

STANDARDIZING FRUIT BASKETS

New Full Measure Containers Serve to Eliminate All Deception

Standardization of sizes and elimination of many unnecessary types of wooden containers for fruits and vegetables, of which there are about 250,000,000 manufactured annually, exclusive of barrels, is proceeding steadily in the interest of manufacturers, growers, carriers and consumers, Agriculture department officials say.

While much remains to be done in this direction, they feel that manufacturers, in voluntarily submitting for inspection for 40 to 50 per cent of the containers tested by the government, have gone a long way toward eliminating so-called deceptive receptacles—those which appear the same in size, but differ largely as to capacity.

Five years ago, they say, 40 per cent of the nearly 20,000,000 round stove baskets, produced annually, were incorrect as to capacity. Today 95 per cent are estimated to measure up to given capacities. Where 29 sizes formerly were in use, only six are now being made. Officials believe a reduction also could be made in size of hamper, about 30,000,000 of which are manufactured every year. They believe seven sizes ranging from four to 48 quart hamper would serve the same purpose as the existing 13 sizes.

Tests now are being made with various makes of berry boxes, the annual production of which reaches about 400,000,000. Three standard sizes have been fixed for the 31 formerly in use.

Officials emphasize that where short capacity containers are found it is invariably due to ignorance or carelessness rather than design.

WON'T LET HIM READ

PHILADELPHIA—Isabel MacDonald is having a right strenuous time making her dad obey her orders while he is convalescent. He wants to read the papers, especially about labor's fight in parliament against an anti-strike bill and she won't let him. Nurses help her out.

DODGE HEIR DODGES UNDER ARREST



Herbert Dodge Jr., heir to the Dodge motor millions, successfully dodged camera and news men when he arrived in San Francisco from Honolulu aboard the same steamer with his estranged wife. But he did not dodge arrest after assaulting two newspaper men, who swore out warrants for him, and the picture shows Dodge, right, coat collar around his neck, as representatives put up \$500 bail for him. He left for the south with the avowed intention of sacrificing the bail, although damage suits against him are promised. Mrs. Dodge left for Los Angeles, declaring there had been no reconciliation.

HEALTH

HOW EMOTIONAL CAUSES PRODUCE PHYSICAL EFFECTS
By Charles E. Kelly, M. D., Cincinnati, Ohio

Member George Memorial Institute
Physicians many times find that "nervous indigestion" is really a stomach ulcer or that "heart disease" is merely rapidity of the pulse produced by rambling on the stock market or trying to live beyond one's means.

The patient who consults the physician to-day can confidently expect that his organic diseases will be detected. It is the same with

disordered action of organs not due to physical damage but to emotional strain.

Modern medicine has demonstrated the strictly physical effects of strictly emotional causes. Pavlov showed that anger makes a dog produce a digestive juice of plainly abnormal character. If a human has for years been subjected to the constant irritation of a nagging wife we need not be surprised to find chemical changes in his stomach which impair digestion.

It is but a simple matter to show that fear will raise the blood pressure. Now that thing we call worry is a small dose of fear taken continually over a long time and so there are found some cases of high blood pressure due solely to years

of poisoning with fear. Continuous anxiety from extravagance can do to your blood vessels as much harm as infected teeth.

The thyroid gland, the seat of poire, is particularly concerned with the emotion of fear. Cretins, persons with defective or absent thyroid, are dull and almost devoid of fear and other emotions. Persons with overactive thyroid gland suffer particularly from fear. They fear what their intelligence knows is a trifle and they even become afraid and can't tell what it is they are fearing. It is probably safe to say that the physical signs that accompany fear are produced by overaction of the gland. If you go to your physician for nervous fears you may find that you have more in its early stage. On the other hand he may tell you that it is idle to skate continuously on the thin edge of prosecution for violation of the banking laws and expect not to live in anxiety.

The emotions have effects on the muscles. Hysterics complain of a lump in the throat. The x-ray has shown this to be due to a real spasm of the throat muscles. Every one has experienced this tightening of the throat at a funeral. The hysterical has had his grief in small doses over years.

Tightening of muscles further down in the same tract causes

"nervous" constipation, or when emotions produce an opposite effect you have "nervous" diarrhea. A man who had severe diarrhea for months recovered from it in three days when a physician in whom he had confidence succeeded in convincing him he had not contracted tuberculosis from his wife. The modern physician not only finds your inflammations, your ulcers, your hardenings, and your lumps; but he also may find that abnormal action may be due to emotional stresses under which you have foolishly placed yourself or which fate has forced on you. It's his task to separate the organic cause from the emotional.

BUYS EXCHANGE SEAT

NEW YORK—Five years out of Lafayette college, James B. Williams Jr., has made enough in stocks to pay \$200,000, a high record, for a stock exchange membership. And in a few months he expects to make the seat worth \$200,000 to him.

In Russian factory schools, out of 3,205 pupils given a medical examination 5,122, or 62 per cent, were found to be sick. Those having tuberculosis numbered 1,347; anemia, 2,502; nervous troubles, 1,192; and so on.

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