

FORESTERS GIVE SMOKERS' CODE

Number of Fires Due to
Carelessness of Nicotine Users Swells

The number of forest fires caused by the carelessness or thoughtlessness of smokers is increasing, according to the Forest Service. This increase is strikingly shown by 124 such fires in 1922 and 281 smokers fires in 1926.

A total of 1,222 smokers fires have been reported by forest rangers from the 22 national forests in Oregon and Washington for the 11-year period, 1916-1927. For this period 5 1/2 per cent of all fires reported were due to smokers, and such fires were responsible for 12 per cent of the total cost of fire fighting in these two states.

The two outstanding features of the above, forest officers state, are the increasing number of smokers fires, and the fact that of all man-caused fires smokers' fires are the most easily prevented—just a little thought and care on the part of the smoker with his match, his cigarette butt, cigar stub, or pipe bowl, while he still has it in his hand and can control the danger.

Due to a recognized increasing use of tobacco, especially of cigarettes, there is a strong tendency to place restrictions on smokers by logging and lumber companies, city fire departments, state legislatures, and the federal government. In California, for example, this year all of the national forests have been closed to smoking except on improved camp grounds, at places of human habitation, and in certain rocky areas about 7,500 feet in elevation.

The Forest Service has already closed this year 172,878 acres to smoking in Oregon and Washington, forced to take this action by reason of high hazards. There is a disinclination on the part of federal forest officers to take drastic action or to make wholesale closures against smoking, and yet, they say, they may be compelled to do so to safeguard public properties endangered by the thoughtless and careless use of tobacco in the forest regions.

A few simple and reasonable precautions, if followed, will prevent fires starting by smokers, they believe. The Forest Service, state and private forest protective agencies in Oregon and Washington ask all smokers to follow hereafter the precautions laid down in this smokers' code.

ANOTHER DEMPSEY
NEWARK, N. J.—Dempsey is progressing toward the title championship. George Dempsey, of Australia. He won a quarter mile race in a series for the title and received the applause of the multitude just about the time his name was being cleared on the other side of the Hudson river.

OUT OUR WAY



HEALTH

**"GROWING PAINS"—A SIGN OF
DANGER TO YOUR CHILD**
By J. D. Love, M. D.,
Jacksonville, Fla.

Member Gorges Memorial Inst.
Too often we accept as true some belief which, while bearing the brand of age, has little else to recommend it. And especially is this true concerning the diseases of children, since the "back fence" gossip between neighbors often produces a greater impression on mothers than the teaching of men and women who are qualified to give advice.

It is almost a daily occurrence that a busy physician has brought to him a tall, undernourished child who has a poor appetite, is restless at night, possibly given to frequent attacks of sore throat, tires readily, and shows occasional rises of temperature.

If mentioned at all the mother casually states that for a long time the child has been suffering with "growing pains". She has paid but

little attention to this, since she has heard all her life that "growing pains" were natural in childhood, and the faster the growth the more severe the pains. So this particular symptom has caused no worry or concern to anyone except the child itself.

Now growth is a natural process which never in itself causes pain or discomfort, no matter how rapid, and in almost every instance "growing pains" spell rheumatism. Many of us have the impression that rheumatism is an affliction belonging to adult life, and mostly to old age. It never occurs to us that children past six years of age are almost as frequent sufferers from this trouble as older people.

The outstanding danger in cases of rheumatism, no matter whether mild or severe, is that a heart trouble so often occurs with it. Were it not for this, rheumatism would be classed as a painful and distressing condition but not one that endangers life itself. We must look upon every case of "growing pains" in childhood as a true case of rheumatism till it has proven to be due to some other cause.

A mild case of rheumatism may cripple a heart as completely as a severe case; and, knowing that "growing pains" usually indicate the existence of a mild attack of rheumatism, we must realize the gravity of an affection regarded as trivial. In most cases a child with "growing pains" is threatened with a diseased heart or already has one. Certainly the existence of

By Williams

Not an Ad for a 'Sofa' Factory



Eddie Habbitts has fifty-three (count them) curls in his permanent wave, and if that isn't the nation's record for a masculine permanent wave, then what is it? Eddie leads an orchestra at Connaughtown, Pa. They call him Eddie Hair.

A believer in a man who wears his cap and gown to the postoffice to get his correspondence school diplomas.

Maybe Cal wanted a little cowboy experience to help round up the mavericks next year.



SPECIAL DISHES & Better COFFEE



Chicken à la king, "the best ever," made with Borden's Evaporated Milk. Delicious muffins and waffles, too. And equally convenient for the coffee. Send for recipe.

Borden's EVAPORATED MILK
A tall can of Borden's (with an equal part of water) gives you four cups of pure, rich milk.

PERCHERON SALE On Saturday JULY 23

at 10 a. m., at the old Sam Wade farm 2 1/2 miles east of London. I will sell at public auction.

40 Head Registered and High-grade Percheron Horses

consisting of mares and colts, geldings, broke and unbroke, yearlings, two, three and four-year-olds. Also three 2-year-old stallion colts.

Farm Machinery

Fordson tractor with Oliver 3 1/2 inch wagon with flat gang plow
16-foot tandem cutaway disc
harrow
6-foot single disc harrow

Dairy Cows

V. A. Searies will sell at this sale 19 head of high grade Jersey milk cows, some now milking and others to freshen early this fall.

FREE LUNCH AT NOON

TERMS—Bankable note with four months time at 10%; 2% discount for cash.

HARRY S. WADE, Owner

Col. W. N. Strickler, Auctioneer Edgar Marvin, Clerk

BEFORE the MIKE

SATURDAY'S PROGRAMS
The National Broadcasting company program for Saturday night

(from 5 to 9 will be the usual Saturday night review, broadcast over KGO, KPO, KFOA, KOMA, KIHQ, KGW, KFI.)
KCA—Spokane (240.7m-1150ke) 8 to 9, organ recital; 9 to 10, studio program.
KGO—Oakland (254.4m-750ke) 9, short review; 9:15, orchestra; 9:45, popular program; 10 to 1, dance band.
KGW—Portland (491m-610ke) 10 to 12, dance orchestra.
KGO—San Francisco (452.5m-

710ke) 9 to 12, orchestra; 12 to 1, dance music.
KFRG—San Francisco (454.2m-660ke) 8 to 1, orchestra.
KICX—Los Angeles (252m-1190ke) 8:30, police frolic; 10 to 12, orchestra.
KOA—Denver (325.3m-920ke) 7 to 9, orchestra.
Great Britain may have the cruisers, but we certainly have the best flag-pole attars in the world.

SKAGGS SAFEWAY STORES

Distribution Without Waste

Melons By The Trainload



Watermelon time is one of tremendous activity for the Safeway Man. Throughout the great West his hundreds of thousands of patrons consume this summertime delicacy in vast quantities. To meet this demand he goes into the melon producing centers and buys and BUYS! His purchases are enormous. Frequently a whole trainload is necessary to supply the requirements of this great organization. Last week our stores averaged selling 15 carloads of watermelons per day. These facts help you to better understand the extent of our operations and why we offer better values.

Safeway Week End Savings

PRUNES	
Extra large size Italians	
4 Lbs.	39c
BOX 25 Lbs.	\$2.29
RAISINS	
Wednesday Special Seedless	
4 Lbs.	33c
SYRUP	
Safeway Syrup will show you something extraordinary in the way of wonderful flavor not found in the average commercial syrup. The maple content is unusually large and it is delicately blended with pure cane. Order some today.	
5 Lb.	89c
10 Lb. Can	\$1.69

Watermelons

Klondyke Variety. Klondykes are the finest melons grown. The long green kind that are so rich in sugar and flavor. When you cut them open the heart comes out in one piece.

Eat a Klondyke Sunday.
LB. 3c

Brooms

Medium weight, five tie. Dollar value.
EACH 79c

Cleanser

Swift's Sunbrite, double action cleanser.
CAN 5c

Soap

White Wonder Laundry. Large bars.
10 Bars 35c

Tea

Iced tea weather is here. No finer tea packed than SKAGGS ORANGE PEKOE
LB. 79c

Mayonnaise

Gold Medal. Made by Best Foods Co.
PINT 39c

Shrimp

American Beauty Brand. Full wt. dry pack.
2 Cans 33c

Pickles

Dills, Sweets, Sours Ideal for picnics.
QT. Jar 35c

Marmalade

Glen Rosa Brand, made from selected oranges.
2 Lb Jar 65c

Rice

Fancy Blue Rose. Full long grains.
5 Lbs. 39c

WEEK-END MEAT VALUES

Ham		Bacon	
Morrell's Pride. Fancy mild cure. Eastern Ham.		Morrell's light weight lean sugar cured.	
LB. Whole or	29c	LB.	30c
LB. Half Ham			
Picnics		Bacon	
Swift's Premium Cure		Morrell's Heavy Weight	
LB.	20c	LB.	27c

Store No. 65 No delivery charge on orders of \$2.50 or more. Store No. 359 Phone Main 690 Phone Main 711

REYNOLDS' STORE

Phone Main 123

Specials For Saturday

BAB-O—For enamel and porcelain ware, 2 can	24c
CERTO—For making jams and jellies. 8 oz. bottles, 2 bottles	54c
NEW POTATOES—10 Pounds	29c
SYRUP—Cane and Corn—5 Pound pail	39c
COFFEE—M. J. B. Jr.—1 Pound double wrapped pkg.	42c

Have contracted two fields of Red Raspberries and can deliver these fresh every morning. Just right for canning now.

Blackcaps and Loganberries are on the market from Cove but the crop is not very heavy this year. Order today and we can deliver them at any time.

Beets, Turnips, Carrots, bunch	5c
Lettuce, large heads	10c
Cantaloupes	9c
Green Onions	5c
New Peas	8c
String Beans	10c

Ice Cream—Delivered on our last delivery will make an excellent dessert—All flavors, 25c pint or \$1.75 a gallon. Try us.

Anso Films Flashlights



—SEY Paris Bureau
THESE ARE THE LATEST good night clothes for gentlemen. We have the word of Paris on it. Harry Piller, the dancer, is shown wearing the good night garb. Good night is right!