

SOCIETY NEWS

Campfire Girls At Council Fire

The Saculawen campfire girl group had its first council fire Saturday evening at 5:30 o'clock at the home of Mrs. J. H. Avers, guardian. Despite the cold weather half of the members were present, including Verla Melane, Natalie Ebert, Juanita Stitzinger and Marie Neukirchner. There was also two visitors, Barbara Stitzinger and Muriel Webb, both bluebirds, who expect to join the group as soon as they reach the age of 11.

It was reported that \$2.77 was made from the candy sale. This amount will pay for a leather-bound record book, which has already arrived from headquarters.

This being the first council fire, fire-lighting ceremony number one was used. Juanita Stitzinger, Verla Melane and Natalie Ebert were chosen to light the candles, after which the girls sang "America, The Beautiful." The guardian explained to the girls how they could win the national tree year honor for 1927 in the campfire girl work. Health charts and thrift charts were given out to those present. The members each contributed something about how to make fire year a successful one. The secretary was asked to write to various organizations for free material on the planting and care of trees.

Edna Jensen and Natalie Ebert were chosen to work on the next two programs. The next meeting will be Saturday, Jan. 29, at 4 o'clock.

The Osoba campfire girls were business as usual. Miss Herring's campfire group Saturday afternoon, at a meeting at the home of Miss Arta Verity, guardian of the Osoba group.

Campfire songs were practiced and the motions were learned during the afternoon, after which the girls enjoyed games and refreshments.

Woman's Society Plans For Dinner

When the Woman's society of the First Baptist church met Friday afternoon at the home of Mrs. C. C. Pennington plans were made for the first dinner to be served by the members of the society this year Friday evening, Jan. 28, in the basement of the church.

Mrs. W. L. Devine is chairman in charge.

by a program with Mrs. Raymond Pitts as chairman.

Miss Helen Johnson gave two readings, "Aunt Mandy and the Charleston," and an impersonation of a car ride. Five little girls from the north side school sang two songs under the direction of their teacher, Mrs. Elizabeth Vogel. Mrs. Edith Pihy sang two numbers, "Lawn" and "The Star." Miss Edith Gillison played a piano solo and Mrs. Nell Hutchison sang two numbers, "The Swallows" and "A Song of You." Miss Dorothy Cushman gave two readings, "Flash, the Fire Horse," and "Pa Stays Home," and a trio, consisting of Misses Leona and Nora Spay and Jane Smith, accompanied by Miss Nellie Greston at the piano, sang "The first number was 'Non-politan Nights' and the second was 'Home Sweet Home Lullaby.'" Miss Irene Lovehaug gave two readings, "Hymn Bless In" and "White Socks," and Miss Vina Conley sang two solos, "Greatest Wish in the World" and "A Thought." Miss John Childers accompanied her.

After the program refreshments were served by the committee in charge.

UNION (Special)—Saturday afternoon Preston Woman's Relief Corps No. 22 met at the K. P. hall for luncheon at 1:30 o'clock. Covers were laid for 49.

Following luncheon there was a business meeting of the corps and officers were installed, with Mrs. Catherine Craver as installing officer. Mrs. Louisa Burwell, special conductor, and Mrs. Minnie Baird, Pearl Chudwick, Margaret Smith and Nell Padlock as special colorbearers.

The following officers were installed: Sarah Shappat, president; Ella Shaw, senior vice; Anna Schomover, junior vice; Nora Cheney, treasurer; Catherine Craver, chaplain; Louisa Burwell, conductor; Pearl Miller, guard; Emily Cook, secretary; Agnes Padlock, press correspondent; Mae Scott, patriotic instructor; Viola Parker, musician; Lillie Kiekle, assistant conductor; Lora Godsey, assistant guard; Mary Elliott, Belle Busick, Lillie Cross and Cora Griggs, colorbearers.

Agnes Padlock in behalf of the corps presented Mrs. Scott, the retiring president, with a gift of appreciation, and the retiring officer responded.

Two readings were given by Mrs. Agnes Padlock, "Cactus Nell" and "Your Flag and My Flag." The ceremonies closed with the salute of the flag by the members and the singing of "America."

T. B. Club Meets At Union Hotel

UNION (Special)—Mr. and Mrs. Bert Knight were host and hostess to the members of the T. B. club Wednesday evening at their home in North Union.

Bridge was played at four tables during the evening with Mrs. Walter Cook, winning high score among the women. The men's prize went to L. Z. Terral and the consolation prize to Raymond Pitts.

Baskets of lavender and pink sweetpeas were used to decorate the rooms. The hostess served a two-course luncheon after the game.

The club will meet again Feb. 2 at the home of Mr. and Mrs. Raymond Pitts.

UNION (Special)—Mrs. J. L. Hutchinson was hostess to the members of the Lucky Thirteen club and a few guests Friday afternoon at the Union hotel at a 1:15 o'clock luncheon.

Covers laid for 12 around a table decorated with bouquets of pink carnations. Following luncheon three tables of bridge were at play in the hotel livingroom. Mrs. John Martens made high score and Mrs. Leonard Davis received the consolation prize.

Those present, besides the club members, were Mrs. Donald Gale, Mrs. Bert Knight, Mrs. Mary Hutchinson and Mrs. T. Kerr.

Announcements

The Home Missionary society of the First Methodist Episcopal church will have an all-day meeting for work tomorrow at the home of Mrs. Lee Hanford. There will be a potluck lunch at noon.

A young man who turned bandit in Kansas City really can't be blamed. He had hunted the town from top to bottom for a job for his wife.

Smart Footwear



This white kid shoe with bowknot motif of green lizard is the smart model to take south.

OUT OUR WAY



THE COWBOY AND THE CALVES.

MENUS

By Sister Mary BREAKFAST—Canned cherries, cereal, thin cream, creamed flinnet haddie, crisp eye toast, milk, coffee.

LUNCHEON—Nut loaf with celery sauce, lettuce sandwiches, pineapple Charlotte, milk, tea.

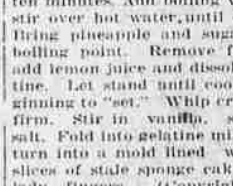
DINNER—Boiled mutton, boiled potatoes in parsley butter, creamed turnips, French endive with French dressing, ginger pudding, graham rolls, milk, coffee.

Keep in mind that "made" dishes are not as easily digested as plain, straightforward viands. However, these dishes involving mixtures are often justifiable, since they add variety to the menu and are a means toward economy. The nut loaf suggested in the luncheon menu is one of these concoctions. If small children must be provided for, a poached egg might be served on toast with some of the celery sauce.

Pineapple Charlotte One tablespoon granulated gelatine, 4 tablespoons cold water, 1/2 cup boiling water, 2-3 cup sugar, 1 cup grated pineapple, 1 tablespoon lemon juice, 1 cup whipping cream, 2 tablespoons powdered sugar, 1/2 teaspoon vanilla, few grains salt, stale sponge cake or lady cookies.

Soften gelatine in cold water for ten minutes. Add boiling water and stir over hot water until dissolved. Bring pineapple and sugar to the boiling point. Remove from fire, add lemon juice and dissolved gelatine. Let stand until cool and beginning to "set." Whip cream until firm. Stir in vanilla, sugar and salt. Fold into gelatine mixture and turn into a mold lined with thin slices of stale sponge cake or split lady fingers. (Copyright, 1927, NEA Service, Inc.)

A thousand persons were struck by bicycles in London in a recent month. These newfangled contraptions are making the streets unsafe.



Ready In Two Minutes

WITH hot breakfasts generally conceded a vital part of the day's diet—it is fortunate that they no longer take so much time to prepare.

H-O Quick Cooking Oats cook ready to serve in two to three minutes. And there, in almost no time, you have a steaming dish of the finest nourishment there is.

H-O OATS

Quickest Hot Cereal

PARIS COMPLICATION WITH WOMEN WORKERS

Women workers, wives and daughters, have become the collaborators of their husbands and fathers in so many instances in Paris government offices that Premier Poincare has had to stiffen the requirements for their employment. There has developed too great temptation for a functionary to put his family on the payroll for salary alone. The military happy family quarrel on its hands when a wife won promotion and became her husband's chief. Another row occurred when a husband was transferred to an office where he came under the orders of a woman. His wife wouldn't allow another woman to boss her husband.

UNION PERSONALS

UNION (Special)—Ralph Smith, of Smith and Thompson's grocery, returned home Tuesday evening from Weiser, Ida., where he had been for a week called by the illness of his father.

Among those from Union who attended the Knights of Pythias banquet and meeting at Baker last Monday evening were the Rev. Robert C. Lee, James Webb, Newell Martens, Jim Johnson, Ben Stonedahl, F. Thompson, U. S. Blucker, R. C. Wheeler, George Delap and W. O. Haggerty.

Mrs. Stella Levy, L. A. Wright, Mrs. Pihy and Margaret Pihy were among the Union people who attended the road show "Rain" in La Grande last week.

Mr. and Mrs. George Dufur, of Woodland, Wash., spent Saturday and Sunday at the home of their brother-in-law, John Wortman. They returned home Sunday evening.

Bert Knight is shipping a carload of fat hogs to the Portland market this week.

Among those from Union shopping in La Grande Saturday were Mr. and Mrs. William Vogel, Miss Edith Rovig, Mr. and Mrs. Dick Benson, Sam Benson and Mrs. Alice Sutherland.

Mrs. William Hutchinson was in La Grande Wednesday evening, where she attended the Cadman concert.

Mrs. Alice Simpson, of Emmett, Ida., is visiting here for several days at the home of her cousins, Mr. and Mrs. Dick Benson and Sam Benson. From here she will go to Olympia, Wash., to visit relatives.

Mrs. C. L. Scott left Thursday morning for Island City, called there by the illness of her daughter, Mrs. George Carnes.

Mr. and Mrs. Fred Fox motored to La Grande Thursday where Mrs. Fox underwent a minor operation.

J. W. Spencer sold his pool hall this week to George Reitor, of La Grande, who took possession at once. Spencer will leave soon for Nysse, Ore., where he has purchased a hotel.

A geographer predicts Chicago will have 15,000,000 people by the year 2000. Not unless they change their ways, professor.

One thing about going to the dogs—you'll always find plenty of people to help you get there.

By Williams Donahey Family Of Children Is Ten in Number

COLUMBUS, O., Jan. 24 (AP)—When the Vic Donahey family trooped into the Ohio executive mansion four years ago, many Buckeye mothers sighed to one another, "How will she do it?"

The object of their apprehension was Mrs. Donahey.

They wondered how she would continue to mother successfully her brood of ten children and still find time to discharge the arduous duties of the first lady of one of the biggest states in the country.

But Governor Vic Donahey has just started his third consecutive term, and after four years of "mothering" and "first ladying" his wife's face has the same fresh color as when she came up from New Philadelphia.

The details of giving a formal tea and of seeing that she had a fresh supply of collars cause her no worry.

"It's just a lot of fun," she says, placidly. "Don't ever worry."

When Vic Donahey was a country printer in New Philadelphia, he admits candidly he didn't earn much money. And the work came often, but Mrs. Donahey never worried.

She has a few other thumb rules for getting along: "Budget your money." "Trust in God. I don't believe enough of us do."

The Donaheys had 12 children and ten are living.

In the midst of her duties as a mother and a governor's wife, Mrs. Donahey has retained the pianistic ability of her girlhood and has become an art connoisseur and somewhat of an authority in Ohio on antiques and interior decoration.

Two daughters have learned from their mother to play the piano and the violin.

HEALTH

OBESITY

By C. H. Heitcher, M. D., Seattle, Wash.

Member George's Memorial Inst. In many cases obesity is a disease. Many individuals are afflicted with it. Thousands are refused life insurance each year because they are above the weight standard for their age and height.

You may feel well and laugh at your condition, but the company who considers the risk on your life, which they take when they insure you, does not laugh at obesity.

Obesity is frequently the forerunner of serious difficulty. The cause of this condition may be a disturbance of one of the glands of the body, termed a gland of internal secretion, and called the pituitary gland.

The most frequent cause of obesity is over eating. If one takes more food than his body needs for fuel, the extra amount is deposited as fat, beneath the skin and within the small cells throughout the body. These extra deposits of fat are simply so much extra weight, which makes the work of the body greater and weakens its musculature. A heart muscle which is weakened by fatty deposits cannot do its work efficiently and gives out more readily.

What would you think of a baseball player who went in a world series game with a 20 pound pack strapped to his back? Yet there are many people who carry with them constantly twenty, thirty, forty, or fifty pounds of excess weight.

One's weight is governed by his age and height, and authentic tables may be readily found for reference. Just because one's father or mother was excessively over-

weight is no reason why he should be so.

If you are overweight discuss the matter with your physician. There are drugs upon the market which, if taken indiscriminately, may do much harm. Do not stop eating and try to lose ten pounds in one week. One pound reduction a week, if carefully planned for, will be sufficiently rapid. To diet for obesity requires character sufficient to follow consistently a definite routine. In outlining this treatment your physician will want to know that he can depend upon you to follow it.

It is important to have a carefully balanced diet in reducing one's weight. By balance is meant the quantity of carbohydrate, protein, and fat in the diet and their relationship to each other. The protein should be of normal amount; the carbohydrate food should be slightly increased in amount; and the fat foods considerably diminished.

The test of adequacy of any routine for purposes of reduction is told by the body weight. If you have followed accurately for one week a given routine and you have not lost in weight, something is wrong either in the construction or application of that routine.

PUTMAN'S

La Grande's Exclusive Ready-to-Wear and Millinery

POETRY PAYS BILL FOR COLLEGE WORK

The unsuccessful poet may take a lesson from Rosabelle Houston, who at 12 is earning her way through Drake University at Des Moines, Ia., by writing poetry. Since she was 12 she has written more than 500 poems, one of which "Women of the Soil" was awarded the major prize among 2,000 entries in the National Student poetry contest. "Some day," she promises, "I'm going to be a woman of letters, and books and poetry."

COOK SERVES LONG WITH ONE HOUSEHOLD

A cook who has been 67 years with the same family has been found in the French town of Eouzeau. Her name is Julie Achu. She is 67 years of age and works for Edouard Fress. She has never married.

A good way to keep the fluore beautiful is to use only a pocket mirror.

COOKING HINTS

Delicate MUFFINS

2 cups flour 1/2 teaspoon salt
1/4 cup sugar 1 egg
1/4 cup milk 1/4 cup PANCRUST
1 baking powder 1/4 cup milk

MIX and sift dry ingredients. Combine all liquids. Slowly pour these into dry mixture, mixing lightly. Do not stir, or attempt to beat out the lumps. Place dough into pans that have been well greased with PANCRUST. Bake in fairly hot oven from twenty to twenty-five minutes.

PANCRUST

IS AN ALL-PURPOSE FAT Use it in your COOKING

JOSEPH STANKO

Will Lecture at the EAGLES' HALL

Tues. Evening, Jan. 25 at 8 o'clock

ON "THE FACTS IN REGARD TO THE MEXICAN SITUATION"

Lecture is free—Everybody invited.

To break up a stubborn cold we recommend

Thompson's Cold and Grippe Tablets

Made in the laboratories of the Owl Drug Co.

25c

Moon Drug Co.

Agents For The Owl Drug Co.

Minerva Says—

What we want to do is to induce the ladies of La Grande who have never worn a slipper to try one pair of the famous shoes which is built with arch-tone to protect the arch; also built with narrow heel seat to prevent slipping; and many good features not in regular shoes. We have decided to give you a chance to get one pair of these 8 1/2 slippers at \$7.50. Now is your chance for a short time.

Two-dollar slippers, to sell at \$1.95 to \$6.95. Silk hose from \$1.00 to \$1.75.

Men's shoes, all kinds, at reasonable prices.

The BOOTERY

CARR FURNITURE CO.

STORE CLOSED WATCH! WAIT! GET OUR BIG CIRCULAR

COMING!

The Greatest Sale La Grande Has Ever Known. Carr Furniture Co. CLOSING OUT—Sale Starts Monday, Jan. 31—10 a. m. Be Prepared to Come With the Crowd.

CARR FURNITURE CO.