disease. In the chronic form, in which there is increase of the fluid excreted, the specific gravity, lower than usual, will not vary from time to time, as is normal in a condition of health. In these cases there may be a slight amount of albumen and a few hyaline casts. By casts we mean some material from the blood or kidney tubules which, taking the form of the opening, retains this form and goes into the urine and may be detected in a fresh specimen by microscopic examination. Hyaline casts consist of albumen which normally is retained in the blood but now, on account of defects in the cellular structure of the kidney, leaks through into the tubules, thus forming a cast. In acute conditions there is more evidence of disturbance in the urine. Large quantities of albumen may be present, also many casts, which may have not only albuminous material in them but also cells of lining membrane, blood-cells from minor hemorrhages, and sometimes fatty material. The specific gravity in these cases will be higher than usual.

Studies may also be made of lack of certain elements in the urine. Today, however, the problem is studied from a different angle. A few teaspoonfuls of blood are taken from a vein at the elbow and this blood is examined chemically for the presence of an excess of waste-products, normally found in the urine. When these waste-products are in excess, we know that the kidneys are not working properly. Other methods of examining the kidney efficiency, which are of a more technical na-

ture, are used but will not be discussed in this article.

The preceding explanation is made to show why it is important for various members of the family to have urinary tests made at stated intervals. This interval should be at least yearly and, as middle life approaches, quarterly intervals are to be recommended; and, in case of indefinite ill-health, a blood examination might reveal the failure of kidney function not otherwise apparent.

The prevention of kidney disease is similar to that of heart disease—avoidance of acute infections, moderation in the elimination of food flavoring agents which are irritating in the blood stream, such as pepper, horse-radish, mustard, and alcohol, and the use of three pints to two quarts of fluid daily. The end-products from the digestion of meat are passed through the kidney and for that reason meat restriction or elimination, according to the severity of the case, has to be practiced.

Chris Miller

1510 Adams Ave.

FOR RENT

3-room duplex with bath, strictly modern, full basement, furnace, in best residential district, Allen Duplex, 1507 4th St., Main 548, 12-23-27

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Some die young while others don't drink at all.

Success in accident prevention is not gained by lying awake at night, but by keeping awake in the day time.