

YIELD FOR YEAR IS \$22,500,000

Wenatchee Chamber Estimates Value of North Central Products

WENATCHEE, Wash., Dec. 30.—Products of the orchard, field, dairy, range and woods of North Central Washington for 1926 had a total value of about \$22,500,000, according to figures made public recently by the chamber of commerce.

While this is somewhat less than for some years of heavy production and high prices, it is above the average for the last 10 years and indicates a fair condition of activity and prosperity. Fruit produced in Chelan, Douglas, Okanogan and Grant counties totaled 15,554 cars. The value of the fruit crop is estimated at \$11,500,000. Included in apple shipments are about 900 cars of culls which have small farm value. The apple crop's value is estimated at \$10,000,000; soft fruit at \$1,500,000. Live stock shipments in 1926 have been the largest yet, totaling 880 cars valued at \$1,650,000.

150,000,000 Feet of Lumber The value of lumber and boxes produced by 25 saw and box mills in the district was between \$2,000,000 and \$4,000,000. Nearly 150,000,000 feet of lumber were turned out, of which 70,000,000 feet went into the making of 12,500,000 fruit boxes worth \$2,000,000. The remainder were shipped.

More than 2,000,000 bushels of wheat were grown in Douglas and Grant counties, having a value of \$2,000,000. This is below average production and value. In addition, there were poultry and dairy products valued at \$2,000,000, mostly consumed locally. The equivalent of 100 carloads of potatoes and tomatoes were grown in the district, used locally. They were valued at \$250,000.

Million in New Buildings One million dollars worth of new building construction has been done in Wenatchee and vicinity during 1926, this being one of the best building years in history. For the first 11 months permits totaled \$745,525. It is expected that the year's total will reach \$800,000. In addition, fully \$200,000 has been expended for residences and warehouses.

Postal receipts for the first 11 months of 1926 were \$35,179 compared with \$28,595 in 1925, a gain of nearly 8 per cent. Total 1925 receipts were \$20,421. Bank deposits at the last official call showed \$5,192,949 in four local banks, and \$7,000,000 in all Chelan county banks. One year ago deposits here were \$4,960,495. The last telephone directory had 472 names, compared with 452 a year ago. The school census shows the number of children of school age has increased from 3065 in 1925 to 3236 in 1926.

Yakima Census Figures 25,954

YAKIMA, Dec. 29.—Two censuses recently taken show healthy growth here. One, taken for the chamber of commerce by an eastern agency, shows there are in the city 25,954 persons, compared to 24,719 a year ago and 18,539 in 1920, when the federal census was taken. A census of church membership gives a total in the 21 churches of 12,000, with an average gift of \$14 annually, or \$168,000 yearly. Among the churches canvassed were two Catholic ones with average memberships of 1000 each.

Besides this, each church has made improvements during the last year of which no account has been taken. During diamond jubilee, something like \$150,000 was raised by Catholics, nearly all spent here. Presbyterians have under construction a new church plant, to cost about \$250,000 and the Christian church is making an addition costing \$150,000.

Butter Too Yellow To Suit Consumers

GUERNSEY, English Channel Islands, Dec. 29. (AP)—Guernsey's famous butter has become too rich in color, and scientists are trying to conceive methods of taking the yellow out of it. Consumers suspect that the golden hue is due to artificial coloring, and have become afraid of it.

Charles Kitts, B. A., president of the Guernsey chamber of commerce, says that the butter will not be served hereafter to visitors unless they ask for it.

"Yet we pay 3 shillings and 4 pence a pound for Guernsey butter," he explained, "while the best English butter is sold here at 2 shillings a pound. Guernsey butter is yellow simply because our Guernsey cow is yellow. She is bred with yellow fat, and this even exudes from her."

There are eighty-seven women scientists, including chemists, zoologists, physicists, botanists and pathologists, employed in the Government departments in Washington.

Monks of the Benedictine Order are rebuilding the abbey of Dunstun in Devonshire, England, on the exact spot where it stood when it was destroyed one thousand years ago. These monks are noted beekeepers.

OUT OUR WAY



HEROES ARE MADE—NOT BORN.

By Williams

ERECT POSTURE AID TO HEALTH

Is Simple and Effective Method of Bettering One's Condition

By DR. FREDERICK STRICKER One of the simplest and most effective methods of bettering one's health is by maintaining an erect posture. Posture is an expression of the mental and physical state; also posture may modify and control mental states. The cultivation of a happy, cheerful, optimistic nature more readily achieves results when efforts are also made to walk with an elastic, springy step, to hold the head erect, and the abdomen flat.

In an erect posture body muscles tend to remain taut, and afford a proper support or pressure to the body including the circulation of large blood vessels. In a habitual slouching posture the blood of the abdomen tends to stagnate in the liver and the splanchnic circulation causing a feeling of drowsiness and mental confusion, headache, coldness of hands and feet, and chronic fatigue or neurasthenia, and often constipation.

Important Habit One of the most important of all health habits is the habit of keeping good posture. When the head droops a strain is placed on the neck and shoulders. When the shoulders stoop the chest becomes flattened and the lungs are cramped for room. When the body slumps forward at the hips the organs in the abdominal cavity are not held in natural position. At the same time the muscles are working a little harder than if the body were erect, for they are making a little harder than if the body were erect, for they are making an effort to hold the body from falling forward.

A good posture can not be maintained unless the muscles are kept strong by exercising. If the shoulder muscles are too weak to hold the shoulders in their normal position the chest tends to drop in. If the muscles of the back and abdomen are not strong the body slouches forward.

Well Directed Feet It is not enough to have an erect carriage and a well-poised head. We must also have well directed feet. The foot in action should be placed on the ground with the line of direction parallel to the line of movement. The toes should point forward and neither

Beware, Trudie!



Have a cure. "Trudie" Ederle, for Miss Peggy Duncan is on your trail as champion long distance swimmer. This 13-year-old school girl recently swam from Robben Island to Tongue Bay, Cape Town, in 5 hours and 22 minutes. It is a feat considered more difficult than the swimming of the English Channel, and has only once before been accomplished, then by a man, 37 years back.

To Drill for Oil Near Burns, Ore.

BURNS, Ore., Dec. 30.—E. E. Brown, Daniel O'Brien, Thomas Myers and John Decker arrived in Burns recently and announced that a Standard Oil well drilling machine is now en route from Wyoming with which to begin the sinking of an oil well within 10 miles of Burns and that work will start within the next 30 days.

geologists and are familiar with the formation in this vicinity. They claim there are four chances for oil in the first 2000 feet in this section, their best indications being 800 and 1200 feet, but according to geologists there are four oil sands before reaching a depth of 200, therefore the interested people are confident of finding oil in playing quantities within that depth.

It's remarkable these days how courteous a traffic cop can be. Maybe it's the Christmas spirit.

Advertisement for 'The new EASY WASHER on view' featuring an image of the washer and text describing its benefits: 'Washes and dries at the same time. Not a drop of water to lift or carry.' Includes 'EAST TERMS' and 'EASTERN OREGON LIGHT & POWER CO.' logo.

Sheepmen Will Discuss Future Policy at Weiser

SALT LAKE, Dec. 30. (AP)—Two questions stand out for consideration on the winter calendar of woolgrowers' conventions in the intermountain states, which open with the Idaho Woolgrowers' association gathering at Weiser, Jan. 17 and 18.

The first question is, "What policy should sheepmen adopt in the future, in marketing their wool?" The second is precipitated by announcement of Secretary of Agriculture Jardine that a fee charged stockmen for use of national forest range would be increased slightly.

Though not in the intermountain group, the Oregon Woolgrowers' association meets at Pendleton, Jan. 14 and 15. Immediately following the Idaho meeting comes the Montana Woolgrowers' association convention at Butte, Jan. 19, which is the day before the National Woolgrowers' association meets there for three days.

The Utah State Woolgrowers' association will meet in Salt Lake, Jan. 24, completing the program.

For several conventions back woolgrowers have been discussing the possibility of inaugurating a wool selling program under the auspices of the National Woolgrowers' association. Many leading personalities in the industry feel that the present time is ideal for instituting such a grower-controlled scheme.

It is not likely that the growing fee increase question will occupy its usual foreground position at any of the conventions.

The human heart makes 100 strokes per minute when the body is in a lying position than when upright.



—NEA, Washington Bureau AFTER MONTHS of earnest chase, an ingenious cameraman finally cornered the prettiest and most camera shy deputy United States marshal in Washington. Her name is Vera Dunn.

Snow Beats 41 Years' Average

SPOKANE, Wash., Dec. 30.—Although the precipitation for December is below normal for the month thus far, there is a larger percentage of snow fall than usual, according to E. M. Keyser, meteorologist. The depth of the snow thus far was measured as 12.2 inches, as compared with a 41-year normal of 9.3 inches for December.

The heaviest snowfall of the month was on the 17th and 18th, when six inches fell, and the greatest amount on the ground at one time was on the 18th when the depth was 7 1/2 inches.

Potato Growers Of Idaho Falls Favor Rulings

IDAHO FALLS, Ida., Dec. 30.—Branded bags and grading and shipping rules as promulgated by the state commissioner of agriculture last July were topics of discussion at a meeting held in the city hall Monday. This meeting was attended by about 150 interested growers and shippers. A general discussion and explanation of the rulings occupied a greater portion of the meeting, and unanimous agreement was reached that this district would stand solidly behind the state department in its effort to establish a higher quality of product and more uniform pack.

State Commissioner A. W. B. Klossness and Chief Deputy Salin urged the growers to change their methods somewhat in potato culture, breed and plant better seed, and to use better methods of cultivation. Shippers were told it was largely up to them to maintain high standard of shipment. Shippers and growers cooperating can establish a high quality of product for this territory that will pay high returns. A large number of growers in attendance were from Asherton and Egin, and the bench district around St. Anthony. Shelley and Pirth were also represented.

Executes 364 Then Turns Ax on Wife

Nikran Manghiklian, Armenian cobbler, formerly executioner to the Russian army on the Caucasian front, brought his career to a close by chopping off his wife's head in a fit of insanity. The police found this certificate among his papers: General Antonick is proud to testify hereby to the brilliant conduct of the executioner Nikran Manghiklian, who, up to date (Dec. 24, 1918) has to my knowledge rendered justice 364 times. Manghiklian has been removed to an asylum.



Advertisement for Maxwell House Coffee: 'Never before—a coffee that has pleased so many people. MAXWELL HOUSE COFFEE "Good to the last drop" Today America's largest selling high grade coffee'.

Large advertisement for 'Facing The New Year' by Hooverized Grocery. Text includes: 'is a time to do something besides make new resolutions. It's time to act. The Hooverized has. We have cut our operating expenses almost one-half. New and lower prices are now in effect on our entire stock, the lowest in town. You will observe the savings—New price tickets on every item. SERVICE—We now offer an original type of service that makes our values all the more remarkable. We have rearranged our store service department. You can be served either way. Phone orders will be promptly filled and delivered free. A trial order will demonstrate the merits of our new service and saving plan. If not convenient or desirable to call in, use the phone Main 40—that's why we have both departments—to serve you—Same low prices both departments. Yours For A Better New Year'.