

SOCIETY NEWS

Y. W. E. A. Enjoys Evening Session in Methodist Church

On Tuesday evening the Young Women's Educational auxiliary of the First Methodist Episcopal church enjoyed a novel and entertaining evening in the church basement when a program under the leadership of Miss Blanche Clark and her committee was given. The study being "The Home Beautiful."

Those assisting Mrs. Clark were Miss Henrietta Herrin, Mrs. Ralph Myers, Mrs. Carl Wallace, Mrs. Ralph Clark, Mrs. Ralph Winters and Mrs. George Pierce.

After a short business meeting under the leadership of the president, Miss Cooper, the program was opened by Mrs. A. T. Hill, who read her prize-winning essay "How I Made My Home Beautiful," after which Mrs. Sherwood Williams led in singing "Home, Sweet Home."

The devotion was conducted by Mrs. Pierce, who told the story of Christmas to her little son and little Martha McKennon, in a bed-time scene. This was followed by a number of violin selections by Alice Jeanette and Elizabeth Cooper, and a piano solo by Francis Keith Wallace.

A brightly decorated little Christmas tree, with the assistance of Santa Claus in person, was found to bear gifts for everyone present.

The meeting was closed after the serving of refreshments. About 60 members were present. The January program will be under the leadership of Miss Mabel Dotsy, and the topic is "New Values." The place of the meeting and the exact date will be announced later.

Members of the La Grande chapter of the Daughters of the American Revolution decided to make a patriotic picture library to be placed in the public library here yesterday afternoon when a meeting was held at the home of Mrs. Ray Murphy. Mrs. L. I. Hussey presided over the short business session, during which time the song "Oregon" was endorsed by the organization as the state song.

Mrs. William Miller had charge of the afternoon's program. She read an interesting paper on the life of Benjamin Franklin. Besides the 11 members present for the meeting Mrs. H. M. Buck, of San Francisco, who is the guest of her sister, Mrs. H. G. Smith, was in attendance.

After the program the hostesses served tea.

Mrs. Minnie E. Hodgins was elected worthy matron of Home Chapter, No. 13, Order of the Eastern Star last night at the last meeting of the chapter this year at the Masonic hall.

Dr. Joe L. Ingle was elected worthy patron and Mrs. Lydia E. Lincy, associate matron; Mrs. Florence Bacon, secretary; Mrs. Edna W. Russell, treasurer; Mrs. Hazel Graham, conductress, and

Carnation Club Holds Xmas Party

The Carnation club met last night at Eagles' hall with Mrs. Jack Hatt and Mrs. Ray Ledbetter as hostesses. Red and green, the Christmas colors, were used to decorate the hall, bouquets of red carnations being used.

Seven tables of bridge were played with Mrs. C. E. Wale making high score. The second prize went to Mrs. Al Herman and Mrs. W. D. Warner received consolation.

A two-course luncheon was served by the hostesses after the card games, during which time Miss Barbara Hatt played several piano numbers.

After luncheon the club members enjoyed a Christmas tree, Mrs. Henrietta Metcalf represented Santa Claus and gave out the gifts.

Mrs. Felva Kilgore and Mrs. Alice Kennedy will be hostesses to the club at its next meeting the second Wednesday in January.

Mrs. Carrie Eaton was re-elected oracle of the Royal Neighbors last evening when a meeting was held at the Knights of Pythias hall. Mrs. Stella Weeks was elected vice oracle and Mrs. Mary Simmons, past oracle.

Other officers were elected as follows: Mrs. Mable Coleman, chancellor; Mrs. Winifred Miller, recorder; Mrs. Bertha White, receiver; Mrs. Velma Winburn, inner sentinel; Mrs. Cecily Suydam, outer sentinel; Mrs. Flossie Engel, manager; and Mrs. Edna Webb, musician. Mrs. Oweida Hacker was appointed flagbearer.

Joint installation will be held with the Modern Woodmen Jan. 6, when the families of the members of both organizations are invited.

Mrs. Carrie Munhall was appointed to act as installing officer for the Royal Neighbors.

The Home Missionary society of the Methodist Episcopal church will meet in regular session tomorrow afternoon instead of Christmas week. The meeting will be at the home of Mrs. S. C. Smith, 1794 1/2 Washington avenue. All members are urged to be there at 1 o'clock.

Announcements

Mrs. Stella Ingle, Mrs. A. T. Hill, Mrs. Ray Murphy and Mrs. A. R. Hunter will be hostesses to the Women's Missionary society of the First Presbyterian church Friday afternoon at the home of Mrs. Ingle. This will be the last meeting of the society this year and pledges will be paid at that time.

The Monday Musical chorus will meet for rehearsal this evening at 7:15 o'clock in the Neighborhood club rooms. Everyone interested in practicing Christmas carols is invited.

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Sister Mary Says:

BREAKFAST—Baked pears, cereal, thin cream, crisp rye toast, marmalade, rice griddle cakes, milk, coffee.

LUNCHEON—Pork patty with apple rings, creamed potatoes, celery and cabbage salad, bran rolls, stewed figs, milk, tea.

DINNER—Salmon loaf, creamed corn, scalloped potatoes, date and orange salad, cucumber rings, graham bread, peach Bavarian cream, crisp vanilla wafers, milk, coffee.

You will like a good orange marmalade on the griddle cakes quite as well as on the toast. Try it in place of syrup.

When oranges do not figure as the breakfast fruit, they should be used some other time during the day. In the day's menu an orange salad is served at dinner. Be sure to choose novel oranges for a salad. The pulp of this variety of orange is firm and can be removed from its encasing tissue in neat white pieces, while the Florida orange, juicy and sweet though it be, is too soft.

Pork Patties With Apple Rings—Three-fourths pound lean pork, 1 cup stale bread crumbs, 2 tablespoons milk, 1 egg, 1 tablespoon drippings.

Two large apples, 1/2 cup sugar.

Many Diamonds



OUT OUR WAY



THE GUMMER.

4 tablespoons water, 2 tablespoons lemon juice, 1 teaspoon grated lemon rind.

Put pork through food chopper and combine with crumbs, milk and egg. Season with scant teaspoon salt and 1/2 teaspoon pepper. The egg is not beaten before adding to the meat mixture. Mix thoroughly. Form into flat patties and saute in hot drippings. Pare apples and cut in thin slices. Make a thick syrup of sugar, water, lemon juice and grated lemon rind. Remove cores from apple slices and simmer in syrup until clear. Drain from syrup and brown quickly in fat in which pork was cooked. Serve each patty on an apple ring.

The fat should be very hot when the patties are first put in. Brown quickly first on one side and then on the other. Then reduce heat and cook slowly for 30 minutes. (Copyright, 1926, NEA Service, Inc.)

HEALTH

THE EXPECTANT MOTHER MUST NOT GET FAT

By Herbert P. Day, M. D., Boston, Mass.

Member Congress Memorial Inst. A normal woman, allowed to eat whatever she wishes while she is pregnant, would ordinarily lose a little weight during the first three months and then gain from 20 to 35 pounds. That is what our mothers were allowed to do, but it is not what the modern obstetrician endorses.

A careful physician insists on the monthly weighing of his obstetrical cases. If he finds that his patient loses much weight during the first three months, he makes a distinct effort to keep her up to normal, by added rest, extra food, heat taken shortly after each meal so as not to interfere with the appetite for the next meal, and changes in the composition of her diet.

His chief difficulty is that the patient puts on weight too rapidly and he believes that obesity should not be allowed for several reasons. First, because he expects that a woman who is in the best physical condition will have an easier and more normal labor; secondly, he expects that an over-fat woman will have a fat and therefore over-weight baby; and thirdly, he knows that if his patient puts on a lot of fat, her birth canal must be somewhat loosened in size and her muscles more flabby.

His experience has taught him that patients who are over-weight, so over-weight as to be fat, are more apt to have convulsions, while those who are not fat are not so susceptible.

No one knows better than the physician how difficult it is to restrict diet, particularly when there is a constant real craving for food and all the patient's friends are urging her to eat. If the pa-

tient shows the proper fortitude, she will be rewarded and her friends pleased by her condition when her childbearing period is over.

Mrs. Joseph Dean left for Portland and Seattle Saturday, where she will visit her daughters. She

plans to be away several weeks. Elizabeth Johansen, who has been spending part of the time in La Grande, has returned to her home here.

Ed Pfeil and family were recent La Grande visitors.

Mr. and Mrs. Walter Thompson and Mrs. D. Laws were La Grande visitors last week.

Mr. and Mrs. F. Jones and son, Raymond, spent Sunday in La Grande visiting friends.

Mr. and Mrs. Gene Bonham were recent La Grande visitors.

The Misses Jessie and Pearl Murray made a trip to La Grande last week.

Mrs. Archie Stephenson, who has been ill, is reported to be much better.

W. A. Moore and family were recent city visitors.

Mr. and Mrs. Ray Baum and family recently visited Mr. and Mrs. Neph Cuthbs in La Grande.

Roy Baxter was a Perry visitor last week.

Mr. and Mrs. Walter Bishop were shopping in La Grande recently.

Enterprise Store Deal Consummated

ENTERPRISE, Ore., Dec. 9 (Special)—C. O. Nodell, Tuesday completed the sale of his share of the Nodell and Hoehner grocery firm to his partner, Oral Beecher.

EUROPEANS DISLIKE U.S. NEW YORK—General March, who had considerable to do with licking the Germans a few years back, says they are too busy now working to feel hatred toward Americans, but in most countries of Europe he found a distinct feeling against us, not so marked in Italy as in some other nations. The former chief of staff is back after a five-year tour abroad.

PAY IT IN FULL. NEW YORK—A \$100,000 debt of honor which David W. Packer has been paying gradually for 12 years will be paid in full by Christmas with interest. When he was in the clothing business his creditors gave him receipts in full but he insisted on remitting. He went into the movies and is now vice president of the Marcus Loew enterprises. The unpaid balance is \$20,000.

Remember Her With a Linen Breakfast Set 4.95 to 7.75

PUTMAN'S

Our Stock of Orthophonic Victor Records is complete. New records daily

CARR'S

Have you thought about Postoria Christmas Gifts? Sift cream of every sort: robbins, shebets, par-faits; sugars and creamers; candy jars and bonbon dishes; pitchers, plates; French dressing bottles; finger bowls; of course candlesticks. All these things—and many more—with the Postoria label. Irresistible ware, handblown crystal, deep etched designs decorated with coin gold, the clear colored glass so much the worse. You'll find Postoria gifts at all prices.

Richardson's Art & Gift Shop "The Christmas Shop" Agents for Postoria Glassware

Illustrated above—Postoria goblet and tall sherbet and plate. Ask to see the Postoria display.

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Remember Her
With a Linen Breakfast Set
4.95 to 7.75
PUTMAN'S

Our Stock of Orthophonic Victor Records is complete. New records daily
CARR'S

Pancrust
Date Muffins
1/2 cup Pancrust 1/2 cup milk
1/2 cup sugar 2 cups flour
1 teaspoonful salt 4 teaspoonfuls baking powder
1 egg 1/2 pound dates

Mix flour and salt and sift. Cream Pancrust with sugar and finely chopped dates. Add beaten egg, half the milk and half the flour. Beat thoroughly. Add the remaining milk and flour, beating hard. Sift the baking powder over the top and carefully fold it into the mixture. Bake in hot greased muffin pans for 20 minutes.

Muffins are delicious when made with Pancrust.
Use Pancrust—the wholesome vegetable fat.

PANCRUST
The Vegetable Shortening That's Better

No other gift can give such year round satisfaction

COULD any woman have a more wonderful Christmas? In her kitchen a beautiful new metal cabinet Frigidaire, its lustrous white Duco finish a true delight to the eye, its spotless porcelain enamel lining a promise of better, more sanitary refrigeration, its freezing compartment offering the great convenience of dainty ice cubes and delicious frozen desserts.

And with a genuine Frigidaire she will share with more than 250,000 Frigidaire users the serene confidence which only Frigidaire can give.

Larger food capacity, quieter operation, freedom from vibration, lower operating cost, a wider range of models, more precise engineering and manufacturing methods, greater beauty of design, proven dependability in service—these are the things that have made Frigidaire the outstanding leader in the electric refrigeration industry. Come to our display room, telephone, or mail coupon below for complete information.

JESSE ROSENBAUM
La Grande, Ore. New Foley Bldg.

Frigidaire
PRODUCTS OF GENERAL MOTORS

JESSE ROSENBAUM, New Foley Bldg., La Grande. Please send me complete information about Frigidaire.
Name _____
Address _____

Minerva Says—
DO IT NOW!
Come in before you get too busy with the other things that come with Christmas Holidays, and let us fit you in a pair of those smart Red Cross Shoes.

The BOOTERY
SHOES HOSIERY
Quality Brand Hot and Cold 1 Gal. Jug \$2.45
F.L. LILLY
HARDWARE
Phone Main 85

KNIGHT'S
Spring Canyon COAL
—For cold weather.
—You'll like it.
VAN PETTEN
LUMBER CO.
Phone Main 732 for Service.

Maxwell House Coffee
"Good to the last drop"
You notice it at once—that touch of extra richness. It has now brought this blend the first real nation-wide fame that ever came to a coffee. Years ago its full-bodied smoothness made it the first choice of the great families of the South. Today it has rapidly become by far the largest selling coffee in the entire country. The news of that difference in flavor has spread almost over night from city to city. All the zest of a new adventure awaits you in the mellow goodness of Maxwell House Coffee.
Roasted Fresh for the WEST in our PACIFIC COAST Plant
It is pleasing more people than any other coffee ever offered for sale

Frigidaire Offers More for Less
New Low PRICES
Frigidaire mechanical using the refrigeration in the freezer compartment of a cabinet... \$170
Model 16-1-1... \$225
Model 16-1-2... \$310
Model 16-1-3... \$395
And any Frigidaire may be purchased on the General Motors Credit Plan.