

SOCIETY NEWS

P-T. Council to Sponsor Series of Health Talks

The regular meeting of the Parent-Teacher Central Council was held yesterday afternoon at the Neighborhood Club, rooms presided over by the president, Mrs. C. F. McPherson.

During the business session plans were discussed for a joint meeting of all of the parent-teacher associations in the city sometime in April when an Oregon Agricultural college extension service representative will be here and will give a series of health talks. The date for the meeting has not yet been set.

E. A. Sayre, county school superintendent, was present and discussed the organization of four-11 clubs. He also reviewed the school bills, which came up before the last session of the state legislature, one, the better teachers training law, which was passed and two which were defeated.

Members of the Art Research Club had an interesting meeting yesterday afternoon at the home of Mrs. L. E. Lunn.

A paper on "The Marvel of the Roman Amphitheatre" was to have been given by Mrs. J. E. Woodell, but because she was unable to attend, this program was set aside and the afternoon was spent in a round-table review and discussion of American art.

The president of the class, Mrs. A. T. Hill, was called out of the city and was also unable to be there for the meeting.

Members of the Missionary Society of the First Presbyterian Church are planning a good time, along with a good dinner, for all who wish to enjoy it, Thursday evening at the church, when they will give an old-fashioned noodle dinner.

The dinner will be in the form of a jubilee get-together, all of the missionary societies of the church having met all pledges and being entirely free from debt.

The menu is being prepared and serving will start at 5:30 o'clock, to continue throughout the evening.

Mrs. C. M. Humphreys is chairman of the committee in charge and assisting her are Mrs. O. E. Silverthorn, Mrs. H. R. Hann, Mrs. O. E. Moran, Mrs. Phil Thompson, Mrs. W. B. Dickens, Mrs. George Baker, Mrs. E. P. Massman, and other members of the missionary society.

The public is invited to attend.

Girls Hold Meet At Larson Home

The regular weekly meeting of the Episcopalian Episcopate girl group was held last week at the home of Gretta Larson. During a short business session arrangements were made for a popcorn sale to be held sometime soon.

After the business session three readings were given by Elmer Shirley. The hostess served refreshments before adjournment.

UNION (Special)—The Altar Society of the Catholic Church met Thursday afternoon at the home of Mrs. Charles Tobin in North Union.

During the business session the following officers were elected for the ensuing year: Miss Eva Williams, president; Mrs. Charles Tobin, secretary, and Mrs. Mae Carroll, treasurer.

In behalf of the society, Mrs. Charles Tobin presented the retiring president, Mrs. E. B. Johnson, with a set of salad plates.

Following the meeting a social was enjoyed, when the hostess served refreshments.

Union Clubwomen Are Entertained

UNION (Special)—The Women's club had an interesting meeting Thursday afternoon at the home of Mrs. Mary Hutchinson with Mrs. Hutchinson and Mrs. T. T. Cook as hostesses.

In the absence of the president, Mrs. Frank Sturgill, the vice president, Mrs. Frank Conner, presided over the meeting.

After the usual routine of business there was a program with Mrs. Violet Parker acting as chairman. The subject was "Poems of Edgar A. Guest." Mrs. Walter Cook read "The Early Life of Edgar A. Guest" and Mrs. Frank Conner, Mrs. Belle Wright, Mrs. Earl Davis, Mrs. Raymond Pitts and Mrs. Mae Hall each read a poem written by the poet.

Mrs. Edith Phyl sang a solo and Mrs. Marie Laughlin and Mrs. Nell Hutchinson sang a duet. Mrs. Laughlin accompanied them at the piano. Miss Lola children sang a solo, accompanied by Miss Jane Smith.

Announcements

The Altar society will meet at the home of Mrs. Harry M. J. Turner Wednesday afternoon at 2:30 o'clock.

The Ladies' Aid of the Lutheran church will meet at the home of Mrs. Frank Hanson, 1705 Second street, Thursday afternoon at 2 o'clock.

The Women's Foreign Missionary Society of the First Methodist Episcopal church will meet Wednesday afternoon at 2:30 o'clock with Mrs. H. W. Parker at the parsonage. A good attendance is expected.

MENUS

By Sister Mary
BREAKFAST—Stewed rhubarb, crisp broiled bacon, creamed potatoes, stirred eggs, bran muffins, milk, coffee.

LUNCHEON—Cream of celery soup, croquettes, stuffed apple salad, rye bread, orange custard, milk, tea.

DINNER—Casserole of round steak and onions, fried potatoes, jellied cabbage salad, graham rolls, cornstarch prune pudding, milk, coffee.

No cereal is suggested in the breakfast menu, but the meal is nourishing and well balanced without it. Children under school age may be served crisp graham toast in place of the muffins so popular with adults.

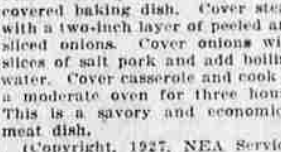
Casserole of Round Steak and Onions
One slice round steak cut 1/2 inch thick, 1 1/2 teaspoons salt, 1/4 teaspoon pepper, 1 cup boiling water, onions, 4 thin slices fat salt pork.

Mix salt and pepper with 1 tablespoon flour and cover both sides of steak thoroughly with mixture. Place in a large casserole or closely covered baking dish. Cover steak with a two-inch layer of peeled and sliced onions. Cover onions with slices of salt pork and add boiling water. Cover casserole and cook in a moderate oven for three hours. This is a savory and economical meat dish.

(Copyright, 1927, NEA Service, Inc.)

Pirate Bag

Revival of Gilbert and Sullivan's "The Pirates of Penzance" probably inspired this black suede envelope bag with a gold dagger fastener. The interesting cut edge of the flap is piped with gold.



Here is the only woman known to be president of an Izak Walton League. She is Mrs. James P. Kelley of White Cloud, Kas. She is president of the fishing league at that city on the Missouri river.



THE BOOTERY
Were \$10.00
Now \$7.50
Exclusive Representative
Red Cross Shoes

OUT OUR WAY



HARMONY.

The Garden

VEGETABLES PRESCRIBED FOR HEALTH

Spinach, carrots and string beans are not only food for babies in robust health and strength, they are modern days, they are prescriptions. The infant, before it is a year old, must start on a vegetable diet, which in all likelihood would have thrown our great-grandmothers into fits.

The vegetable garden has become a necessity for children, particularly babies who must have their fresh spinach and other garden truck if they are to be raised in robust health and strength and there is no place that vegetables of the best quality for the youngsters can be secured except in the home garden. Spinach, carrots and string beans are a standard prescription because they have become practically all-the-year-around vegetables in the market and can always be had, except spinach, which gives way to beets or other greens equally as valuable in summer, only to return in the fall for an all-winter stay.

These three are the easiest of vegetables to raise and a tiny plot in the back yard will furnish an ample supply for the babies. The spinach will have first call, occupying most of the patch, with a row of carrots to one side. As the spinach is pulled and used more plantings of carrots can be put in and as soon as the weather is sufficiently warm a few hills of string beans can go in for baby's garden. A plot 2 feet square will go a long way towards providing the infant and a ten-foot square will provide considerable for the rest of the family.

Carrots and spinach for the earliest crop, to be followed by beans and then more carrots, gives the summer's succession. A few tomato plants can be set along one edge of the plot and trained to stakes and single stems to furnish tomato juice for the infant diet late in summer.

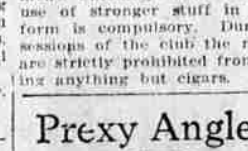
There is room in any yard for a garden for the baby provided only it goes sunlight and the fresh-picked vegetables are far better than can be bought in the market. Swiss chard is a valuable addition to the babies' garden to follow spinach for all-season greens.

WOMEN SMOKE CIGARS

BERLIN, March 8—Some of the more daring and resourceful women of Berlin's younger set, disdaining the cigarette as the sole means of paying tribute to King Smoking, have established a "Women's Smoking Club," where the use of stronger stuff in tobacco form is compulsory. During the sessions of the club the members are strictly prohibited from smoking anything but cigars.

PREXY ANGLER

Here is the only woman known to be president of an Izak Walton League. She is Mrs. James P. Kelley of White Cloud, Kas. She is president of the fishing league at that city on the Missouri river.



SALES 2 1/2 TIMES THOSE OF ANY OTHER BRAND

By Williams

LONDON, Mar. 7 (AP)—The Crown Jewels of England, valued at tens of millions of dollars, have been placed under stricter guard, since visiting American gunmen were credited with participating in a series of gigantic jewel robberies recently.

Crown Jewels Well Guarded As American Gunmen Visit England

The jewels, spread out in glittering array, are seen by thousands of American tourists every year in the Tower of London. They simply pay their sixpence, walk by two guards attired like the familiar portraits of Henry VII, and stand and gush over the jewels as long as they like. Then they rush out to send picture postcards back to Iowa, Kansas and Oklahoma.

Apparently they are under very little supervision and many are heard to remark how easy it would be to break the glass and help one's self to a couple of million dollars' worth of a sceptre or crown. But the last serious attempt to raid the Crown Jewels was made by Colonel Hood in 1871 and he never recovered.

Precautions Taken
The Jewel Room in the Tower of London is its nearly burglar-proof as human ingenuity can devise. The octagonal glass jewel case in which the jewels are stored is protected by slender steel bars five inches apart and looks commonplace enough. It stands in the center of the Jewel Room and is about ten feet high. The jewels are arranged artistically on white satin tiers.

Any attempt, however, to tamper with the case could set alarm bells ringing all over the Tower, while outer gates of the fortress, started by William the Conqueror, would automatically clang shut. At the same instant the occupants of the Jewel Room would find themselves imprisoned by the mechanical closing of the doors, which would convert the Jewel Room into a large pentagonal cell. Steel shutters, ordinarily hidden from view, would automatically descend over the glass case containing the jewels, converting it into a gigantic eight-sided safe.

Before the would-be burglar knew what was happening the chances are he would find himself at Scotland Yard.

Famous Jewels
Among other jewels, the case contains:
The crown of England made for Charles II.
The King's State Crown made for Queen Victoria's coronation, containing a gigantic ruby given to the Black Prince, and worn by Henry V. at Agincourt, a portion of the Cullinan diamond presented to Edward VII, by Transvaal, the Stuart "sapphire" and 3,000 smaller diamonds of only a few carats each.

The Imperial State Crown, made for King George V. for the Delhi Durbar, containing a large emerald

and more than 6,000 diamonds. Queen Mary's State Crown, containing the famous Koh-i-noor diamond presented to Queen Victoria by the East India Company and the two other portions of the Cullinan diamond.

The Royal sceptre which has the largest cut diamond in the world for a knob.

The Royal orb, which is a golden globe with a cross on top, and a sword in the center.

The Royal ring, which is a diamond ring set with a large diamond.

The Royal mantle, which is a red velvet mantle with ermine trim.

The Royal shoes, which are black velvet shoes with ermine trim.

HEALTH

DEAFNESS—FROM THE STANDPOINT OF PREVENTION.

By L. E. Retrick, M. D., New York City

Member, Gorman Memorial Institute
Deafness from the standpoint of prevention! That certainly is a fitting subject to be discussed, because a great deal can be done towards preventing this malady, and because deafness has such an important bearing upon the earning capacity of the individual.

Of the five special senses, sight and hearing are the most indispensable. The impairment or loss of either is a great affliction, cutting the unfortunate off from full contact with his fellow men. Much can be done to prevent such a tragedy by understanding just a little about its cause.

There are two general types of deafness which fortunately is rare. It is known as otosclerosis, and is commonly referred to as "hardening of the ear."

In catarrhal deafness that part of the ear is involved which collects and conducts sound waves to the inner ear. In nerve deafness the organ of hearing in the inner ear, or the nerve itself, is involved.

Catarrhal deafness originates most commonly in the nose and nasopharynx, hence the preventive treatment for this disease should begin early in life with earnest and strenuous efforts to correct all nasal and nasopharyngeal catarrhs. The early removal of adenoids and diseased tonsils, the early correction of nasal deformities, etc., are absolutely imperative.

Nerve deafness may result from numerous causes, but most common is from syphilis. Many occupational and constitutional diseases, such as typhoid, scarlet fever, measles, diphtheria, anemia, and Bright's disease may affect the nerve of hearing. Many drugs likewise affect the nerve of hearing, as, for example, quinine, the salicylates, mercury, lead, arsenic, tobacco, alcohol, and many others.

In order that scientific treatment may be instituted in the care of any deaf person, an absolute diagnosis of the type of deafness must be made. Treatment directed to an effect, without taking notice of the causative factors and their removal is ridiculous. Numerous cases could be cited in which, by careful history taking and differential diagnosis, patients have been relieved of their trouble by no more complicated treatment than the discontinuance of the use of tobacco.

It is quite obvious from these few remarks that, before any treatment begins, the cause of the particular patient's deafness be determined. It follows, therefore, that any nostrum or mechanical contrivance, advertised as a cure-all should be looked upon with suspicion, to say the least.

Mechanical treatment, as frequently used in the case of catarrhal deafness, is often harmful in the case of nerve deafness.

As a final word, it is urged that you select for the treatment of your

IMBLER PERSONALS

IMBLER (Special)—George R. W. Mead and son, Corbett, father and brother of Mrs. Lyman Kalsinger were here from Heppner over the week end. It was Mead's first visit to the Grande Ronde valley and he was much impressed with it. He is a wheat farmer in Heppner valley.

Mr. and Mrs. C. C. Welsh returned Friday from Los Angeles, Cal., where they have been for about six weeks visiting friends and relatives. They attended the Orange show at San Bernardino. They also visited Billy Keown.

Mr. and Mrs. William Wiggins and son, Margin, were dinner guests at the home of Mr. and Mrs. William Ruckman Wednesday evening.

Several from here attended the old-time dance at Cove Friday evening.

Mrs. Roy Rouby is on the sick list.

Mrs. W. W. Smith is ill of a severe cold.

Velma Conklin was shopping in La Grande Saturday.

Mrs. William Wiggins went to Wallawa Saturday to look at a new location.

Johnny McKinnis was a business visitor in La Grande Saturday.

The Ladies' Aid met at the home of Mrs. Frank Martin Thursday. Twenty-four were present. After the business meeting the time was spent socially.

AMERICAN GIRL ACTIVE IN SOCIETY OF LONDON

LONDON, March 8—Miss Marcelle Duggan, the American daughter of Marchioness Curzon, who has been on the Riviera much of the winter with her mother, is one of the most beautiful and attractive young women in the British court circles. She made her debut last year, and she and her mother are planning affairs for the coming London season. Miss

Duggan has been brought up in diplomatic circles in various capitals. Her mother is the daughter of the late J. Monroe Hinds, who was American minister of Brazil. Miss Duggan's father was Alfred Duggan, an American millionaire land and cattle owner of Buenos Aires. After his death, Mrs. Duggan married the late Marquis Curzon of Kedleston, British minister of foreign affairs.

Why Children Need Breakfasts that "Stand By"

80% of the Day's Important School Work Falls in 4 Morning Hours, Noted Educator Reveals

ARE you getting listless mornings, brought on largely by wrong breakfasts handicap your child's school work?

Recent investigations, conducted in over 2,000 American schools and colleges, reveal 80% of the so-called "hard" studies as falling in the morning. This percentage is confirmed by Prof. Willard, of Northwestern University, and other leading educators.

Thus Quaker Oats breakfasts, providing the excellent food balance of protein, carbohydrates, vitamins and the "bulk" to make laxatives seldom needed are being urged as a duty of parents in protecting their children's most important working hours. No other cereal grown compares in food balance.

Serve every morning. Their rich Quaker flavor makes them savory and enticing... delicious breakfasts that yet "stand by" one. Get either Quick Quaker, which cooks in 2 1/2 to 5 minutes, or regular Quaker Oats today at your grocer's.

OPPORTUNITY SCHOOL STANDS AS MONUMENT

DENVER, March 8—Denver's Opportunity school stands as a monument to the lifetime effort of Miss Emily Griffith, whose work as an educator has carried her name abroad. The Opportunity school is a day and night school, where students ranging in age from 14 years "to a century, if they want to enroll," can learn those trades and professions not requiring a university education. The school is under the direct supervision of Miss Griffith, although it is a part of the school district. Here women may learn the rudiments of housekeeping, the intricacies of making hats or the re-amping of faces, while men may study anything from the three "R's" to bricklaying and assembling a locomotive. The school has become so famous that Miss Griffith was requested by the British government to visit England and start a similar institution.

HELLE OF BLUEGRASS TO REPRESENT STATE

FRANKFORT, Ky., March 8—A Kentucky belle of the Bluegrass who says she does not aspire to fame as a motion picture actress, but has posed for magazine covers, will represent the state at the 37th annual reunion of Confederate Veterans in Tampa, Fla., in April. She is Miss Lola Mae Stiles of Frankfort. She holds the appointment of the staff commander-in-chief of the "Confederate Memorial Dames" for the state. She also has the rank of colonel on the governor's staff.

\$20,000 FOR A BOOK

NEW YORK—Anybody who wants to know all about "The seven hours of wisdom," must pay \$20,000. It's a book by Colonel Thomas Edward Lawrence, Englishman, "Uncrowned King of Arabia." Ten copies were put on sale but there were no buyers. The purpose of the high price is explained as the author's to prevent his heroism being exploited by general knowledge of the complete story. An expurgated edition will be sold for \$2.

THE OWL AMEROIL

(Liquid Phosphatum)
(White Mineral Oil U. S. P.)
Is used by many people in the treatment of constipation.

1 pt. . . . 50c
1 qt. . . . 90c
Equal, if not better to many kinds for which you have paid \$1.00 a pint.

Moon Drug Co.

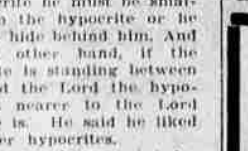
Agents For
The Owl Drug Co.

THE BOOTERY

Were \$10.00
Now \$7.50
Exclusive Representative
Red Cross Shoes

Pirate Bag

Revival of Gilbert and Sullivan's "The Pirates of Penzance" probably inspired this black suede envelope bag with a gold dagger fastener. The interesting cut edge of the flap is piped with gold.



PREXY ANGLER

Here is the only woman known to be president of an Izak Walton League. She is Mrs. James P. Kelley of White Cloud, Kas. She is president of the fishing league at that city on the Missouri river.



SALES 2 1/2 TIMES THOSE OF ANY OTHER BRAND

MAKES BAKING EASIER

DOUBLE ACTING

NEW THINGS FOR SPRING

Are now arriving almost daily. It will be a pleasure to show you.

PUTMAN'S

La Grande's Exclusive
Ready-to-Wear and Millinery

IMBLER PERSONALS

IMBLER (Special)—George R. W. Mead and son, Corbett, father and brother of Mrs. Lyman Kalsinger were here from Heppner over the week end. It was Mead's first visit to the Grande Ronde valley and he was much impressed with it. He is a wheat farmer in Heppner valley.

MOTHER GRAY'S POWDERS BENEFIT MANY CHILDREN

Thousands of mothers have found Mother Gray's Sweet Powders an excellent remedy for children complaining of Headaches, Colds, Feverishness, Worms, Stomach Troubles and other irregularities from which children suffer these days and excellent results are accomplished by its use. They break up rinds and regulate the bowels. Used and recommended by Mothers for over 30 years. Sold by Druggists everywhere. Trial package FREE. Address Mother Gray Co., Le Roy, N. Y.

Why Children Need Breakfasts that "Stand By"

80% of the Day's Important School Work Falls in 4 Morning Hours, Noted Educator Reveals

Noodle Supper At The PRESBYTERIAN CHURCH Thursday Evening March 10

Serving Starts at 5:30
Public invited
50c Plate

Selling Out! CARR'S Closing Out!

Our Big "6" Offer

March Only
A
\$6.00
WESTINGHOUSE
Turnover
Toaster

FREE—beautiful Westinghouse tray—value \$2.00—useful for many purposes—catches crumbs from toaster.

Eastern Oregon Light & Power Company

"Eat More Toast"