

COWS AVERAGE 30 POUNDS FAT

More Than 5,000 Tests Taken in Central and Western Oregon

CORVALLIS, Ore., Oct. 7.—The 5572 Oregon cows tested in association with the August 1926 National Milk Producers' Association, which yielded 39.1 pounds of fat from an average of 1915 pounds of milk. The highest yielding purebred cow was owned by H. M. McLean of the Melwood No. 1 association. She yielded 1445 pounds of milk carrying 91 pounds of fat. This yield is little more than three times the average of the association cows. Most rumors that samples taken by dairymen themselves are not accurate are exaggerated, Mr. Jamison believes. Tests are in general charge of the work. Incorrect or "too good" samples would hurt only the dairymen making them and fool no one but himself, he says, and most association members know this. The testing is for each dairymen's own information.

Use It in Custards



IT is easy to make the richest and creamiest of custards. Just use Carnation Milk—the creamy-smooth milk that insures better results in all cooking. But specially in custards.

Write for Cook Book
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HEALTH

INDIGESTION MAY BE WARNING OF SERIOUS ILLNESS

By Charles D. Lockwood, M. D., Pasadena, Calif.
Member Gorgas Memorial

Recognition of the early symptoms of disease and their correct interpretation is called diagnosis and constitutes the highest art in medicine.

Self diagnosis is a dangerous habit for persons to form. The practice of deciding what an ailment is and of undertaking its treatment without proper medical guidance leads to many tragedies. Induced by plausibly written advertisements and encouraged by friends who have had similar ailments, many people will undertake the treatment of their own disease and often sacrifice the most propitious time for the successful management of the ailment. Persons who would not attempt to repair a piece of machinery or to conduct a serious business enterprise will hesitatingly commit their health to advertising quacks, to cultists, or to half-trained men posing as doctors and discover only too late that they have wasted both opportunity and money.

Self diagnosis and treatment are often the result of a desire to be economical, but in the long run they prove to be expensive experiments. Skilled physicians have patients consult them after a trial of many unproven methods when their money is exhausted and their health so far undermined that little can be done for them. Most people are led to the use of patent medicines and advertised remedies by the false interpretation of their symptoms.

Most diseases begin insidiously with mild symptoms common to many diseases. For example, indigestion or stomach trouble is induced by a long series of diseases ranging from the most insignificant to the most serious, and only the finest discrimination by a skilled observer can properly evaluate these early symptoms. Diseases such as ulcer of the stomach, gall bladder disease, appendicitis, intestinal poisoning, tuberculosis, kidney disease, cancer, heart disease, and disease of the female organs may first show themselves in the form of the so-called indigestion. It is obvious that only one familiar with the various manifestations of disease can hope to interpret these symptoms and discover their origin. The absurdity of undertaking their treatment without discovering the source of the reflex disturbance of the stomach must be clear to every thinking person.

The early signs of cancer furnish a guide to the recognition of this dread disease at a time when in many instances it is easily curable by a minor operation. Likewise, the early symptoms of tuberculosis, so often interpreted as bronchitis or a simple cold, are signposts to the physician which point the way to sure and early cure.

For the Lost Flyers of the Pacific



In commemoration of the flyers who lost their lives in the Dole race from San Francisco to Honolulu, flowers were strewn over the water in an impressive mid-Pacific ceremonial recently. The photograph shows the crowd aboard the steamer Maui preparing to honor the seven lost aviators.

More Infantile Paralysis Cases In This State

WASHINGTON (AP)—For the second consecutive week, reports to the public health service indicate a slight decline in the number of infantile paralysis cases under treatment in the various states. The total for the week ended last Saturday was 533, compared with 541 for the previous week.

States reporting increases included Illinois, 10 cases as against 42 the previous week; California, 45, against 43; New Jersey 35, against 37; Oregon 10, against 21; West Virginia 22, against 18; and New York, outside New York city, 20, against 18. Indiana which reported no cases for the week ending September 24, had 13 under treatment last week.

Massachusetts reported a decline from 97 to 19 cases, Ohio from 86 to 37, Pennsylvania from 42 to 35 and Missouri from 23 to 20. Other states helped account for the total decline of six cases.

"Western Auto's" Battery Trade-In Offer means Extra Savings on a New WIZARD Storage Battery



Batteries Installed FREE

Your Old Battery helps buy a New Wizard!

"WESTERN AUTO'S" Low Prices on Guaranteed Wizard Storage Batteries have always saved money for our customers... so, this Trade-In Offer means additional savings...

Winter Tells The Tale

Experienced motorists know winter is harder on their batteries... many that manage to "get by" during hot weather, fail when the winter test arrives... Likewise they know that the best assurance of dependable current supply is a new battery.

Wizard Battery Performance Wins Friends

Increasing numbers of car owners, each year for the past nine years have turned to "Western Auto's" Wizard Storage Batteries for sure starting, dependable lighting... and long, powerful, economical service under all conditions.

Superior Construction the Reason...

Wizard Storage Batteries are built of the finest materials, painstakingly by skilled craftsmen who strive to make every battery live up to "Western Auto's" high standard of quality. Cases and jars are all one piece seamless rubber; grids are specially designed to prevent buckling; plates are extra thick and long lived... and separators are of selected close grained cedar... All these features make Wizard Batteries unusually powerful, trouble-free and long lasting.

18 MONTHS GUARANTEE

Every "Wizard" is guaranteed for 18 months (except the 6-11 Standard and 6-13 Special... 12 months; and the 6-11 Special... 90 days). If any "Wizard" Battery develops trouble due to defects in workmanship or material within the guarantee period, we will repair it free of charge, or replace it on a service basis.

The World's largest retailers of Auto Supplies... Serving the motorist since 1909...

Complete lines of guaranteed Accessories, Tires, Camp Goods and Radio.

Open Saturdays until 9 P. M.

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Western Auto Service

A feature that adds you money. A Service Company that maintains in all cities where we have stores, so that your battery can be promptly replaced at a very low cost... a money saving feature of all our stores.

Potato Crop Yields Carload to Acre

BOISE, Ida., Oct. 7.—Miller and Detourville, Bliss farmers, are obtaining a carload of United States No. 1 potatoes to the acre from their farm. It was announced here at the state department of agriculture, as an example of the quality of the crop this year. There are 300 sacks to a carload.

More than 97 per cent of the crop, said M. L. Dean, director of plant industry, is No. 1 stock, it being necessary to cull out only about 3 per cent.

The variety is the Notted Gem.

On a tableland six miles wide, located near the west coast of Africa, stands a forest of trees only twelve inches in height, bearing leaves (never more than two to a tree) often six feet long. The trunk of the trees measures about four feet in diameter.

and publicity might be discontinued till the year's end if it should appear that advantage is ever taken to gain publicity.

DOFFS RED HAT



Cardinal Billot, member of the Sacred College at Rome, has decided to quit the cardinalate and retire to a Jesuit monastery for the rest of his life. He is known to have been deeply affected by manifestations of modernism and by the Catholic royalist's rebellion against the pope in his native France.

Schlitz Malt Syrup Hire's Household Extract

REYNOLDS' STORE

GENERAL MERCHANDISE

Phone Main 123
Island City, Oregon

Special For Saturday	
PALMOLIVE SOAP 4 bars	29c
MISSION BELL SOAP 4 bars	28c
WHITE KING WASHING MACHINE SOAP, 2 packages	84c
RAISINS—Sunmaid Seedless Sultanas 3 pounds	28c
CORN—Preferred Stock Baby Shoe Peg 2 cans	37c
Case	\$4.26
PEAS—Preferred Stock, Telephone 2 cans	33c
Case	\$4.08
PEAS—Standard Grade 3 cans	34c
Case	\$2.65

Every Day Prices That Save	
Fanning's Bread and Butter Pickles, bottle	25c
Carnation Milk—Tall cans	11c
Thompson's Chocolate Double Malted Milk, 1 pound can	60c
Canvas Gloves, pair	15c
Paring Knives, stainless blades	25c
Men's Aretics—Closing Out Sale, pair	\$2.30
Men's Holeproof Hosiery	35c to \$1.00
Goodyear Tires, 30x3 1/2	\$7.60

SHOTGUN SHELLS
Climax — Remington — Selby

Hardware Gasoline Station

An "anarchist album" containing the photographs of some five hundred anarchists of international reputation, was published and distributed among interested nations in 1894 by the French Government.



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will endeavor to please you, as well as to assure the best of service and safety.

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SPRING CANYON
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QUALITY GUARANTEED

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Phone Main 732
for service

The unmistakable flavor of Hills Bros Coffee is due to Controlled Roasting

A few pounds at a time—that's the way Hills Bros. roast coffee—always under perfect control at every step. You follow a similar rule when you make gravy. You add the liquid a little at a time as you stir, and as a result of this precaution you get a smooth, pleasing consistency.

This exact process of Controlled Roasting belongs to Hills Bros. exclusively. No other roasting process can approach it in flavor-producing efficiency. And, since Hills Bros. Coffee is packed in vacuum, all of this wonderful goodness comes to you. Ask for Hills Bros. by name and look for the Arab on the can. Send for a free copy of "The Art of Entertaining." Address Hills Bros., 2 Harrison St., San Francisco, Calif.



HILLS BROS COFFEE

Fresh from the original vacuum pack. Easily opened with a key.

Mr. U. S. Pat. 62. © 1922

Many Bargains Listed on Want Ad Page

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QUALITY CASH STORES

Every Housewife Saves Many Dollars

When she trades at Thrift Grocers. There is always a courteous salesman to help her. We sell only Quality Merchandise at a uniformly low price.

Saturday and Monday Features

MACARONI (Bulk) Short Cut Special 5 Pounds 39c	RAISINS Seedless, in 4-Pound packages, for puddings, pies, etc. Package, 43c	GHIRARDELLI'S Chocolate MALTED MILK A good drink any time. Per can, 45c
CARNATION MILK 10 cans 99c	PORK & BEANS Van Camp's Medium size 3 cans 25c	WHITE KING Granulated Soap Large pkg. 45c Bring Your White King Soap Coupons and receive THREE bars Soap FREE.

Carstens  **HAM**

Extra Fine flavor.
Special price
Per Lb., 33c
Whole or Half

TOBACCOS
One Pound Tins

Velvet, per tin	95c
Prince Albert	95c
George Washington	79c
Dixie Queen	89c
Pedro	89c
Granger	75c

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