

# SOCIETY NEWS

## Members of Hope Chapter Meet

Members of Hope Chapter No. 13, Order of the Eastern Star, enjoyed an interesting program last evening when the last meeting of the lodge this year was held at the Masonic hall. The program consisted of the reading of the minutes, the presentation of the Christmas tree, and the singing of "The Christmas Song" and "The Star in the East." The program was given by the members of the chapter.

Miss Isabelle Miller sang "Were I a Bird," accompanied by Miss Edith Ebbell on the piano. Miss Edith Ebbell played a piano selection, "The Voices of Spring," and Miss Catherine Humphreys gave a reading, "The Sensation of Springtown." Miss Martha Berger closed the program with a vocal solo, "On Bendemeer Spreng." Each of the young women responded with encore numbers.

After the program refreshments were served. Miniature Christmas trees decorated the tables. White the committee in charge was serving, Santa Claus appeared and greeted those present.

Mr. and Mrs. Charles Reynolds entertained at dinner last evening at their home on Washington avenue, with 25 friends as their guests. The party was the second of a series of two Christmas dinners at which Mr. and Mrs. Reynolds entertained this week.

Dinner was at 7:15 o'clock and Christmas decorations, the same as used the previous night, were used. Miss Marjorie Reynolds, Mrs. H. M. Ray and Mrs. Elmer Stoddard assisted the hostess in serving.

Bridge was enjoyed afterwards, at seven tables, with Mrs. David Stoddard, of Baker, winning the first prize among the women. The men's prize went to Norman Freeman. Mrs. A. J. Stange received the consolation prize.

## Miss Hoyt Hostess To Club Tuesday

Miss Mildred Hoyt was hostess to the T. N. T. club Tuesday evening with a Christmas party at the home of her parents, Mr. and Mrs. L. M. Hoyt. After singing Christmas songs the remainder of the evening was enjoyed visiting. Refreshments were served later in the evening. The 19 girls present were seated around a table, prettily decorated in keeping with the Christmas season. A Christmas tree, and a miniature Santa Claus and his reindeer, served as a centerpiece.

A larger Christmas tree was also a part of the decorations of the home, and from this gifts for everyone were taken.

Santa Claus appeared before the meeting and adjourned and greeted the girls.

Miss Frieda Klopfenstein, who is a member of the club, was a special guest. She is home for the holidays from Corvallis, where she is attending the Oregon Agricultural college.

The younger set of La Grande is looking forward to next Tuesday evening, when the DeMolay will give their annual holiday dance in the Elks' hall. Invitations are already out for the party, which will be formal.

Several features are being arranged for in addition to the dancing. Dick Lindsay's Ramblers will

( furnish the music. Marija Mayer and Tom Bruce are making arrangements. Patrons and patronesses will be La Grande Missions and their wives.

The Eagles' lodge here, No. 259, is planning a Christmas party for this evening when the Eagles will entertain their families with a Christmas tree at Eagles hall. Santa Claus will arrive at 8 o'clock with gifts for all of the children present.

After the tree the remainder of the evening will be spent dancing.

## Bridge Players Have Xmas Party

Members of the Tuesday Evening Bridge club enjoyed a Christmas party Tuesday evening when Mr. and Mrs. A. L. Voelz entertained at their home in Fruitdale.

Four tables of bridge was the diversion of the evening, with Mr. and Mrs. T. R. Maxwell receiving high scores.

The rooms were decorated in keeping with the holiday season. A Christmas tree was the center of attraction. Banquets of red carnations were also used.

The hostess served refreshments after the card games.

The club will meet again Tuesday evening, Jan. 4, when Mr. and Mrs. Harley D. Smith will entertain.

Miss Etta Belle Kitchen was hostess to the girls of her Sunday school class Tuesday evening with a Christmas party at the home of her parents, Mr. and Mrs. R. J. Kitchen. Each girl brought a jar of fruit, which was wrapped and tied ready to give to the Christian church Sunday school, and from there delivered to the needy of the city on Christmas day.

Games were also enjoyed by the club and a Christmas tree, when those present exchanged gifts. The hostess served refreshments.

Those present were Deloris Stuart, Olga May Hough, Evelyn Campbell, Genevieve Flexer, Rose Shaffer, Genevieve Long, Maxine Matson, Madeline Gallagher and Olga Hansen.

## Boise Man Weds La Grande Girl

Miss Lillian A. Collins, of La Grande, and Roy L. Argabright, of Boise, Idaho, were married at 7 o'clock last evening at the First Methodist Episcopal church, officiated by the Rev. H. W. Parker.

Mr. and Mrs. Logan Wakefield, of Boise, and Mrs. Peterson, of La Grande, accompanied them. The party returned to Boise last evening, where Mr. and Mrs. Argabright will make their home.

Miss Ann Adams and George B. Vanderhoff, both of Owyhee county, Idaho, were united in marriage yesterday afternoon at about 5:20 o'clock by Hugh E. Brady, Justice of the peace.

Mr. and Mrs. Vanderhoff returned to Idaho to make their home.

The Monday Musical chorus will meet for rehearsal this evening at 7:15 o'clock at the First Methodist Episcopal church. The chorus is working on a Christmas cantata, to be given Sunday at the church.

## OUT OUR WAY



HEROES ARE MADE--NOT BORN.

## By Williams

## HEALTH

### PREVENTION OF GOTTER

By Reginald H. Jackson, M. D., Madison, Wis.

Member Gorgas Memorial Inst.

Stretching across the northern part of the United States from the Atlantic to the Pacific is a great area known as the "gotter belt". In this region there are millions of persons, men, women, and children, afflicted with this malady.

In some localities of the middle west, surveys have shown the incidence of gotter to be as high as four in every five girls of high school age. Statistics indicate that gotter is increasing, which is natural in view of the fact that population is steadily increasing in this area; and that the incidence of the condition is primarily due to a deficiency in the water and food.

The prevention and control of this malady is not only of utmost concern to those already afflicted but to countless thousands as yet unborn. Especially does this apply to the latter group, as among them will be great numbers of those known as cretins, dwarf-like, stunted, semi-idiotic human beings, handicapped physically and mentally through a congenital deficiency of thyroid gland tissue, due to the presence of gotter in several generations of their ancestors.

In Switzerland, where gotter has prevailed from time immemorial, whole communities are afflicted with it and the condition of cretinism is very common. In the gotter belt of the United States cretinism has not appeared, as yet, for cretinism to make its appearance among the natives born to any appreciable extent, but assuredly, unless proper measures of prevention of gotter are intelligently adopted, conditions similar to those in Switzerland will arise.

To the best of our knowledge gotter is caused by lack of iodine in drinking water. Analysis of the water of our northern cities has shown that iodine is relatively scarce, whereas in the south, where gotter is uncommon, iodine is found in comparatively large amounts in the water.

The value of iodine in the treatment of gotter has been recognized for over half a century. Iodine, however, is a drug and should not be taken indiscriminately. Parents should consult their family physician in every case before iodine is given to their children as a preventive of gotter.

While iodine should be administered to all children living in the gotter belt, as a preventive of gotter, it is dangerous to give it to adults who are afflicted with the nodular, or so called "outward", gotter. Although it may reduce the size of the gotter, it is very likely to cause it to become toxic in type to the extent, in some cases, that death may be the inevitable result.

Persons past twenty-one will not as a rule develop gotter of the nodular type if they have escaped up to that time. Frequently such gotters lead in time to chronic

## Quilted Robes

A Gift She Will Adore

10.00 to 25.00

Peach  
Orchid  
Rose

Pink  
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In fine quality satin, padded, interlined and quilted; practical and inexpensive.

LADIES READY-TO-WEAR



diseases of heart and kidneys, as well as to high blood pressure. It is wise, therefore, that those with gotter seek scientific medical advice in order that health may not become impaired.

### EUGENE MAN HURT

EUGENE, Ore., Dec. 23 (AP)—Ernest Mabe, employe of the Shannon Lumber company, of Walton, slipped and fell while working as a brakeman of a logging train yesterday, and his leg was so badly injured that amputation was found necessary. He was also badly cut about the face in the accident. He is at a local hospital.

### BOYS TAKE UP SEWING

EUGENE, Ore., Dec. 23 (AP)—Five boys of the Marcola district have organized a "bachelors' sewing club" and are learning to sew. Girls of the district are indignant, according to reports received here, and are scornfully looking forward to a display of the talents of the boys in the art.

PROHIBITORS TO MEET  
EUGENE, Ore., Dec. 23 (AP)—About 100 law enforcement officers of Southern Oregon counties are expected to attend a meeting of the Southern Oregon law enforcement officers association, to be held in Eugene in February according to Newton Chaney, district attorney of Jackson county, secretary of the association. Mr. Chaney was here yesterday to confer with Lane county officers on the plans of the meeting.

ARRIVAL HEAVEN  
REDDING, Cal., Dec. 23 (AP)—Art Starbuck, pilot of a north-bound air mail plane, who was forced to land here Tuesday because of a storm, returned to San Francisco yesterday being unable to continue his northward journey.

The ptarmigan, snow bunting and dotterel are the only birds that make their homes in the High Top, as the Alpine country of Scotland is called.

Our Stock of Orthophonic Victor Records is complete. New records daily.

### CARR'S



There Are Always One or Two Neglected Until the Last

Maybe they are not Members of the family or The nearest relatives but One or two good friends and True whom you want to Remember with something a Little nicer and a lot more Lasting than a greeting card And it's gifts like that That you'll want to pick Out tomorrow—and how much More thrilling and lovely It is for them to receive a Bit of charming jewelry from Siegrist's! Because you'd Be surprised at the beautiful Array of small gifts to Choose from—a dollar or two Or three or four will get The exact gift you want and Will carry proper sentiment And show extra good judgment Because the box reads from

### SIEGRIST & CO.

"Largest Jewelry Store in Eastern Oregon"

## MENUS

By SISTER MARY  
BREAKFAST—California grapes  
cereal, thin cream, baked French  
toast, syrup, milk, coffee.

LUNCHEON—Filing of salmon  
with creamed peas, hearts of lettuce  
with French dressing, Parker  
House rolls, chocolate marsh-  
mallow roll, milk, tea.

DINNER—Broiled hamburger  
steak, lyonnaise potatoes, creamed  
cauliflower, onion with bacon  
dressing, canned strawberries,  
mock angel food cake, whole wheat  
bread, milk, coffee.

If a house guest is expected dur-  
ing the holidays, the "ring of sal-  
mon" suggested in the luncheon  
menu will make an excellent com-  
pany dish. The housekeeper never  
wants to spend more time as cook  
than hostess, but she does want all  
her meals a little out of the ordi-  
nary and daintily served. While  
one might hesitate to serve plain  
salmon straight from the can, the  
ring mold, filled with peas is at-  
tractive and delicious.

Ring of Salmon  
One pint or pound can salmon,  
1/2 cups state bread crumbs, 1/2  
cup cream, 1/2 teaspoons salt, 1/2  
teaspoon pepper, 1/2 teaspoon  
ground mace, 1 tablespoon lemon  
juice, 3 eggs (whites).

Remove skin and bones from  
salmon and force through a col-  
ander. Add bread crumbs, which  
should be from the soft part of  
the loaf, cream, salt, pepper, mace,  
lemon juice and enough hot water  
to make moist. Mix thoroughly  
and fold in the whites of eggs  
beaten until stiff and dry. Turn

into a well-buttered ring mold and  
steam for thirty minutes. Remove  
from mold and fill center with  
creamed peas.  
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Inc.)

## I. C. C. to Attempt To Settle Tangle

PORTLAND, Ore., Dec. 23 (AP)—Action by the interstate commerce commission to cut the knot into which the Central Oregon railroad situation has resolved itself is expected to be the next development. Following yesterday's conference at Washington of heads of the Northern Line and the Southern Pacific railroad officials here believe that the I. C. C. will take the matter into its own hands and suggest a solution which will be submitted to the railroads.

THEATER MAN PROMOTED  
PORTLAND, Ore., Dec. 23 (AP)—John Stille, manager of the Elsinore theater at Salem, will become manager of the Liberty theater in Portland Jan. 8. It was given out here today. Stille will succeed Edwin J. Hitchcock who goes to manage the Liberty theater in Seattle, half interest of which has been acquired by the United Artists Theater company from the Pacific Northwest Theaters Inc.

PIONEER WOMAN DIES  
SEATTLE, Dec. 23 (AP)—Mrs. Mary McComb, a pioneer of the Pacific northwest, died here late yesterday. She was born in Salem, Ore., in 1851, came to Seattle in 1876.

# STONE'S MODERN FOOD STORES

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La Grande, Ore.

To Our Many Customers and Friends, We Wish You a Merry Merry Christmas and Happy, Prosperous New Year  
A Few Items Which May Help Fill Your Cup With Xmas Cheer.  
Savings Thursday and Friday.

**ORANGES**  
Extra Large  
Sunkist  
Navels ..... Dozen **49c**

**SUGAR**  
Pure Cane  
in Cloth  
Bags ..... 10 Pounds **69c**

**MIXED NUTS**  
6 Different Kinds,  
Peanuts, Walnuts,  
Filberts, Brazils,  
Almonds, Pecans... 4 Pounds **89c**

**CRANBERRIES**  
Large  
Red  
Berries ..... 2 Pounds **19c**

**SWEET SPUDS**  
Choice even sized  
California  
Sweets ..... 6 Pounds **25c**

**EGGS**  
Strictly  
Fresh  
Standards ..... Dozen **39c**

**XMAS CANDIES**  
The choicest assortment of Creams, Chocolates and Hard Mixed that money can buy.  
Our prices are very reasonable.

**DATES**  
Fresh  
Bulk  
Dates ..... 2 Pounds **19c**

**MILK**  
Tall tins  
Sego or  
Carnation ..... 11 Cans **\$1.00**

**BANANAS**  
Choice  
Yellow  
Fruit ..... 2 Pounds **19c**

## STONE'S PACKAGE COFFEE

One Pound **47c**

Three Pounds **\$1.35**

ONLY ONE MORE DAY BEFORE XMAS. SHOP EARLY. MAKE YOUR SELECTION  
HERE THE BEST IS GONE.

Still Plenty of desirable Xmas gifts for the late shopper.

**Moon Drug Co.**  
Agents for Owl Drug Co.

**Minerva Says—**

We have in one lot of broken sizes, odd Shoppers and Oxford's, 95 pair old style, patent kid, calf and a few colors in lot sizes, from 3 to 8. We are going to offer these to you for \$1.50 per pair. They sold from \$5.50 to \$8.00 per pair originally; now \$1.50. Get a pair of these to wear in bad weather under your Zippers and save your good shoes.

We can fit lots of people in this lot and some we cannot.

Winter prices, \$1.50

### The BOOTERY