

SOCIETY NEWS

Mrs. Ralston Is Bridge Luncheon Hostess To Club

Members of the Club were guests at an attractive luncheon Saturday afternoon when Mrs. F. L. Ralston was hostess at her home on N. Avenue. Hostesses of the season's luncheons were to decorate the rooms and the attractively arranged luncheon tables.

Refreshments at three tables were enjoyed following luncheon. Mrs. Hal Johnson made high scores.

Mrs. Walter H. Fenner will be hostess to the club this week.

Miss Loffland and Mr. Tucker Marry

The marriage of Miss Zola L. Loffland and Loren E. Tucker, both of this city, was solemnly and joyfully celebrated at 7:30 o'clock at the parsonage of the First Methodist Episcopal church, the Rev. H. W. Parker performing the ceremony.

The mother of the bride, Mrs. C. W. Loffland, the bridegroom's mother, Mrs. Lodianna Terry, and Mrs. O. W. Gullman accompanied them.

Mr. and Mrs. Tucker left La Grande immediately following the ceremony for coast points, where they will spend their honeymoon. They plan to be in Portland for the rose festival this week.

A luncheon will be given at the home of Mrs. J. A. Hoffman, June 24, with Mrs. Calista Stringham as assistant hostess.

Announcements

The Women's Benefit association will meet in regular session at 7:30 o'clock Tuesday evening at the K. P. hall. Mrs. Adelaide Poulson, district deputy, will be in attendance. All officers and members of the drill team are especially requested to attend, as important matters of business will be brought up.

The members of Oliver P. Motion Relief Corps, No. 27, of the south side will entertain the members of the north side and friends at a tea Tuesday afternoon at the home of Mrs. A. D. Nelson. The program will be in observance of Flag day.

Members of the Osama campfire club and group enjoyed a swimming party at Lake Saturday. They left La Grande in the forenoon and went to the swimming pool. After swimming for about an hour they went to the picnic grounds, where they enjoyed a picnic lunch.

Just before returning home they went in the water for another swim. Three rounds of archery, accompanied by Mrs. William Sargent, Mrs. Everett Rosenbaum and Mrs. Charles Marchison, made up the party.

GRANGE HALL (Special)—The home of Mr. and Mrs. Ernest DeLong was the scene of a delightful gathering Saturday evening when their son, Vernon, and daughter, Frances, entertained 22 of their friends at a lawn party. The lawn, which was lighted by a string of electric lights, made a lovely playground for the evening amusements.

At a late hour, Mrs. DeLong, mother of the host and hostess, assisted by Mrs. Everett Waitman, served refreshments.

GRANGE HALL (Special)—Mrs. John Hamman was hostess to the Home Economics club Friday afternoon at her home.

During the short business session which was presided over by the president, Mrs. Chas. Spawey, it was decided to change the name of the club to the Country Women's Club. It was also planned to get Miss Case, of the Oregon Agricultural college extension service, to conduct one of her series of nutrition meetings at Grange Hall when she comes to La Grande again, which will be in the near future.

The remainder of the afternoon was spent in socializing.

Before adjournment the hostess, assisted by Mrs. William Taylor, served refreshments. The next meeting of the club will be at the home of Mrs. J. A. Hoffman, June 24, with Mrs. Calista Stringham as assistant hostess.

MT. GLEN (Special)—Honoring Miss Golda Beck, who left Wednesday night for Salt Lake City, Miss Ruth Park entertained Monday evening at a surprise party at her home. It was also Miss Beck's birthday anniversary.

Along 25 young people of the community were present. Games were enjoyed during the evening, after which a dainty refreshment was served.

MT. GLEN (Special)—Paul Zanger and Helen Nebeker were married in the Salt Lake City temple June 7. They will spend a week with relatives in Utah and

COLLEEN MOORE FACE POWDER Is as dainty as the charming lady for whom it is named.

It comes in three shades: Flesh, White and Brunette.

75c For a generous sized box

Moon Drug Co. Agents For The Owl Drug Co.

Disinfects while it cleanses

When you use Clorox about the house, you cleanse and disinfect in one operation. Because Clorox destroys bacteria and odors, it keeps refrigerators sweet, garbage cans sanitary, drainpipes clear, and toilet bowls white and free from odor. Clorox disinfects articles used in the sickroom, and in laundering sterilizes clothes and bed linen.

At All Grocers!

So Feminine!

Black knife-pleated chiffon, arranged in tiers over white, is used to make a charmingly feminine sunshade with a stubby black and white spoon handle.

CLOROX

OUT OUR WAY

GIVE ME THOSE CHILDREN. I ASKED YOU TO ROCK THEM TO SLEEP—NOT BREAK THEIR BACKS.

Campfire Girls in Swimming Party

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CLOROX

By Williams

IT CAN'T BE DONE I TELL YOU. JUST WHEN I GET 'EM DOZING OFF— I HAVE TO HAVE A RASSLING MATCH WITH OLD GALLOPING GUS HERE AN' DRAG HIM BACK TO TH' CENTER OF GRAVITY. THIS IS NO ROCKIN' CHAIR, IT'S A CARPET TRACTOR.



WHY MOTHERS GET GRAY.

The Chinese forget-me-not makes true stronger growth than the true forget-me-not and is a much deeper blue. It will grow from 18 inches to 2 feet in height with widely branching sprays, so it must be given plenty of room. It is easy to transplant if moved when it has made its first pair of true leaves.

For midsummer and early fall display these two annuals are hard to beat. They may be sown until well into July for August and September display.

The cynoglossum is also used effectively with yellow California poppies which also do well from late sown seed and make fast growth in hot weather. The pale forms should be used with the forget-me-not for best effect instead of the deeper yellows and oranges.

INTERESTING MARATHONERS SAN FRANCISCO, June 12 (AP)—Grants Pass residents, members of the Oregon Cavemen, and Indian runners whom they have entered in the 48-mile marathon between here and Grants Pass, to begin Tuesday with a total of \$2,775 in prizes offered, were advertised here at the press club last night.

Among those at the banquet was A. J. Jennings, former ballist, at present mayor of Crescent City. Among the Oregonians attending were C. A. Winstrom, H. G. Bowers, J. M. Layton, C. A. Gordon, Stanton Rowell, Jack Kerr, Guy Knapp and Herbert Howell. Eight Indians, Thunder Cloud, Fighting Stag, Rushing Water, Falcon, Mad Bull, the White Deer, Skeek Eagle and Flying Cloud, were guests.

MUSKOGEE FARMER HOME—Helen Muskogee, farmer, is hot on the trail of a prize offered by his government for wheat raising. Having purchased and sowed his little farm at Carpack himself, he took a day off without notifying those protecting him, sneaked out and started the harvest of the early maturing specimens of 14 varieties that he had sowed.

Mangrove trees flourish in sea water, which is deadly to most flowering plants.

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More than half a million tractors are helping in the work on American farms.

WAGS A WICKED TONGUE

What chance did six young men in the national oratorical contest at Washington have against Dorothy Carlson, 17, of Salt Lake City, Utah, the only girl competitor, when her tongue is as smooth as her looks? You're right! None! By her victory she became the American entrant in an international forensic fray.

GRANGE HALL PERSONALS

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Edna Gekeler has accepted a position at the Arcade Theater in La Grande.

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Vernon Shivers was a Union stock show visitor Friday.

Melvin Gekeler, who underwent an appendix operation at the Grande Home hospital May 21 and has been home for some time, is able to be out again among his friends. He accompanied J. H. Rountree and sons to the Union stock show Wednesday.

Rever. McArthur is making some improvements on his home. He is also remodeling his barn.

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HEALTH

HEALTH FOR THE NURSING MOTHER IS IMPORTANT By Walter E. Weitz, M. D., Detroit, Michigan

When a woman is pregnant, a stimulation in growth of the mammary glands occurs as the result of pregnancy. Two to four days after the birth of the child the breasts usually commence secretion of milk automatically. If the breasts do not secrete automatically there is no stimulus which can force them to do so. If secretion does commence automatically, the quantity secreted thereafter is mainly dependent upon the amount of suction of the nursing child.

Automatically the secretion increases or decreases according as there is more or less suction on the nipples. The breasts secrete several times as much milk during the sixth month as during the first after childbirth, because the demand of the larger child is greater. Also the average mother can nurse twins as easily as a single child because the breasts respond to the greater demand in the sucking of two babies. Also a breast can be stimulated by means of a pump as well as by nursing.

When breasts inherently secrete poor quality and quantity, little may be hoped for in forcing them to produce the milk desired. Women who have had active mental work, such as teachers, stenographers and business leaders, are notoriously poor nursing mothers, and when they cannot produce the proper milk for their babies, there is no possible method of helping them.

The breasts are chemical laboratories which produce milk when they function properly after childbirth. All that they require is a sufficient supply of the proper food elements in order to manufacture milk. The constituents are taken from the mother's blood circulation in the breasts. While the usual diet of the American mother is sufficient in quality and quantity for this purpose, there is a slight variation in the composition of the milk depending on diet, exercise, and physical and mental state of the mother.

Since cow's milk contains prac-

actly the elements essential to the manufacture of mother's milk, it should be drunk by every nursing mother. Otherwise a simple diet consisting of cereals, meat, easily digested vegetables and fruits is necessary to provide the breasts a sufficient supply of the elements necessary for milk production.

Frequently the mother obtains from healthy fruits because she stimulates the acid which helps the baby's stomach. Actually fruits which are readily digested are good for both when eaten in moderation.

TO RUN OWN TRAINS PORTLAND, Ore., June 12 (AP)—The Great Northern railway plans to operate its own trains over the new line in Central Oregon from Bend to Klamath Falls. It has been indicated. Joint use of the Cascade line, of the Southern Pacific empire, agreed upon last week, and half interest in the Oregon, California and Eastern will be taken by the name of the Great Northern Traffic arrangements have been made whereby the Great Northern will operate its train over the Spokane, Portland and Seattle and the Oregon Trunk sub-sidaries which it owns jointly with the Northern Pacific from Spokane to Bend.

GRILLS DANCE WITH JOY when they use this new wonderful French Process Face Powder called MELLO-GLO—keeps skin only shine away. Women rave over its soft, fine quality and quality. Stays on longer—skin looks like a peach—keeps complexion youthful—prevents large pores. Get a box of MELLO-GLO Face Powder today. Gluss Drugs, Inc. Adv.

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Hotpoint Electric Ranges

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ROUND TRIP TO DENVER 187.29 OMAHA 70.25 KANSAS CITY 70.25 DES MOINES 70.29 ST. LOUIS 80.25 CHICAGO 82.00 DETROIT 104.67 CINCINNATI 102.16 CLEVELAND 102.41 TORONTO 112.89 ATLANTA 136.40 PITTSBURGH 118.84 WASHINGTON 148.61 PHILADELPHIA 147.00 NEW YORK 184.45 BOSTON 182.81

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J. H. KEENEY, Agent La Grande, Ore.