GRAHAM FLOUR 100 YEARS OLD

Popularity of Present-Day Food Dates Back to New Englander

[illegible]

Made From Whole Wheat Berry

[illegible]

Born in 1794

[illegible]

Revives Graham Foods

[illegible]

OUT OUR WAY

By Williams

Now—Quick Oats, with Famous "Quaker Flavor"

QUICK QUAKER

Quicker than toast! Quicker than coffee! Ready in 2½ to 5 minutes! The original and Genuine.

HEALTH

BASIC PRINCIPLES IN THE CARE OF OUR BODY
By E. R. Ahlman, M. D., Hoquiam, Wash.

[illegible]

Now, what is the proper procedure to safeguard the life and dependability of our body engine? The answer is: at least the same painstaking care given to a steam engine.

[illegible]

This is the principle of preventive medicine and in a not distant future it will be the most important part of all medical science.

LAND OFFICES CLOSE DESPITE MANY PROTESTS

VALE, Ore., May 14—Secretary of the Interior Work advises that the land offices at Vale, Lakeview and Portland, for which discontinuance has been ordered effective June 30, probably will be closed, despite numerous objections which have been received. In a Washington news dispatch, Mr. Work stated that the policy of the interior department will be to close all three offices as an experiment. If the demand for the reopening of any one of them be deemed sufficient, a modification of the order may be requested to allow restoration of that office.

IOWA CITY, Ia.—Harvard met the University of Iowa in a debate here, during which the Eastern [illegible]

Screen Doors

Screen Out The Fly.

We have a large assortment of screen doors at reasonable prices.

VAN PETTEN LUMBER CO.

Main 732 for Real Service

For bleaching—household linen

Towels, sheets, pillow-cases and all white cotton and linen clothes can be made snow-white with Clorox. You need not change your method of laundering. Simply mix Clorox in the soaking suds or the first rinsing water before putting in the clothes. See label on bottle for correct proportions and directions for using.

At All Grocers!

CLOROX

Use It *Every* Day

FOR emergencies, of course, you must have Carnation. But the really lucky woman is she who knows that Carnation is the ideal *everyday* milk—always ready, always fresh, making *everything* taste better.

Write for Cook Book
CARNATION MILK PRODUCTS CO. 424 Glisan St., Portland
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Carnation Milk
"From Contented Cows"

I always hated vitamins,
They were my special bane.
But now I eat them with delight
In honey-sweetened

Tru-Blu Grahams

Baby Knew the Difference Right Away

Mr. R. . . . . of Portland has a two year old baby boy who has been thriving on Tru-Blu Grahams. Recently the father failed to specify Tru-Blu Grahams when buying. Baby knew the difference right away. Fretted until dad came with baby's favorite brand. Your baby will like Tru-Blu Grahams. They are honey-sweetened—baked clean—and of the best.

Order From Your Grocer NOW

Ask for the Blue and Gold FAMILY Package—

Many Thrifty Mothers Buy Tru-Blu Grahams in Wood Boxes

TRU-BLU BISCUIT CO.—Spokane, Portland, Seattle

—N.E.A. Paris Bureau
KING ALFONSO of Spain poses in the elaborate robes of his office as grand master of the Military Order of Santiago.

WITHOUT QUESTION THE BEST ELECTRIC CLEANER EVER MADE

May Only

$4.50 Down

Liberal Allowance on your old cleaner. Easy Monthly Payments

See about it Today

EASTERN OREGON LIGHT & POWER COMPANY

Groceries Hardware

REYNOLDS' STORE

Phone Main 123 Free Delivery

Saturday Specials

POWDERED SUGAR, 3 Pounds	27c
PEACHES, Yellow Cling, Sliced or Halves, No. 2½ can	18c
BEANS, Small White, 4 Pounds	31c
GRAPEFRUIT, Royal Club No. 2 can	26c
Idol, No. 2 can	19c
SHRIMP, Varataria, No. 1 can	16c
MUSTARD, Beechnut 9 ounce glass	16c
RHUBARB, 4 pounds	16c

Everyday Savings

Babbitt's Cleaner, can	5c
Acme Chlorinated Lime, can	10c
National Mazda Light Globes	23c
J. C. Lockell's Steam Refined Soap, hard water soap, good for either toilet or laundry, 3 bars	25c
Oranges, finest quality, dozen	35c
Honeymaid Grahams, family cady	60c
Fresh Ground Coffee, 1 pound	42c

FOR YOUR SUNDAY DINNER
Strawberries, New Potatoes, Asparagus, Tomatoes, Lettuce, Turnips, Beets, New Peas, Cabbage, Green Onions, Radishes, Cucumbers
Fancy Cookies and Picnic Supplies of all kinds.

Drugs Gas and Oil