

SOCIETY NEWS

Yeatman Griffith Complimented At Thursday Dinner

Complimenting Mr. and Mrs. Yeatman Griffith of New York, Mr. and Mrs. A. L. Richardson entertained Thursday evening at dinner at their home on O avenue. Out-of-town guests were Mr. and Mrs. Griffith and their daughter, Laura, and Mrs. Paul Polman and Miss Colleen Porter, of Baltimore. Dinner was served at 7 o'clock.

Mr. and Mrs. Yeatman and their daughter were the guests of Mr. and Mrs. Richardson, who entertained Thursday evening at dinner at their home on O avenue. Out-of-town guests were Mr. and Mrs. Griffith and their daughter, Laura, and Mrs. Paul Polman and Miss Colleen Porter, of Baltimore. Dinner was served at 7 o'clock.

Mrs. A. V. Sanford entertained the friends of the R. G. club Saturday afternoon at a bridge luncheon. A three-course luncheon was served at the Sanford confectionery at 1:15 with covers laid for 12. Later the guests were taken to Mrs. Sanford's home on M avenue where three tables of bridge were formed. First prize went to Mrs. G. H. Williams, second to Mrs. Jack Hall, and consolation to Mrs. W. H. Warner. The guest prize was won by Mrs. Walter Dean, while a second prize was also presented to Miss Rose Ellis, who is visiting here from Ogden, Utah, with her sister, Mrs. Walter Dean.

P-T. Association Starts New Year

The first meeting of the Greenwood Parent-Teacher association this year was held Friday afternoon at the school with Mrs. E. McPherson, president, presiding. A short program preceded the business meeting. The official P-T. A. song was sung, led by Mrs. D. W. Greene, Miss Vina Conley, junior high teacher, entertained with a group of vocal solos, "A Little Old Garden," by Hewitt, and "Little Melancthon Kid," by Gulton.

Mrs. McPherson gave a brief report on the national convention of the Congress of Parents and Teachers which she attended in California last June. It was announced that the room having the largest parent representation each month would be given a picture for one month, or until the next meeting. At the end of the year the room which has had the picture most often will have permanent possession. The winner of the contest for this month were Mrs. Conley's, Mrs. Greene's, Mrs. Landry's and Mrs. Towler's rooms, each having the same number of parents present. The minutes of the last meeting were read by the new secretary, Mrs. D. Brannon.

Communications concerning the Patton entertainment number which is to be sponsored by P-T. A. and given in La Grande Dec. 7, of this year, were read. The book exchange which was operated by the Greenwood Parent-Teacher association during the opening week was very successful, it was announced.

Plans for a rummage sale in about two weeks were discussed. All parents of children in the school are urged to send anything which they have for the sale to the school during the next two weeks. A new feature of the sale will be a consolation table on which new or slightly used articles, too good to be entirely donated, will be sold for a small percentage contribution to the fund. The date of the sale will be announced in the near future.

The Williams family singers, the president announced, will have Oct. 25, the evening of the convention. A number of local people who have heard the singers in other places declared that they have nothing but praise for the singers, who they say, give some of the best types of music, along with their negro spirituals. All the voices are fine, according to comments.

The committee chairman for the new year were announced by the president. They follow: program, Mrs. C. P. Huchens, social, Mrs.

Lloyd Rickford, publicity, Mrs. E. E. Taylor, wardrobe, Miss Amy Jacoby, welfare, not yet appointed, membership, Mrs. D. Brannon, ways and means, Mrs. W. E. Denny, teacher member of the council, Mrs. E. Hoffman, parent member, not yet appointed.

The Wednesday campfire group met Thursday afternoon at the home of Genevieve Long and from there went to Hot Lake where they met with their guardian, Mrs. W. T. Phyl. After the business meeting refreshments were served.

LADD CANYON, (Special)—The women of the Get-Together club had a no-host picnic at the city park in La Grande Sept. 1. Each member was entitled to bring a guest and there were many in attendance. Hot coffee was prepared over the fire place and a beautiful picnic lunch prepared by the ladies attending, graced the long table. Everyone had a pleasant afternoon. Mrs. Adolph Preider will be the next hostess to the Get-Together club at her home, Sept. 18, instead of Mrs. Charles Grady, as was planned. Miss Ruth Drenth is chairman of the entertainment committee for the afternoon.

Announcements

The Young Women's auxiliary of the Methodist Episcopal church will hold its first meeting of the year Tuesday evening at the church basement. The members and friends are invited to attend. Those members who plan to lodge friends are requested to notify one of the committee of Miss Annette Johnson, Mrs. H. P. Tyler, Mrs. A. E. Kinnman, Miss Minna Cooper, Miss Arta Verity, Miss Bertha Walsinger, Mrs. Sherwood Williams and Mrs. H. H. Dixon.

The Daughters of the American Revolution will meet Wednesday afternoon at 2 o'clock at the home of Mrs. Harry Avery at Island City.

The Women's Foreign Missionary society of the First Methodist Episcopal church will meet next Wednesday afternoon, Sept. 14, at the home of Mrs. L. P. Hanford, at 1204 Sixth street. The meeting will begin at 5:30 o'clock. A large attendance is especially desired as the selection of officers and the annual mite-box opening will be held. All members are requested to pay their dues at this time.

The Westminster society of the Presbyterian church will have its first meeting of the year with Mrs. Floyd Sherwood at her home on Spring street between Fifth and Sixth tomorrow night at 8 o'clock. A special program has been arranged. All members and interested friends are urged to attend.

The Christian Endeavor cabinet meeting which was to have been held yesterday in Baker has been postponed until October 9.

MENUS

By Sister Mary
BREAKFAST—Baked peaches, cream, custard, coffee.
LUNCHEON—Corn custard, buttered spinach, bread and butter, grapes, milk, tea.
DINNER—Baked fish, steak, mashed potatoes, creamed cauliflower, beef and cheese ball, salad, peach blanc mange, milk, coffee.

The responsibility of planning breakfasts that will furnish the necessary "fuel" for each member of the family rests somewhat heavily on the shoulders of the housewife. In a family of various ages and occupations each individual need is different, so often a combination breakfast is required. The breakfast planned is a good example of a well-balanced meal that can be used in part or whole.

Peach Blanc Mange
Two cups peach pulp, 1-4 cup granulated sugar, 4 tablespoons cornstarch, 1-8 teaspoon salt, 2 eggs (whites).
Pare and core peaches and put through vegetable ricer. There should be two cups pulp and juice. Add sugar and heat to the boiling point. Stir constantly in a smooth bowl, using enough cold water to make mixture pour easily. Stir into hot fruit and cook twenty minutes. Remove from fire and add salt. Fold in

A Starfish Pin



A starfish-shaped brooch with this velvet hat with a novelty brim. Groups of tucks cross on the crown.

OUT OUR WAY



THE DISCOVERY OF GENIUS.

By Williams

HEALTH

DAILY SCHEDULE FOR THE SCHOOL CHILD
By Edward S. Rimer, M. D., New York City
Member, Oregon Memorial
In a previous article it was suggested that the school child be put on a schedule so as to allow time for all necessary functions. The following may be modified according to age and other conditions necessary.

7 a. m. Rise, bath, brush teeth, dress, and drink glass of water.
7:30 a. m. Breakfast.
8 a. m. Travel movement.
9 a. m. School.
12:15 p. m. Lunch (rest for ten minutes, best time, then, is very beneficial for the nervous or under-nourished child.)
1 p. m. School.
2 p. m. Outdoor play.
3 p. m. Study.
5 p. m. Dinner.
8 p. m. Bed. Children over 12 years, 9 p. m.

By having a definite schedule to see that there is a proper time allowance for each essential thing such as his meals, sleep and rest, outdoor play and recreation.

It is in mind the kind of food necessary for growth and energy. The daily menu should be planned ahead of time. Food means more than something to satisfy hunger.

Milk has all the elements for growth, strength of waste and the supply of heat and energy. Cereals and breadstuffs rank high for their rich rice and potatoes, make up the bulk of carbohydrate food. Green vegetables, the part that grows above the ground, give us not only carbohydrates but also important vitamins, mineral matter

PUTMAN'S

La Grande's Exclusive Ready-to-Wear, Millinery and Shoes

and all the necessary fuller foods. Fruits contain vitamins, easily digested carbohydrates, minerals and roughage. They satisfy a natural craving for sweets in a wholesome way. Fish foods furnish more of the necessary protein, though some comes from vegetables such as rice and beans. Fish is not a brain food, but is valuable just as is meat. Eggs may not always be well tolerated and should not be used to take the place of cereals. The most expensive cuts of meat are not necessarily the most nutritious. Liver, commonly considered rather poor meat, has recently been proved especially valuable in certain forms of anemia. Meats should be served hot, broiled, baked or boiled, not fried. For dessert many nutritious and easily digested puddings are available. Stewed fruit should be given once a day.

FOR PICTURE FRAMING AT REASONABLE PRICES TRY The Oregon Hardware FIRST

James J. Corbett says, "Faversham's advice decided me on Luckies"

Famous former heavyweight champion, with Mrs. Corbett after breakfast at their home at Bayside, L.I., recommends Lucky Strikes.



© Strauss Perton

William Faversham, The Popular Actor, writes:

"For years I have been a Lucky Strike enthusiast, in fact, I never smoke any other cigarette. In all this time I have never been troubled with throat irritations. In addition to the enjoyment that I get from the superior quality of Lucky Strikes, it is wonderful to know that my voice will never be affected by smoking."

William Faversham

GIRLS DANCE WITH JOY

When they use this new wonderful French Process Face Powder called MELLO-GLO—keeps that smile shining away. Women rave over its superior purity and quality. Stays on longer—skin looks like a peach—keeps complexion youthful—prevents large pores. Get a box of MELLO-GLO Face Powder today—Glass Drugs, Inc. Ad.

Breakfasts That "Stand By" You

Quaker Oats Supplies Vigor to Speed up Your Mornings

NOURISHING breakfasts of well-balanced food are now being widely urged by authorities as an important aid to business success of adults, and physical and mental development of school children.

Some 70% of the day's important work in the business world, it is now known, falls into the four morning hours. 80% of the important school work, in thousands of schools and colleges recently investigated, including Princeton, Harvard, most state universities and public schools, falls in the same period.

To be right mornings, you must eat right food; meaning rightly balanced, complete food.

Thus Quaker Oats—excellently balanced in protein, carbohydrates, minerals, vitamins "B" and the bulk that makes laxatives seldom needed—is the world's dietetic urge. Savory, delicious food that "stands by" you through the morning. No other cereal compares. Always remember that.

Get Quick Quaker—which cooks in 2 1/2 to 5 minutes—or regular Quaker Oats today at your grocer.

Quaker Oats

You, too, will find that Lucky Strikes are mild and mellow—the finest cigarettes you ever smoked, made of the finest Turkish and domestic tobaccos, properly aged and blended with great skill, and there is an extra process—"It's toasted"—no harshness, not a bit of bite.

"It's toasted"

No Throat Irritation—No Cough.



Peters' Sweet Milk Chocolate 1/2-lb. Cake 29c

Moon Drug Co. Agents For The Owl Drug Co.